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[ASPH Newsletter Hyperlink](#)

Next Meeting - Tuesday, November 6, 2012

7:00 p.m. SHARP

Presenter – David Harrod

Topic – "Mix, Muddle, and Manipulate"

Neuro-Linguistic Programming for the Practicing Hypnotist



Lecture Demos... The Easy and Fun Way to Present Hypnosis!!

[Meeting Location](#)

Home Town Buffet

1312 North Scottsdale Road - Scottsdale AZ 85257

[On the west side of Scottsdale Road, just south of McDowell]

[Directions](#)

NLP, or Neuro-Linguistic Programming, is a tool that adds an additional dimension to the hypnotist's toolbox. Unfortunately, the many dry and lengthy tomes on NLP tend to mask its true simplicity with a lot of complicated jargon. From developing rapport, helping the client find internal resources and access positive states, anchoring them and using those states to elicit change in the client, NLP is something the practicing hypnotist should know. By the end of my talk, I hope you will have discovered that you have a workable basic understanding of NLP and NLP techniques that will allow you to begin to use it in your practice with your clients.

Dave Harrod is a Certified Instructor and Consulting Hypnotist with the National Guild of Hypnotists and is the 2012 President of the Southern Arizona Chapter of the NGH (which holds its meetings on the third Wednesday of the month at the U Like Buffet on Oracle Road at River Road in Tucson).

Dave developed an interest in hypnosis soon after he moved to Tucson in 1994 and purchased the book "Fun with Hypnosis" by Svengali. Not content with being able to make people bark like dogs and cluck like chickens, Dave began an hypnotic odyssey to learn "Just what the hell hypnosis is all about" which resulted in certification with the American Board of Hypnotherapy in 2003 and the NGH and ASPH in 2004.

After talking with Richard Corvino at the grand opening of a hypnosis office in Tucson, last year, Dave enrolled with Richard's Wesland Institute and became a certified NLP practitioner in December 2011. Dave followed up with an additional NLP practitioner certification through the American University of NLP (AUNLP) in 2012 and is currently working on Advance NLP certification through the AUNLP.

Dave currently has a part time hypnosis practice in Tucson while working on a logical and meaningful conclusion to a 33 year career in engineering with Raytheon Missile Systems.

David Harrod CH, CI

www.hypnoclinic.org

dharrod@comcast.net

(520) 979-7475

NOVEMBER ELECTIONS FOR 2013 OFFICERS

Michael DeSchalit asked for nominations for 2013 ASPH officers in October. The nominations so far are as follows:

PRESIDENT – Robert O’Connor, ASPH President Emeritus

Sam Sterk, Ph.D.

VICE-PRESIDENT – Kate Ellis

TREASURER – Tom Hajek

SECRETARY – Debbi Combs

If you would like to serve ASPH as an officer, please email your name and a short paragraph on what you would plan to contribute to our group as an officer to Debbi Combs at asph@live.com. I will email your goals and aspirations for ASPH to the members before the November meeting.

The ASPH membership will be voting for our new 2013 officers during our November meeting and the winners will be announced at our Holiday Party on December 4th.

UPCOMING TOPICS & PRESENTERS

Meeting Dates:

November 6: David Harrod – “Hypnosis and NLP”

Nominations for 2013 Officers

December 4: Holiday Party

ASPH WEBSITE

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

OFFICERS:

President: Michael C. DeSchalit -- mcdmagic@aol.com

Vice-President: Sam Sterk – peakplus@aol.com

Secretary: Debbi Combs – asph@live.com

Treasurer: Tom Hajek – tmhypnosis@live.com

Robert O'Connor, ASPH President Emeritus was our presenter for the October 2012 meeting. Robert talked about "Quantum Principles" and then gave demonstrations of his technique with three of our members.

Glenford Robinson, Rose Dufek, and Michael DeSchalit volunteered to let Robert work with each of them individually in hypnosis on an issue that they were struggling with.

