



★ ASPH Holiday Party★



Tuesday, December 5, 2017
6:30 PM – 9:00 PM

WANDERING HORSE BUFFET in the TALKING STICK RESORT

9800 East Talking Stick Way
Scottsdale, Arizona 85250

Talkingstickresort.com
(480) 850-7777

<https://maps.google.com/maps?hl=en&tab=nl>

~RSVP~ would be nice, but not absolutely necessary. You can still show up without an RSVP.

kellis19@hotmail.com or asphsecretary@gmail.com

Members Free

Guests \$25.00



Michael DeSchalit will conduct our Awards Ceremony which means he gets to pick what the awards are and who will receive them and comment on all of us – SCARY AND FUN!

Alan Handelsman will be emceeding our White Elephant Gift Exchange again this year and he is just as comical as Michael!

With these two comedians as our entertainment, our 2017 ASPH Holiday Party promises to be a very fun time.

Shop around in your own garage and closets to see if you can find a fun and usable gift to exchange. If you choose to buy a gift, do not ruin your Holiday budget. Keep your gift at \$10.00 or under. This is for fun. Your guests are welcome to bring a gift and receive a gift also.

You must bring a gift to receive a gift.

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)



Your ASPH officers hope to see all of you members with your guests Tuesday, December 5th at

WANDERING HORSE BUFFET in the TALKING STICK RESORT

Also, the newly elected 2018 ASPH officers will be announced at the Holiday Party by our president, Kate Ellis.

Tuesday, December 5th at WANDERING HORSE BUFEET is lining up to be a fun evening for ASPH members and their guests, so mark this date and time on your calendar and we will see you then.

IN MEMORY OF ROBERT O'CONNOR

This Holiday Party announcement was fashioned after the last ASPH Holiday Party announcement that our late member and several years president, Robert O'Connor, designed the last year he served as our president in 2013. As Robert would often say, "We'll leave the light on for you."

Note from Kate Ellis, ASPH President

Esteemed Members of the ASPH,

On November 7, 2017 we opened the floor for nominations for the ASPH Board for 2018.

Dr. Sam Sterk was nominated and seconded for President, Ted Frieband for Vice President, Jodi Hert for Treasurer and Debbi Combs for Secretary. All were unanimously seconded & elected. No others were nominated by email or present at the meeting.

It is with great admiration Sam, Ted, Jodi & Debbi are the new 2018 Executive Board members!

They will be presented at the Holiday Party, December 5th, 2017 which shall be at the Talking Stick Wandering Horse Restaurant/Buffer. We had previous parties there and everyone enjoyed the wonderful food and bar opportunities. It will delight any pallet. Members are free and guests \$25.00. The ASPH will be picking up additional costs for your guest (s) which includes gratuities.

Located in: [Talking Stick Resort](#)

Address: [9800 E Talking Stick Way, Scottsdale, AZ 85250](#)

Menu:

[talkingstickresort.com](#) Phone: [\(480\) 850-7777](#)"

New Baby

Umesh Tiwari has stepped down as our ASPH Technical Adviser. Umesh and his wife, Sudha, have a new baby son. No doubt, father and mother are staying incredibly busy and sleep may be at a premium right now! Congratulations Umesh and Sudha and thank you Umesh for your service to ASPH.

JAMES GIUNTA'S WORKSHOP

"Hypnotic Mastery: How to Create Hypnotic Scripts for Your Individual Clients"

You read scripts to your clients. There's no shame or blame here; we all begin by reading scripts that were handed down to us. At some point you must realize that if the best you can do is read a script to your client, you haven't mastered Hypnotherapy. This course is what you need, and the timing is perfect for you: Just in time to practice for New Year's Resolutions! Our busy season!

The scripts you have seen in books were written by people you don't know, for people they've never met. In this workshop you will learn to create hypnotic scripts that will address your client's specific need, in a style they will readily accept. Together we will perform some experiments and suggestibility tests in order to determine your client's learning styles, and then you will create highly effective and

original scripts that will be the basis of your best work. Take this workshop and attain the proficiency and confidence to conduct excellent sessions and never, ever have to read another script while in session with your clients. Once you master the principles of Effective Script Creation, your practice will soar to new levels of success.

