



Arizona Society for
Professional Hypnosis

[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

HOLIDAY PARTY

Tuesday, December 6, 2016

6:00 – 10:00 P.M.

MEMBERS – NO CHARGE

GUESTS - \$20.00

[Party Location](#)

Oregano's

3102 N. Scottsdale Rd (West side of street)

Scottsdale, AZ 85251

480-970-1860

<https://maps.google.com/maps?hl=en&tab=nl>

ASPH HOLIDAY PARTY – TUESDAY, DECEMBER 6TH

Our ASPH Holiday Party will be held Tuesday, December 6th. Our president, Kate Ellis needs to have a count as to ***how many members and guests will be attending by December 1st***.

If you have not already done so, please email our ASPH president Kate at kellis19@hotmail.com or Debbi Combs, ASPH secretary at asphsecretary@gmail.com to tell how many will be in your party. Thank you and hope to see you there.

HOLIDAY PARTY MENU

CASH BAR

Unlimited Soda, Iced Tea and Coffee

BIG DADDY: 6:30 P.M.

SALADS

Dinner Salad (Ranch or Italian)

Caesar Salad

THIN CRUST PIZZAS

Cheese

Pepperoni

Onion/Basil/Black Olive

PASTAS

Alfredo the Dark

Zany Ziti

Garlic Bread

DESSERT

Mini Pizza Cookies

Michael DeSchalit will conduct our Awards Ceremony which means he gets to pick what the awards are and who will receive them and comment on all of us – SCARY!

Alan Handelsman will be emceeing our White Elephant Gift Exchange again this year and he is just as comical as Michael!

With these two comedians as our entertainment, our 2016 ASPH Holiday Party promises to be a very fun time.

Shop around in your own garage and closets to see if you can find a fun and usable gift to exchange. If you choose to buy a gift, do not ruin your Holiday budget. Keep your gift at \$10.00 or under. This is for fun. Your guests are welcome to bring a gift and receive a gift also. **You must bring a gift to receive a gift.**

Your ASPH officers hope to see all of you members with your guests Tuesday, December 6th at Oregano's at 6:00 P.M.

Also, the newly elected 2017 ASPH officers will be announced at the Holiday Party by our president, Kate Ellis.

Tuesday, December 6th at Oregano's is lining up to be a fun evening for ASPH members and their guests, so mark this date and time on your calendar and we will see you then.

UPCOMING TOPICS AND PRESENTERS

December 6 – Holiday Party

IMPORTANT MESSAGE FROM DEBBI COMBS, ASPH SECRETARY

Dear ASPH Membership,

November was our 2017 officer nominating and voting month. Many of our members were not at the meeting and did not respond by email to nominate or vote.

At our October meeting and in the newsletter, Debbi Combs, our current ASPH secretary had asked for members to consider running for the secretary position. At our November meeting, Cynthia Beck, a new ASPH member said she would like to serve as secretary. Cynthia was nominated and seconded.

The ASPH 2017 officers will be announced by our current president, Kate Ellis at our ASPH Holiday Party on Tuesday, December 6th from 6:00 to 10:00 P.M. at Oregano's.

Let's Send Sandi Healing Energy

Let's remember Sandi Graves and be sending her and her family our thoughts and prayers that she is recovering quickly and totally from a bad equestrian accident she had in October. All of us sending her energy should add to that dedicated and determined attitude she brings to whatever her current project is, which right now is to heal her body. We love and adore you, Sandi.

Also, we lost two very cherished ASPH members this past year, Don Rice and Nina Laveson. I reckon they had some new adventures they needed to go chase after, but they have left an empty place in many hearts and lives of those who loved them.