Robert had each volunteer briefly discuss their issue and what they would like to actually be demonstrating in their life if he could just wave a magic wand to have it manifest. Robert then very gently but quickly guided each volunteer into the level of hypnosis they believed was sufficient for them to work on and resolve their problem.

During each of the volunteer's hypnosis session, Robert had them move several years into their future with their dream goal already accomplished. Robert's goal was to have the client's future self pull the current self into their future reality now.

Thank you Glenford, Rose, and Michael for opening up and discussing what might be very private issues for you so that we, the ASPH members could watch and learn Robert's "Quantum Principles" method.

Thank you, Robert for a fascinating and educational presentation.

Robert's contact information follows:

Robert J. O'Connor
Certified Hypnotherapist
Source Integration Therapist

Essential Hypnotherapy
2659 W. Guadalupe Road / Suite C-119
Mesa, Arizona 85202
Tel: (602) 593-4006 FREE (602) 593-4006

WWW.WHOLEHEARTEDENTERPRISES.COM

WWW.GOFIRSTEARTHATTALION.COM

Thank you to each of our 2012 presenters. It takes your time and effort to impart your knowledge and experience to the ASPH membership. I know that ASPH members appreciate each of you because we show up and pay attention. Thank you again.

If you would like to be one of the ASPH featured speakers for next year, contact Sam Sterk, ASPH Vice-President so he can schedule you in. Sam has filled January and March. You can call Sam at 480-767-0956 or 480-861-6718 or email him at peakplus@aol.com.

HYPNOTIST/HYPNOTHERAPIST MENTORING PROGRAM

On ASPH meeting nights at 6:30 P.M., Sam Sterk directs a mentoring program for members who have questions about hypnosis or need help finessing their hypnosis skills. Any member may join in the discussions. We have several newly certified hypnotists/hypnotherapists who have joined ASPH and would like help from the more experienced members of our group. If you are willing to educate and mentor, it will be appreciated. We hope to see you!

ASPH MEMBER'S GOOGLE GROUPS DISCUSSION

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

ASPH NEWS

Greetings ASPH Members,

After much searching, many phone calls and a lot of cost calculations, we have selected a location for our annual banquet. I do want to thank all those that offered suggestions via the survey (only about a 15% response) as well as those who gave me a prospective location to check out (Noemi, David,

Marcia and Sam). All things being considered, we found that most restaurants were going to be in the \$40 - \$50 range after tax and gratuity (27%!!!!!!) and we didn't really want to have our banquet at a church or rented hall (that's what the survey indicated), so we were fortunate to have found a place called Mi Amigo's. Actually, our very own Vice-President, Sam Sterk, found it. I am sure that we will find this place to be favorable as it met all of our requirements... nice venue, good food, private banquet room and great price.

So here are the details...

LOCATION:

Mi Amigo's

1264 S. Gilbert Rd.

Mesa, AZ 85204

Tel: 480-892-6822

MENU (Buffet Style):

Roll Chicken Tacos

Chicken tacos

Beef tacos

Chicken enchiladas

Mini Chimis (Beef, Chicken and Bean)

Shrimp Fajitas

Beef Fajitas

Chicken Fajitas

Rice

Beans

Guacamole

Sour Cream

Chips & Salsa

Soft Drinks

Sopapillas (Dessert)

COST:

\$20 per person (ASPH is covering \$10 per person, so your cost is \$10 person!!!!!!)

DATE:

Tuesday, December 4th, 2012

TIME:

6:00pm - 7:00pm Happy Hour on the Patio (No Host Bar)

7:00pm - 8:00pm Dinner and Awards

8:00pm - 8:45pm Entertainment (It's Going to Be FUN!!!)

8:45pm - 10:00pm White Elephant Gift Exchange!!!!

I look forward to seeing all of you there!!!

