



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, January 2, 2018

6:30 – 8:30 P.M. SHARP

Presenter – Victoria Gallagher

Topic – “Law of Attraction “

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 7

<https://maps.google.com/maps?hl=en&tab=nl>

Presentation – Increase Hypnosis Success with Law of Attraction

Take your hypnosis practice and your hypnosis clients to the next level by working with the principals of Law of Attraction. When you understand how Law of Attraction works, it will add a new dimension to how you work with clients as well as how you go about manifesting new customers into your practice.

~ Learn Basics of Law of Attraction.

~ What does it mean to Manifest?

~ How to Manifest Money, Love, and Health.

~ How to Incorporate Law of Attraction into Hypnosis Sessions.

~ Create Better Affirmations and Hypnotic Suggestions.

~ Practicing Gratitude to Attract more of what you want.

~ Combine Intention with Law of Detachment to Energize Your Desires.

Finally, Participants will be guided through a Powerful Law of Attraction Trance Session to Boost Attractiveness.

Bio

Victoria Gallagher is a Certified Master Hypnotist, NLP Trainer, and **Law of Attraction** facilitator. Specializing in career and business success, Victoria helps entrepreneurs, business professionals, and personal growth seekers to overcome fear, doubt, worry, and negativity and develop a success-oriented mindset of confidence, self-belief, abundance, and positivity so they can attract what they want in their personal and professional lives.

As founder of Hyptalk.com, PersonalGrowthClub.com, and Access Your Success Seminars, Victoria creates effective self-help and meditative recordings delivered through her online courses, audio programs, and live seminars. She has dedicated her life to empowering people all over the world to successfully live a life of liberty that is aligned with their dreams.

Victoria is considered one of the top hypnotists in the world by hypnosis organizations, her fans, and her colleagues and is known as a **Law of Attraction** expert. Like some of you here, she has been practicing **Law of Attraction** for many years. Today she is able to teach us the “how to” and the first step for making it work.

As founder of Hyptalk.com, in 1999 (and about 30 other websites) Victoria attributes her online success to using **Law of Attraction** in her business as well as in her hypnotic scripts.

SKYPE

Dear ASPH members,

If you are not able to make it to Scottsdale on Tuesday night, please join us via Skype by going to the link below:

[ASPHTechie](#)

To test your software, just hit the link above to make sure your software is up to date. If you have questions or want to do a sample session to test your computer hardware, feel free to call me to arrange one.

Glen Robinson
Technical Adviser to the Board
Arizona Society for Professional Hypnosis
Glenford.robinson@gmail.com
Phone: (520) 460-7004

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact me directly at the mobile number listed below.

Message from Our President, Sam Sterk Ph.D.

Sam Sterk, PhD, CMPC # 177

Tel/Fax: 480-767-0956 Cell: 480-861-6718

Email: peakplus@aol.com www.peakplusaz.com

President Sam Sterk's Address to ASPH:

As your new ASPH President I'd like to share my vision and goals for this next year. I do appreciate all of you who nominated and elected me to this position. I promise you one thing: I will do my very best to help this organization grow and be even more vibrant than it already is. I truly thank my leadership team for helping out.

Goal Number one:

Increase our membership by at least 30%. To that end, I am forming a new outreach committee and will need your help. This membership committee is charged with increasing our membership. This will bring additional referrals and speakers to ASPH. In addition, this committee will utilize Social Media to get the word out i.e. Facebook, U-tube and email blasts. Please help ASPH by volunteering for this committee. I would like this group to form as soon as possible and let's roll up our shirt sleeves and make a difference! In our first ASPH Meeting this year, I will ask for 4-5 committed members who can help grow our membership.

Goal Number Two:

I'd like to plan a 2 day weekend professional conference that will highlight the talents that lie within our organization. We have considerable talent within ASPH. It is my hope to be able to have this conference in early-mid September, 2018. I will need a committee to organize the major conference themes and topics, decide on speakers, prepare a brochure/flyer to distribute, determine fees, vendor tables, and ways to best market this conference. It should be pointed out that this conference will also draw potential new members to our organization. This conference can generate new referrals for practitioners. I will ask for 4-5 committed members who can help plan and market this conference.

Both committees will periodically meet with the ASPH President whose role it is to consult with the committees.

Let's make this year the most vibrant one ever. I need your help to accomplish those ends. While we forge ahead I promise we will continue to offer great monthly speakers.

Thank you

Sam Sterk, Ph.D., CMPC # 177 I am available to anyone who would like to speak to me at: 480-861-6718

Thank You to Kate Ellis, Our Outgoing ASPH President

Kate has worked very hard the past two years for ASPH. Thank you, Kate.

Kate created a very impressive hypnosis lending library for ASPH members. She bought many of the materials herself and transferred many old audio tape recordings and VHS tapes to CDs and DVDs. Kate got our meetings onto SKYPE so that members could participate without having to leave their home or office. She has had to unexpectedly fill in when a presenter was not able to show up and did a very admirable job of it. Kate has updated our Systems Manual which is the rulebook for ASPH and the officers. That was no small undertaking.

