

[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – April 2, 2013

7:00 p.m. SHARP

Presenter – Alan Handelsman,CHt

Topic – “Win-Win Hypnosis & The Power of Emotions”

Demonstrations... Volunteers Welcome... Invite Your Friends!

Meeting Location

J. J. North's Country Buffet

1312 North Scottsdale Road - Scottsdale AZ 85257

[On the west side of Scottsdale Road, just south of McDowell]

Directions

Alan Handelsman, CHt:

“Win-Win Hypnosis & The Power of Emotions”

From Alan: “One of our challenges as hypnotherapists is to help our clients see their challenges as win-win situations—and how to use the power they already possess. In other words, ‘it doesn't take as much effort to create, when what you are trying to create already exists.’

“During my presentation I will be demonstrating ways to help clients use their emotions to serve as their most powerful healing agent.

“ASPH Members: As hypnotherapists, what is your biggest challenge when working with and using hypnosis with your clients? Please email me with your questions at alanhand@aol.com.

In my presentation I will answer your questions.

“Also, I’ll be doing demonstrations during my presentation. If you’d like to volunteer to be a subject, please email me at alanhand@aol.com or email ASPH at info@hypnosisaz.com.”

Alan Handelsman began his professional life as a musician. His thirty years experience as a musician and teacher have given him a unique and effective perspective on working with performance issues. His experience with and overcoming of depression has given him valuable insight into the part emotions play in our thoughts, beliefs, habits, actions, and even our appearance.

After finding solutions to his own stage fright and depression, he has been helping people, both in private practice and presenting lectures and workshops nationally and internationally.

Alan became a Certified Hypnotherapist in 2000, is a member of the National Guild of Hypnotists, and is a past president of the Arizona Society for Professional Hypnosis.

Alan’s website is <http://www.sourcehypnosis.com/>

UPCOMING TOPICS & PRESENTERS

More news coming soon! We are very excited about the 2013 lineup of ASPH meeting presenters!

The coming months of ASPH monthly presentations promise to be as enriching and informative as Alan's and the two preceding ones. Included in the lineup are a number of guest presenters—gifted, highly experienced Arizona-based practicing hypnotherapists—as well several highly skilled ASPH member presenters. We are in the process of confirming dates and topics with each of these therapists and will include this information in our newsletter as soon as it is available.

Each meeting will include demonstrations, as you have requested. If you'd like to volunteer to be a subject, please contact ASPH at info@hypnosisaz.com.

IN SYMPATHY

Two of our ASPH officers, Tom Hajek, Treasurer, and Debbi Combs, Secretary, have recently experienced the loss of loved ones.

ASPH members would like to express our heartfelt sympathy to Tom upon the passing of his father, Vernon Ray Hajek; and Debbi upon the passing of her husband, Michael Combs.

FROM THE OFFICERS

We are grateful to you for understanding that we have been “running the ship” with half the executive power that normally deals with administrative matters. We apologize for delays. At this point, we are caught up with delivery of membership certificates through the month of February. Those who paid during the month of March will receive their certificates at the April 2 meeting or if you are unable to attend, they will be mailed to you.

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only.
Members should contact NGH by email to have their credits recorded.

Officers

President: Robert J. O'Connor – rjocstar@juno.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – info@hypnosisaz.com

Treasurer: Tom Hajek – tmhypnosis@live.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website,
www.hypnosisaz.com and paying online, or:

Send a \$35.00 check, **“PAY TO THE ORDER OF ASPH”**

Mail to:

Thomas Hajek, ASPH Treasurer
2844 E. Quiet Hollow Lane
Phoenix AZ 85024

ASPH Website

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is info@hypnosisaz.com

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at info@hypnosisaz.com as soon as possible. The fee for this service is \$30.00.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at info@hypnosisaz.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to info@hypnosisaz.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Credit Card Processing Solutions for Your Business

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer

solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

Contact:

Linda Monico
New England Payment Systems
1.888.624.7800
603.475.9345 Cell
1.866.236.5424 Fax

Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Susan Poznanski smf85308@q.com 602-843-8835

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Cheryle Timbrook Azrltr218@aol.com 480-201-7723

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at info@hypnosisaz.com to be included in our next newsletter.

Treasurer's Announcements

Please help us by sending in your Renewal Membership Dues ASAP!! Thank you!