Hypnotically Yours,

Michael C. DeSchalit

ASPH President 2011-2012

ATTENTION – ALL PRACTICING HYPNOTHERAPISTS:

If you would like to include your business on the website, email your information (business name, physical address, phone numbers, website address, email address, and a list of the issues you work with) and a picture of yourself (MS Word Document) to either Tom Hajek at tmhypnosis@live.com or Debbi Combs at asph@live.com. There is a \$25.00 fee for having your name, information, and picture listed on our new ASPH website.

Some of the ASPH members who are listed on the ASPH website are receiving calls from people for appointments who found the member on the website. It is a bit of very inexpensive advertising.

NOTES FROM THE SECRETARY: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asph@live.com.

Member Newsletter Announcements should be MS Word Document, approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

Announcement

FREE Hypnosis sessions on Sunday, October 21st

As a public service Don Rice Hypnosis Clinics in Phoenix, Arizona is offering free, forty- five minute, private, professional, hypnosis sessions for any person 8 years old to 85 years young.

We will see clients by appointment only on the hour from 9am until 5 pm!

We are located in the Natural Health Care Specialties Building, 13203 South 48th St., Phoenix, 85044. The major cross streets are 48th Street & Ray Road.

Make Appointments by emailing your name, telephone number and time of day you want your appointment to azdrice@cox.net. This is on a first come, first serve basis..

Love Yourself, Don

Don Rice Clinics

Main Office 13435 South 47th Way

Phoenix, Arizona 85044

Office (480) 577 0264

Cell (480) 577 0264

www.donriceclinics.com

www.hypnosiscomedyshow.com

www.kisshypnosiscripts.com

www.hypnosisaudiosite.com

www.GastroBandHypnosis.com

2 attachments (total 913.0 KB)



2012 ~SOURCE INTEGRATION THERAPY_100912.doc

View online



2012 ~SOURCE INTEGRATION THERAPY_100912.pdf

Download 

[Download all as zip](#)

*What is Faster than the Speed of Light...
Transcends Time, Space, Broken Hearts, Dreams and More?*

*Source Integration Therapy
2012 * CLASSES ARE SCHEDULED*

The Source Integration Therapies 'Quantum' approach to Well Being,

*A Happy Heart, A Happy Mind,
A Happy Body to contain the Joy and Passion
of Full filling your Fantasies & Dreams*

*When did you want to Learn
how to make Yours and Others
Dreams come True?*

*'NOW'
The Only Time There Really is*

Just "3" weeks away

Dear Friends, Colleagues and fellow Creators of Positive outcomes:

*We are Happy and Proud to welcome you to the Concepts,
Visions, Goals and Dreams of*

SOURCE INTEGRATION THERAPY'

a unique advanced Training Seminar and Experience.

If you or anyone you know are curious

*and would like to know more,
look inside the attached Word document*

*or PDF file for additional information,
call or e-mail me [contact information below].*

*Do pass on this email and attachment to anyone
who you think might be interested in attending.*

*Become a part of the
SOURCE INTEGRATION GLOBAL NETWORK
A QUANTUM APPROACH TO HEALING*

S~I~G~N

It's a SIGN of the Times

We'll leave the Light on for you.

THANKS!

*Robert J. O'Connor
Director and Presenter*

Voice mail – 602-593-4006

e-mail – rjocstar@juno.com

websites – www.wholeheartedenterprises.com

www.gofirstearthbattalion.com

'Certified Hypnotherapist'

'Source Integration Therapist'

