



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, August 5, 2014

6:30 – 8:30 p.m. SHARP

Presenter – Devin Hastings on Skype

Topic – “Diabetes”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 6 (Check at Center’s Front Desk)

<https://maps.google.com/maps?hl=en&tab=nl>

Diabetes Teleseminar Bullet Points

Diabetes is an epidemic that shows no signs of slowing down.

If anything, it is picking up speed, especially in our nation's children who are now getting adult diabetes at increasingly younger and younger ages.

What is needed are New Answers for Diabetes.

And, on August 5, 2014, you will get diabetes answers that can immediately help you or someone you know.

Here are some highlights of what you will discover:

Hypnosis and Diabetes--Learn The Single Most Powerful Hypnotic Intervention You Can Do Right Now!

How Many Types of Diabetes Are There?

Diabetes and Natural Supplements--Do Vitamins and Herbs Help? Are They Safe? Which Ones Can I Tell My Client To Take?

Discover Another Powerful Hypnotic Intervention You Can Do Right Now for Diabetics

Do Cows Get Diabetes? Who Cares? You Should. Learn Critical Information That Can Protect an Infant From Getting Type 1 Diabetes.

Can Hypnosis Prevent Diabetes? There are two answers and they're both right.

Learn When You Can and When You Can Not Help A Diabetic.

A Deadly Use of Diabetes

Very Important: Learn about a well-hidden factor in creating diabetes and find out how hypnosis can possibly help to reduce or eliminate this unsuspected cause of diabetes.

Learn A Third Very Effective Hypnotic Intervention You Can Do Right Now!

Devin Hasting's Bio

"In order to be realist you must believe in miracles."

"My professional background includes work with clients who have succeeded in overcoming situations ranging from nail biting to bulimia. I love what I do. My goal is to facilitate a person's discovery of their inner healing resources.



As far as I am concerned, a healer is a teacher, guide and coach.

First, I teach people about the mind and heart and how they really work.

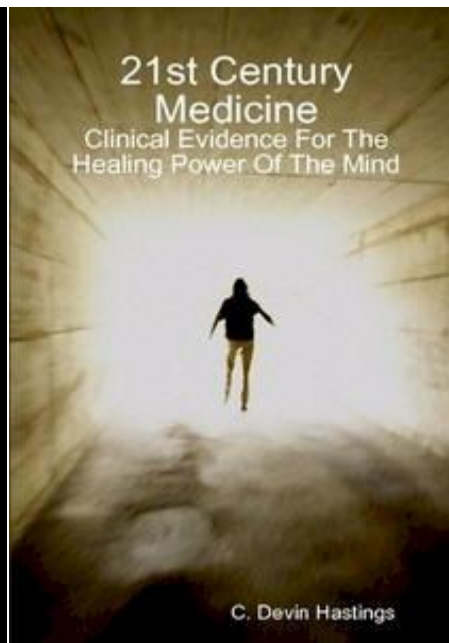
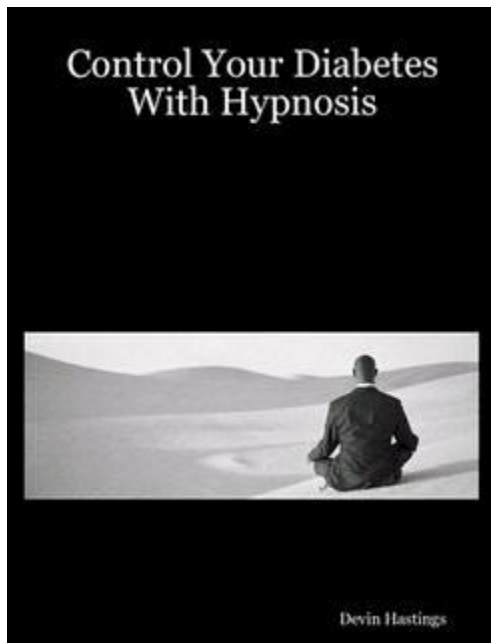
I then guide them to that area within themselves where they can engage in very powerful, positive self-persuasion.