The Board wants to thank all of our presenters this past year. We understand that putting a presentation together involves some real time and effort on your part to share your knowledge and techniques with the rest of our members and guests. Our thanks go to:

Dr. Daniel Nightingale – “The Efficacy of Hypnotherapy for People Living with Neurocognitive Disorder”

Edwin Bebee – “Routine Clinical utilization of Hypnotic Process for Habit Control”

David Rodriguez – “Transpersonal Hypnotherapy”

Michael DeSchalit – “The Truth Behind Hypnotic Induction”

Lindsay Brady – “The Driving Force Behind the Hypnotic Process”

Sam Sterk, Ph.D., CC-AASP – “Sports Hypnosis”

Helen Hess, NP, CHT., BFRP – “The Art of Self-Talk”

Jodi Hert – “Online Hypnosis”

Barney F. Howell – “Analytical Hypnotherapy”

Dr. Kweethai Neill – “9 P's of Being a Professional Hypnotherapist”

David Harrod – “Rapid Inductions”

James Giunta – “What If It's Not Working”

Linda Bennett – “Guided Imagery in a Hospital Setting”

Cynthia Beck – “Hypnosis is Science”

Also, our thanks to Umesh Tiwari for videoing most of our meetings and loading them to UTube, and setting up SKYPE so the whole world can join in on our ASPH meetings. Thank you also to Glen Robinson for videoing when Umesh was unable to be at a meeting.

Though ASPH has not met Natalie Swanson, we want to thank her. Natalie is our ASPH webmaster and keeps our website current. Thank you, Natalie.

Thank you ASPH Members for coming and joining in our meetings and because of you, we have Arizona Society for Professional Hypnosis.

Last, but not least, thank you to our ASPH board members who volunteer their time, effort, and talent to keep ASPH educating and moving our wonderful, life-enhancing HYPNOSIS profession forward.

OFFICERS

President: Kate Ellis – kellis19@hotmail.com

Vice-President: Sam Sterk, Ph.D. – peakplus@aol.com

Secretary: Debbi Combs – asphsecretary@gmail.com

Treasurer: Jodi Hert – jodihert@cox.net

Technical Adviser: Umesh Tiwari – DrUmesh@AZHypnoHealing.com

If you would like to be one of the ASPH featured speakers for next year, contact Sam Sterk, our current ASPH Vice-President so he can schedule you in. You can contact Sam at peakplus@aol.com.

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

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and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Jodi Hert, ASPH Treasurer
16845 South 11th Way
Phoenix, AZ 85048

TOP TEN REASONS TO TRAIN WITH ALAN HANDELSMAN

Sunday, November 13, 9:30AM to 2:30PM

Monday, November 28, 6PM to 9PM

Sunday, December 4, 9:30AM to 2:30PM

The classes will be held at 4300 N. Miller Rd., Suite 110, Scottsdale, AZ 85251

After about 25 years of helping people one at a time, I have decided it is time to do a training course. I will teach what I have learned, and what has worked the best for me with clients over the years. The

class will be very small to allow for plenty of individual attention, plenty of questions, and scheduling flexibility.

Whether you want to become a hypnotherapist, or just want to add some diversity to the success you've already experienced as a hypnotherapist, this training might be for you.

The training consists of 10 hours of class training, 5 hours of individual training, and one year of telephone follow-up and help. Tuition also includes a textbook covering the entire course curriculum.

During this training, you will learn how to:

1. Use inductions that can allow you to begin working quickly and deeply.
2. Create and intensify motivation by applying the power of "cooperation."
3. Employ "Godfather" hypnosis. You can create the experience of success before the work even starts; an offer the client can't refuse!
4. How to work with emotions quickly, cleanly, and effectively. Why not add the power of the heart to the power of the mind?
5. Incorporate stories, images, and metaphors for change at very deep levels.
6. Quickly and clearly get clients past objections and resistance (especially the, "I can't visualize" objections).
7. Find patterns of perception, feeling, and behavior that a client uses, so that you can address three or four issues at once.
8. Achieve more by working less – and how you can teach your clients to do the same.
9. Fast, easy, and powerful ways to get your client relaxed and ready.
10. Use – and teach – the power that is more powerful than positive thinking.

This training will start in the beginning of November, so call or text today to ask questions, get more information, or sign up.

