



**[Arizona Society For Professional Hypnosis](#)**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**[ASPH Newsletter Hyperlink](#)**

**Next Meeting – Tuesday, June 2, 2015**

**6:30 – 8:30 p.m. SHARP**

**Presenter – Michael DeSchalit**

**Topic – “Hypnotic Jazz”**

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**Meeting Location**

**Scottsdale Senior Community Center**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 7**

**<https://maps.google.com/maps?hl=en&tab=nl>**

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## Michael DeSchalit's Presentation

### "Hypnotic Jazz"

*Have you ever wondered how one client's session can just flow perfectly, while another client's seems to skip like a scratched record? Hypnosis is a lot like Jazz. There is a rhythmical flow in every session, whether it is like in the call and answer of a melody and the chorus of a big band chart, like the questions and answers of the intake process, or like the improvisation of the hypnotic suggestions that are like the horn players solo in swing tune. Learn how to play through the harmony of a hypnosis session with ease and style. Also see, hear and feel firsthand how music can evoke changes to the emotions we all experience and how those changes can create positive effects in our lives.*

### Bio – Michael DeSchalit

*Michael is a graduate of the University of Arizona with a Bachelor of Arts with his major course study being in Sociology with an emphasis in Group Dynamics. Michael is a practicing Certified Clinical Hypnotherapist and Professional Speaker. He is co-author of a children's book/audio book that uses hypnotic suggestions and is sole author of a self-improvement book and seminar that utilizes hypnotic suggestions and visualization techniques. Michael is also a Founding Charter Member and Officer of the Southern Arizona NGH Chapter and the recipient of the Hypnotism Achievement Award for 2013. He is also a member in good standing and 2011-2013 President of the Arizona Society for Professional Hypnosis.*

*In addition to being a Certified Clinical Hypnotherapist, Michael is a Master Stage Hypnotist, Professional Magician and a Nationally Certified Motivational Speaker, Trainer and Facilitator. He has over fifteen years of experience as a nationally recognized motivational speaker, trainer and facilitator and has performed for and presented to over 750,000 students, teachers, and business professionals in thirteen states and four countries and on two continents. He has designed, written, and implemented hundreds of seminars and has over a decade of experience as a Producer, Director, Stage Manager, and Technical Director for dozens of theatrical productions.*

*As a hypnotist, Michael received his training first from the Masters Ultimate Stage Hypnosis Seminar under the direct mentoring of Jerry Valley, Tommy Vee, and the Father of Modern Stage Hypnosis and Dean of American Hypnotists, the late Dr. Ormond McGill and then later from the Westland Institute for his Clinical hypnotherapy Certification.*

*Michael has been a guest presenter at NGH National Conventions and has also conducted an NGH hosted teleseminar. He is a Staff Instructor for the Ultimate Stage Hypnosis Seminar in Las Vegas, Nevada and is an accomplished Comedy Stage Hypnotist having performed in over a dozen state and exclusive venues such as The Riviera, The Circus Circus, and The Orleans casinos on the Las Vegas Strip.*

*Michael is a practicing hypnotherapist and owns Motivating Minds Hypnosis Center in Tucson.*

*You can contact Michael at:*

**Motivating Minds Hypnosis Center**

**7301 East 22<sup>nd</sup> Street, Suite, #1-C  
Tucson, AZ 85710  
(520)270-0183**

**[mcdmagic@aol.com](mailto:mcdmagic@aol.com)**

**[www.motivatingmindshypnosis.com](http://www.motivatingmindshypnosis.com)**

**[facebook.com/Motivating.Minds.Hypnosis](https://facebook.com/Motivating.Minds.Hypnosis)**

**[www.thehypnozone.com](http://www.thehypnozone.com)**

**[facebook.com/The HypnoZone](https://facebook.com/TheHypnoZone)**

**[www.magicallyspeaking.net](http://www.magicallyspeaking.net)**

**[facebook.com/MagicallySpeakingLLC](https://facebook.com/MagicallySpeakingLLC)**

**Also, attached are the flyers for the stage hypnosis seminar at the NGH convention this summer.**

**[2015NGHStageSeminarFlyer.pdf](#)**

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

***Membership Renewal Form***

**RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)**

**and paying online, or:**

**Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"**

**Mail to:**

**Thomas Hajek, ASPH Treasurer**

**2844 E. Quiet Hollow Lane**

**Phoenix AZ 85024**

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If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, ASPH Vice-President so she can schedule you in. You can contact Kate at [kellis19@hotmail.com](mailto:kellis19@hotmail.com).

