



Arizona Society for  
Professional Hypnosis

**[Arizona Society For Professional Hypnosis](#)**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**[ASPH Newsletter Hyperlink](#)**

**Next Meeting – Tuesday, April 7, 2015**

**6:30 – 8:30 p.m. SHARP**

**Presenter - Sandi Graves**

**Topic – *“Diabetes and Hypnosis in 4 Steps”***

***Helping diabetics become healthier, happier and more in control***

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**[Meeting Location](#)**

**Scottsdale Senior Community Center**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 7**

**<https://maps.google.com/maps?hl=en&tab=nl>**

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## **Sandi Graves' Presentation**

### **"Diabetes and Hypnosis in 4 Steps"**

*Helping diabetics become healthier, happier and more in control*

*Diabetes has become an epidemic and there is a wide open market to help those suffering with this disease. When you attend this informative presentation I will give you the 4 easy steps allowing you to assist anyone with diabetes to be able to enjoy a happier, healthier, and richer life. As a hypnotist, you can help improve the physical, mental, and financial life of those suffering with diabetes or blood sugar issues. Join me and find out how.*

*During this presentation, there will be demonstrations and a helpful handout with the 4 steps you can follow so that you too can help those clients make the changes they are wanting and needing. I, like you, appreciate it when I can attend a presentation and walk away with something useful in my hands - so that's what I am giving you. After attending you will see the successful steps I use, as well as understand what makes diabetic clients unique.*

*Imagine how much more successful you will be when you are able to help some of your most difficult clients finally lose weight and become healthier. You will leave Sandi's presentation with increased confidence and a simple, clear outline for helping your clients with blood sugar problems or diabetes*

### **Sandi Graves' Bio**

*Sandi Graves [BCH; Owner/Director of Arizona Family Hypnosis, Phoenix, AZ;] is a busy NGH Board Certified Consulting Hypnotist, entrepreneur, past Vice President of the Arizona Society of Professional Hypnotists, trainer, stage hypnotist and grateful recipient of the 2011 NGH Hypnotism Achievement Award.*

*Sandi brings to the field of hypnosis an enthusiasm, proficiency and dedication rarely seen. Recently, a producer from the Dr. Oz show has reached out to Sandi as a show consultant for an upcoming episode on hypnosis. Previously, PBS, FOX News 10 and CBS 5 contacted her for an interview and she provided sound professional advise during the aired segments. In addition to becoming a media favorite, she also provides assistance to others around the world, allowing others to make change easier by providing hypnosis phone sessions. Sandi is also co-developer of HypnosisAudioSite.com, KissHypnosisScripts.com, and GastroBandHypnosis.com (a revolutionary successful weight loss program using hypnosis to lose weight). Sandi is currently involved in developing a website exclusively offering phone hypnosis services from various hypnotists throughout the country.*

*Sandi's presentations are always full of interactive demonstrations and her passionate and energetic style will ignite your desire to become the best that you can be.*

*Sandi Graves, BCH*

*Change Made Easy"*

Sandi Graves, Board Certified | Arizona Family Hypnosis  
Office: [480.628.5436](tel:480.628.5436)

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**Dear ASPH Membership,**

Lew Heller, ASPH President and his wife Donna are hosting a spring party for the ASPH membership on Saturday, March 28th from 11:30 A.M. to 3:30 P.M. at their home at 5815 East Sanna Street, Paradise Valley, Arizona.

Lew and Donna are inviting the ASPH membership - families are welcome!

The jacuzzi will be on if you wish to bring your bathing suit.

We have asked Sandi Graves to provide some musical entertainment if she is able to join us.

The party will be catered by Pita Jungle with an assortment of vegetarian and non-vegetarian foods. If you have a special dietary need, please let us know and we will accomodate. If some of you would like hamburgers and hot dogs, let us know and we will be happy to grill as well.

Lew and Donna held an ASPH Autumn party last October at their home. It was a very nice and fun party for everyone who attended. I recommend you try to make this Spring get together.

If you are planning to come, please let us know by Wednesday, March 25th so we can plan for the right amount of food. You can email me, Debbi, at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Have a wonderful day.

Debbi Combs

ASPH Secretary

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

### **Membership Renewal Form**

**RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)**

**and paying online, or:**

**Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"**

**Mail to:**

**Thomas Hajek, ASPH Treasurer**

**2844 E. Quiet Hollow Lane**

**Phoenix AZ 85024**

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If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, ASPH Vice-President so she can schedule you in. You can contact Kate at [kellis19@hotmail.com](mailto:kellis19@hotmail.com).

