# Arizona Society For Professional Hypnosis

www.hypnosisaz.com

Next Meeting: ASPH Tuesday, July 5, 2011

7:00 p.m. SHARP



www.hypnosisaz.com

**Topic:** RAPID INDUCTIONS-HANDS ON

By

Sandi Graves, C.H.



Sandi Graves C.H., a Board Certified Consulting Hypnotist in private practice in Phoenix, AZ has achieved professional certification from the National Guild of Hypnotists in 2008 and is already being recognized as one of the new up and coming leaders in her profession. She is a highly respected trainer at various professional conventions and her practice has grown with individual spanning the country. She is currently the Vice President of the Arizona Society of Professional Hypnotists and

holds a seat on the fund raising committee for the Phoenix Professional Business Women. In collaboration with past ASPH president, Don Rice, she is co-owner of <a href="KissHypnosisScripts.com">KissHypnosisScripts.com</a> (a leading source of downloadable scripts for professional hypnotists through novice, ) <a href="HypnosisAudioSite.com">HypnosisAudioSite.com</a> (offering complete downloadable motivational and self-hypnosis audios for anyone seeking help at the click of a mouse) and sole-owner of <a href="Arizona Family-Hypnosis">Arizona Family-Hypnosis</a>. Presently, Sandi Graves specializes in the new revolutionary weight loss program she helped to develop, called <a href="GastroBandHypnosis.com">GastroBandHypnosis.com</a>.

Sandi's workshops are always full of interactive demonstrations and her passionate and energetic style will ignite your desire to become the best that you can be.

Did you read "interactive demonstrations" because that is exactly what you will be doing......DOING a rapid induction. We may even have a couple of guest presenters. Don't miss this fun, educational and informative "hands on" presentation from your ASPH Vice President, Sandi Graves, BCH.

During this 50 minute demonstration from Sandi Graves you will be able to:

- Practice and learn how to do 2 rapid inductions
- Identify the 3 basic types of inductions
- Describe what rapid inductions are
- Observe others' techniques
- Determine when to use and when not to use rapid inductions
- Learn the reasons for using rapid inductions in your office

• Hear the advantages of using rapid inductions in a clinical setting

Becoming proficient in rapid inductions will enhance your hypnosis practice by saving time, creating mental expectancy and increasing your skills in hypnotism. With this interactive presentation, you will see how you can easily move past the client's critical factor, helping them to quickly enter into a deep hypnotic trance.

Want to see Sandi in action during a live "Rapid Induction" class? Check out these youtube videos:

http://www.youtube.com/watch?v=l5snSfvgVXI "Hypnotist Hypnotized and Hypnotizing with Hypnosis"

http://www.youtube.com/watch?v=tW-ZglvVukA "Rapid Hypnosis"

# Meeting Location:

Home Town Buffet
1312 NORTH SCOTTSDALE RD, SCOTTSDALE, AZ 85257
[On the West Side of Scottsdale Road, just south of McDowell]

[Please no dining during the meeting.]

Directions - Google "Home Town Buffet - Scottsdale AZ"

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Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members) Certificates &C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting attended)

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#### **UPCOMING TOPICS & PRESENTERS**

### Meeting Dates:

July 5: Sandi Graves, ASPH Vice President Rapid Inductions-Hands On

August 2: Sylvia (How to Include Sound With Hypnosis)

September 6: Martha Reed
October 4: Lea Blumberg
November 1: Sandi Graves

December: Party

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#### Officers:

President: Michael C. DeSchalit -- mcdmagic@aol.com

Vice-President: Sandi Graves – sandi@arizonafamilyhypnosis.com

Secretary: Sam Sterk - peakplus@aol.com

Treasurer: Sylvia Shelton - sushelton@hotmail.com

Statutory Agent and Parliamentarian: Carol Adler – info@caroladler.com

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# ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS Membership Renewal Form

**RELAX!** 

All you have to do is.... Reach for your checkbook, pick up your pen, and

RENEW YOURSELF WITH ASPH for another year by RENEWING YOUR ANNUAL MEMBERSHIP...
How easy is THAT?????

## Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Carol Adler, CHt ASPH Statutory Agent 1960 West Keating Avenue – No. 236 Mesa, Arizona 85202

#### The ASPH Website

<u>www.hypnosisaz.com</u> and <u>www.hypnosisaz.org</u> are the domains for Arizona Society for Professional Hypnosis.

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Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to **Sam Sterk, ASPH Secretary,** by email at asph@live.com as soon as possible. **You can also send your announcements to Sam Sterk, Ph,D at peakplus@aol.com**Thank you!

Dr. Sam Sterk, Director of Peak Performance plus LLC, NGH Faculty member and Secretary of ASPH, has 2 upcoming Sports Hypnosis Seminars that will springboard you to work with athletes and increase your income potential. The workshops are on 9/17/2011 and 9/24/2011. Please note that these workshops can be completed through a one on one mentorship program or the group seminar format.

Call or email go register. Telephone: 480-767-0956; Email: <a href="mailto:peakplus@aol.com">peakplus@aol.com</a> and check out the web site, www.peakplusaz.com

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Notes from the Secretary: Sam Sterk, Ph.D.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to <a href="mailto:asph@live.com">asph@live.com</a>.

If you come at least a half an hour early the evening of the upcoming monthly meeting, you can have the benefit of networking and "schmoozing" with your peers. We hope to see you.

We are very excited to announce that the following ASPH members will be presenters at the upcoming August, 2011 NGH Convention:

**Michael DeSchalit** 

**Sandi Graves** 

Lewis Heller, M.D.

**Don Rice** 

Sam Sterk, Ph.D.

Congratulations to the upcoming presenters.

We are reminded of the talent within our own chapter.

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Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH themselves to have their credits recorded.

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#### **Member Announcements**

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

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# **Credit Card Processing Solutions for Your Business**

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas

station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

#### Contact:

Linda Monico New England Payment Systems 1.888.624.7800 603.475.9345 Cell 1.866.236.5424 Fax

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#### **NETWORKING**

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email (asph@live.com ) with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183
Sherry Bertram bertshr@yahoo.com 602-920-3281
Lindsay Brady hypnotherapist@lbrady.com 480-966-8571
Rebekah Costello hypno-sister@hotmail.com 602 316-8561
Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436
Phil Hamilton phil@trancepathways.com 602-330-6886
Alan Handelsman alanhand@aol.com 602-478-8346
Robert J. O'Connor rjocstar@juno.com 602-593-4006
Susan Poznanski smf85308@q.com 602-843-8835
Martha Reed martha@insightsforlife-coach.com 623 249-5888
Sam Sterk peakplus@aol.com 480-767-0956
Tina Sacchi Tina@TinaSacchi.com 623-261-6167
Cheryle Timbrook Azrltr218@aol.com 480-201-7723

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# Social & Professional Networking on the Internet:

www.selfgrowth.com www.hypnothoughts.com www.linkedin.com

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Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at <a href="mailto:asph@live.com">asph@live.com</a> to be included in our next newsletter.

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Treasurer's Report

On June 18, 2011, the ASPH Bank Account Balance was \$4.026.07.

Thank you so much for sending in your Renewal and New Membership Dues!