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**UPCOMING TOPICS & PRESENTERS**

June 2 – Michael DeSchalit – “Hypnotic Jazz”

July 7 – Umesh Tiwari – “The Unknowing Hypnotist in You”

August 4 – David Rodriguez – “Transpersonal Hypnotherapy”

September 1 – Larry Elman

October 6 – TBA

November 3 – TBA

December 1 – Holiday Party

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**OFFICERS**

President: Lewis Heller, M.D. – [lewisheller@mac.com](mailto:lewisheller@mac.com)

Vice-President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)

Secretary: Debbi Combs – [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)

Treasurer: Tom Hajek – [tmhypnosis@live.com](mailto:tmhypnosis@live.com)

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Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

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**ASPH Website**

[www.hypnosisaz.com](http://www.hypnosisaz.com) is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

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**Attention All Practicing Hypnotherapists:**

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at [info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

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**Notes from the Secretary: Debbi Combs**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

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If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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Sam Sterk is meeting with ASPH members who are interested in educating the public about hypnosis. Sam’s next meeting for anyone interested in attending will be on Saturday, May 23<sup>rd</sup> at 1:00 P.M., 9035 East Kalil Drive, Scottsdale, AZ 85260, Phone number – 480-767-0956.

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**Thanks for viewing this important material. Hypnotists Donald H. Rice, CCH, PIN & Sandi Graves, BCH have personally created and recorded every one of the KISS Audio Downloads. You can count on each and every download to be very professional and to make the changes you want and need. This is the time when taxes are due , school is letting out, vacations are starting so I strongly suggest you purchase our [Stress Release](#) down load**

**Enjoy, Don**

Donald Rice, CH  
(480) 577-0264

DonRiceClinics.com  
HypnosisComedyShow.com  
KISSHypnosisScripts.com  
HypnosisAudioSite.com  
GastroBandHypnosis.com

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**SPORTS HYPNOSIS CERTIFICATION-A ONE DAY SEMINAR**

**By**

**Sam Sterk, Ph.D.**



Date: Saturday, May 23, 2015

Time: 9:00-6:00 PM

Place: Office 9035 East Kalil Dr. Scottsdale, AZ 85260

Fee: The \$279.00 fee includes a Manual, a Catered lunch, a handsome professional Certificate of course completion and a Raffle drawing.

Course Highlights: Everything you want to know about Sports Hypnosis. This course provides you the tools to expand your practice.

**\*\*\*Initial interview and Assessment Tools**

**\*\*\*engaging the client in Sport Hypnosis contract vs. the hourly rates**

*\*\*\*Assessment tools help to pin point areas where client progress is needed*

*\*\*\*Hypnotic Interventions to help clients improve their Focus, develop Positive Self Talk; and improve their Self Confidence*

*\*\*\*The uses of Visual Imagery to enhance Focus in sports*

*\*\*\*Uses of Stop-Thought Techniques to enhance sports performance & how to regain Concentration when it's lost*

