



Arizona Society for
Professional Hypnosis

[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

HOLIDAY PARTY

Tuesday, December 1, 2015

6:00 – 9:00 P.M. SHARP

MEMBERS – NO CHARGE

GUESTS - \$25.00

Party Location

Wandering Horse Buffet in the Talking Stick Resort

9800 East Indian Bend Road

(The 101 and Indian Bend Road)

Scottsdale, Arizona 85250

<https://maps.google.com/maps?hl=en&tab=nl>

The Amazing and Hilarious

Alan Handelsman

Will be emceeing our White Elephant Gift Exchange again this year

Gift Value of \$10 dollars or less

You must bring a gift to receive a gift

Alan Handelsman has agreed to emcee our "White Elephant" gift exchange again this year. Alan always makes the gift exchange a fun time.

Shop around in your own garage and closets to see if you can find a fun and usable gift to exchange. If you choose to buy a gift, don't ruin your Holiday budget. Keep your gift at \$10.00 or under. This is for fun. Your guests are welcome to bring a gift and receive a gift also.

Your ASPH officers hope to see all of you members with your guests Tuesday, December 1st at the Wandering Horse Buffet in the Talking Stick Resort at 6:00 P.M.

This is the second year for ASPH to have our Holiday Party at the Wandering Horse Buffet. The food and the atmosphere last year were really good and so we are expecting a repeat this year.

Also, the newly elected 2016 ASPH officers will be announced at the Holiday Party by our outgoing president, Lew Heller.

Our \$100 winner for writing the best hypnosis/hypnotherapy BLOG that posts to our ASPH website will also be announced at our Holiday Party.

Tuesday, December 1st at the Wandering Horse Buffet in the Talking Stick Resort is lining up to be a fun evening for ASPH members and their guests, so mark this date and time on your calendar and we will see you then.

UPCOMING TOPICS AND PRESENTERS

December 1 – Holiday Party

IMPORTANT MESSAGE FROM DEBBI COMBS, ASPH SECRETARY

Dear ASPH Membership,

November was our 2016 officer nominating and voting month. Many of our members were not at the meeting and we want to give you a chance to vote for our new president.

Nominations were closed at the meeting and only one person for secretary and one person for treasurer were nominated. Those nominees were voted into office at the meeting.

We have three nominees for president and they have each written a short presentation below about their qualifications and what they would work to accomplish if elected president.

Please send your vote to asphsecretary@gmail.com. Make sure you put your name on your vote or it will not be counted. Please have your vote in by November 28th. Thank you.

The new ASPH 2016 officers will be announced by our current president, Lew Heller at our ASPH Holiday Party on Tuesday, December 1st from 6:00 to 9:00 P.M. at the Wandering Horse Buffet in the Talking Stick Resort.

A MESSAGE FROM EACH OF OUR 2016 ASPH PRESIDENTIAL NOMINEES

KATE ELLIS

Fellow Colleagues of the ASPH, it has been with serious contemplation deciding to throw my hat in the ring and seek the President's position on our esteemed board. I have had the absolute honor for the past three years of holding the Vice President's chair, under the Presidents of Robert O'Connor and our current President, Dr. Lewis Heller.

It has been in the last two years, working closely with Lew, Debbi Combs our Secretary extraordinaire and Tom Hajek, our esteemed and astute Treasurer, to bring our organization into the 21st century which I am very proud of. First by changing our meeting location to something as central as possible which also accommodates access to free wi-fi, white boards, screens for presenters and ability to expand as our organization grows and cut or rental costs in half. Additionally, I created a Facebook and Youtube pages where we can all keep up to date and view presentations you may have missed due to scheduling conflicts or any issue that may keep you from the meeting with the addition of our videographer, Dr. Umesh Tiwari. We are also working towards live streaming online options for those who may not be able to attend a meeting physically, yet still participate.

I seek to continue to upgrade our organization, collaborate with local hypnosis schools to bring new memberships and energies.

Many of you have enjoyed the changes in having two presenters, an opening and main presenter that now allows us to continue to focus on hypnosis and hypnotherapy as well as other healing modalities without compromising what our esteemed organization is about; the profession, science and art of hypnosis.

I have also organized a lending library for our ASPH members. I have collected and organized educational books, videos, DVDs and CDs that I am making available for borrowing to our membership.

