



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday March 3, 2015

6:30 – 8:30 p.m. SHARP

Presenter – Alan Handelsman

Topic – “Hypnotherapy: The Power and the Glory”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

Presentation --Hypnotherapy: The Power and the Glory

During hypnotherapy, who's got the power, and who gets the glory?

Power. How do we find it? Where do we find it? What does it look like? How do we use it? Where does it come from? How was it lost in the first place? Once we find it, what is possible?

Glory. What does it mean? What is it good for? How does the work get done?

Alan will explore these questions - and more - while demonstrating such techniques as:

- Godfather therapy
 - The Un-scientific Method
 - Wholes Therapy (like Parts Therapy, only different)
 - Inner Conflict Resolution
- And
- How you can spend less time with a client finding the cause of the problem, and more time finding the cause of the solution.

The techniques you learn will help you become more effective, more quickly, not only with clients on virtually any issue or complaint, but in the work you do with yourself - as a hypnotist, therapist, family member, friend, and human being.

Alan Handelsman's Bio

After graduating in 1972 from Northeast High School in Philadelphia near the top of his class, but somewhere between 15 to 20 places below Lewis Heller (it depends on who you talk to - Alan or Lewis), Alan continued his academic career at West Chester State College as a music major receiving his B.S. (It's not what you think.) degree in 1977. Always on the fast track, Alan earned his Master's Degree in Music performance twelve years later, in 1989.

Throughout his long career as a musician, he was putting people to sleep on a regular basis, so his switch to hypnosis was a natural progression. Now he simply has less to carry.

Another reason he entered the field of hypnotherapy was that he needed so much help with his stage fright and depression he was hoping to get a professional discount.

Whether as a musician (working with performers from Frank Sinatra and Ella Fitzgerald to Rod Stewart and The Moody Blues), developer of the Resonance Tuner™ (used in more than 50 countries), public speaker (US, Canada, Norway, England), or hypnotherapist, Alan has come to be very widely known in very small circles.

Now semi-retired, he lives a life of relative seclusion at an undisclosed location in south Scottsdale at 6112 E. Vernon Ave. (85257) with his wife Anita (the one with the real sense of humor).

He works with clients for a variety of issues - including weight loss - at his office one block from a restaurant that features the best chicken fried steak in Phoenix. He also works by phone and Skype.

He can tell his success with some clients because they keep coming back, and his success with the rest of them because they improve so much, he never sees them again.

Many of his clients send their friends and loved-ones to him for which he is very grateful.

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024

If you would like to be one of the ASPH featured speakers for next year, contact Kate Ellis, ASPH Vice-President so she can schedule you in. You can contact Kate at kellis19@hotmail.com.

UPCOMING TOPICS & PRESENTERS

April – Sandi Graves – "Diabetes & Hypnosis in 4 Steps" Helping Diabetics become healthier, happier, and more in control.

OFFICERS

President: Lewis Heller, M.D. – lewisheller@mac.com

Vice-President: Kate Ellis – kellis19@hotmail.com

Secretary: Debbi Combs – asphsecretary@gmail.com

Treasurer: Tom Hajek – tmhypnosis@live.com

Tuesday Meetings: 6:30 PM – 8:30 PM (Free for Members)

Certificates & C. E. U. Credit Hours Awarded for Attendance (2 credits per meeting)

Visitors and guests are welcome to attend two meetings free of charge, after which they are invited to join ASPH. They also have the option of paying a \$5.00 fee for each month attended thereafter. Spouses and partners of members are considered part of the ASPH and have free meeting privileges.

ASPH Website

www.hypnosisaz.com is the domain for Arizona Society for Professional Hypnosis. [Click here](#) for a link that takes you directly to the newsletter posted online.

Attention All Practicing Hypnotherapists:

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Tom Hajek at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Tom at an ASPH meeting.