*\*\*\*Uses of Positive Self Talk Arousal-Energy Regulation*

*\*\*\*Cue words prior and during competition*

*\*\*\*Hypnosis Pain Reduction techniques for the injured athlete*

*\*\*\*Marketing your Sports Hypnosis skills-developing a market*

*To Register: Call or email to ensure your place in one of the 2 classes.*

*Call: 480-767-0956 to ensure your placement in this course*

*Email: [peakplus@aol.com](mailto:peakplus@aol.com)*

*Pay by check or credit card (Visa or Master Card)*

*EXTRA SAVINGS!!!!* *If you register by March 28, or by May 2, 2015 you'll be eligible for another course savings of 10 %-a saving of \$27.90. Act now to benefit from this Saving!!! Wow!! All the course highlight, a Manual, Lunch, a Professional Certificate and a Raffle. Take advantage of the 10 % Savings and your fee becomes \$251.10 instead of \$279.00*

*Wow! What a nice built in savings!*

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*Also, attached are the flyers for the stage hypnosis seminar at the NGH convention this summer.*

[2015NGHStageSeminarFlyer.pdf](#)

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**Arizona Renewal Ranch, LLC**  
**Dr. Ilana H. Oren, Ph.D, Sc.D.**  
**Licensed Marriage and Family Therapist #0088**  
**Certified Hypnotherapist**  
**2915 East Baseline Road, Suite 101**  
**Gilbert, AZ 85234**  
**Telephone 480-776-0626**

[Email: dr. liana@cox.net](mailto:dr.ilana@cox.net)  
[www.DrIlanaOren.com](http://www.DrIlanaOren.com)

## **TRAINING**

**Part I: Friday, April 24, 2015, 2015 10:00 – 4 P.M.**

**Part II: Friday, May 15, 2015, 10:00 – 4 P.M.**

**WHERE: Wayland Baptist University/ 2702 N. 3<sup>rd</sup>, Suite 1050, Phoenix, AZ 85004** **For continuing education units, please contact the Dean of the university, Dr. Glenn Simmons @ 602-279-1011.**

## **ADDICTIONS, CREATIVITY AND THE PATHWAY TO HEALING USING HYPNOSIS**

The definition of an addiction is a pathological attachment to a mood altering experience that has life damaging consequences. A sure sign of an addiction is the motif of self-deception. Brain imaging continues to discover variance in neuro-chemical, and neuro-functioning that underline a vulnerability to develop compulsive behaviors and dysfunctional use of addictive substances. The brain regions impacted by stress and addictions are: prefrontal cortex, cingulate, hippocampus, amygdala and the parietal lobes. Through hypnosis, the energy can be directed to find creative expressions rather than being entangled in the dark web of addictions and medusa energy. Special emphasis will be placed on addictions to refined carbohydrates based on Dr. Oren's presentations in Israel and Poland.

The goals for the workshops are:

Identify the signs and symptoms of the addictive dance.

1. Learn how to train your brain to think like a sober person and break the pain chain response of the addictive cycle.
2. Learn how to integrate hypnosis to embark on the journey of sobriety, and obtain and maintain your ideal weight for life.

***Cost: \$177.00 for one day. \$300.00 for the two days. The cost DOES NOT include continuing education units.***

***To register for the training, contact Dr. Oren @ [dr.ilana@cox.net](mailto:dr.ilana@cox.net)***

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## **MESSAGE FROM KATE ELLIS**

*Dear Esteemed members of the ASPH,*

*As many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have*

*become authors, such as Lew Heller, and Sam Sterk as of recent.*

*I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations. Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our member's accomplishments within and beyond hypnosis.*

*I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools. Please let me know if you or any of our other colleagues would like to donate their beloved materials. I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.*

*I look forward to hearing from you. If you have any questions, please feel free to call or write. I am available from 11-11 every day.*

*Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.*

*It will be ready this Spring exclusively for ASPH Members Only.*

To review/view collected works, please visit: [www.facebook.com/hypnosisaz](http://www.facebook.com/hypnosisaz)

All my bestest,  
Kate Ellis, CCHt 480-695-1936

kate ellis,ccht [480-695-1936](tel:480-695-1936)

[www.thehealingquest.com](http://www.thehealingquest.com)

[www.empowerpuzzles.com](http://www.empowerpuzzles.com)

 *The Healing Quest ~ Hypnotherapy ~ Consultations*

[www.linkedin.com/in/kellis19](http://www.linkedin.com/in/kellis19)

[www.facebook.com/kate.ellis19](http://www.facebook.com/kate.ellis19)

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A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.

