



Arizona Society for  
Professional Hypnosis

**Arizona Society For Professional Hypnosis**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**ASPH Newsletter Hyperlink**

**HOLIDAY PARTY**

**Tuesday, December 2, 2014**

**6:30 – 9:00 p.m. SHARP**

**~RSVP~**

**by Nov. 25th to**

**[asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)**

**Members \$10.00**

**Guests \$25.00**

**Party [Location](#)**

**Wandering Horse Buffet in the Talking Stick Resort**

**9800 East Indian Bend Road**

**(The 101 and Indian Bend Road)**

**Scottsdale, AZ 85250**

**<https://maps.google.com/maps?hl=en&tab=nl>**

**The Amazing and Hilarious**

**Alan Handelsman**

**will be emceeding our White Elephant Gift Exchange again this year**

**Gift value of \$10 dollars or less**  
**~You must bring one to receive one**

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**OFFICERS**

***President: Lewis Heller, M.D. – [lewisheller@mac.com](mailto:lewisheller@mac.com)***

***Vice-President: Kate Ellis – [kellis19@hotmail.com](mailto:kellis19@hotmail.com)***

***Secretary: Debbi Combs – [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)***

***Treasurer: Tom Hajek – [tmhypnosis@live.com](mailto:tmhypnosis@live.com)***

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**NOMINATIONS AND ELECTIONS**

ASPH did not have any new candidates for our offices this year so all of our officers have agreed to serve for 2015. Sam Sterk would like to serve as president in 2016. Ron Benninghoff would like to serve as our vice-president in 2016 and Jodi Hert would like to serve as treasurer for 2016. They have all agreed to be mentored by the now serving president, Lewis Heller, vice-president, Kate Ellis and Tom Hajek, our treasurer.

If anyone would like to run for ASPH secretary, Debbi will train them this year also.

Sam, Ron, and Jodi would like to take over ASPH offices in 2016 and are willing to be mentored this year so they can make an easy transition if elected. This will not preclude anyone else from running for an office though if they desire for 2016.

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***To my Esteemed and Honored Colleagues, Friends and ASPH Board Members;***

I begin with a heartfelt Thank You for allowing me to serve as the Vice President of our firmly established and growing organization. It is a labor of love essentially, in which I am proud to assist.

I am seeking another term as VP for the 2015 year, looking forward to bringing our organization into the 21st century with more dynamic speakers and presentations.

For 2015, I would like to bring in a couple of colleagues via current technology of Skype type live-streaming presenters and education, hypnosis and other techniques that allow us as professionals to grow and serve our community. I am looking forward to scheduling Devin Hastings and learning about his work with diabetes, Larry Garrett and perhaps his story of hypnotizing Uday Hussein in 2011. He happened to be there during 9/11 WTC bombings.

Additionally, I would like the opportunity to have local presenters bring continuing education to our meetings that allow us to expand and hone our respective skills.

I am pleased that our meeting location allows for electronic presentations and it's neutral atmosphere, I believe everyone else is as well. I have utilized the space on many occasions and pleased I could share it with the ASPH.

Warmest regards, Kate Ellis

kate ellis,ccht [480-695-1936](tel:480-695-1936)

[www.thehealingquest.com](http://www.thehealingquest.com)

[www.empowerpuzzles.com](http://www.empowerpuzzles.com)



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[www.linkedin.com/in/kellis19](http://www.linkedin.com/in/kellis19)

[www.facebook.com/kate.ellis19](http://www.facebook.com/kate.ellis19)

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

**Membership Renewal Form**

**RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)**

**and paying online, or:**

**Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"**

**Mail to:**

**Thomas Hajek, ASPH Treasurer**

**2844 E. Quiet Hollow Lane**

**Phoenix AZ 85024**

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**Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)**

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

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**ASPH Website**

**[www.hypnosisaz.com](http://www.hypnosisaz.com) is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.**

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**Attention All Practicing Hypnotherapists**

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at [info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

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**MESSAGE FROM KATE ELLIS**

**'Introducing The ASPH Professional Lending Library.**

**Over 500 Books, Periodicals, Magazines, Instructional Video's, Cassette Tapes, plus a bit more.**

**Available to the Members of the ASPH.**

**By Appointment Only: Call Kate Ellis 480-695-1936 or Email: [kellis19@hotmail.com](mailto:kellis19@hotmail.com)'**

**I am available from 11-11 every day.**

Dear Esteemed members of the ASPH, as many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, Sam Sterk as of recent.

I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations.

Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our members accomplishments within and beyond hypnosis.

Additionally, the library also has videos, tapes, cd's, dvd's... if you have any of those you would like to contribute, this would be a wonderful thing, I am especially interested in training, NGH conference sets.

