



Arizona Society for
Professional Hypnosis

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting - Tuesday, December 4, 2012

6:00 p.m.

ASPH HOLIDAY PARTY



Party Location

Mi Amigo's

1264 S. Gilbert Rd.

Mesa, AZ 85204

Tel: 480-892-6822

6:00 P.M. – 10:00 P.M.

Directions to Mi Amigos Restaurant - Mesa

MENU (Buffet Style):

Roll Chicken Tacos
Chicken tacos
Beef tacos
Chicken enchiladas
Mini Chimis (Beef, Chicken, and Bean)
Shrimp Fajitas
Beef Fajitas
Chicken Fajitas
Rice
Beans
Guacamole
Sour Cream
Chips & Salsa
Soft Drinks
Sopapillas (Dessert)

COST:

\$20 per person (ASPH is covering \$10 per ASPH member, so your cost is \$10 person!!!!)

Guests are \$20.00 per person

DATE:

Tuesday, December 4th, 2012

TIME:

6:00pm - 7:00pm Happy Hour on the Patio (No Host Bar)

7:00pm - 8:00pm Dinner and Awards

8:00pm - 8:45pm Entertainment (It's Going to Be FUN!!!)

8:45pm - 10:00pm White Elephant Gift Exchange (Max \$10.00!!!)

We look forward to seeing all of you there!!!

*We do need to know how many will be attending and if you will be bringing a guest by November 27th.
Please fill out the following and return it to asph@live.com*

Name _____

Will you be bringing a guest? _____

ASPH NEWS

ASPH 2013 Newly Elected Officers

By Decree at the November 6, 2012 Meeting – Congratulations!!!

President: Robert O'Connor

Vice- President: Kate Ellis

Secretary: Debbi Combs – asph@live.com

Treasurer: Tom Hajek – tmhypnosis@live.com

There was only one candidate for each office so the attending ASPH members agreed that the above are the 2013 officers.

ASPH WEBSITE

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

David Harrod was the speaker for our November meeting. He gave his presentation on several different NLP techniques.

David believes that every hypnotist should take advantage of NLP in their practice as it is another method to help one's clients find internal resources and access positive states, anchoring them and using those states to elicit change in emotions and behavior. NLP is a modality that can seamlessly be integrated into a session while a client is in hypnosis.

David was interesting and educational.

Thank you to each of our 2012 presenters, Michael DeShalit, Richard Sutphen, Dr. Edwin Bebee, Don Rice, Dr. Lewis Heller, Mort Berkowitz, Gibran Sepulveda, Kate Ellis, Sam Sterk, Ph.D., Robert O'Connor, and David Harrod. It takes your time and effort to impart your knowledge and experience to the ASPH membership. I know that ASPH members appreciate each of you because we show up and pay attention. Thank you again.

If you would like to be one of the ASPH featured speakers for next year, contact Sam Sterk, ASPH Vice-President so he can schedule you in. January and March have been filled by Sam. You can call Sam at 480-767-0956 or 480-861-6718 or email him at peakplus@aol.com.

ATTENTION – ALL PRACTICING HYPNOTHERAPISTS:

If you would like to include your business on the website, email your information (business name, physical address, phone numbers, website address, email address, and a list of the issues you work with) and a picture of yourself (MS Word Document) to either Tom Hajek at tmhypnosis@live.com or Debbi Combs at asph@live.com. There is a \$25.00 fee for having your name, information, and picture listed on our new ASPH website.

Some of the ASPH members who are listed on the ASPH website are receiving calls from people for appointments who found the member on the website. It is a bit of very inexpensive advertising.

NOTES FROM THE SECRETARY: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asph@live.com.

Member Newsletter Announcements should be MS Word Document, approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

**Supporting People to Live Well with
Dementia – 10 am to 4 pm**

Join Dementia Therapy Specialists on **Wednesday, December 12th** at the historic Landmark Restaurant, 809 West Main Street, Mesa, Arizona

For this Certificated, Interactive, Informative and Educational Workshop.

Dr. Daniel Nightingale, leading senior doctor in dementia in the UK, will take you on an interactive journey through dementia.

This seminar will be enlightening and educational, as you will learn about groundbreaking psychosocial and psychological therapies which have been proven to enhance the quality of life of people living with dementia, their loved ones and caregivers – including the use of Hypnotherapy and Montessori Therapy.

A donation of \$97 includes the popular Salad Room buffet with hot and cold foods, desserts and beverage. **Please RSVP** to Kathy Balland **ASAP** as space is limited at: (480-688-3924).

Dr. Daniel Nightingale
www.dementiadoctor.co.uk
www.dementiatherapyspecialists.com

Dementia Therapy Specialists
4759 E. Catherine Drive
Prescott, AZ 86301

GET YOUR HYPNOSIS/HYPNOTHERAPY BUSINESS GROWING

<http://arizonaguide.com/events-calendar> is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

VRCities.net is a sight all of us might find helpful and informative for our hypnotherapy practices.

HYPNOSIS BOOKS FOR SALE

I have tons of hypnosis and psychology e-books that I have collected through the years. Included are Hypnotherapy by Dave Elman, the entire works of Milton Erickson and literally hundreds more. Everything by Bandler and Grinder.

I was going to sell the e-books for 4/\$20. If you would like my full title list - I'll be more than happy to send it over to you. Even though I'm now in Utah - I can e-mail the books in perfect PDF format and can accept payment through Paypal. That simple and easy.

Thanks!

Fellow ASPH member,

Nicole Hunt

Mind Science Therapy

623-205-0960

nicolehunt@mindsciencetherapy.com

CREDIT CARD PROCESSING SOLUTIONS FOR YOUR BUSINESS

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

Contact:

Linda Monico

New England Payment Systems

1-888-624-7800

Cell – 603-475-9345

Fax – 1-866-236-5424

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email (asph@live.com) with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Susan Poznanski smf85308@a.com 602-843-8835

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Cheryle Timbrook Azrltr218@aol.com 480-201-7723

Kathy Balland kballand@gmail.com 480-688-3924

Barney Howell barney.howell@atwoodinstitute.org 623-853-9516 or
1-800-642-9339

SOCIAL & PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at asph@live.com to be included in our next newsletter.

Have a wonderful month helping as many people as you can including yourself, and hope to see you Tuesday, December 4th at Mi Amigo's at 6:00 P.M.