



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, March 7, 2017

6:30 – 8:30 P.M. SHARP

Presenter – Lewis Heller, M.D.

Topic – “A 360 Degree Inside Out Look at You, the Hypnotist”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

First, my thoughts and prayers go out to Ed Bebee for a speedy recovery!

PRESENTATION – A 360 DEGREE INSIDE OUT LOOK AT YOU, THE HYPNOTIST

This presentation will incorporate some new elements not ever previously done in prior presentations at ASPH.

Be prepared to learn something about yourself that could be life changing. Hypnosis is all about change. How are you using hypnosis, not just with clients, but in your everyday life to create positive changes for you and the people around you?

I was fortunate enough to have Alan Handelsman be the presenter in February. Alan and I go way back and I consider him a good friend. We have learned a lot from each other over the years and we have used some of the same techniques that Alan presented in February, but there was one thing that Alan said at the last meeting that changed my life in a very positive way! Sometimes you listen differently or your mind fills in gaps the presenter left open for you to fill in. Learn what Alan said that was life changing for me at the next meeting! It could be life changing for you!!!

Be prepared for a fun and very different presentation.

Now to set the record straight.... I graduated with a class rank of #3 out of over 1200 students and I was given the award of most outstanding male student. At the time, Hertz and Avis were in a rental car war and advertisements I believe were running on TV something like Avis, we are #2 so we try harder. My father would joke with me saying I was number # 3 - we don't try at all.

BIO – LEWIS HELLER, M.D.

Lew completed his undergraduate training at Haverford College where he was a member of phi beta kappa (not to be confused with Harvard). He completed medical school at the University of Pennsylvania School of medicine, now called Perlman School of medicine - A \$250 million dollar donation by someone named Perlman ... so if you want a school named after you just shell out the bucks. Lew completed residency at Medical College of Pennsylvania in obstetrics and gynecology now a different name due to a hostile financial take over by another institution I believe, Hahnemann Medical College. Lew moved to Arizona in 1984 and in 1985 delivered the first test tube baby born in Arizona. (expect comment from Mike Deschalit on this). That child is now 32 years old, but who is counting? If you google it, an old picture of Lew will show up with the story. Lew was always fascinated with past lives and occult matters and that ultimately led him to a relationship with Don Rice in the mid-nineties. Lew's This presentation will incorporate some new elements not ever previously done in prior presentations at ASPH.

Lew's initial interest was in past lives but he then started utilizing hypnosis for all types of issues in his private ob/gyn practice until 1997. Lew continued to practice hypnosis while pursuing administrative medicine. He obtained an MBA in 1999 from ASU and would have been recognized as part of their honor society but didn't realize that beside the grades, you had to apply to get in.... who knew.

Lew is currently active with his hypnosis practice, Medical Hypnosis Institute, as well as being regional medical director for Health Net of Arizona. Lew currently oversees the only affordable care act health insurance plan in Maricopa County that covers the lives of over 100,000 people, as well as many other duties. The interesting thing about the company is that they actually pay Lew to take a day off each week to see his hypnotherapy patients, an offer he could not refuse. Aside from that one day, Lew typically sees patients all the other days whether it be nights or weekends. All hypnotists get a sense of fulfillment from what they do to help people. We must always realize that it is never about us. We assist people in teaching them how to control themselves and how to change. There is a phrase, "doctor to thine own self be true". Well the same phrase applies to us the hypnotist. Lew sees everyone in ASPH as a friend and colleague and is blessed by knowing each and every one of you!

Tonight Lew is going to challenge us to see if we are true to what we proclaim to be. This presentation is presented with much love in honor of Donald Rice who inspired Lew to make this world a better place with the profession we all practice. In addition to tonight's presentation, Lew would also like to answer any questions you may have regarding medical hypnosis. Lew is offering a one day program on Saturday, March 25th titled "Understanding and Using Persuasive Hypnotic Techniques to ..." customized to your issues

SKYPE

Dear ASPH members,

If you are not able to make it to Scottsdale on Tuesday night, please join us via Skype by going to the link below:

<https://join.skype.com/SXmfiaHhdQo>

To test your software, just hit the link above to make sure your software is up to date. If you have questions or want to do a sample session to test your computer hardware, feel free to call me to arrange one.

Umesh Tiwari, MD CHT
Technical Adviser to the Board
Arizona Society for Professional Hypnosis
(951) 443-6969 cell
DrUmesh@AZHypnoHealing.com

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact me directly at the mobile number listed below.

(800) 508-2215 fax
DrUmesh@AZHypnoHealing.com

UPDATE ON OUR ED BEBEE

Ed had heart surgery recently and is recovering. Ed has been in ICU but soon will be moved to Cardiac Recovery which means he is getting better.