[602-478-8346](tel:602-478-8346)

Alan Handelsman began his professional life as a musician. His many years of experience as a musician and teacher have given him a unique and effective perspective on working with performance issues. His experience with – and overcoming – depression has given him valuable insight into the part emotions play in our thoughts, beliefs, habits, actions, and even our appearance.

Now retired as a musician, Alan has been a full time Certified Hypnotherapist in private practice since 2000. Known for his warm, humorous style, he has also presented lectures and workshops nationally and internationally. He is President Emeritus of the Arizona Society for Professional Hypnosis.

Single Room Office Space - I have lowered the monthly rent by \$75 per month.

1050 East Southern Avenue, (Southern and Rural Rd.), Tempe, AZ 85282

Immediate Occupancy



Terra Southern Medical/Professional Plaza



Waiting room Suite F-1

Location and office Space is ideal for:

- Massage Therapy
- Hypnotherapy
- Psychotherapy
- Chiropractic

The suite has a common:

- Waiting room
- Reception area
- Restroom

Located in the quiet, high-status, Terra Southern Professional/Medical Plaza in Tempe, the office is near the freeway system and provides convenient, easy, valley-wide access.

Room is (8' X 10') 80 square feet

\$350 per month – **THE RENT IS NOW \$275 PER MONTH**

Rent is month to month... no long term commitment!

If interested contact:

Lindsay Brady

1050 East Southern Ave. Suite F-1

Tempe, AZ 85282

Phone: (480) 966-8571

Email: lindsaybrady@lbrady.com

\$250/mo FULLY FURNISHED Hypnotherapist, Life Coach, Therapist Office to Share (Scottsdale)

Northwest Corner of Shea & Scottsdale Rd.

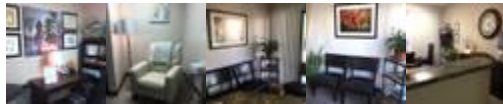
You are an ethical licensed Hypnotherapist, Life Coach, Counselor, Psychologist, Psychiatrist, Nutritionist, Fitness Coach, or Therapist in search of a COMMERCIAL OFFICE SPACE for your business.

Great location! This is located near Scottsdale & Shea in WELLNESS CENTER.

Fully furnished with small desk, lighting, therapist chair, hypnotherapy chair, small refrigerator, CD player, wifi, utilities, & accessories in upbeat, safe, relaxed, intimate atmosphere.

Office also has a waiting area and front receptionist desk area that you are free to use also.

All you need is your business license. Available November 15. Call or text if interested [602.614.4471](tel:602.614.4471).



Kevin Lepine is one of the top stage hypnotists in Las Vegas. He performed one night at Hypnothoughts Live and was really impressive. You can check out his website at <http://kevinlepine.com/>

He's running a three day workshop in Las Vegas and will give ASPH members a \$50 discount and an additional \$50 off if they register by October 1. That's \$199 for three days with a top Las Vegas stage hypnotist. That's a phenomenal deal!

The Hypnosis Career Builder Workshop

You can hypnotize, now let's do all the fine points to make it a professional HEADLINING show so you can get the bookings you want!

Nov 18-20

Limited to 30 attendees. The HCBW will be focusing on how to build your stage show and career.

Learn the ins and outs of how to put a headlining show together. Learn how to make your show look professional.

Practice writing original comedy material and how to mine new material.

Stagecraft and Presence

I will teach you how to market your show into different markets (high schools, colleges, corporate, comedy clubs and more).

Totally open Q&A. Learn everything about how my show is constructed.

Nov 18-20. in the Lepine-Goldman Theater in Binions Casino. Tuition is \$299 per hypnotist and only \$200 for your Hypnotist Assistant/Office Manager. Tuition includes tickets to Hypnosis Unleashed. Save \$50 by registering before Oct 1. Arizona Society of Professional Hypnosis members will receive an additional \$50 off by booking before Oct 1. There will be a special room rate available at the 4 Queens. Email me at KevinLepine@gmail.com for more details.

