



Arizona Society for
Professional Hypnosis

[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – Tuesday, February 2, 2016

6:30 – 8:30 p.m. SHARP

Presenter – Edwin Bebee

Topic – “Routine Clinical Utilization of Hypnotic Process for Habit Control”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

[Meeting Location](#)

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

SKYPE

Continuing our journey through the 21st Century, ASPH brings you the monthly meetings LIVE and ONLINE in case you can't make it to Scottsdale.

This month, on February 2, 2016, you can join by clicking the following link:

<https://join.skype.com/yCBeguEaf8xu>

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact me directly at the mobile number listed below.

See you soon online! Umesh Tiwari, MD CHT

ASPH Technical Advisor

Umesh Tiwari, MD, CHT

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PRESENTATION

Routine Clinical Utilization of Hypnotic Process For Habit Control with

Emphasis on the Lucrative Methods for Smoking Cessation

OR

Brother, can ya paradigm?

In 1975, Dr. Edgar A. Barnett, MD, wrote that the description of the actual process of hypnosis boils down to just four words. This, despite the fact that no one knows exactly what hypnosis is.

Dr. Barnett's view helps our hypnotic clients to understand not what hypnosis is, but how it works. In my view, this greatly facilitates primary and subsequent hypnotic inductive process. It also assists our clients in learning self-hypnosis.

Tobacco smoking is a filthy, disgusting, HABIT which is very harmful to smokers, as well as to those exposed to the POISONOUS chemicals which comprise environmental secondary and tertiary smoke. Let's review and discuss how best to assist our clients in the process of STOPPING SMOKING NOW!

Attendees will learn the importance of Bebee's Corollary to Barnett's Hypothesis.

(It can be argued that one of the four words is incorrect or at least partially so.)

Do come and see if you agree with this perspective. See you there, 2/2/2016.

BIO

Ed Bebee has been interested in the phenomenon of hypnosis since his teen-aged years in the 1950's when books on the subject were hard to find for a high school student. He did, however obtain a 33&1/3-rpm recording on hypnosis sold mail order by a Dr. Abraham Azadien. Dr. A. suggested on the record that one could become hypnotized by simply allowing oneself to feel: "Very, very, drowwwwsy, now..." The instructions with the record recommended listening to the first side ten times before starting to listen to the second side. This became so boring that he never got to the other side... From time to time, however, he encountered spotty pieces of information on the subject and was able to determine that people could be hypnotized into a state of receptivity to suggestion by the presentation of appropriate metaphoric material. Sooooo, one happy spring afternoon in 1965, he invited a girlfriend over to his apartment on 2nd St. East of the University of Arizona campus in Tucson. Her response to metaphoric hypnotic presentation was quite surprising. He learned a fascinating lesson from this, which he will share with us at his talk for the 2/2,2016 ASPH meeting.

Over a quarter of a century later, in 1992, he had the opportunity to take a "C.Ht." hypnosis certification course in Tucson followed by attaining the C.M.H. certification in Phoenix. Given that high level of credentialing, he was deemed qualified to pay half the rent of a practicing psychiatrist's office in Tucson. In January, 1993, he received a referral of a seriously ill chronic pain patient, who had suffered traumatic avulsion of both lower extremities and who, over ten years post-incident, was suffering chronic phantom pain in his legs diagnosed as periosteal inflammation. He also had frequent severe nightmares, which caused him to profoundly disturb his wife's sleep. The basis of his successful hypnotherapy took several years, which I'll share briefly with the ASPH.

Ed joined the National Guild of Hypnotists in 1992 and has since attained numerous certifications and awards from The NGH as well as having made many one & two-hour talks on hypnotic technique at their International Conventions in New England.

1967 Bachelor of Arts & Sciences (Chemistry & Psychology) University of Arizona, Tucson.

1967 – 1992 A quarter century of research chemistry and hospital clinical work as Lab. Director.

1991-1992 Trained with two physicians in Tucson and completed National Guild Hypnosis Course.

1992 NGH Certified Hypnotherapist (C.H.)

1997 NGH Certified Instructor (C.I.) in Manhattan, New York .

1997 – 2011 Taught twelve individual NGH Certification Courses in Tucson, Arizona.

