



**Arizona Society For Professional Hypnosis**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**ASPH Newsletter Hyperlink**

**Next Meeting – Tuesday, June 6, 2017**

**6:30 – 8:30 P.M. SHARP**

**Presenter – Skip Albright, MA, CHt.**

**Topic – “The John Howard Pain Technique”**

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**Meeting Location**

**Scottsdale Senior Community Center**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 7**

**<https://maps.google.com/maps?hl=en&tab=nl>**

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**PRESENTATION:**

**Skip Albright MA, CHt.** is a Surprise, Arizona-based Clinical Hypnotherapist certified by the National Guild of Hypnotists. He received his training in hypnosis and hypnotherapy from the Knightsbridge Institute in Portland Oregon. He has also received specialized training in areas such as Emergency Hypnosis, Post-Traumatic Stress Disorder, Self-Hypnosis, and Pain Management. He is also a member of the Arizona Society for Professional Hypnosis.

He earned a Master of Arts Degree in Management from Webster University and a Bachelor of Sciences Degree in Human Services from Thomas Edison State College. Skip is a retired Special Agent from the Air Force Office of Special Investigations where he conducted criminal, fraud and counterintelligence investigations worldwide. He was also an instructor and course manager at the Special Investigations Academy in Washington D.C.



Skip has a private Hypnotherapy practice in Surprise, Arizona, [Skipnotherapy LLC](#), and focuses on assisting clients in making life-improving changes for a variety of psychological and physiological issues including but not limited to pain management, weight reduction, smoking cessation, anxiety, depression, fears and phobias, self-confidence, sports improvement, etc.

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***Notice from the President and ASPH Board***

*Esteemed members of the ASPH,*

*For those of you who were not able to attend the May meeting, it was announced, sadly that our newest member of the ASPH Board, Cynthia Beck is vacating the position of Secretary. Cynthia has brought fresh energy to our Organization, with a lot of enthusiasm and ideas. She accomplished the creation of the Hand-Flyer which is available to our members to distribute to potential new members we may come across in our journey's. She did an exquisite job and I and the Board say; Bravo!*

*Cynthia is assisting greatly with a smooth transition for which we are grateful. Our former Secretary, Debbi Combs has graciously stepped in during this transition until we can fill this position.*

*If you are interested in becoming a Board member as our Secretary, please email Kate Ellis at [kellis19@hotmail.com](mailto:kellis19@hotmail.com).*

*At our June meeting, we will open the meeting with the announcement of the opening. If there are no person(s) who seeks to accept the duties of the Secretary position, we will then have a vote and accept Debbi Combs as the 2017 Secretary and have regular elections beginning in October.*

*Kate Ellis ,CCHT*

*ASPH President"*

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#### **UPDATE ON SKYPE**

Dear ASPH members,

"Hello Esteemed ASPH Members, please accept first my apologies for the months of glitches attempting to access the online portion of our monthly meetings. I assume full responsibility for the challenges and difficulties. Glen Robinson, our Technical Advisor and I tested out the new ASPH Skype account and worked out all bugs and gremlins that would prevent you from attending the meeting remotely/online.

This is the 2.0 version meaning: You will be able to participate as though there except on your device. You will be able to speak, make comments (heads up for those who are doing other things while plugged in ; ) We are playing with the idea of projecting the computer monitor on the main screen so that you can see everyone and every one can see and hear, respond to you.

Please consider this option for our meeting from now forward so you may benefit from being a live participant in addition to our other options of our Youtube channel video of previous meetings.

We shall have even more exciting news in the near future of supporting and uplifting our Organization and you and you business personally, stay tuned.

Warmest regards,

Kate Ellis CCHT,

ASPH President

## SKYPE CONNECTION INFO

If you are not able to make it to Scottsdale on Tuesday night, please join us via Skype by going to the link below:

<https://join.skype.com/TJbOYsnfibpc>

To test your software, just hit the link above to make sure your software is up to date. If you have questions or want to do a sample session to test your computer hardware, feel free to call Glen or Umesh to arrange one.

