



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, November 4, 2014

6:30 – 8:30 p.m. SHARP

Presenter – Dr. Ilana Oren

Topic – “*ADDICTION TO CARBOHADRATES – A MISGUIDED CREATIVE ENERGY*”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 6 (Check at Center’s Front Desk)

<https://maps.google.com/maps?hl=en&tab=nl>

DR. OREN'S PRESENTATION

Dr. Oren, was invited to present for the Fifth European Congress on Ericksonian Hypnosis and Psychotherapy, which was held on June 12-15, 2014, in Krakow, Poland. The topic of the Congress was Creativity and Hypnosis, and Dr. Oren presented a course titled: Addiction to Carbohydrates – A misguided creative energy.

ADDICTION TO CARBOHADRATES – A MISGUIDED CREATIVE ENERGY

The definition of an addiction is a pathological attachment to a mood altering experience that has life damaging consequences. A sure sign of an addiction is the motif of self – deception. Through hypnosis the energy can be directed to find creative expressions rather than being entangled in the dark web of the addictive medusa energy.

The goals for the workshops are:

1. Identify the signs and symptoms of the addictive dance.
2. Learn how to train your brain to think like a thin person and break the pain chain response of the addictive cycle.
3. Learn how to integrate hypnosis and cognitive behavioral approach to obtain and maintain your ideal weight for life.

I believe that the source of creativity is indeed Divine, woven into the fabric of our emotional and Spiritual journey.

Dr. Oren will present a one day training on this subject for ASPH. Details will be announced at the November meeting.

DR. OREN'S BIO

Dr. Ilana H. Oren, is internationally recognized as an expert in Hypnosis. She has successfully used hypnosis in the treatment of addiction to nicotine, alcohol and drugs. She has used hypnosis as a tool for obtaining and maintaining ideal weight for life.

Dr. Ilana H. Oren has been a Marriage and Family Therapist since 1976 as well as a Certified Hypnotherapist.

Dr. Oren received a B.A. from U.C.L.A., a Master from Chapman University and a Ph.D. from St. Andrews Theological College and Seminary. Dr. Oren received an award for excellence in academic achievement, as well a Doctor of Science Degree (Honoris Cause) from Geneva Theological College in United Kingdom. The award was given for years of service in counseling and substance abuse rehabilitation. Dr. Oren is on the faculty of Wayland Baptist University in Phoenix, Arizona.

Dr. Oren has published numerous workbooks, article and CDs on the subjects of obesity, addictions and Spirituality. Her Titles include: Beyond Your Fat, Stress Management, The Impact of Spiritual Experiences on the Process of Recovery, Overweight and Self Esteem and Kick the Cigarette Habit.

Dr. Oren has been training throughout the U.S. Canada and Hawaii, as well as for the International Congress on Ericksonian Hypnosis and Psychotherapy. In 2011 Dr. Oren presented in Israel for the Annual Israeli Hypnosis Conference.

In 2014 Dr. Oren presented in Poland for the Fifth European Congress of Ericksonian Hypnosis and Psychotherapy

Dr. Oren is in private practice. She loves her work – helping others take the next step, and actualize the dreams that they have for their lives.

ARIZONA RENEWAL RANCH, LLC
DR.ILANA H. OREN, PH.D, SC.D., LMFT
2915E. Baseline Road Suite 101
Gilbert, AZ 85234
Tel: 480-776-0626
email:dr.ilana@cox.net
www.Dr.Ilana Oren.com

UPCOMING TOPICS & PRESENTERS

November 4 – Dr. Ilana Oren – “Addiction to Carbohydrates – A Misguided Creative Energy”
2015 Officer’s Nominations

December 2 – Annual Holiday Party

OFFICERS

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – asphsecretary@gmail.com

Treasurer: Tom Hajek – tmhypnosis@live.com

NOMINATIONS AND ELECTIONS

November is our “nomination and election” month for ASPH officers.