1999 NGH Basic Board Certification in Hypnosis(BCH) in Merrimack, New Hampshire.

2000 Alternative Doctorate, Clinical Hypnotherapy (D.C.H.) in Manhattan, New York.

2002 NGH Member of the Year Award, in Marlboro Massachusetts.

2003 NGH Fellow, (FNGH) Advanced Board Certification in Marlboro Massachusetts.

2007 NGH Order of Braid, (OB) Lifetime Hypnosis Achievement Award, Marlboro, MA.

2002-2016 Publication of 54 quarterly articles accepted by the Journal of Hypnosis.

2005-2015 Presentation of 20 Hypnosis Lectures to Senior Psychiatric Resident Physicians, Tucson.

1993-2016 Over twenty years full time office practice as Prof. Consulting Hypnotist in Tucson.

Arizona Clinical Hypnosis

Edwin M. Bebee, CH, CI, FNGH OB

Board Certified Hypnotherapist

Fellow National Guild of Hypnotists

2017 East Grant Road

Tucson, Arizona 85719-3410

Office: 520-881-6797

The introductory program will be conducted by David Rodriguez, Ph.D. and this is his topic and bio.

Transpersonal Hypnotherapy

by

David Rodriguez, Ph.D.

"Transpersonal means the crossing of body, mind and spirit. It assumes that humans operate on all three levels, or that the mind, body, and spirit of an individual affect each other..."

Bio

- Ph.D.
 - Certified Transpersonal Master Hypnotherapist
 - Published Author
-

If you would like to be one of the ASPH featured speakers for next year, contact Sam Sterk, our current ASPH vice-president so he can schedule you in. You can contact Sam at peakplus@aol.com.

OFFICERS

President: Kate Ellis – kellis19@hotmail.com

Vice-President: Sam Sterk, Ph.D. – peakplus@aol.com

Secretary: Debbi Combs – asphsecretary@gmail.com

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Technical Adviser: Umesh Tiwari – DrUmesh@AZHypnoHealing.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

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Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Jodi Hert, ASPH Treasurer

16845 South 11th Way

Phoenix, AZ 85048

Tuesday Meetings: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting).

ASPH Website

www.hypnosisaz.com is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

Attention All Practicing Hypnotherapists:

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

Notes from the Secretary: Debbi Combs

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. As often We have Videos, in which many I have converted into digital format of DVD's. There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

Daniel Nightingale is performing at two comedy events.

January 21st, 7:15 sharp. FREE entry when you mention the Brit Comedy Doc at the Tempe Improv New Faces of Comedy show. (You just have to buy two drinks, it can be non-alcoholic.)

January 30th: Brew Ha Ha comedy fundraiser to benefit homeless seniors. International group of comedians. It will be held at the Days Hotel in Scottsdale. Purchase tickets on the events page of the website: <http://www.justacenter.org/#!/blank/v8yhe>

HYPNOTHERAPY FOR PEOPLE LIVING WITH A NEUROCOGNITIVE DISORDER (ALZHEIMER'S AND OTHER DEMENTIAS)

Dr. Daniel Nightingale

January 23rd and 24th, 2016

6910 East 5th Avenue

Scottsdale, AZ

This is only the second time this course has been offered in the US, and it's been over two years. It's designed for people who have already had at least basic hypnotherapy training. Here is a sampling of the previous class feedback:

"Hypnotherapy for Dementia" with Dr. Dan Nightingale is one of the best trainings I've taken in recent years. Dr. Dan is extremely knowledgeable, warm and engaging. I walked out of class the first day loaded with information, with more to come. I learned a tremendous amount and had fun in the process.

"Research proves that hypnotherapy helps improve the quality of life for people with dementia. This population is growing, making this the perfect way to be of service in your community and grow your practice."

Katherine Zimmerman, CCHT, Author, CE Course for Intuition and Spirituality

An estimated 5.4 million Americans have Alzheimer's disease alone (2012 Alzheimer's disease Facts and Figures). This **does not** take in to account those living with other types of dementia (*there are over 100 types of dementia*), nor those who do not have a formal diagnosis, in which case the numbers could be doubled. With the aging population and one in eight people age 65 and over having Alzheimer's disease, it won't be too long now before someone comes to see you for help – help with the challenges brought by dementia. You not only need to know **HOW** a person with dementia is cognitively impaired from the disease, it is very important to have the necessary knowledge and training about dementia and to understand **WHERE** the individual is in their unique journey through dementia **before** any therapy is used. We can teach you what you **MUST** know and how to properly assess a person living with dementia.