I look forward to hearing from you. If you have any quests, please feel free to call or write.  
I am available from 11-11 every day.

Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.

Warmest regards,

kate ellis,ccht [480-695-1936](tel:480-695-1936)

[www.thehealingquest.com](http://www.thehealingquest.com)

[www.empowerpuzzles.com](http://www.empowerpuzzles.com)

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[www.linkedin.com/in/kellis19](http://www.linkedin.com/in/kellis19)

[www.facebook.com/kate.ellis19](http://www.facebook.com/kate.ellis19)

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### **Notes from the Secretary: Debbi Combs**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

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### **Copyrights**

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright

owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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**SPORTS HYPNOSIS CERTIFICATION-A ONE DAY SEMINAR**

**By**

**Sam Sterk, Ph.D.**

*Have you ever wanted to expand your income potential, feel more comfortable with athletes, have additional skills in working with them? Arizona has plethora of opportunities whether it be golf, tennis, swimming, baseball or another sport. They all have certain common dynamics. I invite you to participate in this one day certification seminar. Please have a look at the seminar content.*

*If this peaks your interest, please act now as the class is quickly filling up. EXTRA SAVINGS!!!! If you register by November 22, 2014, we'll take of an extra 10%. The seminar will then be a cost saving in the amounts of \$243.81 instead of \$269.90*

*Please note the 3 ways to register.*

*I look forward to hearing from you.*

*Thank you*

*Sam Serk, Ph.D.*

*Peak Performance Plus LLC*

*Tel/Fax [480-767-0956](tel:480-767-0956)*

*[peakplus@aol.com](mailto:peakplus@aol.com)*

*[www.peakplusaz.com](http://www.peakplusaz.com)*

*[www.azolderadultplacement.com](http://www.azolderadultplacement.com)*

*Date: Saturday, December 6, 2014*

*Time: 9:00-6:00 PM*

*Place: Office 9035 East Kalil Dr. Scottsdale, AZ 85260*

*Fee: The \$269.00 fee includes a Manual, a catered lunch, a handsome professional certificate of course completion and a raffle drawing.*

Course Highlights: Everything you want to know about Sports Hypnosis

**\*\*\*Initial interview and Assessment Tools; \*\*\*engaging the client in Sport Hypnosis contract vs. the hourly rates; \*\*\*Assessment tools help to pin point areas where client progress is needed;\*\*\*Hypnotic Interventions to help clients improve their Focus, develop Positive Self Talk; and improve Self Confidence; \*\*\*The uses of Visual Imagery to enhance Focus in sports;\*\*\*Uses of Stop-Thought Techniques to enhance sports performance How to regain Concentration when it's been lost; \*\*\*uses of Positive Self Talk Arousal Regulation and Cue words prior and during competition;\*\*\*Hypnosis Pain Reduction techniques for the injured athlete;\*\*\*Marketing your Sports Hypnosis skills-developing a market.**

To Register:

Call: [480-767-0956](tel:480-767-0956) to ensure your placement in this course

Email: [peakplus@aol.com](mailto:peakplus@aol.com)

Pay by check or credit card (Visa or Master Card)

**EXTRA SAVINGS!!!! If you register by November 22, you'll be eligible for another course savings of 10 %-a saving of \$26.90. Act now to benefit from this Saving.!!! Wow!! All the course highlight, a Manual, Lunch, a Professional Certificate and a Raffle**

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Michael C. DeSchalit, CH  
Motivating Minds Hypnosis

[\(520\)270-0183](tel:5202700183)

[motivatingmindshypnosis@gmail.com](mailto:motivatingmindshypnosis@gmail.com)

[www.motivatingmindshypnosis.com](http://www.motivatingmindshypnosis.com)

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*THE OPPORTUNITY TO BE IN YOUR OWN BUSINESS, PART OR FULL TIME IS NOW. CALL NOW 1-800-418-9664*

**WHAT OUR STUDENTS ARE SAYING ABOUT OUR SEMINARS**



- *Jerry's Ultimate Stage Hypnosis Training is the "ROLLS ROYCE" of stage hypnosis training"*

*Dan Rodriguez,*

- *"This is the best training in Stage Hypnosis. Jerry's one-on-one pointers put mega-bucks in my pocket."*

*Dave Hill, Hayward, CA.*

- *"I knew nothing about hypnosis. I can tell you now it is real.....it's worth it.....take this course!"*

*Mark Clark (Magician), Stroudsburg, PA*

- *"This training is GREAT! Jerry, Tommy & Mike are fantastic instructors"....Daze' Lisenkoff, Las Vegas, NV*