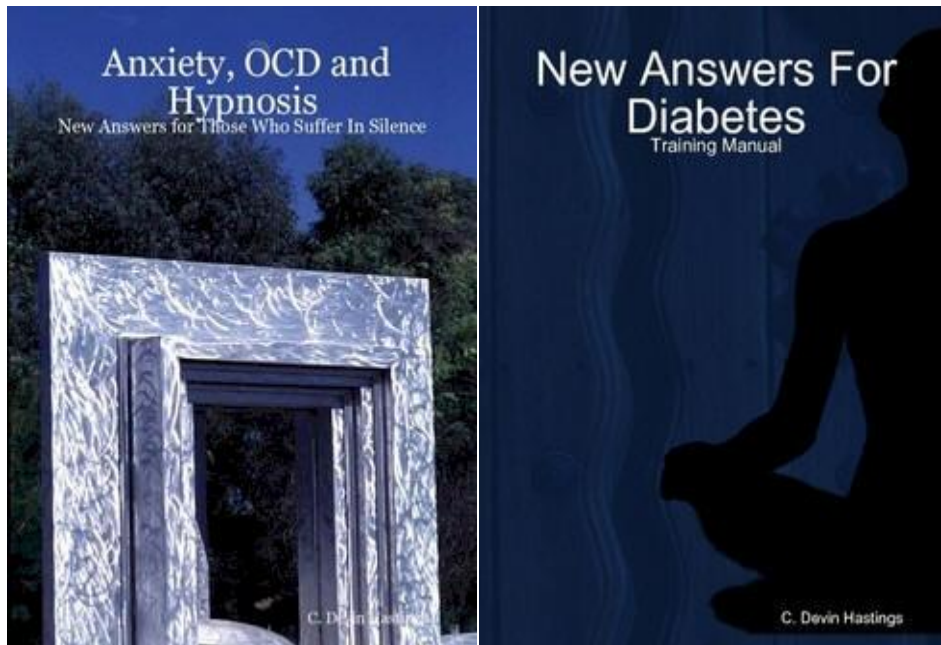
At the same time I am coaching my clients toward a more empowering vision of themselves."

"My clients and my students become better friends to themselves."

C. Devin Hastings

Devin is the author of 4 books that deal with anxiety, diabetes, OCD, and more:





[Click here for testimonials about Devin Hastings](#)

(Note: You will go to another website, so bookmark this one first)

[More testimonials can be seen by clicking here](#)

[And even more testimonials can be read by clicking here](#)

(Note: You will go to another website, so bookmark this one first)

Devin has over 27 years experience using hypnosis and other methods to help people become happier and more successful.

- **2003 Awarded Fellow of [The Association for Professional Hypnosis and Psychotherapy](#).**
- **2003 recipient of the Ormond McGill Chair award. This award signifies tremendous respect by other esteemed members of the [National Guild of Hypnotists](#). The NGH is the world's largest hypnosis organization.**
- **2001 recipient of the prestigious Hypnosis Research Award. This award was given in recognition of Devin's pioneering work in the successful applications of hypnosis to [diabetes](#).**
- **Hospital Certified Hypnotherapist. Certification granted by one of America's top 100 hospitals, [Winchester Hospital](#), Winchester, Massachusetts.**
- **Registered and Certified Master Practitioner & Instructor of Neuro-linguistic Programming with the [National Federation of Neuro-Linguistic Psychology](#).**

- *Featured presenter on the proven applications of hypnosis at the National Guild of Hypnotists convention. This is the world's largest and most comprehensive hypnosis convention.*
- *Certified Instructor of Hypnotherapy by the [Hypnosis Research & Training Center, Minneapolis, Minnesota](#).*
- *Registered and Certified Advanced Hypnotist and Hypnosis Instructor with the National Guild of Hypnotists.*
- *Registered and Certified Fitness Instructor with the [Fitness Institute International of Boca Raton, Florida](#). Devin has combined his Instructor training with his training as a licensed massage therapist and his extensive knowledge of vitamin supplement therapy to help clients dramatically improve their health.*
- *Author of the professional educational video series [NLP & Hypnosis, Volumes I & II](#).*
- *Author of the popular training seminar, Emergency Hypnosis: [How To Successfully P.A.N.I.C.™ In Any Emergency Situation](#).*
- *Author of the advanced NLP-Hypnosis training video, [Past Lives and Safe Places: A Journey To Forbidden Lands](#).*
- *Author of the unique and groundbreaking training video, [The 10 Steps to Controlling Diabetes](#).*
- *Author of a first-of-its kind training program, [New Answers for Diabetes: Become A Certified Diabetes Motivational Coach](#). This is a very intense and comprehensive two-day seminar which trains therapists on the advanced applications of hypnosis, NLP, Transactional Analysis and Cognitive Behavioral Therapy and their applications to help diabetics very effectively manage their diabetes. In some cases, Devin's coaching methods have helped clients to significantly reduce their medications. (with their doctor's approval).*
- *Author of [10 Success Secrets To Permanent Weight Loss](#). This is an informative and fun to watch video seminar demonstrating little known marketing techniques as well as advanced methods for helping clients to permanently lose weight.*
- *Author of [The Information Kit for Obsessive-Compulsive Disorder](#). This is an audio program guiding other therapists on the applications of NLP and hypnosis to helping those suffering from OCD.*
- *Author of [Impotence: The Hidden Pain](#). This program is designed to teach therapists a caring and highly effective approach to a very difficult issue.*
- *Author of several excellent marketing audio programs helping other therapists to effectively and inexpensively market themselves while helping others.*
- *Co-author with Dr. Kevin Hogan of the textbook [The Hypnotherapy Handbook](#).*