In closing, it would be an honor of serving as your President, and the first female President since the founding of the ASPH in 1978 and continue with excellence of presenters bringing us all up educationally and professionally as hypnotherapists and colleagues.

Warmest regards, Kate Ellis,ccht

kate ellis,ccht [480-695-1936](tel:480-695-1936)

www.thehealingquest.com

www.empowerpuzzles.com



The Healing Quest ~ Hypnotherapy ~ Consultations

www.linkedin.com/in/kellis19

www.facebook.com/kate.ellis19

SAM STERK, PH.D.

Dear ASPH Colleagues:

I am running for ASPH presidency and I'd like to offer you my vision for ASPH. First and foremost I have been a Vice President for two terms as well as a previous Secretary of ASPH. This has made me very familiar with the inner workings of the ASPH leadership board. Secondly, I've been President of the NYC chapter of the Clinical Society of Psychotherapists. I have been the Executive Director of a Family Counseling Agency and the United Way of America voted me as "Executive of the Year." I've also been President of the Staten Island Chapter of the NY Society of Clinical Social Work Psychotherapists. We started off with six members but within a couple of years, we grew to seventy five members. All of these experiences have helped provide me with the knowledge needed to run organizations. This past year I formed two groups, namely: the ASPH Referral and Information Committee and the Clinical Hypnosis Discussion Group that meets monthly.

My vision for ASPH is as follows:

1. Expanded growth by reaching out to the Psychology, the Counselor and the Social Work organizations as well as to SWIHA. We want to attract as many more people who've had and/or are interested in being a Hypnotist. We need to spread our wings and get people involved from other professions and disciplines.
2. I have experience in securing licensure for organizations and at the very least I'd like to attempt begin discussions about this subject matter. If we consider ourselves as "Healers," we should be able to be on a variety of panel boards and get referrals which can only occur if we have licensure. I know from past experience it's very political, expensive and that's why ASPH needs to grow in numbers. When we've increased our budget, we can then decide on whether it's in our interest to secure licensure. In my past, I helped professions secure licensure so I'm very familiar with the process. But prior to committing to this endeavor, we need to grow and have a larger budget. We can begin to address the issue of what is the process to gaining licensure in Arizona.
3. We should be the leaders when it comes to Continuing Education Seminars (CEU's) for the entire wellness and healing community. We can offer CEU's to other professions such as Psychologists, Social Worker, Nurses and Counselors. We have a lot of talent among our membership and we should be formulating some training for other professions.

That is why I'm asking and seeking your support as your next ASPH President.

I thank you for your attention to this matter.

Sincerely,

Sam

Sam Sterk, Ph.D., CC-AASP # 177

Peak Performance Plus LLC

www.peakplusaz.com

peakplus@aol.com

RON BENNINGHOFF

ASPH Friends & Colleagues:

As you may know it is time to pick a new president for the Arizona Society for Professional Hypnosis. I've tossed my hat in the ring and humbly ask for your support. I've been a member of ASPH for over 5 years and have learned much from the organization and its members. Over the 5 years of my participation I've seen a couple of issues that I, if voted President would like to address:

1. Membership: An organization thrives on the variety of opinions, thoughts, ideas and people. My goal will be to work with you, our members, on growing our membership and by the increased membership, our potential.
2. Community Involvement: As trained professionals we have the potential to positively impact our community in a variety of ways; including outreach to students of hypnosis, assisting local non-profit organizations, veteran's groups and more. We have an amazing knowledge that we as a group can use to not only help our community but to get awareness out there about hypnosis.

For the last year, I have been the V.P. in the Scottsdale NGH chapter. I have been trained by a number of top hypnotists in the country which includes Cal Banyan, Sean Michel Andrews, Jerry Valley and Tommy Vee and Roy Hunter. Locally I have trained with Michel DeSchalit, Don Rice, Lew Heller and Pattie Freeman.

Thank you for your consideration

Ron Benninghoff

If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, our current ASPH Vice-President so she can schedule you in. You can contact Kate at kellis19@hotmail.com.

OFFICERS

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – asphsecretary@gmail.com

Treasurer: Tom Hajek – tmhypnosis@live.com

Technical Office: Umesh Tiwari – DrUmesh@AZHypnoHealing.com

Dear ASPH Members –We have a CONTEST and YOU can WIN MONEY!!