Notes from the Secretary: Debbi Combs

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

Michael C. DeSchalit, CH
Motivating Minds Hypnosis

(520)270-0183

motivatingmindshypnosis@gmail.com

www.motivatingmindshypnosis.com

The Ultimate Stage Hypnosis Seminar
Monday, March 2 – Friday, March 6, 2015
Orleans Hotel, Las Vegas, NV., USA

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WHAT OUR STUDENTS ARE SAYING ABOUT OUR SEMINARS

- ***Jerry's Ultimate Stage Hypnosis Training is the "ROLLS ROYCE" of stage hypnosis training"***

Dan Rodriguez,

- ***"This is the best training in Stage Hypnosis. Jerry's one-on-one pointers put mega-bucks in my pocket."***

Dave Hill, Hayward, CA.

- ***"I knew nothing about hypnosis. I can tell you now it is real.....it's worth it.....take this course!"***

Mark Clark (Magician), Stroudsburg, PA

- ***"This training is GREAT! Jerry, Tommy & Mike are fantastic instructors"....Daze' Lisenkoff, Las Vegas, NV***

- ***"This is my 3rd training with this workshop and I learn something new everytime." Will Edwards, Huntington, WV***

- ***"I traveled 6,000 miles to be here. It was worth it." Barry Colley, Devon, England***

Learn From Full-Time Professionals In This Field

JERRY VALLEY, has traveled the world for over 44 years as the star hypnotist on cruise ships, resorts, television, movies, and was featured on ABC's "20/20" TV show. He is the author of the best-seller book "Inside Secrets of Stage Hypnotism." Jerry and a fantastic staff of teachers, with over 100 years

of experience, team up to personally teach you how it is done in easy, step-by-step methods with which YOU become the star of your very own Hypnosis Show. You will learn show secrets that others keep secret.

TOMMY VEE, has been presenting his hypnosis demonstration to Corporations, Universities, State Fairs, High Schools, throughout the United States, Canada, Iceland, Grand Cayman and the United Kingdom. His shows are dynamic and outrageously funny. Trained personally by Jerry Valley and also by Ormond McGill, Tommy explains how you can do it.

MICHAEL DESCHALIT, has been a performer for over 30 years. He is a Multi-Award Winning Magician and Master Stage Hypnotist and has performed in such venues as The Four Seasons Luxury Resort in Las Vegas, The RMS Queen Mary, The Prado in San Diego, The Treasure Chest River Boat Casino in New Orleans, The World Famous Magic Castle in Hollywood and most recently, exclusive engagements at Circus Circus Hotel and Casino, the Riviera Hotel and Casino, and the Orleans Hotel and Casino on the Las Vegas Strip.

**Your Investment includes all materials, expert training, supervised student practices, After-class support at NO CHARGE and Continental Breakfast each morning. Listed below are great tuition fees that will save you money. Register and pay \$1295 by October 30th and save \$400. Pay \$1495 by November 30th and save \$200. Pay \$1595 by January 15th and save \$100. Thereafter the tuition is \$1695. All cancellations will incur a \$250 non-refundable fee. This fee will be held in escrow for you for any future workshops produced by Jerry Valley Productions.*

*Jerry Valley Productions, Inc., 236 Pleasant Street, Methuen, MA 01844 USA
800.418.9664 ~ www.StageHypnosisSeminar.com ~ email: jerryvalley007@aol.com*



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Train now in this revolutionary weight loss hypnosis system with two of the most respected trainers in the field of hypnosis. For practicing hypnotists, this system will add a new and exciting dimension to your hypnosis practice.

Once you learn our methods and techniques, you will be proficient and confident in helping clients not only to lose weight, but to keep it off for life.

In this exciting and informative course, you will receive hands-on personalized training, supervised practices and experience that will empower you to grow your business and help more clients than ever.

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This seminar is not for everybody, but if you are ready to take your business to new heights and learn how to help more clients in a safe, effective and highly successful way then don't *weight* any longer...

Register for this course now!!!

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- A proven system that is being used worldwide and that has been seen on national television.
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You Will Receive...

- A complete training manual in printed form and on disc.
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- MP3's recordings of the sound effects & reinforcement sessions.
- Supervised practice sessions.

The Tuition for this Course is \$795.00.
(Additional discounts are available when taken in conjunction with our other seminars)

Call NOW For More Info...