If you would like to run for one of our ASPH offices, now is the time to let it be known. Send a paragraph or two to asphsecretary@gmail.com with your name and what you would like to accomplish if you are elected to the office you are seeking. I, Debbi Combs, will email each of our ASPH members your write-up so the members will be able to make an informed decision on who they vote for in our November election.

Lew Heller, our ASPH president will ask for nominations and a second to the nomination at our November meeting. You may nominate another person if you believe they would make a good officer at our November meeting, but **PLEASE** ask that person’s permission first. Being a good ASPH officer takes time and attention, and so we do want people who can dedicate some hours each month to the job.

The new officers will be announced at our December meeting.

I hope to see all of you at our November meeting.

Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

ASPH Website

www.hypnosisaz.com is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

Attention All Practicing Hypnotherapists:

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

A Big Thank You to Lew and Donna Heller

Lew and Donna Heller hosted our first Autumn party at their beautiful and spacious home Saturday, October 11th. Everyone who came announced the party to be a success.

The party was relaxed and we had a chance to spend time talking and getting to know some of our colleagues. The food was excellent thanks to Lew, Tom Hajek and Kate Ellis.

We have Lew Heller to thank for presenting the idea for a fall party to the ASPH membership.

Thank you Lew and Donna for a very enjoyable and relaxing get together.

MESSAGE FROM KATE ELLIS

Dear Esteemed members of the ASPH, as many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, Sam Sterk as of recent.

I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations.

Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our members accomplishments within and beyond hypnosis.

Additionally, the library also has videos, tapes, cd's, dvd's... if you have any of those you would like to contribute, this would be a wonderful thing, I am especially interested in training, NGH conference sets.

I look forward to hearing from you. If you have any quests, please feel free to call or write.

I am available from 11-11 every day.

Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.

Warmest regards,

kate ellis,ccht [480-695-1936](tel:480-695-1936)

www.thehealingquest.com

www.empowerpuzzles.com

 The Healing Quest ~ Hypnotherapy ~ Consultations

www.linkedin.com/in/kellis19

www.facebook.com/kate.ellis19

Notes from the Secretary: Debbi Combs

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

Medical Hypnosis Institute Presents:

Effective Hypnotic Speaking Techniques to Influence Your Audience - 10/25/14

A one day training program with the following objectives:

1- Improve your charisma - Did you know that charisma can be measured and improved and is the number one element companies are looking for when looking for a CEO. - One of my clients just told me she watched one of her colleagues climb the corporate ladder to get to the top. To quote my client, "She could not add up 2 + 2 but she was charismatic and I could not figure out at the time why she kept getting promotions."

Understand the elements of charisma and begin to development them in yourself.

2. Improve your confidence with public speaking - I have successfully worked with a number of public figures to improve their confidence with public speaking. I have developed a hypnosis recording specifically for this program to improve your public speaking abilities and confidence.

3. Learn the same “mass hypnosis” techniques utilized by many influential leaders. Barack Obama used these techniques to win elections and they enabled Hitler to rise to power and control in Germany. - Hypnosis recording created for you to internalize the learning and utilization of these techniques. Then...

4. Practice the techniques you have learned by delivering a speech to the group. The best way to internalize what you have learned is to actually use this opportunity immediately to utilize the techniques you have learned.

This Program is limited to the first 8 paid attendees. The cost of the program is \$149.00.

There will be no refunds or rain checks after October 11th if you are unable to attend the program due to the difficulty in filling a spot at the last minute.

Unleash your public speaking with energy and passion combined with the power of mass hypnosis techniques!!!

Time: 9 AM to 4:30 PM

Location: 11120 N Tatum Boulevard Suite 101 Phoenix, AZ 85028

Contact: Lewis Heller at [602-502-4000](tel:602-502-4000) or lewisheller@mac.com to register.

