



[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – Tuesday, July 7, 2015

6:30 – 8:30 p.m. SHARP

Presenter – Kweethai Neill, PhD, CHT, CHES, FASHA

Topic – “How to Build a Six-Figure Hypnotherapy Practice”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

[Meeting Location](#)

[Scottsdale Senior Community Center](#)

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

Dr. Kweethai Neill presents How to Build a Six-Figure Hypnotherapy Practice

Author of the book of same title, Dr. Kweethai Shares Secrets to Successful Practice!

Hypnotherapists have great intentions to help others but often struggle financially. Some supplement their expenses from other income, treating their business more like a hobby. Success at hypnotherapy and success at business overlap but are mostly unique.

Dr. Kweethai left academia more than a decade ago to do work that resonated with her soul. A lifelong entrepreneur, she purchased an office property two weeks before completing her hypnotherapy certification. iHealth Center for Integrated Wellness Inc. was founded on a simple business model: to be successful one client at a time.

Dr. Kweethai has consistently earned six-figure revenue from client fees in each year of practice. But that is only one definition of success. Success means...

...appealing to clients who are happy to pay for the work.

...owning your own calendar, reserving time to enjoy family and friends.

...replacing the salary from a prior career.

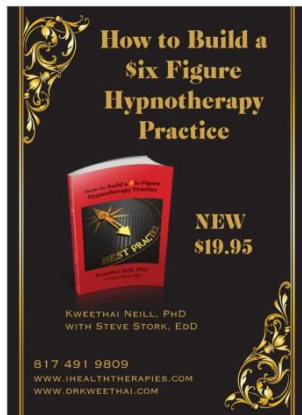
...living happily with the satisfaction of having acquired enough.

Join us in a lively presentation on what and how to build a successful hypnotherapy practice!

BIO - Kweethai Neill, PhD, CHT, CHES, BCC, FASHA



Dr. Kweethai is a respected colleague who takes time to serve her professional organizations. She presents annually at professional conferences and serves on the Board of the International Medical and Dental Hypnotherapy Association. A former professor of health, now clinical hypnotherapist Dr. Kweethai has successfully helped individuals, families and businesses achieve better health and success for more than 30 years. She created *iChange Therapy*TM as a process that integrates hypnosis, communication skills training, and energy medicine to facilitate change for clients. It teaches them to make better decisions and cultivate harmonious physical and personal relationships. Dr. Kweethai speaks to audiences in professional, medical, business, and local communities; dazzling them with wit, wisdom and humor. An exceptional mediator, communicator and coach, she is also author of



How to Build a Six-Figure Hypnotherapy Practice

Chapter 1 - First, set your intentions

A reflection on conflict and resolution, and how they translate to success

While writing this book I reflected a lot on what success means to me. Of course, you have to arrive at your own definition and rationale, but what follows are some thoughts that occurred to me. It is part of my personal script. Not that I recite it in its entirety to every client; but each client may hear bits of it that are appropriate to their particular needs or situation. To be clear, I don't recite these things at all, it's just that, since they come up so regularly, it comes out pretty similar each time I go to it.

I recommend that you develop your own origin story. The purpose is not to bore clients with your own issues or pat yourself on the back. Rather, the client should hear that in conflict there is always an opportunity for resolution.

The conflict you, dear reader, face right now is the challenge of migrating into fulltime, highly successful practice. I have been there. Here is my story of resolution.

As I closed the door behind me on academia, I breathed a breath of fresh air, a sensation of freedom. I saw no boundaries to the expression of my work and creative energies. I had no idea where that would lead, but I felt a sense of oneness, peace with the universe, trusting that something would evolve to give me a sense of freedom when I work.

As I encountered hypnotherapy, it became more possible for me to describe, with some specificity, what my life sometime in the future would look like; that is, having what I wanted. "A client arrives at my office having engaged a contract to participate in a therapy process of my own design. The client trusts me entirely to lead her out of her pit of darkness, executing the contract. I have total freedom to manage my time with the client and 'deal with what emerges' with unbounded creativity. I go no-holds barred in the therapy room with the client. I pull out whatever I know, and then some, to help her. My process is creative and liberating. The results are astounding. As positive change occurs in the client, I experience a deep sense of satisfaction and peace; worthiness I cannot describe. It is a phenomenal feeling that my life has meaning."