Take this workshop and you will learn the essential elements of effective hypnotic scripts. I will teach you how to include direct and indirect suggestions, and how determine when to use one or the other. You will learn which questions to ask when interviewing clients in order to evaluate the information that you will include in their script. Our classroom methods will include lecture, demonstration, observation, discussion, repetition, creative exercises, experimentation, and feedback—all leading to mastery of this fascinating subject.

This workshop is for all levels of experience and can be used as new information to super-charge your practice or as a refresher course.

The workshop duration is four hours and the tuition is \$195.00. The actual value is thousands of dollars, measured in your clients' success and their future referrals.

Call (732) 272-7230 to REGISTER TODAY.

Workshop includes pendulum, anchor stone, generous handouts, suggested reading list, a Special Gift, healthful snacks, endless bottled water, and a very comfortable environment conducive to learning and exploring. Bring a notebook and all of your questions, and feel free to bring your current favorite scripts for dissection and discussion.

Who: James M. Giunta, M.C.I.S., M.H.

When: Saturday, December 9, 2017, 9:00 a.m. – 1:00 p.m.

Where: Abundant Health Arizona

10304 N. Hayden Rd. (near Shea Blvd.)

Scottsdale, AZ 85258

Tuition: \$195.00

James M. Giunta is a dedicated hypnotist, performer, and teacher who conducts individual and group sessions for personal development. He is a Certified Instructor for the National Guild of Hypnotists and a Certified Master Trainer for the International Association of Counselors and Therapists (IACT). Distinguished as Hypnotist of the Year by IACT (2012), he is the creator of Hyp+Note=Therapy®, a system that uses music for hypnotic induction, ratification, and transformation. James holds a Masters Degree in Communication and Information Studies from

Rutgers University. He is a member of MENSA and he lives, works, plays, and practices here in the beautiful Valley of the Sun, Arizona.

Alan Handelsman has Books for Sale

Over the years I've collected a fairly large library of books on hypnosis and other related subjects. I am selling a large portion of these books, and would like to make them available to ASPH members who might want to build a library of their own, or who might even be looking for that one unusual or special book.

There are some standard books, but there are some very unusual and even rare ones as well. Most of them are in very good or excellent condition.

You are welcome to look at the attached list of some of these books, or call me to make an appointment to browse the shelves at my office.

They will only be available for sale for about a month. So, if you have any questions, see something you like, or would like to stop by the office please call or text me today at: [602-478-8346](tel:602-478-8346).

Thank you,

Alan Handelsman

602-478-8346

alanhand@aol.com

4300 N. Miller Rd.

STE 110#4

Scottsdale AZ 85251

Books for Sale:

Just added: Bryan Jr., Wm. J., *The Complete Hypno-Programming System of America's Foremost Hypnoanalyst Pts. 1&2* 1986 \$125

1. Acker, William. *Kyudo: The Japanese Art of Archery* 1998 \$20
2. Andersen, Marianne and Savary, Louis. *Passages: A Guide for Pilgrims of the Mind*. 1973. \$6
3. Ashley, Joyce. *Overcoming Stage Fright in Everyday Life*. 1996 \$5

4. Benson, Herbert. *The Relaxation Response* 1975 \$6
5. Berne, Eric. *Intuition and Ego States* 1977 \$30
6. Bohm, David & Peat, David *Science, Order, and Creativity* 1987 \$7
7. Borysenko, Joan *The Ways of The Mystic* 1997 \$5
8. Boyne, Gil. *Hypnosis: New Tool In Nursing Practice* 1982 Hardback \$60
9. Caddy, Eileen *Flight Into Freedom* 1988 \$5
10. Callahan, Roger. *Why Do I Eat When I'm Not Hungry?* 1991 Hardback \$6
11. Canfield & Hansen. *2nd Helping of Chicken Soup For The Soul* 1995 \$5
12. Canfield & Hansen. *3rd Serving of Chicken Soup for the Soul* 1996 \$4
13. Cannon, Walter B. *The Wisdom of the Body* 1939 \$14
14. Carter, Mildred. *Hand Reflexology: Key to Perfect Health* 1975 \$5
15. Dossey, Larry. *Prayer is Good Medicine* 1996 \$5
16. Dossey, Larry M.D. *Be Careful What You Pray For... You Just Might Get It* 1997
Hardback \$6
17. Durban, Paul G. *Human Trinity Hypnotherapy* 1993 Signed \$200
18. Ellen, Arthur. *The Intimate Casebook of a Hypnotist* 1968 \$15
19. Garfield, Patricia *Creative Dreaming* 1974 \$4
21. Hawking, Stephen. *A Brief History of Time* 1988 Hardback \$9
22. Hendrix, Harville. *Getting the Love You Want* 1988 \$5
23. Hilgard & Gilgard *Hypnosis In The Relief Of Pain* 1975 Hardback \$125
24. Horn, Paul. *Inside* 1969 CD \$4
26. Howard, Vernon. *Psychopictography* 1970 \$4
28. Kemper, Robert G., *An Elephant's Ballet* 1977 Hardback, Signed \$10
29. Keyes, Ken Jr. *Your Life Is A Gift, So Make The Most Of It.* 1987. \$6
30. Kubler-Ross, Elisabeth. *Death, The Final Stage of Growth* 1975 \$6