***Michael C. DeSchalit, CH
Motivating Minds Hypnosis***

[\(520\)270-0183](tel:5202700183)

motivatingmindshypnosis@gmail.com

www.motivatingmindshypnosis.com

***The Ultimate Stage Hypnosis Seminar
Monday, March 2 – Friday, March 6, 2015
Orleans Hotel, Las Vegas, NV., USA***

NOW YOU CAN DO HYPNOSIS SHOWS AND SKYROCKET YOUR INCOME!

******THIS IS A NATURAL SPRINGBOARD FOR MAGICIANS, HYPNOTHERAPISTS AND ANYONE WHO HAS THE DESIRE FOR FINANCIAL INDEPENDENCE******

**** Make back the tuition in your first 2 or 3 shows * Gain International recognition***

**** Travel with expenses paid * Get agents to book your show * Work part or full-time***

**** Do shows within weeks after the course * Make extra income selling CD's & Videos***

** Carry only a briefcase * Hypnotherapists with a practice can easily get more clients*

Get in on this Exciting Field while it is wide open RIGHT NOW! The Seminar Includes:

- *PERSONALIZED HANDS ON TRAINING*
- *\$1200 IN MATERIALS, FOOD & MEMBERSHIPS*
- *AMAZING ROUTINES*
- *RAPID HYPNOTIC INDUCTIONS*
- *HOW TO GET THE BEST VOLUNTEERS*
- *HYPNOTIC SHOW SECRETS*
- *LECTURE/DEMOS FOR HYPNOTHERAPISTS*
- *HIDDEN TECHNIQUES FOR DEEPENING HYPNOSIS*
- *MAKE FROM \$1000 TO \$5000 PER SHOW*
- ** HYPNOSIS SHOWS BY JERRY, TOM AND MIKE*
- *MARKETING FOR MAKING MEGABUCKS*
- *CONT'L BREAKFASTS*
- *BE A WORLD-CLASS HYPNOSIS PERFORMER*
- *PROFESSIONAL CERTIFICATION*
- *VIDEO OF ORMOND MCGILL'S EXPERTISE*
- *SUPERVISED STUDENT PRACTICES*
- *PUT ELECTRICITY INTO YOUR PERFORMANCE*
- *STAGE SAFETY CERTIFICATION (FOR STAGE INS.)*

THE OPPORTUNITY TO BE IN YOUR OWN BUSINESS, PART OR FULL TIME IS NOW. CALL NOW 1-800-418-9664

WHAT OUR STUDENTS ARE SAYING ABOUT OUR SEMINARS

- ***Jerry's Ultimate Stage Hypnosis Training is the "ROLLS ROYCE" of stage hypnosis training***

Dan Rodriguez,

- ***"This is the best training in Stage Hypnosis. Jerry's one-on-one pointers put mega-bucks in my pocket."***

Dave Hill, Hayward, CA.

- ***"I knew nothing about hypnosis. I can tell you now it is real.....it's worth it.....take this course!"***

Mark Clark (Magician), Stroudsburg, PA

- ***"This training is GREAT! Jerry, Tommy & Mike are fantastic instructors"Daze' Lisenkoff, Las Vegas, NV***

- ***"This is my 3rd training with this workshop and I learn something new everytime." Will Edwards, Huntington, WV***

- ***"I traveled 6,000 miles to be here. It was worth it." Barry Colley, Devon, England***

Learn From Full-Time Professionals In This Field

JERRY VALLEY, has traveled the world for over 44 years as the star hypnotist on cruise ships, resorts, television, movies, and was featured on ABC's "20/20" TV show. He is the author of the best-seller book "Inside Secrets of Stage Hypnotism." Jerry and a fantastic staff of teachers, with over 100 years of experience, team up to personally teach you how it is done in easy, step-by-step methods with which YOU become the star of your very own Hypnosis Show. You will learn show secrets that others keep secret.

