# **Arizona Society For Professional Hypnosis**



## www.hypnosisaz.com

## **ASPH Newsletter Hyperlink**

Next Meeting - Tuesday, June 5, 2012
7:00 p.m. SHARP

Presenter – Dr. Mort Berkowitz, RH, CH

Topic – "Stage Hypnosis Tricks – Hypnosis Practice Secrets"

Lecture Demos... The Easy and Fun Way to Present Hypnosis!!

**Meeting Location** 

Home Town Buffet

1312 North Scottsdale Road - Scottsdale AZ 85257

[On the west side of Scottsdale Road, just south of McDowell]

**Directions** 

#### Dr. Mort Berkowitz:

Dr. Mort Berkowitz, RH, CH has been a certified hypnotherapist and stage hypnotist for over 40 years. He is the founder of the Medical Hypnosis Centers in Los Angeles, Oklahoma City and Phoenix. He is past President of the California Professional Hypnotists' Association and past Vice President of ASPH.

Mort developed the highly successful smoking cessation program used by the American Cancer Society and is former chairman of the Adult Education Committee of the American Cancer Society. He was presented with the coveted "Lifesaver Award" by that organization for his dedication to save lives, the only hypnotherapist to ever receive this award.

Mort was named "Hypnotist to the Stars" for his work in helping Hollywood celebrities and professional athletes. He was host of "Success Line", interview and self-help show on KCNN radio. As a stage hypnotist, Mort has taken his show to every state in the country and has performed over 1,000 gigs at college campuses, corporate banquets, state and county fairs, and as a headliner in major comedy clubs. He was nominated for the prestigious "Entertainer of the Year" award by the National Association of Colleges and Universities.

Dr. Mort will demonstrate how to incorporate some of his stage techniques into your hypnotherapy practice and will unveil the one secret that will virtually guarantee dramatic financial success.

## **UPCOMING TOPICS & PRESENTERS**

### Meeting Dates:

June 5: Dr. Mort Berkowitz

July 3: Gibran Sepulveda

August 7: Kate Ellis

September 4: Sam Sterk Ph.D

October 2: Robert O'Connor – "Quantum Healing"

November 6: David Harrod – "Hypnosis and NLP"

Nominations for 2013 Officers

December 4: Holiday Party

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited

to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Officers:

President: Michael C. DeSchalit -- mcdmagic@aol.com

Vice-President: Sam Sterk - peakplus@aol.com

Secretary: Debbi Combs - asph@live.com

Treasurer: Tom Hajek – <u>tmhypnosis@live.com</u>

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Treasurer's Announcements

Please help us by sending in your \$35.00 Renewal Membership Dues ASAP!! There are only a few ASPH members who have not sent in their 2012 Renewal Dues. We would really appreciate getting this part of our business wrapped up for the year. Remember also, your ASPH Membership Dues include you in our December ASPH Holiday Party.

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

#### ASPH Website

<u>www.hypnosisaz.com</u> and <u>www.hypnosisaz.org</u> are the domains for Arizona Society for Professional Hypnosis. <u>Click here</u> for a link that takes you directly to the newsletter posted online.

**ASPH Email Address** 

The ASPH email address is asph@live.com.

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at <a href="mailto:asph@live.com">asph@live.com</a> as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asph@live.com.

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Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to <a href="mailto:asph@live.com">asph@live.com</a>.

Member Newsletter Announcements should be approximately 1/4 page and <u>ready to cut and paste</u> <u>into the newsletter.</u> All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

On ASPH meeting nights at 6:30 P.M., Sam Sterk has created a mentoring program for members who have questions about hypnosis or need help finessing their hypnosis skills. Any member may join in the discussions. We have several newly certified hypnotists/hypnotherapists who have joined ASPH and would like help from the more experienced members of our group. If you are willing to educate and mentor, it will be appreciated. We hope to see you!

A private discussion group for ASPH members has been organized by Tom Hajek at <a href="mailto:asph@googlegroups.com">asph@googlegroups.com</a>. Any ASPH member may comment, post, and participate in discussions.

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To help grow your hypnosis/hypnotherapy business, Robert O'Connor and Carol Adler suggested this link – <a href="http://arizonaguide.com/events-calendar">http://arizonaguide.com/events-calendar</a> - for ASPH members. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

I have tons of hypnosis and psychology e-books that I have collected through the years. Included are Hypnotherapy by Dave Elman, the entire works of Milton Erickson and literally hundreds more. Everything by Bandler and Grinder.

I was going to sell the e-books for 4/\$20. If you would like my full title list - I'll be more than happy to send it over to you. Even though I'm now in Utah - I can e-mail the books in perfect PDF format and can accept payment through Paypal. That simple and easy.

Thanks!

