



Arizona Society for Professional Hypnosis

[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – Tuesday, October 1, 2013

7:00 p.m. SHARP

Presenter – *Leo Gagnon*

Topic – “Parts Therapy with Demonstrations”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

**All future ASPH meetings, on the first Tuesdays of each month, will be held in the Anglican Chapel
BEHIND, or to the right (west) side of Holy Cross Lutheran Church.**

3110 North Hayden Road

Scottsdale, AZ 85251-6619

<https://maps.google.com/maps?hl=en&tab=nl>

Dr. Leo Gagnon - Parts Therapy

From Dr. Leo: "The presentation will include a few anecdotes on PARTS THERAPY. Included will be an outline of the process for the edification of the student and a HOW TO outline for those wishing to use the process.

"PARTS THERAPY is derived from the works of Carl Jung and our beloved Charles Tebbits.

"Using hypnosis, PARTS THERAPY assumes that there are many parts working within ourselves and each has a positive intention.

"The objective is to discover the intent of the deviant part and then redirect it to achieve the individuals highest and greatest good".

DEMONSTRATION: "As always, I will ask for a volunteer and demonstrate the process. No prearrangement is necessary."

Leo Gagnon, Ph.D.

The Psychology Department at Springfield College in Springfield, Massachusetts first drew Leo Gagnon's interest to the incredible potential of the mind. Much of his undergraduate work in psychology and sociology was later accomplished at Glendale College and Arizona State University. Years later the American Institute of Hypnotherapy awarded him his doctorate. AIH is a California State authorized school offering extensive specialized non-traditional hypnotherapy education.

He is a member of prestigious associations such as the National Board of Hypnotic Anaesthesiology, the National Guild of Hypnotists and the International Association for Counselors and Therapists. He is President Emeritus of the Arizona Society for Professional Hypnosis serving as President for three years.

After completing his 7 year tour of the country, he has settled his home and office in Prescott, Arizona. He maintains an active practice in Prescott and attracts individuals to his office from all of Northern Arizona and Yavapai County. Because so many people came to know of his amazing skills during his travels, he still attracts hundreds of referrals from across the United States. Working with his national clientele by telephone, he achieves for them the same great results as those that come into his office.

Anyone researching Dr. Gagnon's accomplishments will find that in order to help his patients he instills within them the single most motivating factor, that being the power of thought. He believes that answers to specific problems lay "in the way we each create our thoughts, how we store our memories and how we use those thoughts in creating our reality."

With almost 4 decades of research and applied experience communicating with the minds of thousands, Dr. Leo Gagnon continues to assist others in his Prescott office as well as his national telephone practice, his books, CD's and, as a nationally known speaker and his educational seminars.

Dr. Gagnon is an emeritus member of ASPH, awarded for his many years of service as an ASPH President, member, and presenter.

UPCOMING TOPICS & PRESENTERS

November 5 – TBA/Nominations

December – Holiday Party – Date, Time & Location to be announced.

Tuesday Meetings: 7:00 PM - 9:00 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance

(2 credits per meeting attended – Contact NGH to record your attendance.)

C.E.U Credits for National Guild of Hypnotists are submitted for Members only. Members should contact NGH by email to have their credits recorded.

Officers

President: Robert J. O'Connor – rjocstar@juno.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – info@hypnosisaz.com

Treasurer: Tom Hajek – tmhypnosis@live.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

ASPH Website

www.hypnosisaz.com and www.hypnosisaz.org are the domains for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

ASPH Email Address

The ASPH email address is info@hypnosisaz.com

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

Attention All Practicing Hypnotherapists:

If you wish to have your contact information listed on the ASPH website followed by a brief paragraph, 300 words maximum, kindly send this written information (MS Word Document) to Debbi Combs, ASPH Secretary, by email at info@hypnosisaz.com as soon as possible.

You can also send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at info@hypnosisaz.com.