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To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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### **Networking**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

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### **Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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and paying online, or:

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Mail to:

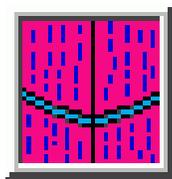
Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

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~RJ~



Coming Soon

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~2015~



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~DON'T FORGET TO ASK ABOUT OUR~

\* 2for1\*

~2015~

\*NEW YEARS SPECIAL\*

~Dear Friends, Colleagues and Fellow  
Creators of Profound Outcomes:

We are Happy and Proud  
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Reality, Goals and Dreams  
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If you or anyone you know are curious  
and would like to know more, look inside  
to the attached word document  
for additional information, call or e-mail me  
[contact information below].

Do pass on this email and attachment  
to anyone who you think might be  
interested in attending.

And

Becoming a part of the  
SOURCE INTEGRATION  
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A QUANTUM APPROACH TO HEALING

S~I~G~N

It's a SIGN of theTimes

*We'll leave the Light on for you.*

*THANKS!*

*Robert J. O'Connor*  
*Director and Creator*

*Voice mail ~ 602-593-4006*

*e-mail [rjocstar@juno.com](mailto:rjocstar@juno.com)*

~~~~~

*Robert J. O'Connor*

*Co-Instructor*

*Essential Hypnotherapy &*

*Complementary and Alternative Solutions*

*2659 West Guadalupe Road*

*on the South side of Guadalupe Road.*

*Voice Mail [602-593-4006](tel:602-593-4006)*

*E-Mail*

*[rjocstar@juno.com](mailto:rjocstar@juno.com)*

*Website*

*[www.wholeheartedenterprises.com](http://www.wholeheartedenterprises.com)*

\*\*\*\*\*

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*of introducing my Dear Friend*  
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*with his Intelligence, Wisdom, Compassion*  
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**Alan Handelsman**

**Co-Instructor**



**Personal Growth systems, Inc.**

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**Suite #185**

**Phoenix, AZ 85014**

[AlanHand@aol.com](mailto:AlanHand@aol.com)

**Website**

[www.SourceHypnosis.com](http://www.SourceHypnosis.com)

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**websites**



[www.wholeheartedenterprises.com](http://www.wholeheartedenterprises.com)

[www.gofirstearthbattalion.com](http://www.gofirstearthbattalion.com)



**Both Certified Hypnotherapist's**

**&**

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~~~~~

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THIS BOOK SHOULD BE REQUIRED

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THREE CERTIFICATES ADDITIONAL TO THE OTHERS OFFERED

THESE ARE ALSO INTERNATIONALLY RECOGNIZED

~~~~~

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UPON ACCEPTANCE BY THE NCA

YOU WILL - IF YOU CHOOSE

BECOME A FIRST LIEUTENANT IN THE NAVY

AND WEAR THE UNIFORM WITH ALL PRIVILEGES

~~~~~

MY COST FOR THE CERTIFICATES IS \$130

YOUR COST-ZERO-

IF ANYONE HAS ANY QUESTIONS

YOU CAN CONTACT ME

FOR MORE INFORMATION

THIS INFORMATION IS INCLUDED IN DR. WILSON'S BOOK AND

SHOULD PUT YOU ON A SECURE FOUNDATION

FOR YOUR FUTURE

WELCOME TO YOUR  
BRAND NEW WORLD

~RJ~



Classes are to be scheduled

SOON

on two consecutive weekends

and fill up fast

~~~~~

the first 5 or 6 who sign up

can choose the consecutive weekends

plus

★ ~The first five to sign up~ ★

will receive a \$500.00

one time only Discount

*\*Contact me\**

*If you need to work something out*

*~RJ~*

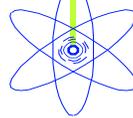
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PRESENTS



QUANTUM SOURCE INTEGRATION THERAPY

and

ESSENTIAL HYPNOTHERAPY

*“The significant problems we face cannot be solved at the same level of thinking we were at when we created them” --- Albert Einstein*

Dear Friends and Colleagues;

We are Happy and Proud to Welcome You to the Concepts, Visions, Goals and Dreams

of ‘ESSENTIAL HYPNOTHERAPY and ‘QUANTUM SOURCE INTEGRATION THERAPY,’

a unique and advanced Training Seminar and Experience.