Our president, Lew Heller and vice-president, Kate Ellis initiated a contest for ASPH members. Write an educational BLOG of 500 words or more discussing some aspect of hypnosis/hypnotherapy for the ASPH website and you just might win \$100. The winner will be announced at the Holiday Party in December.

Our ASPH website has been developed to be an educational tool for both hypnotists and the general public wishing to know more about hypnosis.

Education for hypnotists/hypnotherapists is of course, essential. The more we share our expertise in our field with one another, the better able we each are to help those who come to us for guidance.

Educating the public about hypnosis will help to build our profession stronger and make it more acceptable to the world.

So, get your pens or keyboards busy writing. You can email, send, or bring Lew Heller, Kate Ellis, Tom Hajek, or Debbi Combs your blog and we will get it onto the website. You just might win \$100 at the end of the year. The real treasure though will be you helping someone who might not otherwise ever understand hypnosis and what a valuable tool it can be in their life.

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

Tuesday Meetings: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting).

ASPH Website

www.hypnosisaz.com is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

Attention All Practicing Hypnotherapists:

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

Notes from the Secretary: Debbi Combs

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaquide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

ASPH has a very viable **Hypnosis Education and Referral Panel**. This committee meets once a month to decide on bringing Hypnosis programs to community functions like Rotary, VFW, The Knights of Columbus, Churches, Independent Living facilities, just to name a few. The purpose and overview of this committee is to educate the community about hypnosis and foster community speaking engagements while seeking referrals. If you would like to have greater exposure and speaking visibility, then this group is for you. Ron Tobin and myself, Sam Sterk have speaking engagements set up in November. We're looking to expand the group's size. If you are interested, **please contact Sam Sterk, Ph.D., CC-AASP at 480-767-0956, founder and Chairperson** of this committee. Our next group meeting will be on **Saturday November 7, 2015 at Sam Sterk's office at 1:00 pm. Sam's email is: peakplus@aol.com**

Sam Sterk, Ph.D., CC-AASP # 177

Peak Performance Plus LLC

Tel/Fax [480-767-0956](tel:480-767-0956)

peakplus@aol.com

www.peakplusaz.com

www.azolderadultplacement.com

Bob Faith's Hypnosis Show

Nov 21

6 pm at (Be An Artist)

4025 E Chandler Blvd suite 6

Phoenix 85048

Phone [480-247 6689](tel:480-247-6689)

for ticket info or questions call Bob at [480-898-1632](tel:480-898-1632)

One Day Sports Certification Seminar

By

Sam Sterk, Ph.D.



Dates: Saturday, January 16, 2016

Time: 9:00-6:00 PM

Place: Office 9035 E. Kalil Dr. Scottsdale, AZ 85260

Fee: The \$289.00 fee includes a Manual, a Catered lunch, and a handsome professional Certificate of course completion.

Course Highlights: Everything you want to know about Sports Hypnosis. This course provides you the tools to expand your practice.

*****Initial interview and Assessment Tools**

*****Engaging the client in Sport Hypnosis contract vs. the hourly rates**

*****Assessment tools help to pin point areas where client progress is needed**

*****Hypnotic Interventions to help clients improve their Focus, develop Positive Self Talk; and improve their Self Confidence**

*****The uses of Visual Imagery to enhance Focus in sports**

*****Uses of Stop-Thought Techniques to enhance sports performance & how to regain Concentration when it's lost**

*****Uses of Positive Self Talk Arousal-Energy Regulation**

*****Cue words prior and during competition**

***** Developing a competition plan for your client**

*****Hypnosis Pain Reduction techniques for the injured athlete**

*****Marketing your Sports Hypnosis skills-developing a market**

To Register: Call or email to ensure your place in the class

Call: 480-767-0956 to ensure your placement in this course

Email: peakplus@aol.com

Pay by check or credit card (Visa or Master Card)

🔗 EXTRA SAVINGS!!!! If you register by December 12, 2015, you'll be eligible for a course savings of 10 %-a saving of \$28.90. Act now to benefit from this Savings.!!! Wow!! All the course highlights:

- **A Professional Manual**
- **Catered Lunch**
- **A Professional Certificate**

Take advantage of the 10 % Savings by 12-12-2015 and your fee becomes \$263.10 instead of \$289.00

Wow! A nice built in savings!

HYPNOTHERAPY FOR PEOPLE LIVING WITH A NEUROCOGNITIVE DISORDER (ALZHEIMER'S AND OTHER DEMENTIAS)

DR. DANIEL NIGHTINGALE

Go to <http://dementiatherapyspecialists.com/calendar-of-events/> to learn more about this upcoming seminar.