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### **UPCOMING TOPICS & PRESENTERS**

**April 7– Sandi Graves – “Diabetes and Hypnosis in 4 Steps”**

**May 5– Helga Faldich – “Sound Healing”**

**June 2 – Michael DeShalit – “Hypno Jazz”**

**July 7 – Umesh Tiwari – “The Unknowing Hypnotist in You”**

**August 4– TBA**

**September – Larry Elman**

**October 6 – TBA**

**November 3 – TBA**

**December 1 – Holiday Party**

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### **OFFICERS**

**President: Lewis Heller, M.D. – [lewisheller@mac.com](mailto:lewisheller@mac.com)**

**Vice-President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)**

**Secretary: Debbi Combs – [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)**

**Treasurer: Tom Hajek – [tmhypnosis@live.com](mailto:tmhypnosis@live.com)**

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Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

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### **ASPH Website**

[www.hypnosisaz.com](http://www.hypnosisaz.com) is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

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### **Congratulations to Alan Handelsman**

At the March 3<sup>rd</sup> meeting, the attending ASPH membership nominated and voted Alan Handelsman to Emeritus standing since Leo Gagnon's passing. Alan has served as ASPH president in the past.

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### **Attention All Practicing Hypnotherapists:**

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at [info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

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### **Notes from the Secretary: Debbi Combs**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

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If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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### **Lew Heller - Happy 2015 to every one!**

*Below is the information regarding my upcoming communication program, **Public Speaking, Mass Hypnosis Techniques and Charisma**. Each participant makes a 3 minute video at the beginning of the day and again at the end of the day. The difference in the before and after videos is rather dramatic! No note taking necessary as the techniques are embedded in the hypnosis recordings combined with the training material I present. Below is the information regarding my upcoming communication program, **Public Speaking, Mass Hypnosis Techniques and Charisma**. Each participant makes a 3 minute video at the beginning of the day and again at the end of the day. The difference in the before and after videos is rather dramatic! No note taking necessary as the techniques are embedded in the hypnosis recordings combined with the training material I present.*

### **Public Speaking, Mass Hypnosis Techniques and Charisma - Hypnotic Speaking Techniques to Influence Your Audience - Sunday 3/29/15**

*A one day training program with the following objectives:*

*1- Improve your charisma - Did you know that charisma can be measured and improved and is the number one element companies are looking for when looking for a CEO. - One of my clients just told me she watched one of her colleagues climb the corporate ladder to get to the top. To quote my client, "She could not add up 2 + 2 but she was charismatic and I could not figure out at the time why she kept getting promotions."*

*Understand the elements of charisma and begin to development them in yourself. Hypnosis recording specifically created to internal these techniques.*

*2. Improve your confidence with public speaking - I have successfully worked with a number of public figures to improve their confidence with public speaking. I have developed a hypnosis recording specifically for this program to improve your public speaking abilities and confidence.*

*3. Learn the same “mass hypnosis” techniques utilized by many influential leaders. Barack Obama used these techniques to win elections and they enabled Hitler to rise to power and control in Germany. - Hypnosis recording created for you to internalize the learning and utilization of these techniques. Then...*

*4. Practice the techniques you have learned by delivering a speech to the group. The best way to internalize what you have learned is to actually use this opportunity immediately to utilize the techniques you have learned.*

*This Program is limited to 6 attendees. The cost of the program is \$199.00.*

*Unleash your public speaking with energy and passion combined with the power of mass hypnosis techniques!!!*

*Time: 8:30 AM to 5:30 PM - Working Lunch Provided*

*Location: 11120 N Tatum Boulevard Suite 101 Phoenix, AZ 85028*

*Contact: Lewis Heller at [602-502-4000](tel:602-502-4000) or [lewisheller@mac.com](mailto:lewisheller@mac.com) to register.*

*Please feel free to pass along this information.*

*Be well,*

*Lew*

*Lewis Heller MD, MBA, CHT*

[www.medical-hypnosis.com](http://www.medical-hypnosis.com)

[602-502-4000](tel:602-502-4000)

[lewisheller@mac.com](mailto:lewisheller@mac.com)