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact our Technical Advisers directly at the contact information below.

Glen Robinson  
Technical Adviser to the Board

Arizona Society for Professional Hypnosis  
[Glenford.robinson@gmail.com](mailto:Glenford.robinson@gmail.com)

Phone: (520) 460-7004

or

Umesh Tiwari, MD CHT  
Technical Adviser to the Board  
Arizona Society for Professional Hypnosis  
[\(951\) 443-6969](tel:(951)443-6969) cell  
[DrUmesh@AZHypnoHealing.com](mailto:DrUmesh@AZHypnoHealing.com)

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### ***TUESDAY MEETINGS: 6:30 PM – 8:30 PM***

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

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### **ASPH FEATURED SPEAKERS**

If you would like to be one of the ASPH featured speakers for this year, contact Sam Sterk, our current ASPH vice-president.

Sam Sterk, Ph.D., CC-AASP # 177

[peakplus@aol.com](mailto:peakplus@aol.com)

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### **OFFICERS**

**President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)**

**Vice-President: Sam Sterk, Ph.D. – [peakplus@aol.com](mailto:peakplus@aol.com)**

**Secretary: Debbi Combs**

**Treasurer: Jodi Hert – [jodihert@cox.net](mailto:jodihert@cox.net)**

**Technical Adviser: Umesh Tiwari – [DrUmesh@AZHypnoHealing.com](mailto:DrUmesh@AZHypnoHealing.com)**

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### **ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS MEMBERSHIP RENEWAL**

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a **\$35.00** check, “PAY TO THE ORDER OF ASPH”

**Mail to:**

**Jodi Hert, ASPH Treasurer**

**16845 South 11<sup>th</sup> Way**

**Phoenix, AZ 85048**

**Note: It is time to renew your ASPH membership for 2017. The cost of renewal is \$35.00 and this fee includes the annual December 2017 Awards and Holiday party and all renewed members will receive a 2017 ASPH certificate.**

***If you have dropped your membership but would like to renew, you can do so at no additional charge. Just pay your \$35.00 renewal fee.***

***If you are new to ASPH, you are invited to join for a one time new member fee of \$85.00.***

**Below, you will find the ASPH Renewal Form (\$35.00) and the ASPH New Member Application (\$85.00).**

**You may either bring your application and check to the January 2017 meeting and hand it to Jodi Hert, ASPH treasurer, or mail it to Jodi at the above address.**