Dr Daniel Nightingale

CEO and Clinical Dementia Specialist

General Psychotherapist and Fellow of the Royal Society of Medicine

(928) 899 0647

E-mail: Drdan@dementiatherapyspecialists.com

Website: Dementiatherapyspecialists.com

Here are two seminars that you do not want to miss out on. Both are taught by a team of leaders in the field of hypnosis and hypnotherapy. This is your opportunity to increase your income by increasing your knowledge and skills. If you are at all interested in making more money than you are making now and helping even more clients, call Michael C. DeSchalit for more information. He can be reached at

[\(520\)270-0183](tel:5202700183). Don't wait, call now to take advantage of early registration offers.

THE HYPNOTIC GASTRIC BAND SYSTEM SEMINAR - March 12th & 13th, 2016 - Las Vegas

How would you like to help people to lose weight permanently and you make \$100 or MORE per session? Michael C. DeSchalit and I will teach you our **HYPNOTIC GASTRIC BAND SYSTEM** which is a non-surgical, very safe and successful program. For only \$795 you can be in our **2 day work shop March 12 & 13 in Las Vegas**. All manuals and materials included plus our **FREE** after class support. Get into this lucrative career now on a part or full time basis as a certified practitioner. **Call me, Jerry Valley, now for details. [\(978\)609-1725](tel:9786091725).**

THE ULTIMATE STAGE HYPNOSIS SEMINAR

March 14th - 18th, 2016

Las Vegas

Have you always wanted to become a stage hypnotist? Well, now's the time to take this opportunity to get into this lucrative business of doing hypnosis shows and make **\$1000 to \$3000 per show** even on a part time basis. If you **register and pay by December 31st, 2015, we will take off \$300 from your tuition. See all details at www.stagehypnosisseminar.com or call me, Jerry Valley, at [\(978\)609-1725](tel:9786091725).**

Four great instructors, Michael C. DeSchalit, Amye Scharlau, Tommy Vee and myself, will teach you how to make \$1000 to \$3000 per show. Do not delay as we are limiting our class to 20 new students. The Ultimate Stage Hypnosis Seminar

Monday March 14~ Friday March 18, 2016

at the Orleans Hotel & Casino, Las Vegas, NV., USA

****Special Room Rates \$49 per night \$89 Fri & Saturday**

NOW YOU CAN DO HYPNOSIS SHOWS AND SKYROCKET YOUR INCOME!

*****THIS IS A NATURAL SPRINGBOARD FOR MAGICIANS, HYPNOTHERAPISTS AND ANYONE WHO HAS THE DESIRE FOR FINANCIAL INDEPENDENCE*****

*** Make back your investment in your first 2 or 3 shows * Travel with expenses paid * Get agents to book your show * Work part or full-time * Do shows within weeks after the course * Sell CD's & DVD's**

*** Hypnotherapists with a practice can easily get more clients**

CES

• \$100 STAGE HYPNOSIS

- **PERSONALIZED HANDS ON TRAINING**
 - **\$2000 IN MATERIALS, FOOD & MEMBERSHIPS**
 - **AMAZING ROUTINES**
 - **RAPID HYPNOTIC INDUCTIONS**
 - **HOW TO GET THE BEST VOLUNTEERS**
 - **LECTURE/DEMOS FOR HYPNOTHERAPISTS**
 - **MAKE FROM \$1000 TO \$5000 PER SHOW**
 - * **TRAVEL FREE**
 - **MARKETING FOR MAKING MEGABUCKS**
 - **CONT'L BREAKFASTS AND LUNCHEON BUFFET**
 - **SUPERVISED STUDENT PRACTI**
- SAFETY CERTIFICATION**



Tommy Vee



Jerry Valley

Your Professional Instructors

Our staff has over d100 years of combined experience!

THIS IS REALLY HAPPENING! Don't miss this opportunity to learn the secrets of the trade from the greatest hypnotists who actually have catapulted entertainment hypnosis into the limelight and the demand is enormous!