- *"This is my 3<sup>rd</sup> training with this workshop and I learn something new everytime." Will Edwards, Huntington, WV*

- *"I traveled 6,000 miles to be here. It was worth it." Barry Colley, Devon, England*

**Learn From Full-Time Professionals In This Field**

*JERRY VALLEY, has traveled the world for over 44 years as the star hypnotist on cruise ships, resorts, television, movies, and was featured on ABC's "20/20" TV show. He is the author of the best-seller book "Inside Secrets of Stage Hypnotism." Jerry and a fantastic staff of teachers, with over 100 years of experience, team up to personally teach you how it is done in easy, step-by-step methods with which YOU become the star of your very own Hypnosis Show. You will learn show secrets that others keep secret.*

*TOMMY VEE, has been presenting his hypnosis demonstration to Corporations, Universities, State Fairs, High Schools, throughout the United States, Canada, Iceland, Grand Cayman and the United Kingdom. His shows are dynamic and outrageously funny. Trained personally by Jerry Valley and also by Ormond McGill, Tommy explains how you can do it.*

*MICHAEL DESCHALIT, has been a performer for over 30 years. He is a Multi-Award Winning Magician and Master Stage Hypnotist and has performed in such venues as The Four Seasons Luxury Resort in Las Vegas, The RMS Queen Mary, The Prado in San Diego, The Treasure Chest River Boat Casino in New Orleans, The World Famous Magic Castle in Hollywood and most recently, exclusive engagements at Circus Circus Hotel and Casino, the Riviera Hotel and Casino, and the Orleans Hotel and Casino on the Las Vegas Strip.*

*\*Your Investment includes all materials, expert training, supervised student practices, After-class support at NO CHARGE and Continental Breakfast each morning. Listed below are great tuition fees that will save you money. Register and pay \$1295 by October 30<sup>th</sup> and save \$400. Pay \$1495 by*

***November 30<sup>th</sup> and save \$200. Pay \$1595 by January 15<sup>th</sup> and save \$100. Thereafter the tuition is \$1695. All cancellations will incur a \$250 non-refundable fee. This fee will be held in escrow for you for any future workshops produced by Jerry Valley Productions.***

***Jerry Valley Productions, Inc., 236 Pleasant Street, Methuen, MA 01844 USA  
800.418.9664 ~ [www.StageHypnosisSeminar.com](http://www.StageHypnosisSeminar.com) ~ email: [jerryvalley007@aol.com](mailto:jerryvalley007@aol.com)***



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Once you learn our methods and techniques, you will be proficient and confident in helping clients not only to lose weight, but to keep it off for life.

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This seminar is not for everybody, but if you are ready to take your business to new heights and learn how to help more clients in a safe, effective and highly successful way then don't *weight* any longer...

**Register for this course now!!!**

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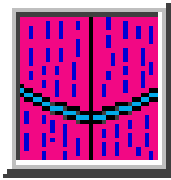
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~RJ~



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and would like to know more, look inside*

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*A QUANTUM APPROACH TO HEALING*

*S~I~G~N*

*It's a SIGN of theTimes*

*We'll leave the Light on for you.*



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*THANKS!*

*Robert J. O'Connor  
Director and Main Presenter*

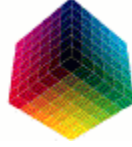
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*e-mail [rjocstar@juno.com](mailto:rjocstar@juno.com)*

*websites*

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**\*PLUS\***

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~RJ~



**Classes are to be scheduled**

**SOON**

**on two consecutive weekends**

**and fill up fast**

*the first 5 or 6 who  
sign up can choose the consecutive weekends*

*plus*

★ ~The first five to sign up~ ★

*will receive a \$500.00  
one time only Discount*

*Contact me*

*If you need to work something out*

*~RJ~*

*Payments by Paypal, Check, Cash*

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- *SIT Nov 2013*

[DownloadView](#)

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A private discussion group for ASPH members has been organized by Tom Hajek at [asph@googlegroups.com](mailto:asph@googlegroups.com). Any ASPH member may comment, post, and participate in discussions.

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To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar>. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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### *Networking*

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [info@hypnosisaz.com](mailto:info@hypnosisaz.com) with your name, phone number and email address.

*Carol Adler* [info@caroladler.com](mailto:info@caroladler.com) 480-452-9183

*Lindsay Brady* [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

*Sandi Graves* [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436



Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Robert J. O'Connor [rjocstar@juno.com](mailto:rjocstar@juno.com) 602-593-4006

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

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**Social & Professional Networking on the Internet**

[www.selfgrowth.com](http://www.selfgrowth.com)

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

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