



[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

HAVE A SAFE AND HAPPY NEW YEAR

Next Meeting – Tuesday, January 3, 2017

6:30 – 8:30 P.M. SHARP

Presenter – David Rodriguez

Topic – “Live Transpersonal Hypnotherapy”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

[Meeting Location](#)

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

PRESENTATION – LIVE TRANSPERSONAL HYPNOTHERAPY

Transpersonal means the crossing of body, mind and spirit. It assumes that humans operate on all three levels or that the mind, body, and spirit of an individual affect each other..."

A person will be selected from volunteers to have a Transpersonal Hypnotherapy Session. He/She would have to agree prior to the start of the session to be recorded during entire session for purposes of ASPH's educational sharing program on Youtube.

BIO – DAVID RODRIGUEZ

- *Ph.D.*
- *Certified Transpersonal Master Hypnotherapist*
- *Published Author*

UPCOMING TOPICS & PRESENTERS

January 3 – David Rodriguez – “Live Transpersonal Hypnotherapy”

February 7 –

March 7 –

April 4 –

May 2 –

June 6 –

July 11 – (The first Tuesday of July is a holiday, July 4th, so ASPH will meet on July 11th.)

August 1 –

September 5 –

October 3 –

November 7 –

December 5 – ***Holiday Party***

TUESDAY MEETINGS: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

SKYPE

Dear ASPH members,

If you are not able to make it to Scottsdale on Tuesday night, please join us via Skype by going to the link below:

<https://join.skype.com/SXmfiaHlhdQo>

To test your software, just hit the link above to make sure your software is up to date. If you have questions or want to do a sample session to test your computer hardware, feel free to call me to arrange one.

Umesh Tiwari, MD CHT
Technical Adviser to the Board
Arizona Society for Professional Hypnosis
[\(951\) 443-6969](tel:9514436969) cell
DrUmesh@AZHypnoHealing.com

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact me directly at the mobile number listed below.

[\(800\) 508-2215](tel:8005082215) fax
DrUmesh@AZHypnoHealing.com

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Sam Sterk, our current ASPH vice-president.

Sam Sterk, Ph.D., CC-AASP # 177

peakplus@aol.com

OFFICERS

President: Kate Ellis – kellis19@hotmail.com

Vice-President: Sam Sterk, Ph.D. – peakplus@aol.com

Secretary: Cynthia Beck – Cynthia@CynthiaBeck.com

Treasurer: Jodi Hert – jodihert@cox.net

Technical Adviser: Umesh Tiwari – DrUmesh@AZHypnoHealing.com

NEW SECRETARY

We have a new ASPH secretary for 2017. Meet Cynthia Beck, a real go-getter.

Cynthia Beck, MH recently moved from her home of 30 years in the San Francisco Bay Area, where she had the largest, independent hypnotherapy practice in the Silicon Valley, to beautiful Sedona, Arizona where she works with clients in her office and remotely.

Cynthia has already jumped in and became a member of ASPH, presented for our November 2016 meeting and ran for and won the secretarial position. She promises to be a wonderful addition to our ASPH membership and Board.

Cynthia has been a Certified Clinical Transpersonal Hypnotherapist for more than 15 years. A gifted communicator, she helps clients make wanted changes in a safe and healing atmosphere. She uses integrated hypnotherapy techniques such as guided imagery; progressive relaxation and positive suggestions to help clients reach emotional, physical and spiritual well-being. Above all, she teaches clients techniques they can use for a lifetime, so they do not become therapist dependent.

She received her Master Hypnotist Certification from the Palo Alto School of Hypnosis, under the direction of Dorothy Tyo. She also graduated from the Transpersonal Hypnotherapy Institute in Nederland, Colorado where she studied with renowned Master Hypnotherapist, Yukio Hasegawa. She also studied with Marcia Wieder, CEO of Dream University and coach to Jack Canfield, to acquire her Dream Coach Certification. Cynthia is uniquely qualified to assist individuals to identify their purpose, remove road blocks and achieve their dreams. She holds a Doctor of Divinity from the Universal Life Church giving her the full confidentiality of the confessional. She graduated from the University of Colorado, Boulder with a degree in Communications.

In addition, Cynthia has passionately studied a wide variety of psychological and spiritual modalities including spiritual direction, Reiki, transcendental meditation, walking meditation, Christian mysticism, Buddhist meditation, Hindu traditions, Ericksonian hypnotherapy, neurolinguistic programming, energy healing and brain science. She has extensive experience helping people with 12 step programs.

Her personal experience as a business woman, single parent, caregiver of ailing parents and personal recovery from chronic illness, gives her the depth and perspective needed to help clients move from where they are to where they dream of being.

Welcome, Cynthia.

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a **\$35.00** check, **"PAY TO THE ORDER OF ASPH"**

Mail to:

Jodi Hert, ASPH Treasurer

16845 South 11th Way

Phoenix, AZ 85048

Note: It is time to renew your ASPH membership for 2017. The cost of renewal is \$35.00 and this fee includes the annual December 2017 Awards and Holiday party and all renewed members will receive a 2017 ASPH certificate.

If you have dropped your membership but would like to renew, you can do so at no additional charge. Just pay your \$35.00 renewal fee.

If you are new to ASPH, you are invited to join for a one time new member fee of \$85.00.

Below, you will find the ASPH Renewal Form (\$35.00) and the ASPH New Member Application (\$85.00).

You may either bring your application and check to the January 2017 meeting and hand it to Jodi Hert, ASPH treasurer, or mail it to Jodi at the above address.

Thank you for your attention to this matter.

