

Arizona Society For Professional Hypnosis



www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting - Tuesday, May 1, 2012

7:00 p.m. SHARP

Presenter – Dr. Lewis Heller

Topic – “Hypnosis for Various Medical Conditions”



Lecture Demos... The Easy and Fun Way to Present Hypnosis!!

[Meeting Location](#)

Home Town Buffet

1312 North Scottsdale Road - Scottsdale AZ 85257

[On the west side of Scottsdale Road, just south of McDowell]

[Directions](#)

Dr. Lewis Heller:

Dr. Heller has a successful background as a medical doctor, surgeon, and hypnotherapist. He is most known for his compassion and perception in helping to resolve medical issues.

After Dr. Heller received his Bachelor of Science Degree from Haverford College, where he was also a member of Phi Beta Kappa, he then attended the prestigious University of Pennsylvania Medical School. Upon graduation from medical school, Dr. Heller completed an internship and residency program in Obstetrics and Gynecology at the Medical College of Pennsylvania. Dr. Heller also earned a Masters Degree in Business Administration from the executive program at Arizona State University, and is a Certified Hypnotherapist and member and lecturer for the well-known National Guild of Hypnotists.

Dr. Heller has over thirty years of clinical experience as a practicing physician, including thirteen years in private practice as a board certified Obstetrician and Gynecologist. He holds the distinction of delivering the first “test tube” baby born in Arizona. It was while he had the privilege of providing health care that he found success in utilizing hypnotherapy and other holistic health care techniques as part of his medical/surgical practice.

Dr. Heller obtained formal training in hypnotherapy in 1995 to help his patients quit smoking, reduce stress, lose weight, have an easier childbirth, and control pain. Since that time, he has greatly expanded his hypnotherapy practice. Dr. Heller saw the awesome power of hypnotherapy and has been delivering steadfast result to clients ever since.

If any ASPH member would like for Dr. Heller to address a specific health problem they can email their request to Dr. Heller at lewisheller@mac.com. Dr. Heller will instruct us on how he works with each particular health issue using hypnosis. All requests will be kept anonymous.

UPCOMING TOPICS & PRESENTERS

Meeting Dates:

June 5: Mort Berkowitz

July 3: Gibran Sepulveda

August 7: Kate Ellis

September 4: Sam Sterk Ph.D

October 2: Robert O'Connor – “Quantum Healing”

November 6: David Harrod – “Hypnosis and NLP”

Nominations for 2013 Officers

December 4: Holiday Party

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Officers:

President: Michael C. DeSchalit -- mcdmagic@aol.com

Vice-President: Sam Sterk – peakplus@aol.com

Secretary: Debbi Combs – asph@live.com

Treasurer: Tom Hajek – tmhypnosis@live.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Treasurer’s Announcements

Please help us by sending in your \$35.00 Renewal Membership Dues ASAP!! There are only a few ASPH members who have not sent in their 2012 Renewal Dues. We would really appreciate getting this part

of our business wrapped up for the year. Remember also, your ASPH Membership Dues include you in our December ASPH Holiday Party.

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

ASPH Website

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is asph@live.com.

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at asph@live.com as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asph@live.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to asph@live.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis

techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, Robert O'Connor and Carol Adler suggested this link – <http://arizonaquide.com/events-calendar> - for ASPH members. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

On ASPH meeting nights at 6:30 P.M., Sam Sterk has created a mentoring program for members who have questions about hypnosis or need help finessing their hypnosis skills. Any member may join in the discussions. We have several newly certified hypnotists/hypnotherapists who have joined ASPH and would like help from the more experienced members of our group. If you are willing to educate and mentor, it will be appreciated. We hope to see you!

One of our members, Dr. Lewis Heller, will be giving a 2-day seminar on Saturday, May 5th through Sunday, May 6th on the topic of medical hypnosis. Dr. Heller is a board certified obstetrician gynecologist who has a full time hypnosis practice. Dr. Heller has been doing mind-body medicine and hypnotherapy since 1994. He has been a speaker at NGH in the past on this topic and was invited back this year to speak again on this topic.

If you have a desire to expand your knowledge and skills in this area, this is your opportunity!

You can contact Dr. Heller directly by calling 602-502-4000 or emailing him at lewisheller@medicalhypnosismd.com.

[MHI Medical Hypnosis Techniques - What the Program Includes \(1\).docx](#)

[MHI Medical Hypnosis Techniques - What the Program Includes \(2\).docx](#)

I have tons of hypnosis and psychology e-books that I have collected through the years. Included are Hypnotherapy by Dave Elman, the entire works of Milton Erickson and literally hundreds more. Everything by Bandler and Grinder.

I was going to sell the e-books for 4/\$20. If you would like my full title list - I'll be more than happy to send it over to you. Even though I'm now in Utah - I can e-mail the books in perfect PDF format and can accept payment through Paypal. That simple and easy.

Thanks!

Fellow ASPH member,

Nicole Hunt

Mind Science Therapy

623-205-0960

nicolehunt@mindsciencetherapy.com

Credit Card Processing Solutions for Your Business

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

Contact:

Linda Monico

New England Payment Systems

1.888.624.7800

603.475.9345 Cell

1.866.236.5424 Fax

Networking

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email (asph@live.com) with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Susan Poznanski smf85308@q.com 602-843-8835

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Cheryle Timbrook Azrltr218@aol.com 480-201-7723

Kathy Balland kballand@gmail.com 480-688-3924

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at asph@live.com to be included in our next newsletter.

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Treasurer's Announcements

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RELAX!

All you have to do is.... Reach for your checkbook, pick up your pen, and

RENEW YOURSELF WITH ASPH for another year by

RENEWING YOUR ANNUAL MEMBERSHIP...

How easy is THAT?????

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

Have a wonderful month helping as many people as you can including yourself, and hope to see you Tuesday, May 1st at Hometown Buffet at 7:00 P.M.