**Thank you for your attention to this matter.**

**ASPH Board**



**Member Renewal Form**

**Name: Last** \_\_\_\_\_ **First** \_\_\_\_\_ **Middle** \_\_\_\_\_

**Business Name** \_\_\_\_\_

**Business Address** \_\_\_\_\_

\_\_\_\_\_

**Business Phone ( )** \_\_\_\_\_

**Fax Number ( )** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**URL (Website)** \_\_\_\_\_

**Residence Address** \_\_\_\_\_

**Membership Certification: Professional** \_\_\_\_ **Associate Member** \_\_\_\_

**Pay by check (\$35.00), Pay to the Order of ASPH**

**Bring your check to the ASPH Meeting and give it to the Treasurer, or mail it to:**

**Jodi Hert**

**ASPH Treasurer**

**16845 South 11<sup>th</sup> Way**

**Phoenix, AZ 85048**



**Membership      Approved      Denied**

**Type: Professional      Certified      Associate**

**Reason for Denial** \_\_\_\_\_

**Card No.                      Issue Date**

**MEMBERSHIP APPLICATION**

**Name: Last** \_\_\_\_\_ **First** \_\_\_\_\_ **Middle** \_\_\_\_\_

**Residence Address      Number      Street**

**City                      State      Zip**

Residence Phone Area (\_\_\_\_) Number \_\_\_\_\_

Business Phone Area (\_\_\_\_) Number \_\_\_\_\_

Fax Number \_\_\_\_\_

E-Mail Address \_\_\_\_\_

URL (Website) \_\_\_\_\_

Business Name \_\_\_\_\_

Address – Street

City

Zip Code

When did you receive your hypnosis training? (year) \_\_\_\_\_

Number of hours you utilize Hypnosis per week \_\_\_\_\_

List Memberships in Professional Societies or Organizations and Offices Held

(optional) \_\_\_\_\_

List Names, Addresses and Phone Numbers of Professional References

**MEMBERSHIP PLEDGE**

*In applying for membership, I pledge and give my word to support and uphold the aims and purposes of the Arizona Society for Professional Hypnosis, its constitution and by-laws. Furthermore, never knowingly will I do anything that might bring disrespect or disfavor upon the art and science of hypnosis and this honorable association and its members.*

*I fully understand that membership in this association does not grant any academic title or degrees, nor will I utilize any such degrees myself which will misrepresent my formal and/or academic training. I further understand that I am not to practice any form of therapy or medical diagnosis which requires licensing, unless I am duly authorized and otherwise legally qualified and licensed to do so.*

*I certify that the information provided in this application is accurate and complete to the best of my knowledge and belief. I understand that I shall be subject to immediate expulsion should any falsification be determined.*



***I hereby release the A.S.P.H. and all of its members, both past and present, from any and all liability and/or claims that may arise from my decision to practice privately in the field of hypnosis.***

***Applicant's Signature \_\_\_\_\_***

***Name of Sponsor, if any \_\_\_\_\_***

***Pay by check [pay to the order of ASPH] to the Treasurer and mail application and check to:***

***Jodi Hert  
ASPH Treasurer  
16845 South 11<sup>th</sup> Way  
Phoenix, AZ 85048***

**2017 ASPH FEES FOR NEW MEMBERS**

***Classification of Membership***

***Mailing List (M/L)***

***If you are not interested in becoming an ASPH member at this time, but you wish to keep abreast of what is happening in the field of hypnotherapy, please indicate that you would like to be on our email list.***

***Associate Member (A/S)***

***If you are interested in hypnosis but have had no training in hypnosis or hypnotherapy and you want to be involved in ASPH activities, you are classified as an Associate Member.***

***Certified Professional (C/P)***

***If you are an ASPH member who has successfully passed the ASPH Certification Test or who has completed a certification program that is accepted by ASPH, you are classified as an ASPH Certified Professional.***

**Fees**

<b><i>One time ASPH initiation fee</i></b>	<b><i>\$25.00</i></b>
<b><i>One time Certification Fee</i></b>	<b><i>\$25.00</i></b>
<b><i>Annual Dues (due Jan. 1 of each year)</i></b>	<b><i>\$35.00</i></b>
<b><i>Website Listing of Practice</i></b>	<b><i>\$35.00</i></b>
<b><i>Update Website Hypnotherapist Information</i></b>	<b><i>\$20.00</i></b>

**One Time ASPH initiation fee includes initiation fee, annual dues for that year, and certification fee  
[Total - \$85.00]**

**Circle classification of membership for which you are applying:**

**Associate Member      Certified Professional**

**Amount You Are Enclosing: \$\_\_\_\_\_**

**Pay by check [pay to the order of ASPH] to the Treasurer**

**Mail Application to:**

**Jodi Hert**

**ASPH Treasurer**

**16845 South 11<sup>th</sup> Way**

**Phoenix, AZ 85048**

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**ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS**

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at [info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

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**NOTES FROM THE SECRETARY: Debbi Combs**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbie Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright

owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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### **GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE**

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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### **ASPH HAS OUR OWN JEWELRY**

**ASPH** members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and “Arizona Society for Professional Hypnosis” on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

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### **A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT**

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's. There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

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### **NETWORKING**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com) with your name, phone number and email address.

Carol Becker [www.carollifecoach.com](http://www.carollifecoach.com) 480-800-7777

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

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### **SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)