ASPH Board



Arizona Society for
Professional Hypnosis

Member Renewal Form

Name: Last _____ **First** _____ **Middle** _____

Business Name _____

Business Address _____

Business Phone () _____

Fax Number () _____

Email Address _____

URL (Website) _____

Residence Address _____

Membership Certification: Professional ___ **Associate Member** ___

Pay by check (\$35.00), Pay to the Order of ASPH

Bring your check to the ASPH Meeting and give it to the Treasurer, or mail it to:

Jodi Hert

ASPH Treasurer

16845 South 11th Way

Phoenix, AZ 85048



Arizona Society for Professional Hypnosis

Membership *Approved* *Denied*

Type: Professional *Certified* *Associate*

Reason for Denial _____

Card No. *Issue Date*

MEMBERSHIP APPLICATION

Name: Last _____ *First* _____ *Middle* _____

Residence Address *Number* *Street*

City *State* *Zip*

Residence Phone Area (____) Number _____

Business Phone Area (____) Number _____

Fax Number _____

E-Mail Address _____

URL (Website) _____

Business Name _____

Address – Street

City

Zip Code

When did you receive your hypnosis training? (year) _____

Number of hours you utilize Hypnosis per week _____

List Memberships in Professional Societies or Organizations and Offices Held

(optional) _____

List Names, Addresses and Phone Numbers of Professional References

MEMBERSHIP PLEDGE

In applying for membership, I pledge and give my word to support and uphold the aims and purposes of the Arizona Society for Professional Hypnosis, its constitution and by-laws. Furthermore, never knowingly will I do anything that might bring disrespect or disfavor upon the art and science of hypnosis and this honorable association and its members.

I fully understand that membership in this association does not grant any academic title or degrees, nor will I utilize any such degrees myself which will misrepresent my formal and/or academic training. I further understand that I am not to practice any form of therapy or medical diagnosis which requires licensing, unless I am duly authorized and otherwise legally qualified and licensed to do so.

I certify that the information provided in this application is accurate and complete to the best of my knowledge and belief. I understand that I shall be subject to immediate expulsion should any falsification be determined.

I hereby release the A.S.P.H. and all of its members, both past and present, from any and all liability and/or claims that may arise from my decision to practice privately in the field of hypnosis.

Applicant's Signature _____

Name of Sponsor, if any _____

Pay by check [pay to the order of ASPH] to the Treasurer and mail application and check to:

Jodi Hert

ASPH Treasurer

16845 South 11th Way
Phoenix, AZ 85048

2010 ASPH FEES FOR NEW MEMBERS

Classification of Membership

Mailing List (M/L)

If you are not interested in becoming an ASPH member at this time, but you wish to keep abreast of what is happening in the field of hypnotherapy, please indicate that you would like to be on our email list.

Associate Member (A/S)

If you are interested in hypnosis but have had no training in hypnosis or hypnotherapy and you want to be involved in ASPH activities, you are classified as an Associate Member.

Certified Professional (C/P)

If you are an ASPH member who has successfully passed the ASPH Certification Test or who has completed a certification program that is accepted by ASPH, you are classified as an ASPH Certified Professional.

Fees

	<i>One time ASPH initiation fee</i>	<i>\$25.00</i>
<i>One time Certification Fee</i>	<i>\$25.00</i>	
<i>Annual Dues (due Jan. 1 of each year)</i>	<i>\$35.00</i>	
<i>Website Listing of Practice</i>	<i>\$35.00</i>	
	<i>Update Website Hypnotherapist Information</i>	<i>\$20.00</i>

One Time ASPH initiation fee includes initiation fee, annual dues for that year, and certification fee [Total - \$85.00]

Circle classification of membership for which you are applying:

Associate Member Certified Professional

Amount You Are Enclosing: \$_____

Pay by check [pay to the order of ASPH] to the Treasurer

Mail Application to:

Jodi Hert
ASPH Treasurer
16845 South 11th Way
Phoenix, AZ 85048

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

NOTES FROM THE SECRETARY: CYNTHIA BECK

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

GREETINGS MY FELLOW STAGE HYPNOTISTS

I hope this email finds you well. As you may have heard, Jerry Valley, Tommy Vee and I are NOT going to be offering the Ultimate Stage Hypnosis Seminar in Las Vegas this coming March. BUT... in its place, we are hosting the first ever Ultimate Stage Hypnosis CONFERENCE. We will be sending more information on this later but, if you want to get a jump on this, come to a FREE Webinar we are hosting this Wednesday (October 12th, 2016) at 12:00pm EST. Even if you can't make the live webinar, by signing up you will receive a link to the replay. So, go to this link now and register, it's FREE and will be packed full of valuable information that will help you to make more money (Even if you don't come to the conference). Here's the link to the registration page...<http://www.onlinemeetingnow.com/register/?id=jy2ivag41e>

And as long as you have read through this email, here is the link to the upcoming Ultimate Stage Hypnosis Conference in March 2017. You won't want to miss it... or the 72 hour early bird registration sale that starts this Friday at 8:00am EST. Go to...www.stagehypnosisseminar.com/conference NOW to check out the details!!!

If you have received a similar email about these events from Tommy Vee or Jason Linett, I will apologize for the duplication up front. Just know that we don't want you to miss out on this opportunity. As an alumni to the Ultimate Stage Hypnosis Seminar, we are always looking out for you and for ways to help you grow your business.

Sincerely,

Michael C. DeSchalit

The Ultimate Stage Hypnosis Conference

Co-Coordinator

ASPH HAS OUR OWN JEWELRY

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's. There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email asphsecretary@gmail.com with your name, phone number and email address.

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

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