When I first conceived that description, ICHANGE THERAPY was still emerging as my methodology, and I still did mostly two-hour sessions. I did not know exactly how some aspects of the description would emerge, yet I stated it in present tense, knowing that the description itself was what I wanted. I then opened myself to whatever form its realization might take. In other words, I opened myself to change.

You might ask how I recognize the right changes as they occur. Time and again throughout my life I have been challenged with difficult choices, and I tend to take the road less traveled. I acknowledge that such an approach tends to put a lot at stake and create the appearance of unnecessary difficulty; but when I walk through that wall of fear I always find a feeling of peace and calm on the other side. Midway

through the wall is a state of conflict that is exhilarating; quiet and noisy at the same time. As I inevitably emerge into a state of resolution I experience a clear tone, a brilliant color energy.

The sequence of conflict leading to resolution has happened often enough in my life that I now easily identify it. I felt it as I conceived both my daughters. I felt it with Steve, as our relationship migrated from friendship into marriage. I knew he was the individual I would spend the rest of my life with. I walked away from an internship at the Cleveland Clinic, despite an earlier struggle to get in. Throughout each crucial turn in my life, the tension of conflict has been followed by the peace of resolution, like the calm after a storm. Each emergence testifies to a better of two options.

There is a backstory to each of those circumstances; suffice for now that at each occurrence I would say to myself that I should be so scared. But I was not scared. And that made me scared that I was not scared when I thought I should be scared but was not. In that moment of perfect clarity I know I have done the right thing.

Recently I disengaged from a friendship that I had thought was a good one. I felt bad about detaching from a friend, but then realized it was not in the best interest of my soul to try and make a silk purse out of a sow's ear. It was scary because it meant ditching some business interactions and networking opportunities, but I walked away with a sense of calm. He was, after all not really a friend, and so I was not abandoning a friend, only leaving a lie.

Conflict and resolution

Within conflict is the necessity of getting over limiting beliefs. There has to be a certain tension in that crux. Do I do it? Do I not do it?

It's like getting up in the morning to exercise. Do I want to do it? Do I not want to do it? Instead of wasting time perseverating on the debate inside my head, I just get up and do it. As I sweat and feel good, by the time I am done, I am grateful to have done it.

To recap, when you make a tough choice, there is tension, conflict, fear and anxiety. When I know deep in my gut what I need to do, that is what I must do. As I push myself through it the fear dissipates and is over. Peace ensues.

How bad do you want it?

I remember the first time I jumped off a three-meter diving board into a twenty-foot deep diving pool. I climbed all the way to the top platform and walked tentatively to the very edge of the diving board. Preparing to jump, I turned backwards and balanced on my toes. It was very scary; but I knew if I did not jump pretty soon I would not be given the opportunity to do it again. Despite a momentary conflict, there really was no other decision; I was committed to jump, no matter if I drowned. So I pushed off the board and immediately descended into the pool. It was a small slice of time, traveling ten feet before meeting the water, but it seemed like forever.

If you are going to make a business you really have to jump off the diving board. You have to make a commitment. It is better to do it now than to stand on the edge of the board and wonder. Or worse,

some never even get to the edge. They wonder at the audacity of those who do; or they remain aloof from it with the rationalization, "I could do that too, if I really wanted to." But they avoid putting themselves in close enough proximity to ever be faced with the chance to choose.

To be successful you cannot go about something halfhearted. I did a luncheon presentation called "Hobby or Business." Of the forty or so hypnotherapists attending, only two hands raised when I asked who was in full-time practice. And only one of those two was making a living at it.