Greetings My Fellow Stage Hypnotist,

I hope this email finds you well. As you may have heard, Jerry Valley, Tommy Vee and I are NOT going to be offering the Ultimate Stage Hypnosis Seminar in Las Vegas this coming March. BUT... in its place, we are hosting the first ever Ultimate Stage Hypnosis CONFERENCE. We will be sending more information on this later but, if you want to get a jump on this, come to a FREE Webinar we are hosting this Wednesday (October 12th, 2016) at 12:00pm EST. Even if you can't make the live webinar, by signing up you will receive a link to the replay. So, go to this link now and register, it's FREE and will be packed full of valuable information that will help you to make more money (Even if you don't come to the conference). Here's the link to the registration page...<http://www.onlinemeetingnow.com/register/?id=jy2ivag41e>

And as long as you have read through this email, here is the link to the upcoming Ultimate Stage Hypnosis Conference in March 2017. You won't want to miss it... or the 72 hour early bird registration sale that starts this Friday at 8:00am EST. Go to...www.stagehypnosisseminar.com/conference NOW to check out the details!!!

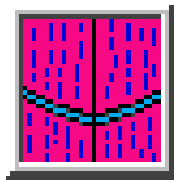
If you have received a similar email about these events from Tommy Vee or Jason Linett, I will apologize for the duplication up front. Just know that we don't want you to miss out on this opportunity. As an alumni to the Ultimate Stage Hypnosis Seminar, we are always looking out for you and for ways to help you grow your business.

Sincerely,

Michael C. DeSchalit

***The Ultimate Stage Hypnosis Conference
Co-Coordinator***

Please Note: There are two attachments that belong in this advertisement for Robert O'Connor's upcoming class. I was not able to get them to copy and paste for this newsletter, but I will be forwarding Robert's complete message with attachments to all the ASPH members and guests. Debbi Combs ASPH Secretary



Coming Soon



~2016~



***The first 5 or 6 who
sign up can choose the consecutive weekends***

plus

~The first five to sign up~

***will receive a \$500.00
one time only Discount***

Contact me

If you need to work something out

~RJ~

Payments by Paypal, Check, Cash

MasterCard, Visa & Discover

***As soon as you sign up, I will send you an e-mail
with some Internet hyperlinks with an introduction
to 'The Principles of Quantum Healing.'***

***There will be approximately 10 internet hyperlinks
connecting you to some of the true Geniuses***

***In the field of Quantum Physics
and its possible applications
to the enrichment of the human condition.***

These will jump start the classes and enrich us all!



~

***Dear Friends, Colleagues and Fellow
Creators of Profound Outcomes:***

***I am Happy and Proud
to Welcome You
to the Concepts, Visions,
Reality, Goals and Dreams
of
QUANTUM SOURCE
INTEGRATION THERAPY***



***A Unique Advanced Training
Seminar and Experience.***

***If you or anyone you know are curious
and would like to know more, check out the
attached word document***

for additional information, call or e-mail me

[contact information below].

Do pass on this email and attachment

to anyone who you think might be

interested in attending

&

Becoming a part of the

SOURCE INTEGRATION

GLOBAL NETWORK

A QUANTUM APPROACH TO HEALING

S~I~G~N

It's a SIGN of the Times

We'll leave the Light on for you.

THANKS!

Robert J. O'Connor

Director and Creator

Voice mail ~602-930-1483

E-mail rjocstar@juno.com

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*Robert J. O'Connor*

*Instructor*

*Essential Hypnotherapy &*

*Complementary and Alternative Solutions*

*Urban Wellness - A Modern Healing Center*

*2024 N. 7th Street*

*Phoenix, Arizona 85006*

Voice Mail [602-930-1483](tel:602-930-1483)

E-Mail

[rjocstar@juno.com](mailto:rjocstar@juno.com)

Robert's websites:



[www.wholeheartedenterprises.com](http://www.wholeheartedenterprises.com)

[www.gofirstearthbattalion.com](http://www.gofirstearthbattalion.com)



*The Training Includes certifications for both:*

*Hypnotherapist*

*&*

*Quantum Source Integration Therapist*

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IN ADDITION

EACH PERSON WILL RECEIVE

A COPY OF Dr. Larry Wilson's M.D.