Keep Ed and his wife Beth in your thoughts, seeing him be his usual comic and boisterous voice-booming self and attending ASPH meetings again.

Kate received this email from Beth Bebee

Hi Kate . . .

Thank you for your concern and that of all the ASPH members regarding Ed's medical condition. He is doing well and appreciates the quiet time to rest and heal. Right now, I am not allowing him visitors nor does he have his cell phone in his hospital room to accept calls. I will let you know when that changes and he would once again welcome communication with his ASPH colleagues.

I appreciate the prayers of your membership for Ed so please keep those coming. My gratitude to all of you for your continued support.

Sincerely,

Beth Bebee

UPCOMING TOPICS & PRESENTERS

March 7 – Dr. Lewis Heller

April 4 –

May 2 –

June 6 –

July 11 – (The first Tuesday of July is a holiday, July 4th, so ASPH will meet on July 11th.)

August 1 –

September 5 –

October 3 –

November 7 –

December 5 – Holiday Party

TUESDAY MEETINGS: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Sam Sterk, our current ASPH vice-president. Sam Sterk, Ph.D., CC-AASP # 177
peakplus@aol.com

OFFICERS

President: Kate Ellis – kellis19@hotmail.com

Vice-President: Sam Sterk, Ph.D. – peakplus@aol.com

Secretary: Cynthia Beck – asphsecretary@gmail.com

Treasurer: Jodi Hert – jodihert@cox.net

Technical Adviser: Umesh Tiwari – DrUmesh@AZHypnoHealing.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a **\$35.00** check, **“PAY TO THE ORDER OF ASPH”**

Mail to:

*Jodi Hert, ASPH Treasurer
16845 South 11th Way
Phoenix, AZ 85048*

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

NOTES FROM THE SECRETARY: CYNTHIA BECK

Send all announcements of future events [seminars, classes, presentations, etc.] to Cynthia Beck at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

GREETINGS MY FELLOW STAGE HYPNOTISTS

I hope this email finds you well. As you may have heard, Jerry Valley, Tommy Vee and I are NOT going to be offering the Ultimate Stage Hypnosis Seminar in Las Vegas this coming March. BUT... in its place, we are hosting the first ever Ultimate Stage Hypnosis CONFERENCE. This conference is the first of its kind and we have an amazing line up of speakers that will help you take your show to the next level and market it to the masses.

Here is the link to the upcoming Ultimate Stage Hypnosis Conference in March 2017. Go to... www.stagehypnosisseminar.com/conference NOW to check out the details!!!

If you have received a similar email about these events from Tommy Vee or Jason Linett, I will apologize for the duplication up front. Just know that we don't want you to miss out on this opportunity. As an alumni to the Ultimate Stage Hypnosis Seminar, we are always looking out for you and for ways to help you grow your business.

Sincerely,

Michael C. DeSchalit

The Ultimate Stage Hypnosis Conference

Co-Coordinator

Michael C. DeSchalit, CI, CH

Motivating Minds Hypnosis Center

7301 E. 22nd St., Ste. #1-C

Tucson, AZ 85710

[\(520\)270-0183](tel:(520)270-0183)

motivatingmindshypnosis@gmail.com

www.motivatingmindshypnosis.com

Greetings My Fellow Hypnotists

People often wonder why some hypnotists are so successful while others continue to struggle to get by. In my case I would like to share a secret with you... Get Help from the experts who are successful. That's right... Do NOT try to re-invent the wheel. Learn from those who are already successful. This is why I decided to invest time and money learning from Jason Linett. I promise you, it is well worth the investment... It has paid huge dividends for me!!! Read More Below...

More than two-dozen people are traveling in from around the world to become a [Master Hypnotist](#).

Sean Michael Andrews and I are presenting "[The Master Hypnotist Course](#)" training in Las Vegas in March 2017.

Whether they're from the United States or Canada, Australia or Israel, whether they're brand new to hypnosis or looking to refine their hypnotic skills, this is sure to be an outstanding hypnosis training experience.

Join us for this six-day accelerated hypnosis training. With two instructors and a big class, you are guaranteed a TON of hands-on practice experience to truly refine your skills.

Sign up today to guarantee your spot!

See you there!

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[Watch hypnosis videos here:](#)

Six days of accelerated hypnosis training designed to make you confident and unstoppable with your skills.

Monday, March 13 to Saturday, March 18 in Las Vegas.

[Register now!](#)

Please take note that as the event is now one month away, hotel rooms may be limited at The Orleans. However, there are several other great hotels nearby with excellent rates, and commuting by Taxi or Uber is very easy in Las Vegas.

