



[Arizona Society For Professional Hypnosis](#)

[www.hypnosisaz.com](http://www.hypnosisaz.com)

[ASPH Newsletter Hyperlink](#)

**Next Meeting – Tuesday, September 1, 2015**

**6:30 – 8:30 p.m. SHARP**

**Presenter – Colonel, USAF H. Larry Elman, CH, CI, CMT, Son of Dave Elman**

**Cheryl J Elman CH, CMT, BS Ed, SleepTalk Consultant/Trainer**

**Topic – “Dave Elman Induction”**

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**Meeting Location**

**Scottsdale Senior Community Center**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 7**

<https://maps.google.com/maps?hl=en&tab=nl>

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## **Blueprint of The Dave Elman Induction**

The effectiveness of the Dave Elman Induction has withstood the test of time, and has been the foundation of many hypnotist practices worldwide. In this energized, co-presentation you learn the true keys to how and why the DEI works with its blend of processes and built-in Tests and Convincers, not merely “Magic Words”.

Larry will share with you a bit about his father, Dave Elman and will describe the man from a personal perspective. How did Dave get interested in hypnosis? How did he develop the DEI?

Cheryl and Larry will discuss the Blueprint of the induction and the Process Approach. Cheryl will demo the induction plus will do a Group Elman, so everyone experiences the DEI from the inside out.

This is an excellent opportunity for you to learn the Dave Elman Induction for the first time, or fine tune it through your understanding of the processes embedded in it. Experiencing this presentation from Dave’s son, Larry, who took his Dad’s course three times as a teenager, is the next best thing to you being there.

Your Instructors- The Elmans have presented in 16 countries in the past 4 years, and are excited to be coming to Phoenix!

### H. Larry Elman

H. Larry Elman, CH, CI, CMT boasts of graduating from his father, Dave Elman's course in medical hypnosis three times and of a brief career as a stage hypnotist while in high school and college. He then went on to an engineering career (MIT, the US Air Force and the Defense Industry) eventually retiring as Colonel, USAF. He is now a lecturer and writer on several subjects and has been a presenter for the National Guild of Hypnotists Convention in 2009 through 2014 teaching Dave Elman's methods. He has also spoken at the IHF, ACHE, IACT/IMDHA, the annual Virginia Conference, and has taught/presented globally in Canada, Brighton UK, London, UK, Zurich, Sydney AU, Melbourne AU, Brisbane AU, Singapore, Hungary, Poland, Romania, Slovenia, Netherlands, Germany, and Iceland.

Larry Elman has received

- 2009 Presentation Award from the NGH (National Guild of Hypnotists)
- 2011 IHF ANGEL Award (International Hypnosis Federation)
- 2013 Humanitarian Award from IACT (International Association of Counselors and Therapists)
- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.

Larry brings to this course tremendous insight into the transformation of his father's methods during the years from 1949 into the 1960's – which were based on collaborative efforts of Dave Elman and the doctors and dentists he was teaching. Larry then adds insights into the additional changes from then until now, which accompanied the development of the modern profession of hypnotherapy.

- CEO of DEHI, the Dave Elman Hypnosis Institute
- Certified Instructor (NGH) National Guild of Hypnotists
- Certified Master Instructor (IACT) International Association of Counselors and Therapists
- Instructor for DEHI which is a Certified Hypnosis School for the International Medical and Dental Hypnosis Association (IMDHA)
- Life-time Member (ASCH) Australian Society of Counselors and Hypnotherapists
- Lifetime Honorary Membership of the Asociatia Romana De Hipnoza
- SB of Aeronautical Engineering- MIT (Massachusetts Institute of Technology)
- MS of Aeronautical Engineering- University of Oklahoma
- Partial Doctorial program- RPI (Rensselaer Polytechnical)

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### **Cheryl J Elman**

Cheryl J. Elman, CH, CMT (Certified Master Instructor IACT) is President of the Dave Elman Hypnosis Institute and practices as a Certified Consulting Hypnotist. Besides co-teaching with Larry, Cheryl also is in charge of the DEHI marketing effort.

