



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, January 7, 2014

7:00 p.m. SHARP

Presenter – Dawn Upton

**Topic – “Getting to know more about yourself; ‘The Many Lives You’ve Lived’:
Past Life Regression”**

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

**All future ASPH meetings, on the first Tuesdays of each month, will be held at
the Scottsdale Senior Community Center**

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 8

<https://maps.google.com/maps?hl=en&tab=nl>

Through deep relaxation and hypnotic techniques the door to memories is open. We are able to view as objective observers the events of the past that have contributed to our present-day situation. Memories held in the subconscious mind, body and the soul become accessible and can be explored through deep hypnotherapy. Regression therapy is an excellent way to explore the origins of survival strategies that are causing trouble now and then eliminate or change them.

Dawn Upton's Bio:

Dawn is a Certified Hypnotherapist, Certified Past Life Regression Therapist, Life-Between-Life Therapist Candidate, Ordained Minister and was a private psychotherapy in Colorado for 12 years. She has over 20 years of experience in facilitating individuals and group processes including work in the field of training and development both domestically and internationally.

Dawn Upton

Regression Hypnotherapist

www.WisdomSeeking.com

Dawn@WisdomSeeking.com

602-625-2121

Welcome Lew Heller, our new ASPH President

Let us welcome Lew Heller as our new ASPH President. Lew has already had a board meeting with the returning ASPH officers and emeritus members. Lew is presenting ideas and moving on them to grow ASPH and help invite new and educational speakers for our meetings. Lew and Kate Ellis, our ASPH Vice-President, have searched for and found a new conference room for our monthly meetings.

From Lew: *The board, at the request of our membership, has retained a new meeting location for 2014. This is a quantum leap ahead of previous meeting locations, thanks to Kate Ellis.*

We will also be calling members to let them know our new location. It is very close to the old location but the meeting room is absolutely fantastic.

Scottsdale Senior Community Center

1700 N Granite Reef Rd, Scottsdale, AZ 85257

We will be in meeting room # 8.

Please invite your friends or any one you know that is interested in learning more about hypnosis. We are planning an extraordinary year for our members!!!

Thank you to all of our previous and current board members who created and grew ASPH. Countless hours, ideas, talent and skills, effort, and many years have gone into building ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS to the educational and “reach out” program that it is today.

One more thank you is definitely in order, and that is to all of the presenters who gave their time and knowledge to the attending ASPH members and guests this past year. We appreciate you.

UPCOMING TOPICS & PRESENTERS

February 4 – Robert O’Connor

March 6 – TBA

April 1 – TBA

May 6 – TBA

June 3 – TBA

July 1 – TBA

August 5 – TBA

September 2 – TBA

October 7 – TBA

November 4 – TBA

December 2 – Holiday Party

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Officers

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – info@hypnosisaz.com

Treasurer: Tom Hajek – tmhypnosis@live.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

ASPH Website

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is info@hypnosisaz.com

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at info@hypnosisaz.com as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at info@hypnosisaz.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to info@hypnosisaz.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaquide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Jonathan Patrick hosts a "Hypnosis Practice Group" on the last Tuesday of the month at 6:00 PM at the Phoenix Agave Library. For more details, contact Jonathan at jonathan@affect-effect.com.

Credit Card Processing Solutions for Your Business

This company is a preferred vendor of The National Guild of Hypnotists and their members.

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lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

Contact:

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1.866.236.5424 Fax

Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:TinaSacchi.com) 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at info@hypnosisaz.com to be included in our next newsletter