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*Now is the time to regain control of your weight. The vast majority of people in this country have a few pounds to release. Well, this is my commitment to help people lower their weight this year. I am offering several group hypnosis sessions every month for free. That’s right for free. I am not the only hypnotherapist to make this offer. I am the President of the Arizona Society For Professional Hypnosis, an organization with 70 members, and am asking our members to make the same commitment. I cannot guarantee what they will do, but I know what I am doing to reach out and deal with the “food” issues we*

*have in this country. For almost 20 years I have said that about 80% of people admitted to hospitals are due to the food they are eating. It's time for change. But the only one you can truly change regarding what you put in your mouth is yourself.*

*The Dates for the one hour hypnosis program is Saturday, March 28<sup>th</sup>.*

*Time: 10-11 AM for all sessions*

*Location: 11120 North Tatum Boulevard, Suite 101 Phoenix, AZ 85028*

*The cost is free. There will be no promotions or "pitching" of any other offers.*

*Seating is limited to 14 people.*

*If you wish to reserve a spot, please respond to this email*

*Please feel free to pass along this information.*

*Be well,*

*Lew*

*Lewis Heller MD, MBA, CHT*

[www.medical-hypnosis.com](http://www.medical-hypnosis.com)

[602-502-4000](tel:602-502-4000)

[lewisheller@mac.com](mailto:lewisheller@mac.com)

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## **Gastro Band Hypnosis Training**

*Presented March 21 & 22, 2015 in exciting Phoenix, Arizona*

*Register before March 17, at [GastroBandHypnosis.com/Training](http://GastroBandHypnosis.com/Training) and receive*

***"HUGE DISCOUNTS!"***

*This exciting seminar was created and is taught in the United States by award winning hypnotists, Sandi Graves BCH and Donald H. Rice CCH. In a two day weekend Don and Sandi will train you in their Gastro Band Hypnosis Method.*

*Based on recent reports from the Department of Health, over 26% of Americans are obese and another 36% are overweight. Even if you are in a small town of only 200,000 people there are 124,000 of them who need your help to lose weight. Let Don and Sandi share with you how they tapped into this fountain of money while helping people lose weight and change their lives.*



*Seen on, ABC, NBC, CBS, CNN, FOX and noted on Dr. Oz and Good Morning America*

*Limited to Hypnotherapists, Hypnotists, Doctors, Nurses, L.M.T.*

*L.S.W. and other Professional Health Care Providers who are certified or licensed.*

*Presented in fabulous Phoenix, AZ*

*March 21 & 22, 2015*

[Click here](#) for information, registration and discounts

[GastroBandHypnosis.com/Training](http://GastroBandHypnosis.com/Training)

Phone Don: [\(480\) 577-0264](tel:(480)577-0264)

E-mail: [info@gastrobandhypnosis.com](mailto:info@gastrobandhypnosis.com)

Donald Rice, CH

[\(480\) 577-0264](tel:(480)577-0264)

[DonRiceClinics.com](http://DonRiceClinics.com)

[HypnosisComedyShow.com](http://HypnosisComedyShow.com)

[KISSHypnosisScripts.com](http://KISSHypnosisScripts.com)

[HypnosisAudioSite.com](http://HypnosisAudioSite.com)

[GastroBandHypnosis.com](http://GastroBandHypnosis.com)

Attachments area

[Preview attachment GBH Weight Loss Training.pdf](#)



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## **SPORTS HYPNOSIS CERTIFICATION-A ONE DAY SEMINAR**

**By**

**Sam Sterk, Ph.D.**



Dates: Saturday, April 18, 2015 Or Saturday, May 23, 2015

Time: 9:00-6:00 PM

Place: Office 9035 East Kalil Dr. Scottsdale, AZ 85260

Fee: The \$279.00 fee includes a Manual, a Catered lunch, a handsome professional Certificate of course completion and a Raffle drawing.

Course Highlights: Everything you want to know about Sports Hypnosis. This course provides you the tools to expand your practice.

\*\*\*Initial interview and Assessment Tools

\*\*\*engaging the client in Sport Hypnosis contract vs. the hourly rates

\*\*\*Assessment tools help to pin point areas where client progress is needed

\*\*\*Hypnotic Interventions to help clients improve their Focus, develop Positive Self Talk; and improve their Self Confidence

\*\*\*The uses of Visual Imagery to enhance Focus in sports

\*\*\*Uses of Stop-Thought Techniques to enhance sports performance & how to regain Concentration when it's lost

\*\*\*Uses of Positive Self Talk Arousal-Energy Regulation

\*\*\*Cue words prior and during competition

\*\*\*Hypnosis Pain Reduction techniques for the injured athlete

*\*\*\*Marketing your Sports Hypnosis skills-developing a market*

To Register: Call or email to ensure your place in one of the 2 classes.