Classes are scheduled

on consecutive weekends

Sat. October 20th

Sun. October 21st

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Sat. October 27th

Sun. October 28th

Payments by Paypal, Check, Cash

MasterCard, Visa & Discover

*If you have any questions please feel free to contact me at info above
I would love hearing from you*

~~~~~  
~RJ~

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**Dowsing With Your Sixth Sense, Glendale, AZ November 1, 2012**

**We will go over all the fundamentals and bring you to your next level of dowsing whether you are a beginner or an advanced Dowser. Learn from a professional Dowser...Tina Sacchi.**

**Tina Sacchi is a Master in Holistic Alternative Arts. Visit her website, for upcoming events, information on her international radio show, private sessions in person, Skype or via phone.**

**International Radio Show: Living A Spiritual Life With Tina Sacchi**

**Download podcasts from iTunes or your computer. See [www.TinaSacchi.com](http://www.TinaSacchi.com) for details.**

Peace,

Tina

**Holistic & Spiritual Author, Speaker & Teacher**

**International Radio Show Host**

**Upcoming Events:**

- Sedona Day Retreat, AZ
- Reiki Classes, AZ
- Dowsing With Your Sixth Sense, AZ
- Tina's Spiritual Circle

Visit my website: [www.TinaSacchi.com](http://www.TinaSacchi.com)

Facebook: <http://www.facebook.com/tina.sacchi>

Twitter: TinaSacchi

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Podcasts to archived shows [here](#)

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*Tina's shows sent to you via email [here](#)*

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*Pattie Freeman CI, CHT*

*will be the Hypnotist for the Arizona State Fair*

*Arizona State Fair located at:*

*1826 W. McDowell Rd*

*Phoenix, AZ 85007*

*Show times 4-6-8pm*

*Wed through Sunday*

*Closed Monday and Tuesday*

*November 13th Wed.*

**STAND UP LIVE**

*located at*

*<http://standuplive.com/>*

*Comedy show featuring Pattie as "The Hypnotiist" and 2 well known Comedians*

*a percentage of the proceeds will be going to the Cancer Society "Relay For Life"*

*Tickets can be purchased online or by calling Pattie at 602-400-0653*

*Limited amount of seating is available...*

*tickets \$20 each or 2/\$30*

*For more info feel free to call...*

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**HYPNOSIS EDUCATION**

*Dr. Lewis Heller's "Medical Hypnosis Seminar Training"*

*November 3<sup>rd</sup> and 4<sup>th</sup>, 2012*

*For more information, call 602-502-4000 or email [lewisheller@medicalhypnosismd.com](mailto:lewisheller@medicalhypnosismd.com)*

*This class is limited to 8 participants.*

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*Dr. Lewis Heller is putting together a “stress study” and needs volunteers. If you would like to participate, you can call 602-502-4000 or email [lewisheller@medicalhypnosismd.com](mailto:lewisheller@medicalhypnosismd.com).*

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*Saturday, November 17, 2013 – 8:00 AM – 5:00 PM*

*Sam Sterk, Ph.D. is holding a class that will focus intensely on incorporating sports psychology concepts and state of the art techniques with athletes. Lunch is included. This class will be held at*

*9035 East Kalil Drive*

*Scottsdale, AZ 85260*

*480-767-0956*

*[www.peakplusaz.com](http://www.peakplusaz.com)*

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*VRCities.net was suggested as a sight all of us might find helpful and informative for our hypnotherapy practices.*

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#### **GET YOUR HYPNOSIS/HYPNOTHERAPY BUSINESS GROWING**

*To help grow your hypnosis/hypnotherapy business, Robert O’Connor and Carol Adler suggested this link – <http://arizonaquide.com/events-calendar> - for ASPH members. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.*

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#### **FURNISHED OFFICE SPACE FOR RENT**

*From: [michael@deeplyrelaxed.com](mailto:michael@deeplyrelaxed.com)*

*I currently am using my office, location listed below, on a part-time basis and would love to open it up to other potential Hypnotists who would like to share space on a part-time basis.*

*The office is in the Green Gables Office Complex*

*2345 E. Thomas Road*

*Suite 280*

*Phoenix, AZ 85016*

*It is on the SW corner of 24th Street and Thomas Road and just minutes away from the 202, I-10, and SR51 Freeways.*