PLEASE ASK ABOUT OUR 2015 HAPPY NEW YEAR SPECIAL!!

~This year 2015~

We are adding some New Dimensions to the training

**A NEW Advanced Certification**

**\*That we are the first to offer\***

**Classes are to be scheduled  
SOON**

**on two consecutive weekends and fill up fast**

**The first 5 or 6 who  
sign up can choose the consecutive weekends**

**plus**

**★~The first five to sign up~★**

**will receive a \$500.00  
One-time only Discount**

***Contact me***

***If you need to work something out***

**~RJ~**

**Payments by Paypal, Check, Cash**

**MasterCard, Visa & Discover**

**The time structure will be two consecutive weekends.**

**Many of the challenges of the past, such as some students are at the very beginning of their Quest and others very advanced.**

**This year's event I will be forwarding (as soon as you sign up) quite a collection via hyperlinks, etc. to some of the most brilliant minds in the field, so that by reviewing – on your own time, the forwarded material before the Training actually begins you should be able to rapidly advance smoothly after understanding the very underpinnings of applicable 'Quantum Source Integration Therapy' to the practical applications we will share and develop.**

**First of all, what is this Training Program, and what kinds of people are involved with it? At its core is a group of people dedicated to a few simple principles. We see that it is apparent that there are two distinct groups of people on this Planet: First, those who believe and accept that they are Response-able for the creation of their own reality, and Second, those who believe that they are just victims of circumstance, society, others, government, church, karma etc.**

We fall into the first group, a group that believes that there are no victims, only volunteers. We teach and share through the practice of Quantum Hypnotherapy with its compliment of Manifestation and Creation, literally How to Make Room for a Dream in your present reality.

We understand that one of the most difficult processes in life is the transition from victim to Co - Creator. This is the path of destiny on the highway to heaven that is often strewn with the pieces of Broken Hearts, Broken Dreams, and Broken Promises. It is the path often filled with diseases, such as Fear-- Fear of success as well as failure, Fear of never being good enough, Fear of a future filled with the agony of Hopelessness, Powerlessness, and Helplessness. We call them the Less Triplets. You will also meet the Two Crazy Aunts ----- Rome - ance, and Fine - ance, and other special family of origin adventures you might recognize along the way.

This is a group that is not dogma based and has dedicated and will

continue to dedicate itself to the most advanced Scientific, Spiritual and Soulful healing processes available. These are the types of processes that open up the Window of the Soul to expose the truly Loving and Wise essence within the Heaven of the Heart. We practice a therapy that is 'Source' based, where true self empowerment begins by accessing the 'Source' within and then resolving the 'Source' of the problem or issue at hand. This process creates a more permanent solution to the problem as opposed to the many short - term solutions that seem to be offered today.

We believe like one of our greatest presidents,  
Theodore Roosevelt, who stated it so masterfully;

“Life is not a race, but a journey to be savored each step of the way. It is not the critic who counts; not the man who points out how the strong man stumbled or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs and comes short again and again; who knows the great enthusiasms, the great devotions; who spends himself in a worthy cause; who, at the best, knows in the end the triumph of high achievement, and who at the worst, at least fails while daring greatly, so that his place shall never be with those timid souls who know neither victory or defeat.”

The training, suggested to be taken sequentially, is divided into

two Weekends - both individual, self-contained program's

Beginning with:

### THE FUNDAMENTALS OF SOULFUL LIVING

This program is devoted to re-framing and understanding your Life's experiences. Learn how to share and discover with those with whom you work, how to deal with life from a Victimless perspective.