When you take this class taught by **Dr. Daniel Nightingale**, the **world leader** in the use of hypnotherapy for people living with dementia and the only one teaching this; he will share his knowledge, experience and skills with you, including how to do a proper assessment (a very important step). **Dr. Nightingale will share the techniques that he used in his Alzheimer's Care Today study that showed amazing results.**

Then when you get that knock at your door from a person living with dementia, **YOU** will be the hypnotherapist that can actually help them. **(Basic hypnotherapy training is a prerequisite to taking this course.)**

Click here to download the course outline: [BEST PRACTICE IN THE USE OF HYPNO Two day](#)

And the investment is only \$197! (Only \$150 for ASPH)

Go to <http://dementiatherapyspecialists.com/calendar-of-events/> to learn more about this upcoming seminar.

Dr. Daniel Nightingale

CEO and Clinical Dementia Specialist

General Psychotherapist and Fellow of the Royal Society of Medicine

[\(928\) 899 0647](tel:9288990647)

E-mail: Drdan@dementiatherapyspecialists.com

Website: Dementiatherapyspecialists.com

Here are two seminars that you do not want to miss out on. Both are taught by a team of leaders in the field of hypnosis and hypnotherapy. This is your opportunity to increase your income by increasing your knowledge and skills. If you are at all interested in making more money than you are making now and helping even more clients, call Michael C. DeSchalit for more information. He can be reached at

[\(520\)270-0183](tel:5202700183). Don't wait! Call now to take advantage of early registration offers.

THE HYPNOTIC GASTRIC BAND SYSTEM SEMINAR - March 12th & 13th, 2016 - Las Vegas

How would you like to help people to lose weight permanently and you make \$100 or MORE per session? Michael C. DeSchalit and I will teach you our **HYPNOTIC GASTRIC BAND SYSTEM** which is a non-surgical, very safe and successful program. For only \$795 you can be in our **2 day work shop March 12 & 13 in Las Vegas**. All manuals and materials included plus our **FREE** after class support. Get into this lucrative career now on a part or full time basis as a certified practitioner. **Call me, Jerry Valley, now for details. [\(978\)609-1725](tel:9786091725).**

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Mike De Schalit Amye Scharlau Kellie Karl



Tommy Vee

Jerry Valley

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*****Value of the materials, food & certification- \$1800. DO NOT DELAY-WE ARE ACCEPTING ONLY 20 NEW STUDENTS *****

WHAT OUR STUDENTS ARE SAYING ABOUT OUR SEMINARS

• *Jerry, I'll see you in Las Vegas and we'll be playing opposite each other!"*

Mike Harrington (Magician), Rochester, NY

• *"This is the best training in Stage Hypnosis anywhere. Jerry's one-on-one pointers have put mega-bucks in my*

pocket." Dave Hill, Hayward, CA.

• *"I knew nothing about hypnosis. I can tell you now it is real.....it's worth it.....take this course!"*

Mark Clark (Magician), Stroudsburg, PA

• *"For anybody who wants to become a hypnotist, these are the guys you want to train with."*

Eric Antich, Emmanus, PA

• *"I traveled 6,000 miles to be here. It was worth it."* Barry Colley, Devon, England

Learn From the Full-Time Professionals In This Field

JERRY VALLEY has traveled the world for over 45 years as the star hypnotist on cruise ships, resorts, television, movies, and was featured on ABC's "20/20" TV show. He is the author of the best-seller book "Inside Secrets of Stage Hypnotism." Jerry and a fantastic staff of teachers, with over 100 years

of experience, team up to *personally* teach you how it is done in easy, step-by-step methods with which YOU become the star of your very own Hypnosis Show. You will learn show secrets that others keep secret.

TOMMY VEE has been presenting his hypnosis demonstration to Corporations, Universities, State Fairs, High Schools, throughout the United States, Canada and the United Kingdom. His shows are dynamic and outrageously funny. Trained personally by Jerry Valley and also by Ormond McGill, Tommy explains how you can do it just like the pros.

MICHAEL DESCHALIT, a well-known professional magician and stage hypnotist, is one of the busiest performers in the business and in this seminar, he will teach you just how it is done. His comedy hypnosis show is one of the best in the country.

AMYE SCHARLAU, a beautiful and fantastic stage hypnotist and instructor doing shows worldwide. She is BRILLIANT!

KELLIE KARL, a beautiful and experienced stage performer on cruise ships, Vegas and shows worldwide.

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Donald Rice, CH

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HypnosisComedyShow.com

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HypnosisAudioSite.com

GastroBandHypnosis.com

Networking

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

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ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

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Jodi Hert, ASPH Treasurer

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Phoenix, AZ 85048