

Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting - Tuesday, April 1, 2014

7:00 p.m. SHARP

Presenter – KC Miller

Topic – "Plan, P.R.A.Y., Prosper: A Guide for the Spiritual Entrepreneurs"

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

All future ASPH meetings, on the first Tuesdays of each month, will be held at the Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 8

https://maps.google.com/maps?hl=en&tab=nl

One of the fast-tracks to spiritual growth is creating a sustainable business in today's world! If you plan to prosper serving others you must examine what the Vedic masters knew about the 'five hindrances' that stop those on a spiritual path from succeeding, including Spiritual Sloth, Restlessworry, Doubt, Ill-will and Distraction. Come explore the P.R.A.Y.E.R. ProcessTM; Learn to P.ause, R.eflect, A.sk and A.lign with Y.es. which activates the Divine-Matrix of creation and manifestation. Once you understand the Sanskrit kleshas, the mental states that cloud the mind and manifest in unwholesome actions, you will understand the root of all un-success you may have experienced in your past. Participate in a transformational meditative P.R.A.Y.E.R. ProcessTM designed to calm the mind-chatter (citta) and invite 'spontaneous engagement' (anābhogavāhana) allowing the mind to enter into tranquility and a readiness for implanting seeds of prosperity.

Those attending this meeting will receive a complimentary copy of the companion workbook to the soon-to-be-released book: Plan, PRAY, Prosper: 108 Ways to Bring Your Gifts to the World, which includes: The Five Mental Factors that must be present for manifestation of any kind to occur; The Eleven Virtuous Mental Factors a Spiritual Entrepreneur must seek to cultivate; A checklist of the Twenty-two Unwholesome Factors that must be driven out of your life and 108 Ways to bring Your Spiritual Gifts to a the World.

KC Miller's Bio

KC Miller is the Founder and Director of the award-winning, nationally accredited college Southwest Institute of Healing Arts and Chief Spiritual Advisor and owner of Spirit of Yoga in Tempe, Arizona. She is author of 'Toe Reading: Are You Walking Your Destined Path' (published in English and Japanese) and Plan, PRAY, Prosper: 108 Ways to Bring Your Gifts to the World. Although KC Miller could claim the titles of Spiritual Entrepreneur, Teacher, Reflexologist, Toe Reader, Life Coach, Soul Coach, Hypnotherapist, Massage Therapist or Ordained Minister, the one she most prefers is 'Instrument of Spirit.'

UPCOMING TOPICS & PRESENTERS

April 1 – KC Miller

May 6 – Ed Bebee

June 3 - Michael DeShalit

July 1 – Linda Bennett

August 5 – Skype: Devin Hastings

September 2 - TBA

October 7 - TBA

December 2 – Annual Holiday Party

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Officers

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – <u>kellis19@hotmail.com</u>

Secretary: Debbi Combs - <u>info@hypnosisaz.com</u>

Treasurer: Tom Hajek – <u>tmhypnosis@live.com</u>

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

ASPH Website

<u>www.hypnosisaz.com</u> is the domain for Arizona Society for Professional Hypnosis. <u>Click here</u> for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is info@hypnosisaz.com

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter.

Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Attention All Practicing Hypnotherapists:

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

You can send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at info@hypnosisaz.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to info@hypnosisaz.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link: http://arizonaguide.com/events-calendar. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk <u>peakplus@aol.com</u> 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at info@hypnosisaz.com to be included in our next newsletter.