

# **Arizona Society For Professional Hypnosis**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**[ASPH Newsletter Hyperlink](#)**

**Next Meeting – Tuesday, January 8, 2013**

**7:00 p.m. SHARP**

**Presenters – Michael DeSchalit &**

**Topic – “Memory and Hypnosis: How Can We Help Ourselves,  
Our Businesses & Our Clients”**

## **Meeting Location**

**Home Town Buffet**

**1312 North Scottsdale Road - Scottsdale AZ 85257**

***[On the west side of Scottsdale Road, just south of McDowell]***

## **Directions**

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**Memory and Hypnosis: “How Can We Help Ourselves,  
Our Businesses & Our Clients”**

**In this presentation we will discuss several areas pertaining to memory and how the use of hypnosis and visualization can help you enhance your memory and your client’s memory.**

***Key issues that will be discussed:***

- 1. The number one thing that kills your memory.**
- 2. How you can use hypnosis and visualization to regain and improve your memory.**
- 3. Why memory is so important to your hypnotherapy business.**
- 4. How you can help your clients through hypnosis, self hypnosis and visualization to regain and improve their memory.**

***Demonstrations:***

- 1. Releasing Stress with visualization and hypnosis to help your memory.**
- 2. Visual Chaining to help you to recall or remember.**
- 3. Memory Script for your clients. (Script will be Provided)**

***What attendees can expect to take away from this presentation:***

- 1. How using hypnosis and visualization can help to improve memory in both the short and long term time frames.**
- 2. Scripting to Help client's memory (short and long term).**
- 3. Tips for remembering using Visual Chaining.**
- 4. An opportunity to attend a memory seminar at a deeply discounted price.**

## **Presenters**

**Michael C. DeSchalit, CHt, CH**

**Michael is a native Tucsonan and a graduate of the University of Arizona with a degree in Sociology and an emphasis in Group Dynamics. Michael received his Hypnosis Training and Certification from the Westland Institute. He was**

fortunate not only to have great mentors in hypnosis such as Jerry Valley and Tommy Vee, but also to have had the opportunity to study under the Father of Modern Hypnosis, Dr. Ormond McGill.

Michael is also a seasoned Motivational Speaker, Nationally Certified Trainer and Master Facilitator In addition to working with the hypnotherapy clients in his hypnosis center, he specializes in working with corporations, private individuals and students in the areas of Goal Setting, Team Building, Leadership Training, Communication skills and Life Coaching. Michael also holds his credentials as an Ordained Minister. He is the Owner of Motivating Minds Hypnosis Center and Magically Speaking, LLC in Tucson, AZ.

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## **Sean O'Neil**

Sean M. O'Neil is the President of Remember Media, LLC and is also the Founder and CEO of his speaking & training company, Memory Dynamics, Inc. Sean is a professional member of the National Speakers Association and is regarded as one of America's most entertaining and motivating speakers on the topic of developing an instant-recall memory.

For the past several years, Sean has spoken annually to nearly 200 businesses, corporations and associations and has clients spanning virtually every industry,

including such companies as Northwestern Mutual, Merrill Lynch, Coldwell Banker, Harley-Davidson, Century 21 and Bank of America.

Sean O'Neil

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## UPCOMING TOPICS & PRESENTERS

### Meeting Dates

February 5: TBA

March 5: TBA

April 2: TBA

May 7: TBA

June 4: TBA

July 2: TBA

August 6: TBA

**September 3: TBA**

**October 1: TBA**

**November 5: TBA**

**December 3:                   Holiday Party**

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**Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)**

**Certificates & C. E. U. Credit Hours Awarded for Attendance**

**(2 credits per meeting attended – Contact NGH to record your attendance.)**

**C.E.U Credits for National Guild of Hypnotists are submitted for Members only.  
Members should contact NGH by email to have their credits recorded.**

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**Greetings Hypnites,**

**As my second term as President of ASPH draws to a close, I would first and foremost like to thank the membership for its support and loyalty... and for their tolerance of the bad jokes during the meetings. It has been a real pleasure to serve you over the past two years and even though my term is up, I will continue to support the organization and contribute to it's growth whenever possible.**

**This year ended on a high note with our annual Holiday Banquet. We we blessed with a fantastic performance by our very own Sandi Graves and her extremely talented family band. Not only does she wow us with her vast array of sexy shoes, but now she has dazzled us with her singing abilities. We enjoyed awesome Mexican food and a bit of goofy magic, and then honored those in our organization who went above and beyond in sharing their time and talents with our members. The President's Award was given to Thomas Hajek for his time, energy and commitment to getting our new website up and running which already has and will continue to get us more exposure over the internet.**

**Of course, the highlight of the evening was the white elephant gift exchange. Remember, it not about the giving, it's about what you can steal from another member!!! Just kidding, it all went off well, even Alan Handelsman's emceeing!?!?**

**All in all, I am proud to be a member of our fine organization and to being associated with all of you. I wish you all a Happy Holiday Season and a Prosperous New Year!**

**Michael C. DeSchalit, CHt  
ASPH President, 2011-2012**

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## Officers

President: Robert J. O'Connor – [rjocstar@juno.com](mailto:rjocstar@juno.com)

Vice-President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)

Secretary: Debbi Combs – [info@hypnosisaz.com](mailto:info@hypnosisaz.com)

Treasurer: Tom Hajek – [tmhypnosis@live.com](mailto:tmhypnosis@live.com)

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## ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

### Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by

Send a \$35.00 check, **“PAY TO THE ORDER OF ASPH”**

*Mail to:*

Thomas Hajek, ASPH Treasurer  
2844 E. Quiet Hollow Lane  
Phoenix AZ 85024

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## ASPH Website

[www.hypnosisaz.com](http://www.hypnosisaz.com) and [www.hypnosisaz.org](http://www.hypnosisaz.org) are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

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ASPH Email Address

The ASPH email address is [info@hypnosisaz.com](mailto:info@hypnosisaz.com)

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***Attention All Practicing Hypnotherapists:***

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at [info@hypnosisaz.com](mailto:info@hypnosisaz.com) as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [info@hypnosisaz.com](mailto:info@hypnosisaz.com).

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***Notes from the Secretary: Debbi Combs***

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to [info@hypnosisaz.com](mailto:info@hypnosisaz.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

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A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.

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To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

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### **Credit Card Processing Solutions for Your Business**

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

***Contact:***

**Linda Monico  
New England Payment Systems  
1.888.624.7800  
603.475.9345 Cell  
1.866.236.5424 Fax**

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## **Networking**

*The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.*

Carol Adler [info@caroladler.com](mailto:info@caroladler.com) 480-452-9183

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Susan Poznanski [smf85308@q.com](mailto:smf85308@q.com) 602-843-8835

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

Cheryle Timbrook [Azrltr218@aol.com](mailto:Azrltr218@aol.com) 480-201-7723

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## **Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at [info@hypnosisaz.com](mailto:info@hypnosisaz.com) to be included in our next newsletter.

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### **Treasurer's Announcements**

**Please help us by sending in your Renewal Membership Dues ASAP!! Thank you!**