Jerry Valley - (978) 688-6657

www.hypnoticgastricbandsystem.com

Gastro Band Hypnosis Training

Presented March 21 & 22, 2015 in exciting Phoenix, Arizona

Register before March 17, at GastroBandHypnosis.com/Training and receive

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This exciting seminar was created and is taught in the United States by award winning hypnotists, Sandi Graves BCH and Donald H. Rice CCH. In a two day weekend Don and Sandi will train you in their Gastro Band Hypnosis Method.

Based on recent reports from the Department of Health, over 26% of Americans are obese and another 36% are overweight. Even if you are in a small town of only 200,000 people there are 124,000 of them who need your help to lose weight. Let Don and Sandi share with you how they tapped into this fountain of money while helping people lose weight and change their lives.

Seen on, ABC, NBC, CBS, CNN, FOX and noted on Dr. Oz and Good Morning America

Limited to Hypnotherapists, Hypnotists, Doctors, Nurses, L.M.T.

L.S.W. and other Professional Health Care Providers who are certified or licensed.

Presented in fabulous Phoenix, AZ

March 21 & 22, 2015

[Click here](#) for information, registration and discounts

GastroBandHypnosis.com/Training

Phone Don: [\(480\) 577-0264](tel:(480)577-0264)

E-mail: info@gastrobandhypnosis.com

Donald Rice, CH

[\(480\) 577-0264](tel:(480)577-0264)

DonRiceClinics.com

HypnosisComedyShow.com

KISSHypnosisScripts.com

HypnosisAudioSite.com

GastroBandHypnosis.com

Attachments area

[Preview attachment GBH Weight Loss Training.pdf](#)



[GBH Weight Loss Training.pdf](#)

Arizona Renewal Ranch, LLC

Dr. Ilana H. Oren, Ph.D, Sc.D.

Licensed Marriage and Family Therapist #0088

Certified Hypnotherapist

2915 East Baseline Road, Suite 101

Gilbert, AZ 85234

Telephone 480-776-0626

Email: [dr. liana@cox.net](mailto:dr.liana@cox.net)

www.DrIlanaOren.com

TRAINING

Part I: Friday, April 24, 2015, 2015 10:00 – 4 P.M.

Part II: Friday, May 15, 2015, 10:00 – 4 P.M.

WHERE: Wayland Baptist University/ 2702 N. 3rd, Suite 1050, Phoenix, AZ 85004

**For continuing education units, please contact the Dean of the university, Dr. Glenn Simmons
@ 602-279-1011.**

ADDICTIONS, CREATIVITY AND THE PATHWAY TO HEALING USING HYPNOSIS

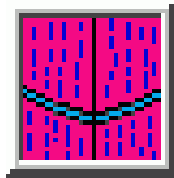
The definition of an addiction is a pathological attachment to a mood altering experience that has life damaging consequences. A sure sign of an addiction is the motif of self-deception. Brain imaging continues to discover variance in neuro-chemical, and neuro-functioning that underline a vulnerability to develop compulsive behaviors and dysfunctional use of addictive substances. The brain regions impacted by stress and addictions are: prefrontal cortex, cingulate, hippocampus, amygdala and the parietal lobes. Through hypnosis, the energy can be directed to find creative expressions rather than being entangled in the dark web of addictions and medusa energy. Special emphasis will be placed on addictions to refined carbohydrates based on Dr. Oren's presentations in Israel and Poland.

The goals for the workshops are:

1. Identify the signs and symptoms of the addictive dance.
2. Learn how to train your brain to think like a sober person and break the pain chain response of the addictive cycle.
3. Learn how to integrate hypnosis to embark on the journey of sobriety, and obtain and maintain your ideal weight for life.

Cost: \$177.00 for one day. \$300.00 for the two days. The cost DOES NOT include continuing education units.

To register for the training, contact Dr. Oren @ dr.ilana@cox.net~RJ~



Coming Soon

~2015~



~DON'T FORGET TO ASK ABOUT OUR~

*** 2 for 1***

~2015~

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***A Unique Advanced Training
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If you or anyone you know are curious and would like to know more, look inside to the attached word document for additional information, call or e-mail me, Robert O'Connor

[contact information below].