- *As a Type II diabetic, Devin has used his skills and experience to pioneer new techniques of management for diabetes. His unique approach was published in [Diabetes Health](#), a leading diabetes journal. Devin has been featured on WESH TV Channel 2 News Orlando and Host of 'The Hypnosis Hotline' on 740 WINZ AM News radio. I am a father*
- *At the tender age of 44 (in 2007), I am the father of a 10 month old miracle, [William Harrison "Harry" Hastings](#).*
- *Never in my life did I want to be a father--partly because I never felt worthy and partly because I didn't have a clue how to be one.*
- *But then I met the most incredible woman, Rachel and that is when I changed.*
- *I still didn't know at all how to be a father and my message is this: you can do things you never, ever thought possible.*
- *This is the message of my school. You can be and do things that seem utterly alien and impossible.*
- *A favorite quote that has often occurred to me is this:*
- *"You can't cross a chasm in two steps."*
- *And though we might not consider ourselves miracles, it is amazing how much a baby can teach an adult.*
- *"People travel to wonder at the height of mountains, at the huge waves of the sea, at the long courses of rivers, at the vast compass of the ocean, at the circular motion of the stars... and they pass by themselves without wondering. "*
-- Saint Augustine

PLEASE NOTE THAT WE WILL BE STARTING OUR MEETINGS AT 6:30 P.M. AND ENDING AT 8:30

UPCOMING TOPICS & PRESENTERS

August 5 – Skype: Devin Hastings – “Diabetes”

September 2 – Don Rice

October 7 – Sam Sterk

November 4 – TBA

December 2 – Annual Holiday Party

Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Officers

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – info@hypnosisaz.com

Treasurer: Tom Hajek – tmhypnosis@live.com

ASPH Website

www.hypnosisaz.com is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is info@hypnosisaz.com

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Attention All Practicing Hypnotherapists:

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom

Hajek at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at info@hypnosisaz.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to info@hypnosisaz.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

Stage Hypnosis Training

August 3 – 7, 2014

Do you want another way to add to your income or to the number of clients you see? Then learn Stage Hypnosis. Come and join us for our five day training and learn all you need to know about stage hypnosis, from learning to do exciting shows to presenting hypnosis to groups to grow your business. The best part is that when you come to this training, you also get to attend the National Guild of Hypnotist Annual Conference as part of your tuition. To learn more about this opportunity, visit www.stagehypnosisseminar.com. Don't wait... early bird pricing is only available a little while longer.

Michael C. DeSchalit

Mark Your Calendar

ASPH Party

October 11th 2014

Noon to 4 PM

Dress casual

The party will be held at ASPH President Lew Heller's home

Address : 5815 E. Sanna Street

Paradise Valley, AZ 85253

Families welcome

My Esteemed Colleagues, I have been very busy creating something special for the ASPH, a Professional Lending Library.

It currently has 197 titles, and seeking more as I continue to tweek this project.

It will be ready this Spring exclusively for ASPH Members Only.

I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools.

Please let me know if you or any of our other colleagues would like to donate their beloved materials.

I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.

To review/view collected works, please visit: www.facebook.com/hypnosisaz

All my bestest,

Kate Ellis, CCHt 480-695-1936 480-695-1936

www.thehealingquest.com

www.empowerpuzzles.com



The Healing Quest ~ Hypnotherapy ~ Consultations

www.linkedin.com/in/kellis19

www.facebook.com/kate.ellis19

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:TinaSacchi.com) 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at info@hypnosisaz.com to be included in our next newsletter.