You will also be learning the fundamentals of Hypnotherapy and Quantum Inner Work – Play.

**This is where you begin to discover your destiny and your true soul's goals.**

**It is also where you finally make room for a Dream ~ Yours~**

**The first – 10 – segments are titled:**

- 1) Make Room for a Dream - Techniques #1**
- 1) Make Room for a Dream - Techniques #2**
- 2) Developing Good Communication Skills**
- 3) Creating Joyous Relationships #1**
- 4) Creating Joyous Relationships #2**
- 5) Healing – The Communication of the Life Force #1**
- 6) Healing – The Communication of the Life Force #2**
- 7) Money and its Meaning to Life**
- 8) The Fundamentals of Quantum Hypnotherapy and Inner Work**
- 9) Toward the Ultimate Re - Union**

**“People are taking much more responsibility for their lives and their actions,” says Dr. Jean Houston.**

**“Consider that word: response-ability. Ultimately, people are awakening and using parts of themselves they never have before. We’re moving past the victim mentality, and women are rising to true partnerships worldwide. Houston says throughout the world women are saying “the heck with the old ways of blame and despair. Let’s get on with it – let’s begin to reinvent the world.**

#### **QUEST FOR THE INNER GOLD**

**Program number two is devoted to the acquiring of communication skills and techniques required to enter the Inner Kingdom. You will learn valuable Meditation and Creative Visualization techniques required to prepare the environment for both you and your client for contact with the Source.**

**Also there will be in- depth reviews on techniques dealing with some of life’s most challenging experiences, such as the source of Self- Esteem, discovering your true Spiritual Destiny, and who we are, when we are not defined by others.**

**These are hands- on practical processes.**

**Segments are titled:**

- 1) Questions and Answers from 1<sup>st</sup> program**
- 1) Guided Meditation / Creating a Body of Light**

- 2) Preparation for Inner Journeys; The Right Environment
  - 3) Preparation for Inner Journeys #2
- 4) Hypnosis & Meditation Techniques & Processes #1
- 5) Hypnosis & Meditation Techniques & Processes #2
- 6) Client preparation for Inner Work & Hypnosis
  - 7) Class practice of Inner Work & Hypnosis
  - 8) Class Re-Possessing your Power
- 10) Class Releasing the Past, Embracing Potential

**#3. RE - MEMBERING THE SACRED SOUL**

Program number three is devoted to exploring fully our abundant and undiscovered Human Potential. We will look in depth at healing and the restoration of Dignity and Reverence within ourselves as well as those we Serve and Love. We will explore the reality of incorporating the dreams of the Heart and Soul into everyday practical life, with Dignity, common sense practical solutions, and without judgement.

The third – 10 – segments are titled:

- 1) Questions and Answers from previous program
  - 1) Re-Creating the Body of Light
- 2) Quantum Inner Work & Hypnosis with Relationships
- 3) Quantum Inner Work & Hypnosis with Family issues
- 4) Quantum Inner Work & Hypnosis with Health issues
- 5) Quantum Inner Work & Hypnosis with Goal issues
- 6) Quantum Inner Work & Hypnosis with Financial issues
  - 7) Review of Quantum Hypnosis & Inner Work
- 8) How this works in the Material World (Putting the Pie on the plate)
  - 9) Graduation Ceremony

We are an assembly that doesn't believe in the crazy competition that often exists between different techniques and disciplines. We support all of those true Healing Pioneers who have lived,

taught and practiced Soulful Victimless Joyful Principles. The only credentials we share and offer are those of the Heart and Soul. This is an opportunity for your Body, Mind, Heart and Soul to share with like-minded people in the creation, development, and manifestation of the most precious dreams of your heart, with dignity and joy, - and yes, an awful lot of fun.