TOMMY VEE, has been presenting his hypnosis demonstration to Corporations, Universities, State Fairs, High Schools, throughout the United States, Canada, Iceland, Grand Cayman and the United Kingdom. His shows are dynamic and outrageously funny. Trained personally by Jerry Valley and also by Ormond McGill, Tommy explains how you can do it.

MICHAEL DESCHALIT, has been a performer for over 30 years. He is a Multi-Award Winning Magician and Master Stage Hypnotist and has performed in such venues as The Four Seasons Luxury Resort in Las Vegas, The RMS Queen Mary, The Prado in San Diego, The Treasure Chest River Boat Casino in New Orleans, The World Famous Magic Castle in Hollywood and most recently, exclusive engagements at Circus Circus Hotel and Casino, the Riviera Hotel and Casino, and the Orleans Hotel and Casino on the Las Vegas Strip.

****Your Investment includes all materials, expert training, supervised student practices, After-class support at NO CHARGE and Continental Breakfast each morning. Listed below are great tuition fees that will save you money. Register and pay \$1295 by October 30th and save \$400. Pay \$1495 by November 30th and save \$200. Pay \$1595 by January 15th and save \$100. Thereafter the tuition is \$1695. All cancellations will incur a \$250 non-refundable fee. This fee will be held in escrow for you for any future workshops produced by Jerry Valley Productions.***

***Jerry Valley Productions, Inc., 236 Pleasant Street, Methuen, MA 01844 USA
800.418.9664 ~ www.StageHypnosisSeminar.com ~ email: jerryvalley007@aol.com***



The HGB System[®]

Hypnotic Gastric Band System

The Ultimate Weight Loss Hypnosis Seminar!!!

Train now in this revolutionary weight loss hypnosis system with two of the most respected trainers in the field of hypnosis. For practicing hypnotists, this system will add a new and exciting dimension to your hypnosis practice.

Once you learn our methods and techniques, you will be proficient and confident in helping clients not only to lose weight, but to keep it off for life.

In this exciting and informative course, you will receive hands-on personalized training, supervised practices and experience that will empower you to grow your business and help more clients than ever.

With well over 40% of the population in need of weight loss solutions, there will be plenty of people who are interested in helping you build your business while you help them reduce their weight and improve their health.

This seminar is not for everybody, but if you are ready to take your business to new heights and learn how to help more clients in a safe, effective and highly successful way then don't *weight* any longer...
Register for this course now!!!

You Will Learn...

- A proven system that is being used worldwide and that has been seen on national television.
- Every detail of the process in an easy to duplicate step by step method you can use right away.
- Success strategies in hypnotic weight loss taken from over 40 years of experience.
- Tested marketing techniques that will allow you to promote this new program without spending a huge fortune... or anything at all.

You Will Receive...

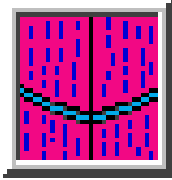
- A complete training manual in printed form and on disc.
- All forms ready to be customized with your company name and Information.
- Scripts for the entire program, so you don't have to re-create them.
- MP3's recordings of the sound effects & reinforcement sessions.
- Supervised practice sessions.

The Tuition for this Course is \$795.00.
(Additional discounts are available when taken in conjunction with our other seminars)

Call NOW For More Info...

Jerry Valley - (978) 688-6657
www.hypnoticgastricbandsystem.com

~RJ~



Coming Soon



*Dear Friends, Colleagues and Fellow
Creators of Profound Outcomes:*

*We are Happy and Proud
to Welcome You
to the Concepts, Visions,
Reality, Goals and Dreams
of
QUANTUM SOURCE
INTEGRATION THERAPY*



*A Unique Advanced Training
Seminar and Experience.*

*If you or anyone you know are curious
and would like to know more, look inside*

*to the attached word document
for additional information, call or e-mail me
[contact information below].*

*Do pass on this email and attachment
to anyone who you think might be
interested in attending.*

And

*Becoming a part of the
SOURCE INTEGRATION
GLOBAL NETWORK*

A QUANTUM APPROACH TO HEALING

S~I~G~N

It's a SIGN of theTimes

We'll leave the Light on for you.