Call: 480-767-0956 to ensure your placement in this course

Email: [peakplus@aol.com](mailto:peakplus@aol.com)

Pay by check or credit card (Visa or Master Card)

☑ EXTRA SAVINGS!!!! If you register by March 28, or by May 2, 2015 you'll be eligible for another course savings of 10 %-a saving of \$27.90. Act now to benefit from this Saving.!!! Wow!! All the course highlight, a Manual, Lunch, a Professional Certificate and a Raffel. Take advantage of the 10 % Savings and your fee becomes \$251.10 instead of \$279.00

Wow! What a nice built in savings!

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**Arizona Renewal Ranch, LLC**  
**Dr. Ilana H. Oren, Ph.D, Sc.D.**  
**Licensed Marriage and Family Therapist #0088**  
**Certified Hypnotherapist**  
**2915 East Baseline Road, Suite 101**  
**Gilbert, AZ 85234**  
**Telephone 480-776-0626**  
**Email: [dr. liana@cox.net](mailto:dr.liana@cox.net)**  
**[www.DrIlanaOren.com](http://www.DrIlanaOren.com)**

### **TRAINING**

**Part I: Friday, April 24, 2015, 2015 10:00 – 4 P.M.**

**Part II: Friday, May 15, 2015, 10:00 – 4 P.M.**

**WHERE: Wayland Baptist University/ 2702 N. 3<sup>rd</sup>, Suite 1050, Phoenix, AZ 85004** **For continuing education units, please contact the Dean of the university, Dr. Glenn Simmons @ 602-279-1011.**

### **ADDICTIONS, CREATIVITY AND THE PATHWAY TO HEALING USING HYPNOSIS**

The definition of an addiction is a pathological attachment to a mood altering experience that has life damaging consequences. A sure sign of an addiction is the motif of self-deception. Brain imaging continues to discover variance in neuro-chemical, and neuro-functioning that underline a vulnerability to develop compulsive behaviors and dysfunctional use of addictive substances. The brain regions impacted by stress and addictions are: prefrontal cortex, cingulate, hippocampus, amygdala and the parietal lobes. Through hypnosis, the energy can be directed to find creative expressions rather than

being entangled in the dark web of addictions and medusa energy. Special emphasis will be placed on addictions to refined carbohydrates based on Dr. Oren's presentations in Israel and Poland.

The goals for the workshops are:

1. Identify the signs and symptoms of the addictive dance.
2. Learn how to train your brain to think like a sober person and break the pain chain response of the addictive cycle.
3. Learn how to integrate hypnosis to embark on the journey of sobriety, and obtain and maintain your ideal weight for life.

**Cost: \$177.00 for one day. \$300.00 for the two days. The cost DOES NOT include continuing education units.**

**To register for the training, contact Dr. Oren @ [dr.ilana@cox.net](mailto:dr.ilana@cox.net)**

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~RJ~



**Coming Soon**

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~2015~



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~DON'T FORGET TO ASK ABOUT OUR~

**\* 2 for 1\***

~2015~

**\*NEW YEARS SPECIAL\***

***Dear Friends, Colleagues and Fellow Creators of Profound Outcomes:***

***We are Happy and Proud to Welcome You to the Concepts, Visions, Reality, Goals and Dreams  
of  
QUANTUM SOURCE  
INTEGRATION THERAPY***



***A Unique Advanced Training  
Seminar and Experience.***

***If you or anyone you know are curious and would like to know more, look inside to the attached word document for additional information, call or e-mail me, Robert O'Connor***

***[contact information below].***

***Do pass on this email and attachment to anyone who you think might be interested in attending.***

***And***

***Becoming a part of the  
SOURCE INTEGRATION  
GLOBAL NETWORK***

***A QUANTUM APPROACH TO HEALING***

***S~I~G~N***

***It's a SIGN of theTimes***

***We'll leave the Light on for you.***

***THANKS!***

***Robert J. O'Connor  
Director and Main Presenter***

***Voice mail ~ 602-593-4006***

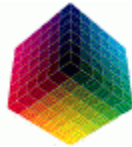
e-mail [rjocstar@juno.com](mailto:rjocstar@juno.com)

websites



[www.wholeheartedenterprises.com](http://www.wholeheartedenterprises.com)