What is wrong with that picture? After all, it is a skewed sample; a professional conference. Do only people who dabble in hypnotherapy attend conferences? Maybe others are too busy practicing. Would you, as a client, pay a professional fee to a weekend practitioner, someone who only dabbles in the art? Put in another context, would you see a doctor who practices medicine as a hobby? For a comparable fee, you are much more likely go next door to the MD with a waiting room full of patients.

The mirror test

Stand in front of a mirror and look at yourself. Would you consult a hypnotherapist who looks like you, talks like you, or practices like you?

If you want to be a successful entrepreneur, you have to first be willing to invest in yourself. You have to be your biggest investment. You have to be your first best customer. You have to turn your eyeballs the other way around and look inside to see if you would engage a person like yourself, and pay the fees you ask your clients to pay. Would you do what you ask your clients to do?

The right intentions

Do not be too concerned if you do not get it exactly right on the first go. It is akin to dating. It is more important to set the intention right. Let me share how applying the right intentions found me a great companion.

Recently divorced and newly single, I found myself dating. Friends dragged me to singles parties. I didn't know such things existed, I had been married so long. I no longer knew how to date, let alone how to handle a singles party. I worried about predators, or that the next person I talked to might expect me to engage in activities I was not ready for. I found it all rather strange.

After being asked out a few times and dating a bit, I got tired of kissing frogs. I did not like the dating scene, trolling for a date. Some girlfriends liked to go to a bar. Why would I want to do that? I didn't like to drink and I had just left a spouse who drank too much; why would I sit at a bar with the hope that someone would buy me a drink? I could buy my own drinks if I wanted to drink. And even if someone bought a drink for me, I would not enjoy it. To me that whole concept is insanity.

One day I came to the conclusion that I just wanted one good partner. I wanted a companion. It didn't matter if it was a dog or a woman or a man. I preferred a man, one man; that we could end up as life partners totally committed in marriage.

So I sat down and applied my own marketing principles. What were the features and benefits I wanted from a partner? "God, as long as you are looking, here's my shopping list." I filled a page and looked at it. It occurred to me that the things I was looking for in a companion I had to be able to offer. I had to first know me. (Back to marketing principles, you first have to know your product; what proficiency and skills you have to offer.) When I realized I could check off every item I desired, and be able to offer it first, my spouse happened.

At this writing I have been happily married 15 years. We have been very happy because I knew what I wanted and I knew what I had to offer. We are best of friends.

Bootstrapping

In 1990 I was recently divorced, and broke. I moved from northeast Ohio to take a position in Texas at Sam Houston State University for \$30,000 a year. I asked the Dean to give me one additional dollar from his own pocket. It was to signify that 1) he would have paid me more if he could and 2) I would work hard for every dollar I received. Twenty years later, having worked for two other universities, and now with a fulltime practice in clinical hypnotherapy; my financial planner tells me that I can now work by choice, meaning I am out of the rat race! He told me I could retire today if I wanted to.

I did not earn it all in hypnotherapy, but good habits I had been growing since childhood kicked in so that every new dollar has been put to its best advantage. Some business books claim you need to spend money in order to make money. My experience is that you need to spend the money that needs to be spent and save the money that needs to be saved. And, invest in things you know. The talent is to be discerning so you make the right choices.

I have paid for training trips. I have paid for expensive consultations. I have invested in website development. I have also put money into dud advertising. I have taken risks and learned from them. Some ventures pan out and others do not. It is called the *practical school of business!*

I have been my own banker in anything I've ever done. I taught cooking classes to pay for my thesis research. I saved up my own money to launch my business projects and financed my own endeavors.

It is a great feeling not to owe money to the bank or be financially obligated to family and friends. Owing money to others devalues the relationship. Financial freedom translates to spiritual freedom. It is great to be debt free.

However, sometimes it is not practical to be your own banker. A long time ago a banker friend gave me some very sound advice. She was a second generation banker in a very small town in rural Ohio. She told me that if I ever had to borrow money, there were only three legitimate reasons. 1) To put a roof over your head (as in a house mortgage). 2) To acquire tools to make a living (those tools include knowledge [education and training] as well as physical equipment). 3) For transportation to get to work (car loan, train or bus fares, pay a neighbor).

