

# **Arizona Society For Professional Hypnosis**

www.hypnosisaz.com

**ASPH Newsletter Hyperlink** 

Next Meeting – Tuesday, August 4, 2015

6:30 - 8:30 p.m. SHARP

Presenter – David Rodriguez, BA, MCh, Ph.D. (c)

**Topic – "Transpersonal Hypnotherapy"** 

**Demonstrations.... Volunteers Welcome... Invite Your Friends!** 

**Meeting Location** 

**Scottsdale Senior Community Center** 

1700 North Granite Reef Road

Scottsdale AZ 85257

**Meeting Room 7** 

https://maps.google.com/maps?hl=en&tab=nl

## Transpersonal Hypnotherapy

# **David Rodriguez**

**David Rodriguez** probes and practices what the late Dr. Allen Chips stated so well; "The word transpersonal means the crossing of body, mind, and spirit. It assumes that humans operate on all three levels, or that the mind, body, and spirit of an individual affect each other. Because human beings are of spiritual origin, this important component of the therapeutic paradigm should not be over looked within the practice of hypnotherapy ... Transpersonal hypnotherapy is a frame of thought in the field of hypnotherapy that embraces the clinical aspects of hypnosis, but also adds the client's higher dimensional realities to therapeutic interventions when deemed appropriately beneficial to the client."

There is plenty of evidence that the Transpersonal Hypnosis approach is real. According to various teachings, we have been created in the image of God. God exists within each of us; therefore, we have the inherited power to transform ourselves and to raise our awareness to a higher level to mitigate long and short term psychosomatic issues. He is a firm believer that each client that comes through the door is there by way of a higher will from the creator, or higher-power forces. The Transpersonal approach as stated by Dr. Chips ... emphasizes that the "body, mind, and spirit affect each other, and hypnosis is the primary catalyst."

#### <u>Bio</u>

**David Rodriguez** is a PhD candidate at the American Holistic University, Doctorate in the Philosophy of Hypnosis. He is a Certified Transpersonal Master Hypnotherapist. David is a life time student of metaphysics and is committed to being a conduit for healing. In his book, David talks about his personal experience in the use of hypnosis and Transpersonal hypnotherapy to expand human potential while describing the many problems and challenges his clients have had and, at the same time, he gives us a non-dogmatic spiritual point of view. The book publishing date is August of 2015. David holds a bachelor degree in accounting from the University of Arizona. He served in the U.S. Air Force and worked for the U.S. Treasury Department.

#### ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

**Membership Renewal Form** 

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

# **UPCOMING TOPICS & PRESENTERS**

August 4 - David Rodriguez - "Transpersonal Hypnotherapy"

September 1 – Larry Elman

October 6 - TBA

November 3 – Dr. Umesh Tiwari – "The Unknowing Hypnotist In You"

**December 1 – Holiday Party** 

If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, ASPH Vice-President so she can schedule you in. You can contact Kate at kellis19@hotmail.com.

OFFICERS

President: Lewis Heller, M.D. – <a href="mailto:lewisheller@mac.com">lewisheller@mac.com</a>

Vice-President: Kate Ellis – <u>kellis19@hotmail.com</u>

Secretary: Debbi Combs – <u>asphsecretary@gmail.com</u>

Treasurer: Tom Hajek - tmhypnosis@live.com

Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings, after which they are invited to join ASPH. Spouses and partners of members are considered part of the ASPH.

#### **ASPH Website**

<u>www.hypnosisaz.com</u> is the domain for Arizona Society for Professional Hypnosis. <u>Click here</u> for a link that takes you directly to the newsletter posted online.

To help grow your hypnosis/hypnotherapy business, check out this link: <a href="http://arizonaguide.com/events-calendar">http://arizonaguide.com/events-calendar</a> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

#### Dear ASPH Members -We have a CONTEST and YOU can WIN MONEY!!

Our president, Lew Heller and vice-president, Kate Ellis have initiated a contest for ASPH members. Write an educational BLOG of 500 words or more discussing some aspect of **hypnosis/hypnotherapy** for the ASPH website and you just might win \$100. The winner will be announced at the Holiday Party in December.

Our ASPH website has been developed to be an educational tool for both hypnotists and the general public wishing to know more about hypnosis.

Education for hypnotists/hypnotherapists is of course, essential. The more we share our expertise in our field with one another, the better able we each are to help those who come to us for guidance.

Educating the public about hypnosis will help to build our profession stronger and make it more acceptable to the world.

So, get your pens or keyboards busy writing. You can email, send, or bring Lew Heller, Kate Ellis, Tom Hajek, or Debbi Combs your blog and we will get it onto the website. You just might win \$100 at the end of the year. The real treasure though will be you helping someone who might not otherwise ever understand hypnosis and what a valuable tool it can be in their life.

#### 2015 Holiday Party

Lew Heller, ASPH President has suggested that we have our Holiday Party at the Talking Stick Buffet again this year.

ASPH had their Holiday Party at the Talking Stick last year, and everyone who attended enjoyed the food and atmosphere.

If anyone would rather have the party someplace else, please give Lew your suggestion. Lew wants to reserve wherever we hold the party within the next few weeks to make sure we have a secure location.

ASPH officers would like to have all members and their significant others be able to attend the party, so suggestions are welcome.

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#### **Attention All Practicing Hypnotherapists:**

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at <a href="mailto:info@hypnosis.com">info@hypnosis.com</a>. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

## Notes from the Secretary: Debbi Combs

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at <a href="mailto:asphsecretary@gmail.com">asphsecretary@gmail.com</a>.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email *to asphsecretary@gmail.com*.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

A private discussion group for ASPH members has been organized by Tom Hajek at <a href="mailto:asph@googlegroups.com">asph@googlegroups.com</a>. Any ASPH member may comment, post, and participate in discussions.