Do pass on this email and attachment to anyone who you think might be interested in attending.

And

***Becoming a part of the
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A QUANTUM APPROACH TO HEALING

S~I~G~N

It's a SIGN of theTimes

We'll leave the Light on for you.

THANKS!

***Robert J. O'Connor
Director and Main Presenter***

Voice mail ~ 602-593-4006

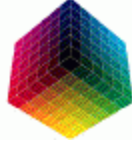
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**\*LEGAL GUIDELINES FOR UNLICENSED PRACTITIONERS\***

**THIS BOOK SHOULD BE REQUIRED FOR ANYONE WHO PRACTICES AS A CERTIFIED HYPNOTHERAPIST**

**\*PLUS\***

**THREE CERTIFICATES ADDITIONAL TO THE OTHERS OFFERED**

**THESE ARE ALSO INTERNATIONALLY RECOGNIZED**  
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**UPON ACCEPTANCE BY THE NCA, YOU WILL - IF YOU CHOOSE BECOME A FIRST LIEUTENANT IN THE  
NAVY AND WEAR THE UNIFORM WITH ALL PRIVILEGES**

~~~~~

**MY COST FOR THE CERTIFICATES IS \$130
YOUR COST-ZERO-**

**IF ANYONE HAS ANY QUESTIONS YOU CAN CONTACT ME FOR MORE INFORMATION
THIS INFORMATION IS INCLUDED IN DR. WILSON'S BOOK AND SHOULD PUT YOU ON A SECURE
FOUNDATION FOR YOUR FUTURE**

WELCOME TO YOUR BRAND NEW WORLD

~RJ~



Classes are to be scheduled

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on two consecutive weekends and fill up fast so the first 5 or 6 who sign up

can choose the consecutive weekends

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~RJ~

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MESSAGE FROM KATE ELLIS

Dear Esteemed members of the ASPH,

As many of you are aware, I have created a professional lending library for the ASPH. Recently, going through a donation, I came across Pattie Freeman's book, and a couple other ASPH members and thought it would be an extra special touch to have a section of the library dedicated to those who have become authors, such as Lew Heller, and Sam Sterk as of recent.

I am asking any member, current, past to consider contributing a signed copy of your book (s). Please contact me with your considerations. Now, it does not have to be a book on hypnosis per se, this section of the library is special celebrating our member's accomplishments within and beyond hypnosis.

I am seeking books on hypnosis and related fields, as well as audio/video/dvd/cd learning tools. Please let me know if you or any of our other colleagues would like to donate their beloved materials. I am particularly interested in Elman books and NGH Conference CD's, I would appreciate anyone who has previous conference CD's to perhaps even donate copies... just a thought.

I look forward to hearing from you. If you have any questions, please feel free to call or write. I am available from 11-11 every day.

Additionally, you can bring your donation to the next meeting to make it easy. I suggest placing a book plate with your name as well with your own book for posterity as well as any other books you may like to contribute for the continuing education and enjoyment of our growing membership.

It will be ready this Spring exclusively for ASPH Members Only.

To review/view collected works, please visit: www.facebook.com/hypnosisaz

All my bestest,

Kate Ellis, CCHt 480-695-1936

kate ellis,ccht [480-695-1936](tel:480-695-1936)

www.thehealingquest.com

www.empowerpuzzles.com

 The Healing Quest ~ Hypnotherapy ~ Consultations

www.linkedin.com/in/kellis19

www.facebook.com/kate.ellis19

A private discussion group for ASPH members has been organized by Tom Hajek at asph@googlegroups.com. Any ASPH member may comment, post, and participate in discussions.

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar>. It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

Networking

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email info@hypnosisaz.com with your name, phone number and email address.

Carol Adler info@caroladler.com 480-452-9183

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Robert J. O'Connor rjocstar@juno.com 602-593-4006

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Sam Sterk peakplus@aol.com 480-767-0956

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Social & Professional Networking on the Internet:

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

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Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Thomas Hajek, ASPH Treasurer

2844 E. Quiet Hollow Lane

Phoenix AZ 85024