Notice, luxuries don't count. "Borrow only for what you need, work for what you want." If and when you start to get ahead, put that bit of largesse into a contingency fund for medical emergencies. Then, if you

do not plan to work forever, it is prudent to save for retirement. That is a whole other story. Let's get to a 6 figure practice first.

Chapter Review

Some wise person once said, when you first don't get it right, try and try again.

I don't believe in trying. I believe that when first you don't get it right, STOP, take time to assess the process and then do it again with a better idea. If you do the same thing over and over again and expect the different results, it is called insanity. This goes for business as well as life.

Energy Medicine Meets Hypnotherapy

Kweethai Neill, PhD, CHT, CHES, FASHA

Chief Catalyst for Change

Qi, Spirit or energy, exists inside and outside of us. Qi flow affects personal health and well-being. Learning to identify and clear blocked energies can bring a new and powerful dimension to your hypnotherapy practice.]

Learn how to tap into and clear your own Qi flow]

Watch Dr. Kweethai help clients overcome physical and emotional pain]

Witness clients achieve amazing results as Dr. Kweethai demonstrates how to integrate energy medicine with hypnotherapy]

Learn a new and effective way to help clients by engaging energy flow in hypnotherapy

July 11, 2015 8:00 AM- 5:00PM

\$288

Country Inn & Suites

20221 N 29th Ave

Phoenix, AZ 85027

Phone: 623-879-9000

REGISTER NOW! CONTACT DR.KWEETHAI @

301 Main St

Roanoke, TX 76262

817-491-9809

ihealthcenter@att.net | www.ihealththerapies.com

Note from Debbi Combs – I have just talked to Dr. Kweethai Neill. She will bring her books so we can buy them at our next meeting for those interested. It will be a help to Dr. Neill if she knows how many

books to bring as she will be flying. Email me at asphsecretary@gmail.com and let me know if you would like Dr. Neill's book and how many. I will get the message to Dr. Neill. Thank you.

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

UPCOMING TOPICS & PRESENTERS

July 7 – Kweethai Neill, PhD, CHT, CHES, FASHA – “How to Build a Six-Figure Hypnotherapy Practice”

August 4 – David Rodriguez – “Transpersonal Hypnotherapy”

September 1 – Larry Elman

October 6 – TBA

November 3 – Dr. Umesh Tiwari – “The Unknowing Hypnotist In You”

December 1 – Holiday Party

If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, ASPH Vice-President so she can schedule you in. You can contact Kate at kellis19@hotmail.com.

OFFICERS

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – asphsecretary@gmail.com

Treasurer: Tom Hajek – tmhypnosis@live.com

Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

ASPH Website

www.hypnosisaz.com is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Dear ASPH Members –We have a CONTEST and YOU can WIN MONEY!!

Our president, Lew Heller and vice-president, Kate Ellis have initiated a contest for ASPH members. Write an educational BLOG of 500 words or more discussing some aspect of **hypnosis/hypnotherapy** for the ASPH website and you just might win \$100. The winner will be announced at the Holiday Party in December.

Our ASPH website has been developed to be an educational tool for both hypnotists and the general public wishing to know more about hypnosis.

Education for hypnotists/hypnotherapists is of course, essential. The more we share our expertise in our field with one another, the better able we each are to help those who come to us for guidance.

Educating the public about hypnosis will help to build our profession stronger and make it more acceptable to the world.

So, get your pens or keyboards busy writing. You can email, send, or bring Lew Heller, Kate Ellis, Tom Hajek, or Debbi Combs your blog and we will get it onto the website. You just might win \$100 at the end of the year. The real treasure though will be you helping someone who might not otherwise ever understand hypnosis and what a valuable tool it can be in their life.

2015 Holiday Party

Lew Heller, ASPH President has suggested that we have our Holiday Party at the Talking Stick Buffet again this year.

ASPH had their Holiday Party at the Talking Stick last year, and everyone who attended enjoyed the food and atmosphere.