*The office is comfortably adorned with two new recliners, has a waiting area for clients to fill out any paperwork, and there is a desk for you to work at while waiting for your clients. I'm generally in the office on Monday's and Wednesday's. If you would like more information or would like to stop by to check it out, you can contact me at 602-999-0697 or at any of the contact information below.*

*Michael Bucy, CH*

*Mobile: 602.999.0697*

*[www.DeeplyRelaxed.com](http://www.DeeplyRelaxed.com)*

*Twitter: @GastroBandHypno*

*[Facebook.com/DeeplyRelaxedLLC](https://www.facebook.com/DeeplyRelaxedLLC)*

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#### **LINDSAY BRADY HAS OFFICE SPACE TO RENT**

*I have two rooms in my office that have recently vacated and are available for immediate occupancy. Located in the quiet high-status Terra Southern Professional/Medical Plaza in Tempe, the complex is conveniently situated near the freeway system for easy valley-wide access. Each space would be ideal for hypnotherapy, counseling, chiropractic, massage therapy or an entrepreneurial office and has a common waiting room, restroom and reception area.*

*Space one is 180 square feet for \$400 per month.*

*Space two is 144 square feet for \$350 per month and has an additional outside private entrance.*

*If interested contact:*

*Lindsay Brady*

*Phone: (480) 966-8571*

*Email: [lindsaybrady@lbrady.com](mailto:lindsaybrady@lbrady.com)*

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#### **ASPH NEEDS YOUR IDEAS**

*Michael DeShalit had asked the members at our May meeting to bring in some ideas to help grow our ASPH group. There are hypnotists/hypnotherapists in the Valley and state who probably do not even know we exist, so reaching out to them could add so much new knowledge, techniques, and resources to our group.*

*Robert O'Connor brought in a number of suggestions. Following is a list of them. They are excellent suggestions on their own, but it will also be good if all of us will use them as a foundation and build on them. Thank you, Robert.*

### ASPH - June 2012

*Suggestions regarding the future of the ASPH organization*

#### Website

*The printing must be Bold and have a minimum of a 12 font for most people to read*

*We must decide:*

*Who and what is the website for? The members? To show how they may be contacted, and for what? Which members benefit? Non-Practitioners in the state? The world at large? Future clients/patients? A display format for individual accomplishments? Advertisements for individual Hypnosis related formats, etc.?*

#### ASPH Meetings

- 1. Location - always trying to stay as close to the center of the ASPH member base as possible.*
- 2. Content and Purpose*

*I suggest that we no longer have presenters who share with ASPH members during their meeting presentation anything that can easily be found on their or other websites. Members don't need to come to a meeting for that; when it is massively available free to the public.*

*I suggest we make it so that as many as possible will be able to hear and see the presentation.*

*I suggest we stick to the "qualifying letter for presenters" that can be found in the ASPH Guidelines documents. This prevents many misunderstandings and confusion.*

*I suggest that as in the past we have ASPH members speak at only three of the meetings. The other ASPH members will happily tell you all they know at the meeting and pre- and post-meeting discussions. Exception: some new and world shattering info that our practicing members haven't heard before.*

*Remember: Members want to see someone new with new ideas. That will bring members to the meetings.*

*And perhaps most important of all: Now, more than ever, to see a live - not staged or on YouTube—demonstration of a process whereby the Hypnotherapist presenter achieves some positive resolutions with some hope of a permanent solution to their individual clients' issues.*

*When this happens our meetings are full and members are happy to attend to get something they can't get anywhere else.*

*If these dynamics as a platform are included, I see a bright future for ASPH for many years to come.*

*Please give us some feedback so we can continue towards our Progress as ASPH and members continue to grow and flourish.*

*Thanks for helping to create the Magic*

*Robert J. O'Connor CHT.  
President Emeritus ASPH*

*Some other suggestions submitted by members were*

- 1. At least one magic trick lesson*
- 2. At least one new script*
- 3. Better Facebook page*
- 4. Name badges for members to wear at monthly meetings*