Cheryl presented at the MAHC (2011) (2014), an Education panelist at IHF (2011) , presenter at the VA Annual Conference (2013), presented at the ASCH (2012 Sydney, AU), and ANHR/AACHP/Goulding Institute Conference (2012 Melbourne, AU), presented at the VA Conference, ((2013), IACT/IMDHA (2013, 2014), ACHE (2013), HypnoKongress (2013 Zurich) and NGH (2014). She has also assisted Joane Goulding in presenting the Marketing portion of her SleepTalk for Children on three continents and taught along with Larry throughout Europe and Asia.

- 2013 Lifetime Achievement Award from HypnoseKongress, Zurich
- 2014 Educator of the Year Award from Mid-America Hypnosis Conference.
- BS in Elementary Ed and Special Education K-12 from Syracuse University
- Certified Master Trainer for IACT International Association of Counselors and Therapists

- Instructor for DEHI which is a Certified Hypnosis School for the International Medical and Dental Hypnosis Association (IMDHA)
- Lifetime Honorary Membership of the Asociatia Romana De Hipnoza
- Life-time Member (ASCH) Australian Society of Counselors and Hypnotherapists
- President and Marketing Director of DEHI (Dave Elman Hypnosis Institute)
- Co-Producer of DEHI Training Products

Cheryl's abilities stem from a unique blend of earlier careers. She began college as an art major, graduated Syracuse University with a degree in Special Education and Elementary Ed, spent several years teaching high school, and then went on to a successful career in sales & marketing in New York City. In 1998, she combined these experiences by establishing a mobile arts and crafts company which enabled schools, camps and adult groups with the opportunity to make their own art pieces. Working with as few as a dozen and as many as several hundred students at once helped develop her presentation skills. Cheryl's ability to clarify alternative approaches for students and clients is an asset.

**Cheryl J Elman CH, CMT, BS Ed, SleepTalk Consultant/Trainer**

**H Larry Elman CH, CMT, CI, Son of Dave Elman**

**Dave Elman Hypnosis Institute**

**(252) 432-2205**

**[www.DaveElmanHypnosisInstitute.com](http://www.DaveElmanHypnosisInstitute.com)**

**UPCOMING TOPICS & PRESENTERS**

**September 1 – Larry and Cheryl Elman – “Blueprint of the Dave Elman Induction”**

**October 6 – TBA**

**November 3 – Dr. Umesh Tiwari – “The Unknowing Hypnotist In You”**

**December 1 – Holiday Party**

If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, ASPH Vice-President so she can schedule you in. You can contact Kate at [kellis19@hotmail.com](mailto:kellis19@hotmail.com).

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### **OFFICERS**

**President: Lewis Heller, M.D. – [lewisheller@mac.com](mailto:lewisheller@mac.com)**

**Vice-President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)**

**Secretary: Debbi Combs – [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)**

**Treasurer: Tom Hajek – [tmhypnosis@live.com](mailto:tmhypnosis@live.com)**

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### ***Dear ASPH Members***

Nominations and elections for 2016 ASPH officers will be coming in November. Please consider running for one of the offices: President, Vice-President, Secretary, or Treasurer.

Writing a paragraph or two stating your qualifications and what you would like to accomplish if you are elected to the office of your choice will give ASPH members a chance to know more about you and your vision for ASPH.

If elected, you will be given a manual on the officer's job requirements and be trained by the current officer in how they have performed the job. You will then better be able to implement your ideas and still fulfill the job requirements.

Your write-up will be in the upcoming newsletters so that all ASPH members will have a chance to read and consider you as their next officer. Please send your information to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com) so Debbi Combs can enter it into the October and November newsletters.

Only current ASPH **members** can run for office or vote for officers, so please update your membership if you have not already done so.