[www.gofirstearthbattalion.com](http://www.gofirstearthbattalion.com)



**Certified Hypnotherapist  
&  
Quantum  
Source Integration Therapist**  
~~~~~

**IN ADDITION  
EACH PERSON WILL RECEIVE A COPY OF Dr. Larry Wilson's M.D.**

**~FREE~  
PHENOMENAL BOOK**

**\*\*\*\*\***

**\*LEGAL GUIDELINES FOR UNLICENSED PRACTITIONERS\***

**THIS BOOK SHOULD BE REQUIRED FOR ANYONE WHO PRACTICES AS A CERTIFIED HYPNOTHERAPIST**

**\*PLUS\***

**THREE CERTIFICATES ADDITIONAL TO THE OTHERS OFFERED**

**THESE ARE ALSO INTERNATIONALLY RECOGNIZED**  
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**\*ORDAINED MINISTER\***

~

**\*CERTIFIED SPIRITUAL HEALER\***

~

**\*DIPLOMAT OF EARTH STEWARDSHIP\***  
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**THE ABOVE AND ALL OFFERED CERTIFICATES HAVE NO RENEWAL FEE. THESE HAVE BEEN ACCEPTED AS LEGITIMATE BY THE UNITED STATES GOVERNMENT SINCE THE MID 1800'S.**

**THESE CERTIFICATES QUALIFY YOU TO BECOME A NAVY CHAPLAIN SIMPLYBY JOINING THE NATIONAL CHAPLAINS ASSOCIATIONAND BY SENDING A \$50 ANNUAL MEMBERSHIP FEE**

**UPON ACCEPTANCE BY THE NCA, YOU WILL - IF YOU CHOOSE BECOME A FIRST LIEUTENANT IN THE NAVY AND WEAR THE UNIFORM WITH ALL PRIVILEGES**

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**MY COST FOR THE CERTIFICATES IS \$130**

**YOUR COST-ZERO-**

**IF ANYONE HAS ANY QUESTIONS YOU CAN CONTACT ME FOR MORE INFORMATION  
THIS INFORMATION IS INCLUDED IN DR. WILSON'S BOOK AND SHOULD PUT YOU ON A SECURE  
FOUNDATION FOR YOUR FUTURE**

**WELCOME TO YOUR BRAND NEW WORLD**

~RJ~



**Classes are to be scheduled**

**SOON**

**on two consecutive weekends and fill up fast so the first 5 or 6 who sign up**

**can choose the consecutive weekends**

**plus**

**★ ~The first five to sign up~ ★**

**will receive a \$500.00**

**one time only Discount**

**\*Contact me if you need to work something out**

~RJ~

**Payments by Paypal, Check, Cash**

**MasterCard, Visa & Discover**

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## **MESSAGE FROM KATE ELLIS**

*Dear Esteemed members of the ASPH,*

*As many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, and Sam Sterk as of recent.*

*I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations. Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our member's accomplishments within and beyond hypnosis.*

*I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools. Please let me know if you or any of our other colleagues would like to donate their beloved materials. I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.*

*I look forward to hearing from you. If you have any questions, please feel free to call or write. I am available from 11-11 every day.*

*Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.*

*It will be ready this Spring exclusively for ASPH Members Only.*

*To review/view collected works, please visit: [www.facebook.com/hypnosisaz](http://www.facebook.com/hypnosisaz)*

*All my bestest,  
Kate Ellis, CCHt 480-695-1936*

*kate ellis,ccht [480-695-1936](tel:480-695-1936)*

*[www.thehealingquest.com](http://www.thehealingquest.com)*

*[www.empowerpuzzles.com](http://www.empowerpuzzles.com)*

 *The Healing Quest ~ Hypnotherapy ~ Consultations*

*[www.linkedin.com/in/kellis19](http://www.linkedin.com/in/kellis19)*

*[www.facebook.com/kate.ellis19](http://www.facebook.com/kate.ellis19)*



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A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.

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To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar>. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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### **Networking**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.

**Carol Adler** [info@caroladler.com](mailto:info@caroladler.com) 480-452-9183

**Lindsay Brady** [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

**Sandi Graves** [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

**Phil Hamilton** [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

**Alan Handelsman** [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

**Robert J. O'Connor** [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

**Martha Reed** [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

**Sam Sterk** [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

**Tina Sacchi** [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

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### **Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024