

Arizona Society For Professional Hypnosis

www.hypnosisaz.com

Next Meeting: ASPH

Tuesday, September 6, 2011

7:00 p.m. SHARP



www.hypnosisaz.com

Topic: Using Color and Hypnosis to Balance Hidden Emotion

By,

Martha Reed, Ph.D.

At the core of all matter lies energy, and the human body is no different.

The energy body is a template for the physical body, and is the key to health, vitality and well-being. Throughout our lives, emotional energy resonates with life experiences, personal and professional relationships, and belief systems and becomes literally encoded in cell tissue of our body. Therefore, it is possible to "nudge" an incoherent field into normalcy through energy therapies.

Homeopathic Color Therapy/Chakra Balancing

Color therapy, is a vibrational healing modality. All the primary colors reflected in the rainbow carry their own unique healing properties

Energy-centered therapy is one of the most relaxing and fundamental healing techniques employed in rebuilding the mind, body and spirit. Through this therapy and Hypnosis, a profound overall balance to the body's energetic system is achieved by unblocking and releasing stuck energy/emotions and restoring depleted areas in the body.

Combining Color and Hypnotic unwinding techniques greatly increases your connection, perception and potential for an enhanced state of well-being on all levels.

Tonight's plan ~

- Intro to color and its effects on us (using 7 primary colors)
- Emotional imbalance questionnaire
- Hypnosis emotional unwinding
- Tips and tricks to incorporate color into your life

Martha Reed holds a PhD, specializing in Holistic Life Counseling, Hypnotherapy, Transformational Life Coaching,

and Energy Medicines including Reiki, Color Therapy, Toe Reading and Spiritual Homeopathy. As a Spiritual Counselor with the International Metaphysical Ministry, she is sometimes known as Rev. Martha Reed, performing space blessings, clearings and non-denominational wedding ceremonies.

Meeting Location:

Home Town Buffet

1312 NORTH SCOTTSDALE RD, SCOTTSDALE, AZ 85257

[On the West Side of Scottsdale Road, just south of McDowell]

[Please no dining during the meeting.]

Directions - Google "Home Town Buffet - Scottsdale AZ"

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)
Certificates & C. E. U. Credit Hours Awarded for Attendance
(2 credits per meeting attended)

UPCOMING TOPICS & PRESENTERS

Meeting Dates:

August 2: Sylvia (How to Include Sound With Hypnosis)

September 6: Martha Reed

October 4: Lea Blumberg

November 1: Sandi Graves

December: Party

Officers:

President: Michael C. DeSchalit -- mcdmagic@aol.com

Vice-President: Sandi Graves – sandi@arizonafamilyhypnosis.com

Secretary: Sam Sterk – peakplus@aol.com

Treasurer: Sylvia Shelton - sushelton@hotmail.com

Statutory Agent and Parliamentarian: Carol Adler – info@caroladler.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RELAX!

All you have to do is.... Reach for your checkbook, pick up your pen, and

RENEW YOURSELF WITH ASPH for another year by

RENEWING YOUR ANNUAL MEMBERSHIP...

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Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Carol Adler, CHt

ASPH Statutory Agent

1960 West Keating Avenue – No. 236

Mesa, Arizona 85202

The ASPH Website

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis.

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to **Sam Sterk, ASPH Secretary**, by email at asph@live.com as soon as possible. **You can also send your announcements to Sam Sterk, Ph,D at peakplus@aol.com**

Thank you!

Dr. Sam Sterk, Director of Peak Performance plus LLC, NGH Faculty member and Secretary of ASPH, has 2 upcoming Sports Hypnosis Seminars that will springboard you to work with athletes and increase your income potential. The workshops are on 9/17/2011 and 9/24/2011. Please note that these workshops can be completed through a one on one mentorship program or the group seminar format.

Call or email go register. Telephone: 480-767-0956; Email: peakplus@aol.com and check out the web site, www.peakplusaz.com

Notes from the Secretary: Sam Sterk, Ph.D

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the

mid-point of the month before the next meeting. Please submit your event information on or before that date via email to asph@live.com.

If you come at least a half an hour early the evening of the upcoming monthly meeting, you can have the benefit of networking and “schmoozing” with your peers. We hope to see you.

We were all very excited to present at the NGH August, 2011 Convention. The following people, all representing ASPH-AZ presented:

Michael DeSchalit

Sandi Graves

Lewis Heller, M.D.

Don Rice

Sam Sterk, Ph.D.

Congratulations to all the presenters!

We are reminded of the talent within our own chapter.

***Should time permit, the presenters will be glad to summarize their individual contribution to the NGH Convention. If each presenter had 2-3 minutes, we could easily summarize our contributions.**

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH themselves to have their credits recorded.

Member Announcements

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

Credit Card Processing Solutions for Your Business

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution

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1.888.624.7800
603.475.9345 Cell
1.866.236.5424 Fax

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email (asph@live.com) with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183
Sherry Bertram bertshr@yahoo.com 602-920-3281
Lindsay Brady hypnotherapist@lbrady.com 480-966-8571
Rebekah Costello hypno-sister@hotmail.com 602 316-8561
Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436
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Cheryle Timbrook Azrltr218@aol.com 480-201-7723

Social & Professional Networking on the Internet:

www.selfgrowth.com
www.hypnothoughts.com
www.linkedin.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at asph@live.com to be included in our next newsletter.

Treasurer's Report

To be announced at the ASPH meeting.

Thank you so much for sending in your Renewal and New Membership Dues!