



**[Arizona Society For Professional Hypnosis](#)**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**[ASPH Newsletter Hyperlink](#)**

**Next Meeting – Tuesday, May 7, 2013**

**7:00 p.m. SHARP**

**Presenter – Dr. Lewis Heller**

**Topic – “How to Do a Presentation with Pizzazz!!! ”**

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**[Meeting Location](#)**

**J. J. North’s Country Buffet**

**1312 North Scottsdale Road - Scottsdale AZ 85257**

***[On the west side of Scottsdale Road, just south of McDowell]***

**[Directions](#)**

## ***Dr. Lewis Heller - How To Do A Presentation With Pizzazz!!!***

***A brief slide presentation along with a classic Elman induction, Regression and Parts Therapy Demonstration.***

***There have already been two volunteers for the regression and parts therapy demonstration, but others will also be considered, pending time consideration.***

***If any one wishes a signed copy of my book, the cost is \$20.00 I will only bring the number of books for those who are interested in purchasing.***

***Please email me directly at [Lewisheller@mac.com](mailto:Lewisheller@mac.com) if you wish to have me bring a copy for you.***

***Dr. Heller has a successful background as a medical doctor, surgeon, and hypnotherapist. He is most known for his compassion and perception in helping to resolve medical issues.***

***After Dr. Heller received his Bachelor of Science Degree from Haverford College, where he was also a member of Phi Beta Kappa, he then attended the prestigious University of Pennsylvania Medical School. Upon graduation from medical school, Dr. Heller completed an internship and residency program in Obstetrics and Gynecology at the Medical College of Pennsylvania. Dr. Heller also earned a Masters Degree in Business Administration from the executive program at Arizona State University, and is a Certified Hypnotherapist and member and lecturer for the well-known National Guild of Hypnotists.***

***Dr. Heller has over thirty years of clinical experience as a practicing physician, including thirteen years in private practice as a board certified Obstetrician and Gynecologist. He holds the distinction of delivering the first "test tube" baby born in Arizona. It was while he had the privilege of providing health care that he found success in utilizing hypnotherapy and other holistic health care techniques as part of his medical/surgical practice.***

***Dr. Heller obtained formal training in hypnotherapy in 1995 to help his patients quit smoking, reduce stress, lose weight, have an easier childbirth, and control pain. Since that time, he has greatly expanded his hypnotherapy practice. Dr. Heller saw the awesome power of hypnotherapy and has been delivering steadfast result to clients ever since.***

***If any ASPH member would like for Dr. Heller to address a specific health problem they can email their request to Dr. Heller at [lewisheller@mac.com](mailto:lewisheller@mac.com). Dr. Heller will instruct us on how he works with each particular health issue using hypnosis. All requests will be kept anonymous.***

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## **UPCOMING TOPICS & PRESENTERS**

*I am sorry I am behind on getting the information for our "Upcoming Topics and Presenters." The presenters that have already committed will be listed in next month's newsletter.*

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## **THANK YOU**

*Carol Adler took on my job as ASPH secretary for several months and I want to thank her. She does know how to do the job. She has been wonderful at re-taking on the secretarial duties when she really wants to be working on her own projects as a ghost writer, editor, and publisher. Thank you so much, Carol. I do appreciate you. Debbi Combs*

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***Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)***

***Certificates & C. E. U. Credit Hours Awarded for Attendance***

***(2 credits per meeting attended – Contact NGH to record your attendance.)***

***C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.***

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### **Officers**

***President: Robert J. O'Connor – [rjocstar@juno.com](mailto:rjocstar@juno.com)***

***Vice-President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)***

***Secretary: Debbi Combs – [info@hypnosisaz.com](mailto:info@hypnosisaz.com)***

***Treasurer: Tom Hajek – [tmhypnosis@live.com](mailto:tmhypnosis@live.com)***

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ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a \$35.00 check, **"PAY TO THE ORDER OF ASPH"**

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

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ASPH Website

[www.hypnosisaz.com](http://www.hypnosisaz.com) and [www.hypnosisaz.org](http://www.hypnosisaz.org) are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

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ASPH Email Address

The ASPH email address is [info@hypnosisaz.com](mailto:info@hypnosisaz.com)

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**Attention All Practicing Hypnotherapists:**

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at [info@hypnosisaz.com](mailto:info@hypnosisaz.com) as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [info@hypnosisaz.com](mailto:info@hypnosisaz.com).

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**Notes from the Secretary: Debbi Combs**

**A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to [info@hypnosisaz.com](mailto:info@hypnosisaz.com).**

**Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.**

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**SPORTS HYPNOSIS CERTIFICATION-A ONE DAY SEMINAR**

**Sam Sterk, Ph.D. CHt**

**April 27, 2013 or on May 11, 2013**

**8:00-5:00 PM**

**Office of Dr. Sterk**

**\$250.00, which includes a manual and certificate of course completion**

**To Register, call [480-767-0956](tel:480-767-0956) to ensure your placement in a course.**

**Email your interest to: [peakplus@aol.com](mailto:peakplus@aol.com)**

**You can pay by check or credit card (Visa or Master Card)**

**Peak Performance Plus**

**9035 E. Kalil Dr.**

**Scottsdale, AZ 85260**

**Tel/Fax - [480-767-0956](tel:480-767-0956)**

**[peakplus@aol.com](mailto:peakplus@aol.com)**

**[www.peakplusaz.com](http://www.peakplusaz.com)**

**[www.azolderadultplacement.com](http://www.azolderadultplacement.com)**

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**Jonathan Patrick hosts a "Hypnosis Practice Group" on the last Tuesday of the month at 6:00 PM at the Phoenix Agave Library. For more details, contact Jonathan at [jonathan@affect-effect.com](mailto:jonathan@affect-effect.com).**

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*A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.*

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*To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.*

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*Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.*

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#### *Credit Card Processing Solutions for Your Business*

*This company is a preferred vendor of The National Guild of Hypnotists and their members.*

*Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.*

*Contact:*

*Linda Monico*

*New England Payment Systems*

*1.888.624.7800*

*603.475.9345 Cell*

*1.866.236.5424 Fax*

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#### *Networking*

*The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.*

**Carol Adler** [info@caroladler.com](mailto:info@caroladler.com) 480-452-9183

**Lindsay Brady** [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

**Sandi Graves** [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

**Phil Hamilton** [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

**Alan Handelsman** [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

**Robert J. O'Connor** [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

**Susan Poznanski** [smf85308@q.com](mailto:smf85308@q.com) 602-843-8835

**Martha Reed** [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

**Sam Sterk** [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

**Tina Sacchi** [TinaSacchi.com](mailto:TinaSacchi.com) 623-261-6167

**Cheryle Timbrook** [Azrltr218@aol.com](mailto:Azrltr218@aol.com) 480-201-7723

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**Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at [info@hypnosisaz.com](mailto:info@hypnosisaz.com) to be included in our next newsletter.**

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**Treasurer's Announcements**

**Please help us by sending in your Renewal Membership Dues ASAP!! Thank you!**