



[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – Tuesday, June 4, 2013

7:00 p.m. SHARP

Presenter – Michelle Lee

**Topic – “Empowerment With Hypnosis and Emotional Freedom
Technique ”**

Demonstrations.... Volunteers Welcome... Invite Your Friends!

[Meeting Location](#)

TO BE ANNOUNCED.

**We are no longer holding ASPH meetings at J. J.'s Country Buffet
(formerly Home Town Buffet). Currently we're considering several
new locations. We'll send out a special bulletin well ahead of the next
meeting as soon as we've made our decision.**

Michelle Lee, an NGH certified hypnotherapist with more than 10 years experience, is the founder of Athena Rising Now, a program dedicated to freeing teen girls, their mothers and all women from ancient cultural programming to become the leaders they were born to be. Michelle has successfully utilized emotional freedom technique (EFT) as a complement to hypnosis for 8 years for profound and transformative results.

UPCOMING TOPICS & PRESENTERS

July 2 – Don Rice

August 6 – Bill Regner

September 3 –

October 8 – Leo Gagnon

November 5 – Nominations, open demos TBA

December 3 – Holiday Party

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Officers

President: Robert J. O'Connor – riocstar@juno.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – info@hypnosisaz.com

Treasurer: Tom Hajek – tmhypnosis@live.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

ASPH Website

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is info@hypnosisaz.com

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at info@hypnosisaz.com as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at info@hypnosisaz.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to info@hypnosisaz.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

SPORTS HYPNOSIS CERTIFICATION-A ONE DAY SEMINAR

Sam Sterk, Ph.D. CHt

May 11, 2013

8:00-5:00 PM

Office of Dr. Sterk

\$250.00, which includes a manual and certificate of course completion

To Register, call [480-767-0956](tel:480-767-0956) to ensure your placement in a course.

Email your interest to: peakplus@aol.com

You can pay by check or credit card (Visa or Master Card)

Peak Performance Plus

9035 E. Kalil Dr.

Scottsdale, AZ 85260

Tel/Fax - [480-767-0956](tel:480-767-0956)

peakplus@aol.com

www.peakplusaz.com

www.azolderadultplacement.com

Dr. Nightingale and I (Karen Balland) facilitated a great two-day Hypnotherapy for Alzheimer's and other dementias course in San Diego last month, and we are looking at putting together another weekend course in Tempe in June. We are trying to find out what the interest and availability of people is. We are looking at possibly June 15th and 16th or June 22nd and 23rd. The early sign-up rate is \$297 for the two days.

Here are a few testimonials: "Hypnotherapy for Dementia with Dr. Dan Nightingale is one of the best trainings I've taken in recent years. Dr. Dan is extremely knowledgeable, warm and engaging. I walked out of class the first day loaded with information, with more to come. I learned a tremendous amount and had fun in the process. Research proves that hypnotherapy helps improve the quality of life for people with dementia. This population is growing, making this the perfect way to be of service in your community and grow your practice."

Katherine Zimmerman, CCHT, Author, CE Course for Intuition and Spirituality

"Dr. Nightingale changed my perspective of dementia ENTIRELY, in a positive, empowered way."

"Clear, concise, made the complicated details easily understandable. Very well done. Thanks!"

"Rich content; sense of humor."

"Very Engaging, humorous and presented all material very clearly. Very enjoyable conference. Recommend it! Thanks so much for sharing this information."

"His sense of humor, degree of experience in the field, dedication to being of service to people with dementia, organization of material. Thank you! I am grateful to have this knowledge, the support and expertise to build a foundation for my work."

"Very,very knowledgeable. Well organized and superbly presented. Information very beneficial, well needed."

Please let me know if you are interested, and what date. (If you know someone that may be interested, please let them know as well so that we can get an idea of how many people would be attending.) Thank you!

All the best,

Kathleen Nightingale, CCHt

Co-Founder and CFO

(480) 688-3924 (mobile/text)

DementiaTherapySpecialists.com

*Providing Therapy and Training that
Improves the Quality of Life for*

People Living with Dementia and their Loved Ones.

Sign up NOW for the International Dementia Conference at: [International Dementia Conference](#)

Here are the notices about two workshops I'll be doing at Emerge Acupuncture, 123 E. Baseline Rd. Suite D102 Tempe, AZ 85283. If you want to know more, you can click on the links below, copy and paste the link at the bottom, call Emerge at 480-238-1252, or me - Alan - at 602-478-8346. It seems I rarely get a chance to do these workshops here in town, so I am looking forward to them. And I guarantee - no needles! Thanks for sending these to the membership.

Smiles,

Alan Handelsman

Upcoming Workshops

Emotions Are Power:

How to Reveal Them and Utilize Them

Friday May 31st @ 7-9PM

Admission: \$25 (Price can be applied to full day workshop Romance, Finance, and Resonance listed below)

We are all taught to hide our emotions, but why do we always seem to lose the fight? There is another side of emotions. In this workshop you will learn to use the power of your emotions in a positive way. To Learn more [click here.](#)

Romance, Finance, and Resonance:

Improve Relationships with People, Money and Your Own Mind

Sunday June 2nd @ 9:30AM-4:30PM

Admission: \$90

Jonathan Patrick hosts a "Hypnosis Practice Group" on the last Tuesday of the month at 6:00 PM at the Phoenix Agave Library. For more details, contact Jonathan at jonathan@affect-effect.com.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Alan Handelsman

602-478-8346

Office space available. Very quiet location. 16th Street and Missouri in Phoenix. If interested, call Betsy at 602-263-0837.

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Credit Card Processing Solutions for Your Business

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

Contact:

Linda Monico

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1.888.624.7800

603.475.9345 Cell

1.866.236.5424 Fax

Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Susan Poznanski smf85308@q.com 602-843-8835

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi TinaSacchi.com 623-261-6167

Cheryle Timbrook Azrltr218@aol.com 480-201-7723

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at info@hypnosisaz.com to be included in our next newsletter.

Treasurer's Announcements

Please help us by sending in your Renewal Membership Dues ASAP!! Thank you!