If anyone would rather have the party someplace else, please give Lew your suggestion. Lew wants to reserve wherever we hold the party within the next few weeks to make sure we have a secure location. ASPH officers would like to have all members and their significant others be able to attend the party, so suggestions are welcome.

Attention All Practicing Hypnotherapists:

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

Notes from the Secretary: Debbi Combs

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

Greetings My Fellow Hypnotists,

I am hosting a Hypnotic Gastric Band System Certification Training in the Chandler area on July 11th and 12th, 2015. The training would be two full days and would cover the entire certification process from start to finish, including marketing the program. All participants would receive the full training, certification and licensing to deliver this program to your weight loss clients. You would also receive an 85 page manual with all of the scripts, methods and forms necessary for the program, and a CD with all of the scripts, recordings and forms so that you are ready to go right away, as soon as you complete the training. You will also receive a certificate suitable for framing and... lifetime support.

The cost of this training is...

- If you register and pay in full by July 1st - \$695.00 per person*
- After July 1st - \$795.00 per person*

The training will be held at the Comfort Inn Chandler at 7400 W. Boston Street (Just off I-10 in between Chandler and the 202).

In order to run this training program in your area I must have a minimum of 4 students and I am limiting the class size to 10 students.

Please let me know ASAP if you are interested in this opportunity. I usually only run this training once a year in Las Vegas, so here's your opportunity to take this training locally, without having to travel and without additional hotel expense. I will not be offering this again locally in the near future, so now is the time to call and reserve your spot.

**** If you are not sure about it, consider this... The folks that I have certified in this system are charging their clients anywhere from \$497.00 to \$1,500.00 for this program. So realistically, you would only need to book a couple of clients to recover your investment and become profitable.*

**** And... if you are in need of CEU's... You will receive 12 hours of CEU's for attending this training.*

***** Remember, you receive all the necessary training and materials (I mean everything!!!) to launch this system in your practice as soon as you complete this training!!! Most of the students that have taken this training come to the seminar with a couple of clients already booked!!!**

CALL NOW, to reserve your seat... [\(520\)270-0183](tel:5202700183) - Michael C. DeSchalit, CHt, CH, CI

Also, attached are the flyers for the stage hypnosis seminar at the NGH convention this summer.

[2015NGHStageSeminarFlyer.pdf](#)

Sam Sterk would like to start a “clinical hypnosis/hypnotherapy group” for any ASPH member interested in discussing clinical issues and practicing clinical hypnosis. Sam talked at our June ASPH meeting about having the “clinical hypnotherapy group” meet 45 minutes before our regular monthly meeting at the Senior Center. Sam will be the first presenter, but will appreciate a new presenter each month. If you are interested, you can contact Sam at his office # - 480-767-0956 or on his cell # - 480-861-6718.

ASPH Education and Referral Panel

Sam Sterk is meeting with ASPH members once a month who are interested in educating the public about hypnosis. Sam’s next meeting for anyone interested in attending will be on Saturday, June 27th at 1:00 P.M. Carol Becker will host this meeting at 1921 East Alma School Road.

The ASPH Education and Referral Panel will have their first speaking presentation for the VFW – Post 9400 on Friday, July 10th from 6:30 to 7:00 P.M. The meeting will take place at 801 East Purdue Avenue, Phoenix.

Ted Frieband will give the introduction, educating the attendees for a few minutes about hypnosis.

Ron Tobin will give a short guided imagery and pain management hypnosis session.

Sam Sterk will talk on lessening physical pain.

Anyone interested in helping to educate the public about hypnosis is welcome to attend the monthly meetings. Sam Sterk can be contacted at his office phone # - 480-767-0956 or his cell phone # - 480-861-6718.

WOUNDED WARRIOR PROJECT

My comedy hypnosis show called Don Rice and His Parade of Stars is known around the world. Recently I have been booked to entertain at the Wounded Warrior Project, Wild Horse Pass Casino, Phoenix, AZ., Sat., Sept. 12th. I am so thankful to have the opportunity to help those whom I can call my brothers.