THANKS!

*Robert J. O'Connor
Director and Main Presenter*

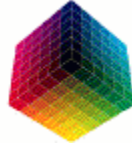
Voice mail ~ 602-593-4006

e-mail rjocstar@juno.com

websites

www.wholeheartedenterprises.com

www.gofirstearthbattalion.com



**Certified Hypnotherapist
&
Quantum
Source Integration Therapist**
~~~~~

**IN ADDITION  
EACH PERSON WILL RECEIVE  
A COPY OF Dr. Larry Wilson's M.D.**

**~FREE~  
PHENOMENAL BOOK**

**\*\*\*\*\*LEGAL GUIDELINES FOR UNLICENSED PRACTITIONERS\***

**THIS BOOK SHOULD BE REQUIRED  
FOR ANYONE**

**WHO PRACTICES AS A CERTIFIED HYPNOTHERAPIST**

**\*PLUS\***

**THREE CERTIFICATES ADDITIONAL TO THE OTHERS OFFERED**

**THESE ARE INTERNATIONALLY RECOGNIZED**  
~~~~~

***ORDAINED MINISTER*
~*CERTIFIED SPIRITUAL HEALER*
~*DIPLOMAT OF EARTH STEWARDSHIP***
~~~~~

**THE ABOVE AND ALL OFFERED CERTIFICATES HAVE NO RENEWAL FEE**

**THESE HAVE BEEN ACCEPTED AS LEGITIMATE**

**BY THE UNITED STATES GOVERNMENT**

**SINCE THE MID 1800'S**

**THESE CERTIFICATES  
QUALIFY YOU TO BECOME A NAVY CHAPLAIN SIMPLY  
BY JOINING THE NATIONAL CHAPLAINS ASSOCIATION  
AND BY SENDING A \$50 ANNUAL MEMBERSHIP FEE**

**UPON ACCEPTANCE BY THE NCA**

**YOU WILL - IF YOU CHOOSE**

**BECOME A FIRST LIEUTENANT IN THE NAVY  
AND WEAR THE UNIFORM WITH ALL PRIVILEGES**

~~~~~

**MY COST FOR THE CERTIFICATES IS \$130
YOUR COST-ZERO-**

IF ANYONE HAS ANY QUESTIONS

YOU CAN CONTACT ME

FOR MORE INFORMATION

**THIS INFORMATION IS INCLUDED IN DR. WILSON'S BOOK AND
SHOULD PUT YOU ON A SECURE FOUNDATION**

FOR YOUR FUTURE

**WELCOME TO YOUR
BRAND NEW WORLD**

~RJ~



Classes are to be scheduled

SOON

on two consecutive weekends

and fill up fast

*the first 5 or 6 who
sign up can choose the consecutive weekends*

plus

★ ~The first five to sign up~ ★

*will receive a \$500.00
one time only Discount*

Contact me

If you need to work something out

~RJ~

Payments by Paypal, Check, Cash

MasterCard, Visa & Discover

- *SIT Nov 2013*

[DownloadView](#)

Gift and Message from Kate Ellis

My Esteemed Colleagues, I have been very busy creating something special for the ASPH, a Professional Lending Library.

It currently has 197 titles, and seeking more as I continue to tweek this project.

It will be ready this Spring exclusively for ASPH Members Only.

I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools.

Please let me know if you or any of our other colleagues would like to donate their beloved materials.

I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.

To review/view collected works, please visit: www.facebook.com/hypnosisaz

All my bestest,

Kate Ellis, CCHt 480-695-1936 480-695-1936

www.thehealingquest.com

www.empowerpuzzles.com



The Healing Quest ~ Hypnotherapy ~ Consultations

www.linkedin.com/in/kellis19

www.facebook.com/kate.ellis19

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar>. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Networking

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024