31. Kuhn, Thomas. *The Structure of Scientific Revolutions*, 2nd Edition \$5
32. LaBerge, Stephen. *Lucid Dreaming* 1985 \$5
33. Laskow, Leonard, *Healing With Love*, 1992 \$6
34. Lieberman, David. *Get Anyone to Do Anything* CD \$8
35. Lorayne & Lucas *The Memory Book* 1974 \$6
36. McGill, Ormond, *The Art of Stage Hypnotism* 1975 Hardback \$50
37. McGill, Ormond, *Professional Stage Hypnotism* 1977 Hardback \$50
38. Mindell, Amy. *Metaskills: The Spiritual Art of Therapy* 1995 \$15
39. Norwood, Robin. *Women Who Love Too Much*. 1985 \$8
40. Ornstein, Robert E. *The Psychology of Consciousness*. 1972. \$5
41. Ostrander & Schroeder, *Psychic Discoveries Behind the Iron Curtain* 1970 \$10
42. Oyle, Irving, *The Healing Mind* 1975 \$5
42. Poole, Judith. *More Than Meets The Eye* 1999 \$10
43. Prabhupada, Swami. *The Journey of Self-Discovery* 1997 Hardback \$9
44. Richardson, Cheryl. *Life Makeovers* 2000 \$8
45. Ruiz, Don Miguel *The Mastery Of Love* 1999 \$7
46. Schwartz, David. *The Magic of Self Direction* 1965 \$5
47. Seifer, Marc. *The Definitive Book of Handwriting Analysis* 2009 \$948. Shelly, Norman. *90 Days To Self-Health* 1977 \$9
49. Siegel, Bernie. *Peace, Love & Healing* 1989 Hardback \$5
50. Simonton, O. Carl, et al. *Getting Well Again* 1978 \$5
51. Spiegel, Herbert & David. *Trance and Treatment: Clinical Uses of Hypnosis*. 1978 \$10
52. Tracy, Dr. David T. *How To Use Hypnosis*. 1952, Hardback. \$5
54. Webster, Richard. *Cashing In On Past Lives* 1989 \$4
55. Yalom, Irvin D., *Existential Psychotherapy* 1980 Hardback \$20
56. Yogananda, Paramahansa. *Man's Eternal Quest* 1975 \$6

TUESDAY MEETINGS: 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Sam Sterk, our current ASPH vice-president.

Sam Sterk, Ph.D., CC-AASP # 177

peakplus@aol.com

OFFICERS

President: Kate Ellis – kellis19@hotmail.com

Vice-President: Sam Sterk, Ph.D. – peakplus@aol.com

Secretary: – Debbi Combs asphsecretary@gmail.com

Treasurer: Jodi Hert – jodi@healthyhearthyypnosis.com

Technical Adviser: Glen Robinson – glenford.robinson@gmail.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a **\$35.00** check, **“PAY TO THE ORDER OF ASPH”**

Mail to:

Jodi Hert, ASPH Treasurer

16845 South 11th Way

Phoenix, AZ 85048

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

ASPH HAS OUR OWN JEWELRY

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and “Arizona Society for Professional Hypnosis” on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

A GIFT FROM KATE ELLIS, OUR ASPH PRESIDENT

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CCht The Healing Quest (480) 695-1936

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email asphsecretary@gmail.com with your name, phone number and email address.

Debra LeBouton drdeb17@msn.com 480-264-1399

Carol Becker www.carollifecoach.com 480-800-7777

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

James Giunta James.M.Giunta@gmail.com 732-272-7230

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

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Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

**Mail to: Jodi Hert, ASPH Treasurer
16845 South 11th Way
Phoenix, AZ 85048**