Notes from the Secretary: Debbi Combs

A reminder ... The cut-off date to add event information to the monthly newsletter is the 14th of the month following the last meeting, or at the mid-point of the month before the next meeting. Please submit your event information on or before that date via email to info@hypnosisaz.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

It is once again time to start considering who you would like for ASPH officers for next year. If you would like to serve ASPH by being an officer, please write a short ¼ - ½ page article about your qualifications and what you would like to accomplish for 2014 in your selected office.

Also, you can arrange to have some member nominated if you have previously spoken with them and they have agreed to run.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Jonathan Patrick hosts a “Hypnosis Practice Group” on the last Tuesday of the month at 6:00 PM at the Phoenix Agave Library. For more details, contact Jonathan at jonathan@affect-effect.com.

PEAK PERFORMANCE PLUS, LLC



Presents

SPORTS HYPNOSIS CERTIFICATION-A ONE DAY SEMINAR

By

Sam Sterk, Ph.D.

Date: September 21, 2013

Time: 8:00-5:00 PM

Place: Office of Dr. Sterk

Course Highlights:

Fee: The \$249.00 fee includes a Manual, lunch and a handsome certificate of course completion.

- ***Initial interview and Assessment Tools; contract vs. the hourly rates. You will learn several Assessment tools which facilitates “Contracting” with your client for services.***
- ***Breakthrough Sport Psychology Concepts such as “The Psychological Performance Contract” which is written by the athlete.***
- ***Hypnotic Interventions including pain reduction techniques for the injured athlete.***
- ***Uses of Visual Imagery to enhance Focus in sports.***
- ***Uses of Stop-Thought Techniques to enhance sports performance***
- ***How to regain Concentration when it’s been lost***
- ***Uses of Positive Self Talk***
- ***Arousal Regulation prior and during competition***
- ***Marketing your Sports Hypnosis skills-developing a market***

To Register:

Call: 480-767-0956 to ensure your placement in the course

Email: your interest to: peakplus@aol.com

You can pay by check or credit card (Visa or Master Card)

Dr. Sam Sterk’s Bio:

Sam Sterk, Ph.D., is a trained Psychoanalyst, a Sport Psychology Consultant and a Certified Master Hypnotherapist. He completed his post graduate training at the New York Institute for Psychoanalytic Psychotherapy and Psychoanalysis. Dr. Sterk is the Director of Peak Performance Plus LLC, a Counseling, Hypnosis and Sports Psychology practice. He has been the Director of several counseling agencies. Dr. Sterk teaches Medical Hypnosis at Midwestern University AZCOM and teaches Psychology at several community colleges. As a Certified Sport Psychology Consultant he has been affiliated with the United States Olympic Center. Dr. Sterk’s graduate training was in the field of Behavioral Health at the State University of NY at Buffalo, Columbia University and Clayton University.

Office space available. Very quiet location at 16th Street and Missouri in Phoenix. If interested, call Betsy at 602-263-0837.

Alan Handelsman – 602-478-8346

Credit Card Processing Solutions for Your Business

This company is a preferred vendor of The National Guild of Hypnotists and their members.

Accept Visa, MasterCard, Discover, American Express, Diners Club, JCB, ATM, debit cards, Electronic Benefits Transfer (EBT cards), electronic gift and loyalty cards as well as a variety of private label and smart card technologies. Whether you're a retail store, restaurant, supermarket, gas station or lodging merchant, we have the transaction processing solution that's right for you. We also offer solutions for mail order and telephone order, e-Commerce, Internet and home-based businesses.

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Networking

The following members are available to easily network among ASPH members. If you would like to have your contract information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Susan Poznanski smf85308@q.com 602-843-8835

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi TinaSacchi.com 623-261-6167

Cheryle Timbrook Azrltr218@aol.com 480-201-7723

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

Have you read any good articles about hypnosis in a magazine or on the web lately? Feel free to share them with ASPH members. Email a copy or link to the article to our secretary at info@hypnosisaz.com to be included in our next newsletter.