~FREE~

PHENOMENAL BOOK

LEGAL GUIDELINES FOR UNLICENSED PRACTITIONERS

THIS BOOK SHOULD BE REQUIRED

FOR ANYONE

WHO PRACTICES AS A CERTIFIED HYPNOTHERAPIST

PLUS

**THREE CERTIFICATES
ADDITIONAL TO THE OTHERS OFFERED
THESE ARE ALSO INTERNATIONALLY RECOGNIZED**

~~~~~

**\*ORDAINED MINISTER\***

**\*CERTIFIED SPIRITUAL HEALER\***

**\*DIPLOMAT OF EARTH STEWARDSHIP\***

~~~~~

**THE ABOVE AND ALL OFFERED CERTIFICATES
HAVE NO RENEWAL FEE**

THESE HAVE BEEN ACCEPTED AS LEGITIMATE

BY THE UNITED STATES GOVERNMENT

SINCE THE MID 1800'S

THESE CERTIFICATES

QUALIFY YOU TO BECOME A NAVY CHAPLAIN SIMPLY

BY JOINING THE NATIONAL CHAPLAINS ASSOCIATION

AND SENDING A \$50 ANNUAL MEMBERSHIP FEE

UPON ACCEPTANCE BY THE NCA

YOU WILL - IF YOU CHOOSE

BECOME A FIRST LIEUTENANT IN THE NAVY

AND WEAR THE UNIFORM WITH ALL PRIVILEGES

~~~~~

**MY COST FOR THE CERTIFICATES IS \$130**

**YOUR COST: ZERO.**

**IF ANYONE HAS ANY QUESTIONS**

**YOU CAN CONTACT ME**

**FOR MORE INFORMATION**

**THIS INFORMATION IS INCLUDED IN DR. WILSON'S BOOK  
AND SHOULD PUT YOU ON A SECURE FOUNDATION**

**FOR YOUR PROFESSIONAL FUTURE**

**WELCOME TO YOUR  
BRAND NEW WORLD**

**~RJ~**



***Classes are to be scheduled***

**SOON**

***on two consecutive weekends***

***and fill up fast***

**~~~~~**

***The first 5 or 6 who sign up  
can choose the consecutive weekends***

***plus***

**★ ~The first five to sign up~ ★**

***will receive a \$500.00  
one-time only Discount***

***\*Contact me\****

***If you need to work something out***

**~RJ~**

***Payments by Paypal, Check, Cash***

***MasterCard, Visa & Discover***

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### **Sam Sterk's New Book**

I just came out with another book which is very much about Hypnosis. It's Called, WIN 2! TRAIN and MASTER SPORT HYPNOSIS. It's available on [amazon.com](http://amazon.com) and at [createspace.com](http://createspace.com) (by author's name).

**Sam Sterk, Ph.D., CC-AASP**

**Peak Performance Plus LLC**

**Tel/Fax [480-767-0956](tel:480-767-0956)**

[peakplus@aol.com](mailto:peakplus@aol.com)

[www.peakplusaz.com](http://www.peakplusaz.com)

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### **ASPH Has Our Own Jewelry**

ASPH members can thank Michael DeSchalit for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice.

2016 ASPH new and renewing members receive their pin for free this year when they attend a meeting and ask for a pin. Replacing a pin will cost \$5.00.

Thank you, Michael for your idea and your effort. What a great idea.

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### **Tuesday Meetings: 6:30 PM – 8:30 PM**

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting).

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### **ASPH Website**

[www.hypnosisaz.com](http://www.hypnosisaz.com) is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

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### **Attention All Practicing Hypnotherapists:**

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at

[info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

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**Notes from the Secretary: Debbi Combs**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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**A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT**

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's. There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

***Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936***

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A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.

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### **Networking**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

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### **Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"**

**Mail to:**

**Jodi Hert, ASPH Treasurer**

**16845 South 11<sup>th</sup> Way**

**Phoenix, AZ 85048**