*****Value of the materials, food & certification- \$1500.*****

*****DO NOT DELAY-WE ARE ACCEPTING ONLY 20 NEW STUDENTS*****

WHAT OUR STUDENTS ARE SAYING ABOUT OUR SEMINARS

- ***"Jerry, I'll see you in Las Vegas and we'll be playing opposite each other!"*** Mike Harrington (Magician), Rochester, NY
- ***"This is the best training in Stage Hypnosis anywhere. Jerry's one-on-one pointers have put mega-bucks in my pocket."*** Dave Hill, Hayward, CA.
- ***"I knew nothing about hypnosis. I can tell you now it is real.....it's worth it.....take this course!"*** Mark Clark (Magician), Stroudsburg, PA
- ***"For anybody who wants to become a hypnotist, these are the guys you want to train with."*** Eric Antich, Emmanus, PA
- ***"I traveled 6,000 miles to be here. It was worth it."*** Barry Colley, Devon, England

Learn From the Full-Time Professionals In This Field

JERRY VALLEY has traveled the world for over 45 years as the star hypnotist on cruise ships, resorts, television, movies, and was featured on ABC's "20/20" TV show. He is the author of the best-seller book "Inside Secrets of Stage Hypnotism." Jerry and a fantastic staff of teachers, with over 100 years of experience, team up to *personally* teach you how it is done in easy, step-by-step methods with which YOU become the star of your very own Hypnosis Show. You will learn show secrets that others keep secret.

TOMMY VEE has been presenting his hypnosis demonstration to Corporations, Universities, State Fairs, High Schools, throughout the United States, Canada and the United Kingdom. His shows are dynamic and outrageously funny. Trained personally by Jerry Valley and also by Ormond McGill, Tommy explains how you can do it just like the pros.

MICHAEL DESCHALIT, a well-known professional magician and stage hypnotist, is one of the busiest performers in the business and in this seminar, he will teach you just how it is done. His comedy hypnosis show is one of the best in the country.

AMYE SCHARLAU, a beautiful and fantastic stage hypnotist and instructor doing shows worldwide. She is BRILLIANT!

KELLIE KARL, a beautiful and experienced stage performer on cruise ships, Vegas and shows worldwide.

*******5-FANTASTIC INSTRUCTORS WHO WILL TEACH YOU EVERYTHING FOR YOU MAKE GREAT MONEY*******

SEE: WWW.STAGEHYPNOSISSEMINAR.COM FOR DISCOUNTED TUITION FEES

**Jerry Valley Productions, Inc., 236 Pleasant Street, Methuen, MA 01844 USA
CALL NOW: 978-688-6657 ~ www.stagehypnosisseminar.com ~ email: jerryvalley007@aol.com**

ASPH Professional Lending Library

In our chosen profession, I have found scant resources available to borrow materials, books, DVD's or CD's of both research & training unless one invested in the product. I thought back to the days as a pup hypnoterapist and how challenging it was to afford sometimes hundreds of dollars for materials to assist in improving my skills as a practitioner. My primary investments were professional conferences, workshops and other training venues.

Last Spring I came across an email from a retired hypnoterapist seeking to dispose of a lifetime of hypnosis and related materials for \$500.00. Such a deal! That was the day the idea of a professional lending library was born. I know myself that lending from my private library was not something I was interested in doing, as I am sure many of my colleagues feel the same way.

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. As often as I can, I ask presenters whom are authors if they would like to donate materials. And more often than not, they are gracious and generous. We have Videos, in which many I have converted into digital format of DVD's. There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism, or simply curious.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

Note from the ASPH Secretary – Debbi Combs

I have seen the library Kate Ellis has collected and organized for ASPH. I do not know if Kate has kept tabs on how many hours she has put into organizing the library, but it is very impressive and a wonderful gift for ASPH members.

Thank you Kate for all your hard work and dedication as our vice-president and now librarian.

I was trying to include the library list in this newsletter, but I was not able to copy and paste it so I will forward the list to each of you.

Thanks for viewing this important material. Hypnotists Donald H. Rice, CCH, PIN & Sandi Graves, BCH have personally created and recorded every one of the KISS Audio Downloads. You can count on each and every download to be very professional and to make the changes you want and need. **Enjoy, Don**

Donald Rice, CH

[\(480\) 577-0264](tel:4805770264)

DonRiceClinics.com

HypnosisComedyShow.com

KISSHypnosisScripts.com

HypnosisAudioSite.com

GastroBandHypnosis.com

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

Networking

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

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RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

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Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

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2844 E. Quiet Hollow Lane

Phoenix AZ 85024