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### **ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

#### ***Membership Renewal Form***

***RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)***

***and paying online, or:***

***Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"***

***Mail to:***

**Thomas Hajek, ASPH Treasurer**

**2844 E. Quiet Hollow Lane**

**Phoenix AZ 85024**

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Tuesday Meetings: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members.(2 credits per meeting)

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**ASPH Website**

[www.hypnosisaz.com](http://www.hypnosisaz.com) is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

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**Attention All Practicing Hypnotherapists:**

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at [info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

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**Notes from the Secretary: Debbi Combs**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

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If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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**To help grow your hypnosis/hypnotherapy business, check out this link:**

**<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.**

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**Sam Sterk is having a Clinical Hypnosis Meeting to discuss any clinical, or conceptual issue in Hypnosis. The meeting is 45 minutes before the ASPH Monthly meet, that is from 5:45-6:30 pm. If you're interested to know more about this meeting please call Sam Sterk, Ph.D. at [480-767-0956](tel:480-767-0956)**

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**We have a Viable Referral and Education Panel This committee decides on bringing Hypnosis programs to community functions like Rotary, VFW, The Knights of Columbus, Churches, just to name a few. The purpose and overview of this committee is to educate the community while seeking referrals. We're looking to expand the group's size. If you're interested, please contact Sam Sterk, Ph.D., CC-AASP at [480-767-0956](tel:480-767-0956), founder and Chairperson of this committee.**

**Thanks**

**Sam Sterk, Ph.D., CC-AASP**

**Peak Performance Plus LLC**

**Tel/Fax [480-767-0956](tel:480-767-0956)**

**[peakplus@aol.com](mailto:peakplus@aol.com)**

**[www.peakplusaz.com](http://www.peakplusaz.com)**

**[www.azolderadultplacement.com](http://www.azolderadultplacement.com)**

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**Dear ASPH Members –We have a CONTEST and YOU can WIN MONEY!!**

Our president, Lew Heller and vice-president, Kate Ellis have initiated a contest for ASPH members. Write an educational BLOG of 500 words or more discussing some aspect of **hypnosis/hypnotherapy** for the ASPH website and you just might win \$100. The winner will be announced at the Holiday Party in December.

Our ASPH website has been developed to be an educational tool for both hypnotists and the general public wishing to know more about hypnosis.

Education for hypnotists/hypnotherapists is of course, essential. The more we share our expertise in our field with one another, the better able we each are to help those who come to us for guidance.

Educating the public about hypnosis will help to build our profession stronger and make it more acceptable to the world.

So, get your pens or keyboards busy writing. You can email, send, or bring Lew Heller, Kate Ellis, Tom Hajek, or Debbi Combs your blog and we will get it onto the website. You just might win \$100 at the end of the year. The real treasure though will be you helping someone who might not otherwise ever understand hypnosis and what a valuable tool it can be in their life.

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### **2015 Holiday Party**

Lew Heller, ASPH President has suggested that we have our Holiday Party at the Talking Stick Buffet again this year.

ASPH had their Holiday Party at the Talking Stick last year, and everyone who attended enjoyed the food and atmosphere.

If anyone would rather have the party someplace else, please give Lew your suggestion. Lew wants to reserve wherever we hold the party within the next few weeks to make sure we have a secure location. ASPH officers would like to have all members and their significant others be able to attend the party, so suggestions are welcome.

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***Hypnothoughts Live is Friday, August 21st - Sunday, August 23rd, 2015 in Las Vegas at The Orleans Hotel & Casino. This conference is packed with awesome workshops and three evenings of Comedy Hypnosis Shows. Michael DeSchalit is performing in the Saturday night show in the main showroom at The Orleans. Don Rice, Sandy Graves and Michael DeSchalit are all presenting workshops during the three day conference. Check out all of the details at [www.htlive.net](http://www.htlive.net).***

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***Dave Elman Hypnosis Institute is coming to Phoenix***

***3 Exciting Events***

***September 1, 5 & 6, 2015***

***FREE PRESENTATION***



**"Blueprint of The Dave Elman Induction"**

**Learn from Larry and Cheryl Elman**

**September 1, 2015, 6:30pm**

**SEMINAR 1 of 2**

**"Dave Elman Hypnosis Foundations I"**

**September 5, 2015, 1 day seminar, 9-5**

**SEMINAR 2 of 2**

**"Goulding Sleep Talk For Children"**

**You can Teach Parents to Build their Child(ren)'s Self Esteem**

**September 6, 2015, 1 day seminar, 9-5**

**Register or Inquire at: [www.DaveElmanHypnosisInstitute.com](http://www.DaveElmanHypnosisInstitute.com)**

**DETAILS**

**TUESDAY, September 1, 2015, 6:30pm in Scottsdale**

**Dave Elman Hypnosis Institute**

**"Blueprint of The Dave Elman Induction"**

**FREE PRESENTATION**

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### **Presentation Information**

