



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, August 1, 2017

6:30 – 8:30 P.M. SHARP

Presenters – Michael DeSchalit and Sam Sterk

Topics – Mini-Presentations from Their Presentations for

“HypnoThoughts Live 2017”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

PRESENTATION -

Our August meeting will feature several short presentations by those from our membership who will be speaking at the HYPNOTHOUGHTS LIVE 2017 conference.

BIO -

Michael C. DeSchalit is a Certified Clinical Hypnotherapist, Consulting Hypnotist and Certified Hypnosis Instructor. He has also been an adjunct faculty member of the National Guild of Hypnotist for the last ten years, a featured speaker at Hypnothoughts Live, Heartland Hypnosis Conference and The Mid-America Hypnosis Conference. He has Received the Hypnotism Achievement Award in 2013 and was named Hypnotist of the Year in 2016. Michael is also a past president of the ASPH.

Michael C. DeSchalit, CI, CH

Motivating Minds Hypnosis Center

7301 E. 22nd St., Ste. #1-C

Tucson, AZ 85710

[\(520\)270-0183](tel:(520)270-0183)

motivatingmindshypnosis@gmail.com

www.motivatingmindshypnosis.com

PRESENTATION - THE NUTS and BOLTS of SPORT HYPNOSIS: AN OVERVIEW

NOTE: Michael DeSchalit will be giving Sam Sterk's presentation at our August meeting. Sam will be out of town at this time.

BIO -

Sam Sterk, Ph.D., is a trained Psychoanalyst; is nationally certified and is registered through the Association of Applied Sport Psychology (AASP) and he's had previous affiliations with the U.S. Olympic Training Center. Dr. Sterk is also a Certified Master Hypnotherapist, and an Advanced Clinical Hypnotherapist. Dr. Sterk's doctorate is in Psychology.

Dr. Sterk is the Co-Director of Peak Performance Plus LLC, a Counseling, Hypnosis and Sports Psychology practice. He developed the Comprehensive Athletic Profile (CAP), and the Sport Psych WHEEL, used to help assess and track improvements in Sport Psychology interventions. Dr. Sterk is a published author of a memoir entitled, SAMMY'S JOURNEY. Dr. Sterk is also the author of WIN! GET THE MENTAL EDGE SKILLS IN MARTIAL ARTS, The SPORT HYPNOSIS HANDBOOK and WIN! GET THE MENTAL EDGE SKILLS IN GOLF (to be released shortly).

Sam Sterk, Ph.D., CC-AASP # 177

Tel: 480-767-0956 Cell: 480-861-6718

Sam's books are available on Amazon.com or at createspace.com and on our website:
www.peakplusaz.com

SKYPE

Dear ASPH members,

If you are not able to make it to Scottsdale on Tuesday night, please join us via Skype by going to the link below:

<https://join.skype.com/SXmfiaHIhdQo>

To test your software, just hit the link above to make sure your software is up to date. If you have questions or want to do a sample session to test your computer hardware, feel free to call me to arrange one.

Glen Robinson
Technical Adviser to the Board
Arizona Society for Professional Hypnosis
Glenford.robinson@gmail.com
Phone: (520) 460-7004

Umesh Tiwari, MD CHT
Technical Adviser to the Board
Arizona Society for Professional Hypnosis
[\(951\) 443-6969](tel:(951)443-6969) cell
DrUmesh@AZHypnoHealing.com

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact me directly at the mobile number listed below.

[\(800\) 508-2215](tel:(800)508-2215) fax

DrUmesh@AZHypnoHealing.com

Note from Sam Sterk

We need volunteers from our ASPH membership and guests for our September meeting on September 5, 2017.

You will be demonstrating and giving directions on how YOU use your “tools of the trade” such as lights, sounds, and/or rapid inductions.

Call or email Sam Sterk at

Office Phone: 480-767-0956

Cell Phone: 480-861-6718

Email: peakplus@aol.com

Please sign up by **August 12, 2017**.

NGH CONFERENCE

August 11-13, 2017

Royal Plaza Hotel and Trade Center

Marlborough, Massachusetts

“Ultimate Stage Hypnosis” Workshop

August 8 – 10, 2017

Michael DeSchalit’s Pre-NGH Conference Class

Michael, Jerry Valley, and Tommy Vee, will be teaching their three day “Ultimate Stage Hypnosis” Workshop before the NGH Conference begins.

Their class will be held at the Royal Plaza Hotel & Trade Center in Marlborough, Massachusetts.

To read the full details about Michael’s pre- NGH conference class, go to NGH.
Net

HYPNOTHOUGHTS LIVE 2017 CONFERENCE

August 25 – 27, 2017

The Orleans Hotel and Casino

Las Vegas, Nevada

The HYPNOTHOUGHTS LIVE 2017 Conference is scheduled for August 25 – 27th.

The following ASPH members will be presenting at this conference: Michael DeSchalit, Sam Sterk, Ted Frieband, and Glen Robinson.

Linda Bennett, Kweethai Neill, Ph.D., and Cheryl Elman, past speakers for ASPH meetings, will also be presenting at the conference.

Check out details and costs for the HYPNOTHOUGHTS LIVE 2017 Conference at hypnothoughtslive2017.com.

Michael DeSchalit's Post "HypnoThoughts Live 2017" Class

August 25 - 27

Stage Hypnosis A - Z

ASPH's very own stage hypnotist, Michael DeSchalit, will be sharing his tricks and tips to being a Master Stage Hypnotist in a post-conference course at this year's HypnoThoughts Live....

For your information, here is the link and a PDF for the 2017 Stage Hypnosis Seminar.

<http://www.htlive.net/michaeldeschalit-post/>

Don't miss it!!!

UPCOMING TOPICS & PRESENTERS

September 5 – Volunteer ASPH members presenting their methods and “tools of the trade” such as lights, sounds, and/or rapid inductions.

October 3 –

November 7 –

December 5 – Holiday Party

TUESDAY MEETINGS: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Sam Sterk, our current ASPH vice-president.

Sam Sterk, Ph.D., CC-AASP # 177

peakplus@aol.com

OFFICERS

President: Kate Ellis – kellis19@hotmail.com

Vice-President: Sam Sterk, Ph.D. – peakplus@aol.com

Secretary: – Debbi Combs asphsecretary@gmail.com

Treasurer: Jodi Hert – jodihert@cox.net

Technical Adviser: Umesh Tiwari – DrUmesh@AZHypnoHealing.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a **\$35.00** check, **"PAY TO THE ORDER OF ASPH"**

Mail to:

Jodi Hert, ASPH Treasurer
16845 South 11th Way
Phoenix, AZ 85048

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

ASPH HAS OUR OWN JEWELRY

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CCht The Healing Quest (480) 695-1936

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email asphsecretary@gmail.com with your name, phone number and email address.

Debra LeBouton drdeb17@msn.com 480-264-1399

Carol Becker www.carollifecoach.com 480-800-7777

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

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