Upon Graduation, you will be awarded two beautiful certificates:

Certified Hypnotherapist

And

Quantum Source Integration Therapist

These certificates will acknowledge your devotion to the principles of Unconditional Love, Forgiveness of Self and others, and Soulful Victimless Living. We will always keep in mind that the highest title that can ever be bestowed is Friend, and we hope to be yours.

"Everybody can be great...because anybody can serve.  
You don't have to have a college degree to serve.  
You don't have to make your subject and verb agree to serve.  
You only need a heart full of grace. A Soul generated by Love."  
The Rev. Martin Luther King Jr.

Please know that we are here to serve you in the manifestation of your wishes and dreams. We will go all the way, or the extra mile to keep everyone as happy as they can be with the information and support they receive. We will always open to new ideas and suggestions to serve you better.

Join us and be a part of all the latest Quantum Healing and Hypnosis

innovations and discoveries as they develop.



#### MISSION STATEMENT

The research, development, and practice of an experiential and 'Timeless' Quantum approach toward Mankind's true heritage which is Freedom and Joy. These approaches are based on Universal Principles, Laws, or Actions. Principles that are repeatable, and remain constant in character in any

series of changes or changing relationships. When this is embraced and practiced the results are not just your own and your clients' individual healing but the re-awakened states of each person's True Potential by participating in ever expanding states of Consciousness and Be-ing.

A group of fine people are already gathering.

Join us and be a part of some of the

most gifted and special people yet to be assembled.

So come on in. We'll be waiting with an open Mind and Heart

and we won't forget to leave the Light on for you.

Complementary & Alternative Solutions

Training Seminars

ATTN: Robert O'Connor

2659 W. Guadalupe Road – Suite C-119

Mesa, Arizona 85202

Voice mail/Pager (602-593-4006)

E-mail [rjocstar@juno.com](mailto:rjocstar@juno.com)

WEB SITES:

[WWW.WHOLEHEARTEDENTERPRISES.COM](http://WWW.WHOLEHEARTEDENTERPRISES.COM)

[WWW.GOFIRSTEARTHATTALION.COM](http://WWW.GOFIRSTEARTHATTALION.COM)

The fees for this Training program will be as follows:

\$1800.00 for the training if paid 2 weeks in advance

\$2000.00 at the first day of training

Future training may be as high as \$2500.00 per segment

A check or cash is also acceptable by mailing or in person at the office.

Make checks payable to Robert J. O'Connor. The dates and times of the seminar will be as follows. Doors open at 9:00 AM and classes begin promptly at 9:30 AM and finish at approximately 7:00 PM.

TBA

TBA

**Payments by Paypal, Check, Cash &**



**Classes will be held at:**

**TBA depending on how many sign up**

**Classes are limited to 20**

**Instructor**

**Robert J. O'Connor**

**Guadalupe Office Plaza**

**Essential Hypnotherapy &**

**Complementary and Alternative Solutions**

**2659 West Guadalupe Road**

**Building "C" - Suite # C-119**

**Mesa, Arizona, 85202**

**just two entrances East of The 101**

**on the South side of Guadalupe Road.**

**Voice Mail 602-593-4006**

**E-Mail**

**[rjocstar@juno.com](mailto:rjocstar@juno.com)**

**Website**

**[www.wholeheartedenterprises.com](http://www.wholeheartedenterprises.com)**

**Please give me a call or send an e-mail**

**and we will connect and discuss how this could work for you.**

**The Map Quest directions are below**

<http://www.mapquest.com/maps/2659+W+Guadalupe+Rd+Mesa+AZ+85202-7254/>

**CLASSES FILL UP QUICKLY AND ARE LIMITED TO 20 PARTICIPANTS**

Doors open at 9:00 AM class begins promptly at 9:30 and will finish at approximately 7:00 PM. We are really looking forward to a beautiful shared learning experience.

Robert J. O'Connor CHT.

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e-mail – [rjocstar@juno.com](mailto:rjocstar@juno.com)

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[www.gofirstearthbattalion.com](http://www.gofirstearthbattalion.com)

'Quantum Source Integration Therapist'

'Certified Hypnotherapist'

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