Fellow ASPH member,

Nicole Hunt

Mind Science Therapy

623-205-0960

<u>nicolehunt@mindsciencetherapy.com</u>

#### Members and friends:

Please join us for our May Southern Arizona NGH Chapter Meeting on Wednesday, May 16th at Coco's Restaurant and Bakery - 7250 N Oracle Rd, Tucson.

(NE corner of Ina/Oracle) at 7pm.

Our speaker will be Dr. Ed Bebee and the topic will be "Ten Top things y'gotta know about hypnosis" or "Body Asleep, Mind a What???"

Ed is a board certified Consulting Hypnotist, certified NGH instructor, and holder of the prestigious Order of Braid from the NGH which recognizes a lifetime of outstanding achievement, service, and dedication in the profession of hypnosis.

Ed writes the Casebook Files column in the NGH Journal of Hypnotism and has authored over 34 articles delving into his experience with an astounding array of hypnosis clients. Ed is currently putting together a textbook on hypnosis entitled "Body Asleep, Mind Aware" which will focus on the physiological aspects of hypnosis supported by a lifetime of practical clinical experience. Please welcome Ed and attend our May meeting.

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From: michael@deeplyrelaxed.com

I currently am using my office, location listed below, on a part-time basis and would love to open it up to other potential Hypnotists who would like to share space on a part-time basis.

The office is in the Green Gables Office Complex

2345 E. Thomas Road

**Suite 280** 

Phoenix, AZ 85016

It is on the SW corner of 24th Street and Thomas Road and just minutes away from the 202, I-10, and SR51 Freeways.

The office is comfortably adorned with two new recliners, has a waiting area for clients to fill out any paperwork, and there is a desk for you to work at while waiting for your clients. I'm generally in the office on Monday's and Wednesday's. If you would like more information or would like to stop by to check it out, you can contact me at 602-999-0697 or at any of the contact information below.

Michael Bucy, CH

Deeply Relaxed, LLC

Mobile: 602.999.0697

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www.KISSHypnosisScripts.com
www.HypnosisAudioSite.com
www.GastroBandHypnosis.com

Some of this may seem repetitious if you've read my recent emails.

Brooklyn hypnotist Jacob Bimblich (<a href="http://www.jacobbimblich.com/">http://www.jacobbimblich.com/</a>) did a smoking cessation workshop for hypnotists at the 2008 NGH Solid Gold Weekend.

I recently received a free copy of the DVD at the 2012 NGH Solid Gold Weekend in Anaheim. In the training Jacob recommends a DVD from the Center for Disease Control entitled "I can't breathe", the

story of Pam Laffin, a 29 year old woman who started smoking at age 10 after watching Olivia Newton John in the movie Grease. She developed emphysema at age 19, had a lung transplant at age 29 and passed away after her body rejected the transplant.

It's a killer video. Watch it and you'll never want to smoke again.

You can order up to five copies of the subject DVD for free (you've already paid for it multiple times via your taxes so don't feel guilty) from <a href="www.cdc.gov">www.cdc.gov</a>.

Go to the link below:

http://apps.nccd.cdc.gov/osh\_pub\_catalog/PublicationList.aspx

Type: emphysema in the search box and select "Digital Video Disk (DVD)" from the material type pull down menu.

The only video that will appear is the "I can't breathe" video. Click the box to select and ask for five copies.

Follow the instructions to complete the order.

Wow, free copies for your stop-smoking clients to watch. Fantastic!

Preview the video at: <a href="http://www.myspace.com/video/freedom-laser-therapy/i-can-39-t-breathe-a-mother-39-s-struggle-with-smoking/57893417">http://www.myspace.com/video/freedom-laser-therapy/i-can-39-t-breathe-a-mother-39-s-struggle-with-smoking/57893417</a>

You will save someone's life by helping them to quit smoking.

Dave

P.S. You can order five more the very next day.

## Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email (asph@live.com) with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady <a href="https://hypnotherapist@lbrady.com">hypnotherapist@lbrady.com</a> 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman <u>alanhand@aol.com</u> 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Susan Poznanski <u>smf85308@q.com</u> 602-843-8835

Martha Reed <u>martha@insightsforlife-coach.com</u> 623 249-5888

Sam Sterk <u>peakplus@aol.com</u> 480-767-0956

Tina Sacchi <u>Tina@TinaSacchi.com</u> 623-261-6167

Cheryle Timbrook <u>Azrltr218@aol.com</u> 480-201-7723

Kathy Balland kballand@gmail.com 480-688-3924

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at <a href="mailto:asph@live.com">asph@live.com</a> to be included in our next newsletter.

Treasurer's Announcements

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

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Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

## Phoenix AZ 85024

Have a wonderful month helping as many people as you can including yourself, and hope to see you Tuesday, June 5th at Hometown Buffet at 7:00 P.M.