**ASPH- Arizona Society for Professional Hypnosis**

**Location:**

**Scottsdale Senior Community Center**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 7**

**6:30pm**

**Register or Inquire at: [www.DaveElmanHypnosisInstitute.com](http://www.DaveElmanHypnosisInstitute.com)**

**SATURDAY, September 5, 2015, 9 - 5 in Phoenix**

**"Dave Elman Hypnosis Foundations I"**

**Seminar with Larry and Cheryl Elman**

**History of Dave Elman's Course and Methods**

- **The Man & The Course**
- **Today's Result: Larry Elman's Three Credibility's Postulate and The Process Approach to Hypnosis.**

**The Dave Elman Induction**

- **Explanation**
- **By-passing Critical Judgment**
- **Elman's Stages of Hypnosis**
- **Rapid Induction**

- *Deep Trance (in as little as 3 minutes or less)*
- *Rapid Deepening*
- *Somnambulism*
- *Amnesia*
- *Instant Re-Induction*
- *Demonstration and Student Practice*

*(includes Testing, Fractionation, Other Deepeners, and Somnambulism)*

*Elman Group Inductions*

- *Adaptations of the DEI for stage and group classes and demos.*

*Waking Hypnosis*

- *Purpose and Methods*
- *Use in Pre-Talk; in Emergencies; Use Where Trance States Are Not Appropriate*

*Plus MORE*

*And PRACTICE...PRACTICE....*

*These are the skills that make an ordinary hypnotist into an extraordinary hypnotist!!*

*Come have fun and learn through the unique teaching chemistry of H. Larry Elman and Cheryl J. Elman.*

*Clarion Hotel Phoenix Tech Center (I-10 and Elliot Road)*

*5121 E. La Puente Avenue, Phoenix, AZ 85044*

*\$275 or \$250 early registration for 1 day*

*\$495 or \$445 for 2 days(Foundations I/Sat. and Goulding Sleep Talk/Sun.)*

*September 1, 5 and 6, 2015 in Phoenix, Arizona*

*Hypnosis Presentations from Dave Elman Hypnosis Institute*

*Register or Inquire at: [www.DaveElmanHypnosisInstitute.com](http://www.DaveElmanHypnosisInstitute.com)*

*SUNDAY, September 6, 2015, 9 - 5 in Phoenix*

**"Goulding Sleep Talk For Children"**

***You can Teach Parents to build their Child(ren)'s Self Esteem***

***Study with Cheryl Elman,***

***and Joane Goulding, the creator of this process (via skype or video)***

***and start on your way to become a***

***Goulding SleepTalk® for Children Consultant.***

***This training is the first of 3 levels, and offer guaranteed 6 months of support as you complete the rest of the program\*\****

***You are invited to apply to become a Goulding SleepTalk® for Children consultant. Acceptance into the 6 month guaranteed support program to become a consultant is being offered to professionals with qualifications and experience in an appropriate field of the 'helping professions', e.g., Clinical Hypnotherapy, Health Care, Communication, Psychology, Education, Human Resources, Naturopathy or Counseling. Current membership of an appropriate, relevant health related professional association is required.***

***This class will serve as an Introduction to the Goulding Process of SleepTalk and Level I. This 6 month course of study course will commence with a one day practical training on site for Level I.***