Donald Rice, CH
[\(480\) 577-0264](tel:4805770264)

DonRiceClinics.com
HypnosisComedyShow.com
KISSHypnosisScripts.com
HypnosisAudioSite.com
GastroBandHypnosis.com

Thanks for viewing this important material. Hypnotists Donald H. Rice, CCH, PIN & Sandi Graves, BCH have personally created and recorded every one of the KISS Audio Downloads. You can count on each and every download to be very professional and to make the changes you want and need. This is the time when vacations are starting so I strongly suggest you purchase our [Stress Release](#) download

Enjoy, Don

Donald Rice, CH
[\(480\) 577-0264](tel:4805770264)

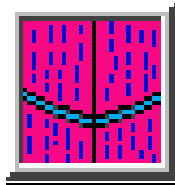
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Office space available on a part-time basis. Great location in a beautiful office setting in South Scottsdale off of McDowell and 68th St. Easy access from the 101, 202 and the 143 to serve clients from all over the Valley. Share office on a part-time basis with established massage therapist with flexibility on days and times. The office is 600 square feet with spacious therapy room. Shared waiting room and kitchen/office space. Located in a professional office complex with plenty of parking. \$200/month utilities included and fully furnished. Please contact Nina for more information. [602-505-7673](tel:6025057673) or nina.laveson@valleywidehypnosis.com

Please note: forwarded message attached

~RJ~





Coming Soon

~2015~



~DON'T FORGET TO ASK ABOUT OUR~

* 2for1*

~2015~

NEW YEARS SPECIAL

Dear Friends, Colleagues and Fellow
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Voice mail ~ 602-593-4006

e-mail rjocstar@juno.com

~~~~~

Robert J. O'Connor

Co-Instructor

Essential Hypnotherapy &

Complementary and Alternative Solutions

2659 West Guadalupe Road

on the South side of Guadalupe Road.

Voice Mail [602-593-4006](tel:602-593-4006)

E-Mail

rjocstar@juno.com

Website

www.wholeheartedenterprises.com

At this point I have the distinct Honor
of introducing my Dear Friend

and partner in Adventures as a co-presenter
of this fine program

which will be deeply enriched

with his Intelligence, Wisdom, Compassion

and Dare I add an incredible sense of humor.

Alan's Presence alone is worth the price of admission!

Alan Handelsman

Co-Instructor



Personal Growth systems, Inc.

1500 E. Bethany Home Road

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Phoenix, AZ 85014

AlanHand@aol.com

Website

www.SourceHypnosis.com

websites



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SHOULD PUT YOU ON A SECURE FOUNDATION

FOR YOUR FUTURE

WELCOME TO YOUR

BRAND NEW WORLD

~RJ~



Classes are to be scheduled

SOON

on two consecutive weekends

and fill up fast

~~~~~

the first 5 or 6 who sign up

can choose the consecutive weekends

plus

★ ~The first five to sign up~ ★

will receive a \$500.00

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~RJ~

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**MESSAGE FROM KATE ELLIS**

Dear Esteemed members of the ASPH,

As many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, and Sam Sterk as of recent.

I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations. Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our member's accomplishments within and beyond hypnosis.

I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools. Please let me know if you or any of our other colleagues would like to donate their beloved materials. I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.

I look forward to hearing from you. If you have any questions, please feel free to call or write. I am available from 11-11 every day.

Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.

It will be ready this Spring exclusively for ASPH Members Only.

To review/view collected works, please visit: [www.facebook.com/hypnosisaz](http://www.facebook.com/hypnosisaz)

All my bestest,  
Kate Ellis, CCHt 480-695-1936

kate ellis,ccht [480-695-1936](tel:480-695-1936)

[www.thehealingquest.com](http://www.thehealingquest.com)

[www.empowerpuzzles.com](http://www.empowerpuzzles.com)

 The Healing Quest ~ Hypnotherapy ~ Consultations

[www.linkedin.com/in/kellis19](http://www.linkedin.com/in/kellis19)

[www.facebook.com/kate.ellis19](http://www.facebook.com/kate.ellis19)

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## **Networking**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

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## **Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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## **ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024