- 5. Library of products*

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#### **HYPNOSIS BOOKS FOR SALE**

*I have tons of hypnosis and psychology e-books that I have collected through the years. Included are Hypnotherapy by Dave Elman, the entire works of Milton Erickson and literally hundreds more. Everything by Bandler and Grinder.*

*I was going to sell the e-books for 4/\$20. If you would like my full title list - I'll be more than happy to send it over to you. Even though I'm now in Utah - I can e-mail the books in perfect PDF format and can accept payment through Paypal. That simple and easy.*

*Thanks!*

*Fellow ASPH member,*

*Nicole Hunt*

*Mind Science Therapy*

*623-205-0960*

*[nicolehunt@mindsciencetherapy.com](mailto:nicolehunt@mindsciencetherapy.com)*



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**CREDIT CARD PROCESSING SOLUTIONS FOR YOUR BUSINESS**

*This company is a preferred vendor of The National Guild of Hypnotists and their members.*

*Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.*

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**Linda Monico**

**New England Payment Systems**

**1-888-624-7800**

**Cell – 603-475-9345**

**Fax – 1-866-236-5424**

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*Some of this may seem repetitious if you've read my recent emails.*

*Brooklyn hypnotist Jacob Bimblich (<http://www.jacobbimblich.com/>) did a smoking cessation workshop for hypnotists at the 2008 NGH Solid Gold Weekend.*

*I recently received a free copy of the DVD at the 2012 NGH Solid Gold Weekend in Anaheim. In the training Jacob recommends a DVD from the Center for Disease Control entitled "I can't breathe", the story of Pam Laffin, a 29 year old woman who started smoking at age 10 after watching Olivia Newton John in the movie Grease. She developed emphysema at age 19, had a lung transplant at age 29 and passed away after her body rejected the transplant.*

*It's a killer video. Watch it and you'll never want to smoke again.*

*You can order up to five copies of the subject DVD for free (you've already paid for it multiple times via your taxes so don't feel guilty) from [www.cdc.gov](http://www.cdc.gov).*

**Go to the link below:**

**[http://apps.nccd.cdc.gov/osh\\_pub\\_catalog/PublicationList.aspx](http://apps.nccd.cdc.gov/osh_pub_catalog/PublicationList.aspx)**

**Type: emphysema in the search box and select "Digital Video Disk (DVD)" from the material type pull down menu.**

*The only video that will appear is the "I can't breathe" video. Click the box to select and ask for five copies.*

*Follow the instructions to complete the order.*

*Wow, free copies for your stop-smoking clients to watch. Fantastic!*

*Preview the video at: <http://www.myspace.com/video/freedom-laser-therapy/i-can-39-t-breathe-a-mother-39-s-struggle-with-smoking/57893417>*

*You will save someone's life by helping them to quit smoking.*

*Dave*

*P.S. You can order five more the very next day.*

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#### **NETWORKING**

*The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email ([asph@live.com](mailto:asph@live.com)) with your name, phone number and email address.*

*Carol Adler [info@caroladler.com](mailto:info@caroladler.com) 480-452-9183*

*Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571*

*Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436*

*Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886*

*Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346*

*Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006*

*Susan Poznanski [smf85308@q.com](mailto:smf85308@q.com) 602-843-8835*

*Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888*

*Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956*

*Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167*

*Cheryle Timbrook [Azrltr218@aol.com](mailto:Azrltr218@aol.com) 480-201-7723*

*Kathy Balland [kballand@gmail.com](mailto:kballand@gmail.com) 480-688-3924*

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**SOCIAL & PROFESSIONAL NETWORKING ON THE INTERNET**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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*Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at [asph@live.com](mailto:asph@live.com) to be included in our next newsletter.*

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Have a wonderful month helping as many people as you can including yourself, and hope to see you Tuesday, November 6th at Hometown Buffet at 7:00 P.M.