I know I have not come close to listing all of Kate's accomplishments for ASPH, but thank you Kate for all of your dedication and hard work.

All of our ASPH presidents have worked very hard and created a wonderful organization for hypnotists/hypnotherapists to have an educational avenue that benefits the participants and every client they work with. Kate has done an excellent job of adding her name to this list.

Thank you Sam Sterk for filling the ASPH vice-presidency the past two years and now Sam is starting off his term as president with some impressive goals. Ted Frieband, our new vice-president, has lined us up with a new speaker for January 2018 that has a new presentation topic that sounds fascinating.

Also, thank you Jodi for remaining in our treasurer position. You do an excellent job of handling the finances for ASPH even though you have many personal responsibilities that keep you busy on your home front. We appreciate you dedicating some of your time to ASPH.

And, last but not least in my opinion, thank you to myself for being secretary. I enjoy the job and thank each of you, our members for electing me and giving me some purpose in my life.

Have very safe and wonderful holidays and hopefully I will see you January 2, 2018 at our next meeting.

Debbi

Alan Handelsman has Books for Sale

Over the years I've collected a fairly large library of books on hypnosis and other related subjects. I am selling a large portion of these books, and would like to make them available to ASPH members who might want to build a library of their own, or who might even be looking for that one unusual or special book.

You are welcome to look at the attached list of some of these books, or call me to make an appointment to browse the shelves at my office.

If you have any questions, see something you like, or would like to stop by the office please call or text me today at: [602-478-8346](tel:602-478-8346).

Thank you,

Alan Handelsman

602-478-8346

alanhand@aol.com

4300 N. Miller Rd.

STE 110#4

Scottsdale AZ 85251

Books for Sale:

Ashley, Joyce. *Overcoming Stage Fright in Everyday Life*. 1996 \$5

Berne, Eric. *Intuition and Ego States* 1977 \$30

Bohm, David & Peat, David *Science, Order, and Creativity* 1987 \$7

Boyne, Gil. *Hypnosis: New Tool In Nursing Practice* 1982 Hardback \$60

Bryan Jr., Wm. J., *The Complete Hypno-Programming System of America's Foremost Hypnoanalyst Pts. 1&2* 1986 \$125

Caddy, Eileen *Flight Into Freedom* 1988 \$5

Cannon, Walter B. *The Wisdom of the Body* 1939 \$14

Dossey, Larry. *Prayer is Good Medicine* 1996 \$5

Durban, Paul G. *Human Trinity Hypnotherapy* 1993 Signed \$200

Hawking, Stephen. *A Brief History of Time* 1988 Hardback \$9

Hendrix, Harville. *Getting the Love You Want* 1988 \$5

Hilgard & Hilgard *Hypnosis In The Relief Of Pain* 1975 Hardback \$125

Kemper, Robert G., *An Elephant's Ballet* 1977 Hardback, Signed \$10

Laskow, Leonard, *Healing With Love*, 1992 \$6

Lieberman, David. *Get Anyone to Do Anything* CD \$8

McGill, Ormond, *The Art of Stage Hypnotism* 1975 Hardback \$50

McGill, Ormond, *Professional Stage Hypnotism* 1977 Hardback \$50

Mindell, Amy. *Metaskills: The Spiritual Art of Therapy* 1995 \$15

Poole, Judith. *More Than Meets The Eye* 1999 \$10

Yalom, Irvin D., *Existential Psychotherapy* 1980 Hardback \$20

TUESDAY MEETINGS – 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Ted Frieband, our current ASPH vice-president at TBAND1000@yahoo.com.

OFFICERS

President: Sam Sterk, Ph.D. – peakplus@aol.com

Vice-President: Ted Frieband – TBAND1000@yahoo.com

Secretary: – Debbi Combs asphsecretary@gmail.com

Treasurer: Jodi Hert – jodi@healthyhearthyypnosis.com

Technical Adviser: Glen Robinson – glenford.robinson@gmail.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a **\$35.00** check, “**PAY TO THE ORDER OF ASPH**”

Mail to:

Jodi Hert, ASPH Treasurer

16845 South 11th Way

Phoenix, AZ 85048

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

ASPH HAS OUR OWN JEWELRY

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and “Arizona Society for Professional Hypnosis” on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CCht The Healing Quest (480) 695-1936

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email asphsecretary@gmail.com with your name, phone number and email address.

Debra LeBouton drdeb17@msn.com 480-264-1399

Carol Becker www.carollifecoach.com 480-800-7777

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

Sandi Graves sandi@arizonafamilyhypnosis.com 480-628-5436

James Giunta James.M.Giunta@gmail.com 732-272-7230

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Martha Reed martha@insightsforlife-coach.com 623 249-5888

Tina Sacchi Tina@TinaSacchi.com 623-261-6167

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

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and paying online, or:

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Phoenix, AZ 85048***