Got questions? Call me direct at [703-341-6655](tel:703-341-6655).

Best,

Jason

**Jason Linett, BCH, CI**

*Board Certified Hypnotist*

*NGH Certified Hypnosis Instructor*

Office: [\(703\) 341-6655](tel:703-341-6655)

Fax: [\(888\) 633-8955](tel:888-633-8955)

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[motivatingmindshypnosis@gmail.com](mailto:motivatingmindshypnosis@gmail.com)

[www.motivatingmindshypnosis.com](http://www.motivatingmindshypnosis.com)

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Martin Peterson is bringing his acclaimed **Soulkey Therapy** training to Scottsdale. The training is from Friday, April 21 to Sunday, April 23. Just 3-4 clients will cover the fee for the training. You can pay in installments if you sign up before February 15. You can attend even without any prior hypnosis training.

In addition, Martin is giving a 15% discount to all ASPH members. The promotion code is: ASPH

Direct registration link is here: <https://thehypnoacademy.simplero.com/purchase/55535-SoulKey-Training-in-Scottsdale-Arizona>

Info on the training is here: <http://thehypnoacademy.com/basic-hypnosis-training-2/soulkey/>

**Soul Key** is, without doubt, the strongest and most advanced tool for soul development, insights, and understanding. Through PLR and trauma releases, life between lives, healing, and soul communication you will understand the purpose of life and who you choose in this life. You will easily work on an intuitive and on a soul level, healing your body, mind, and soul. Integrate your wisdom and knowledge with your current life and the future.

The Key to this unique technique is that we work from a specially designed “base”. A place where you feel at home as a soul. A place that is in between dimensions and where you can access everything. While you might stumble upon challenges or limitations in other common techniques, **Soul Key** is a guarantee for the answers you need now and a guarantee that you can find the answers to unlock any closed doors on your spiritual path.

#### PAST LIFE REGRESSION

- \* Trauma release
- \* Untangle karmic limitations
- \* Finding your mission in life
- \* Recall hidden and forgotten skills & knowledge
- \* Working with relevant past lives
- \* Find useful experiences and evidence from past lives
- \* Clarify soul agreements and relationships

#### LIFE BETWEEN LIVES

- \* Reconnect with your soul consciousness
- \* Understanding life’s purpose, and why you chose it
- \* Spiritual upgrade and purpose
- \* Structure of soul groups

- \* Spiritual guidance
- \* Insight into the soul's origin and purpose

#### HEALING & INTUITION

- \* Physical and mental liberation
- \* Physical and mental healing & optimization
- \* Intuitive control opening and control
- \* Initialization of your own healing force
- \* Opening of spiritual communication and skills
- \* Meet with counselors and helpers
- \* Soul contact on multiple levels

As the only training facility in the world, we can offer certification through ISAHT and IHF, as a guarantee for a professional training with high standards and ethics. Martin has received IHF's Award of Excellence for best International Education.

### **Sport Hypnosis Training to Achieve Peak Mental Edge Strategies in Sports**



Presenter:

Sam Sterk, Ph.D., CC-AASP # 177

480-767-0956 peakplus@aol.com

Dates & Time:

Address:

- April 22, 2017
- May 20, 2017

9035 E. Kalil Dr.  
Scottsdale, AZ 85260

Workshop Topics:

Advanced Hypnosis Techniques when working with athletes

- Assessment of athletes in Sports Hypnosis & lessons learned from Sport Psychology
- How thoughts and feeling affect performance
- Goal Setting

- The uses of Visual Imagery
- Stop Thought Techniques to help athletes Re-Focus
- The uses of Positive Self Talk
- Energy Management
- Concentration/Focus
- Performance Self-Confidence
- The use of Cue words
- Mental Toughness and Grit
- Competition plans
- Athlete's Self Contract
- Athletic Injury Recovery and Hypnotic Pain Reduction
- Burnout in sports
- Mental Edge Summary Call to reserve your entry into a workshop class 480-767-0956 or 480-861-6718. Cost including lunch, a published book and a certificate is \$ 289.00 Register by April 7, 2017 or by May 5, 2017 and save 10% or \$28.90 on this course.

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### **ASPH HAS OUR OWN JEWELRY**

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

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### **A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT**

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

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### **NETWORKING**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com) with your name, phone number and email address.

Carol Becker [www.carollifecoach.com](http://www.carollifecoach.com) 480-800-7777

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

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### **SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

***Mail to:***

***Jodi Hert, ASPH Treasurer***

***16845 South 11<sup>th</sup> Way***

***Phoenix, AZ 85048***