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SPIRIT NIGHT Interfaith Community Spiritual Center 952 E. Baseline, #102, Mesa, AZ 85204 Saturday, July 25~ 4:00 to 8:00 PM Vicky Schnepp will be doing Energy Reflexology

This is an incredibly nurturing and relaxing process, undoing limitation in all aspects of your life that you are willing to change!

It is like pushing the delete button on your computer.

Creating space so the energy of the universe becomes available to you and this often results in more peace, ease and joy in life.

Vicky Schnepp CHT, ThetaHealing®, Energy Reflexology <a href="http://hypnotistaz.com/">http://hypnotistaz.com/</a> 484.643.6457 (cell phone) <a href="https://www.vschnepp@gmail.com">vschnepp@gmail.com</a> Office in Mesa Appointments only

Vicky Schnepp CHT, BF
www.hypnotistaz.com
www.hypnoticgastroband.com
www.enlightenhypnosis.com
www.toddlerhauntedhouse.com

EFT - Reiki Matrix Energy Therapy ME Energy Transformation

"The more we allow Nature's rhythms to touch us, the happier we are." -- Willendorf "Thoughts Create"

Thank you, Thank you, Thank you

**Hypnothoughts Live** is Friday, August 21st - Sunday, August 23rd, 2015 in Las Vegas at The Orleans Hotel & Casino. This conference is packed with awesome workshops and three evenings of Comedy Hypnosis Shows. Michael DeSchalit is performing in the Saturday night show in the main showroom at The Orleans. Don Rice, Sandy Graves and Michael DeSchalit are all presenting workshops during the three day conference. Check out all of the details at <a href="https://www.htlive.net">www.htlive.net</a>.

Attached are the flyers for the stage hypnosis seminar at the NGH convention this summer.

2015NGHStageSeminarFlyer.pdf

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Sam Sterk would like to start a "clinical hypnosis/hypnotherapy group" for any ASPH member interested in discussing clinical issues and practicing clinical hypnosis. Sam talked at our June ASPH meeting about having the "clinical hypnotherapy group" meet 45 minutes before our regular monthly meeting at the Senior Center. Sam will be the first presenter, but will appreciate a new presenter each month. If you are interested, you can contact Sam at his office # - 480-767-0956 or on his cell # - 480-861-6718.

#### **ASPH Education and Referral Panel**

Sam Sterk is meeting with ASPH members once a month who are interested in educating the public about hypnosis.

Anyone interested in helping to educate the public about hypnosis is welcome to attend the monthly meetings. Sam Sterk can be contacted at his office for more information. Phone # - 480-767-0956 or cell phone # - 480-861-6718.

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#### **WOUNDED WARRIOR PROJECT**

My comedy hypnosis show called Don Rice and His Parade of Stars is known around the world. Recently I have been booked to entertain at the Wounded Warrior Project, Wild Horse Pass Casino, Phoenix, AZ., Sat., Sept. 12<sup>th</sup>. I am so thankful to have the opportunity to help those whom I can call my brothers.

Donald Rice, CH (480) 577-0264

DonRiceClinics.com
HypnosisComedyShow.com
KISSHypnosisScripts.com
HypnosisAudioSite.com
GastroBandHypnosis.com

Thanks for viewing this important material. Hypnotists Donald H. Rice, CCH, PIN & Sandi Graves, BCH have personally created and recorded every one of the KISS Audio Downloads. You can count on each and every download to be very professional and to make the changes you want and need. This is the time when vacations are starting so I strongly suggest you purchase our <u>Stress Release</u> down load

Enjoy, Don

Donald Rice, CH (480) 577-0264 DonRiceClinics.com
HypnosisComedyShow.com
KISSHypnosisScripts.com
HypnosisAudioSite.com
GastroBandHypnosis.com

## Hello Everyone,

Some of you have already registered and some have expressed interest. Donna can only provide accommodation for a few students. So far I know three have booked with her.

If you are planning to come, I suggest you book accommodation asap if you want the convenience of walking across the street.

There are several Inn/suite type hotels nearby after Donna is full. Registration is complete when I receive your form and payment. I know several have expressed keen interest. Now is the time to

Make a commitment to register. J

If you cannot get a room with Donna, I believe you can still book airport transportation through her.

Or share a rental car with your classmates.

I have attached the registration form for your convenience.

Call me if you have any questions.

This is a very exciting class. Join us if you can.

Best Intentions,

Kweethai

<u>Dr. Kweethai</u>

Kweethai Neill, PhD, CHT, CHES, FASHA

**Chief Catalyst for Change** 

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#### **MESSAGE FROM KATE ELLIS**

Dear Esteemed members of the ASPH,

As many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, and Sam Sterk as of recent.

I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations. Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our member's accomplishments within and beyond hypnosis.

I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools. Please let me know if you or any of our other colleagues would like to donate their beloved materials. I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.

I look forward to hearing from you. If you have any questions, please feel free to call or write. I am available from 11-11 every day.

Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.

It will be ready this Spring exclusively for ASPH Members Only.

To review/view collected works, please visit: <a href="https://www.facebook.com/hypnosisaz">www.facebook.com/hypnosisaz</a>

All my bestest, Kate Ellis, CCHt 480-695-1936

kate ellis,ccht 480-695-1936

www.thehealingquest.com

www.empowerpuzzles.com

The Healing Quest ~ Hypnotherapy ~ Consultations

www.linkedin.com/in/kellis19 www.facebook.com/kate.ellis19

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## **Networking**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email <u>info@hypnosisaz.com</u> with your name, phone number and email address.

Lindsay Brady <a href="https://hypnotherapist@lbrady.com">hypnotherapist@lbrady.com</a> 480-966-8571

Sandi Grave s sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

## Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

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