***Why would the Goulding Process of SleepTalk® be a great addition to your practice?***

***} Opens doors easier for presenting to schools, churches and parent groups***

***} Opens possibilities of working with other family members***

***} Increases your client base***

***} Easy to use skype for your sessions***

***} Great for Group Intros and classes***

***} and much more***

***What are the basics of SleepTalk® for Children?***

***} You train parents to talk to their children during their sleep.***

***} A simple non-intrusive self esteem and behavior change process for children***

***} Parents give children a 2-3 minute per night "gift" that lasts a lifetime.***

*} Easy to learn and teach.*

**Clarion Hotel Phoenix Tech Center (I-10 and Elliot Road)**

**5121 E. La Puente Avenue, Phoenix, AZ 85044**

**\$275 or \$250 early registration for 1 day**

**\$495 or \$445 for 2 days(Foundations I/Sat. and Goulding Sleep Talk/Sun.)**

**September 1, 5 and 6, 2015 in Phoenix, Arizona**

**Hypnosis Presentations from Dave Elman Hypnosis Institute**

**Register or Inquire at: [www.DaveElmanHypnosisInstitute.com](http://www.DaveElmanHypnosisInstitute.com)**

**Sandi Graves, BCH**

**"Change Made Easy"**

**Sandi Graves, Board Certified | Arizona Family Hypnosis**

**Gateway Executive Suites,**

**4140 E. Baseline, Suite 101**

**Mesa, AZ 85206**

**Office: [480.628.5436](tel:480.628.5436)**

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### **WOUNDED WARRIOR PROJECT**

My comedy hypnosis show called Don Rice and His Parade of Stars is known around the world. Recently I have been booked to entertain at the Wounded Warrior Project, Wild Horse Pass Casino, Phoenix, AZ., Sat., Sept. 12<sup>th</sup>. I am so thankful to have the opportunity to help those whom I can call my brothers.

**Donald Rice, CH**

**[\(480\) 577-0264](tel:480.577.0264)**

**[DonRiceClinics.com](http://DonRiceClinics.com)**

**[HypnosisComedyShow.com](http://HypnosisComedyShow.com)**

**[KISSHypnosisScripts.com](http://KISSHypnosisScripts.com)**

**[HypnosisAudioSite.com](http://HypnosisAudioSite.com)**

**[GastroBandHypnosis.com](http://GastroBandHypnosis.com)**

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Thanks for viewing this important material. Hypnotists Donald H. Rice, CCH, PIN & Sandi Graves, BCH have personally created and recorded every one of the KISS Audio Downloads. You can count on each and every download to be very professional and to make the changes you want and need. This is the time when vacations are starting so I strongly suggest you purchase our [Stress Release](#) down load

**Enjoy, Don**

**Donald Rice, CH**

**[\(480\) 577-0264](#)**

**[DonRiceClinics.com](#)**

**[HypnosisComedyShow.com](#)**

**[KISSHypnosisScripts.com](#)**

**[HypnosisAudioSite.com](#)**

**[GastroBandHypnosis.com](#)**

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**MESSAGE FROM KATE ELLIS**

*Dear Esteemed members of the ASPH,*

*As many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, and Sam Sterk as of recent.*

*I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations. Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our member's accomplishments within and beyond hypnosis.*

*I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools. Please let me know if you or any of our other colleagues would like to donate their beloved materials. I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.*

*I look forward to hearing from you. If you have any questions, please feel free to call or write.  
I am available from 11-11 every day.*

*Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.*

*It will be ready this Spring exclusively for ASPH Members Only.*

To review/view collected works, please visit: [www.facebook.com/hypnosisaz](http://www.facebook.com/hypnosisaz)

All my bestest,

Kate Ellis, CCHt 480-695-1936

kate ellis,ccht [480-695-1936](tel:480-695-1936)

[www.thehealingquest.com](http://www.thehealingquest.com)

[www.empowerpuzzles.com](http://www.empowerpuzzles.com)

🌹 The Healing Quest ~ Hypnotherapy ~ Consultations

[www.linkedin.com/in/kellis19](http://www.linkedin.com/in/kellis19)

[www.facebook.com/kate.ellis19](http://www.facebook.com/kate.ellis19)

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A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.

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### **Networking**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

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**Social & Professional Networking on the Internet:**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

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Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

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2844 E. Quiet Hollow Lane

Phoenix AZ 85024