



**Arizona Society For Professional Hypnosis**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**ASPH Newsletter Hyperlink**

**Next Meeting – Tuesday, February 6, 2018**

**6:30 – 8:30 P.M. SHARP**

**Presenter – Wally Muller**

**Topic – “Higher Mind System and Regression “**

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**Meeting Location**

**Scottsdale Senior Community Center**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 7**

**<https://maps.google.com/maps?hl=en&tab=nl>**

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### ***Presentation***

Wally Muller's presentation will be on his unique spin on regression and the Higher Mind system that allows the subconscious mind, the energy mind, the spirit mind, to leave the physical and go to a higher level where it has power beyond the normal subconscious. A level of mind of more understanding and change, where knowledge comes from unknown sources. A level of mind that goes beyond our normal understanding. A level of mind where the client becomes aware of what they need or want to change about themselves and where the answers on how to change are also there.

So come out and expand your mind.

### ***Bio***

Wally Muller was first thrust into using hypnosis in 2000. At the time he was a hand to hand combat and physical skills instructor for recruits with the Calgary Police Service and was introduced to guided imagery. His supervisor had taken a hypnosis course with Gerald Kein of the Omni Hypnosis Training Center in Florida to better understand the language used to influence the subconscious mind, not just in guided imagery, but also during a waking state.

Wally had no prior knowledge of the power of hypnosis, until he was tasked with using guided imagery during recruit training sessions. Later he was able to expand his knowledge when in 2003, Bob Brenner of Omni Hypnosis came to Calgary and taught an advanced hypnotherapy course and from then on Wally was hooked.

In 2008, Wally became a hypnosis instructor through the National Guild of Hypnotists and has been sharing his experience, knowledge and system, by training consulting hypnotists and hypnotherapists to bring more healing to the world.

Wally's hypnosis style is regression to cause similar to age regression using the knowledge and experiences of Dave Elman and Gerald Kein. In most cases Wally rounds off his two session system with what he calls Higher Mind, which is derived from Gerald Kein's Ultra Height system.

### ***Wally Muller***

#### ***Advanced Hypnosis/Calgary Hypnosis Academy***

202 Hawktree Bay N.W.

Calgary, Alberta, Canada T3G2Z3 – 403-816-2671

E-mail [adhypcal@telus.net](mailto:adhypcal@telus.net) Website [www.advancedhypnosiscalgary.com](http://www.advancedhypnosiscalgary.com)

National Guild of Hypnotists, Certified Instructor, Hypnotherapist and Past Life Facilitator  
You too can become a NGH Certified Consulting Hypnotist and a Certified Hypnotherapist.  
For information click here <http://www.advancedhypnosiscalgary.com/training.htm>

***Life member of the Hypnosis Society of Alberta and member of the Arizona Society of Professional Hypnotists***

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### **SKYPE**

Dear ASPH members,

If you are not able to make it to Scottsdale on Tuesday night, please join us via Skype by going to the link below:

[ASPHTechie](#)

To test your software, just hit the link above to make sure your software is up to date. If you have questions or want to do a sample session to test your computer hardware, feel free to call me to arrange one.

Glen Robinson  
Technical Adviser to the Board  
Arizona Society for Professional Hypnosis  
[Glenford.robinson@gmail.com](mailto:Glenford.robinson@gmail.com)  
Phone: (520) 460-7004

This technology requires that you have Skype on your computer or mobile device and that it must be updated to the most recent version.

For questions and concerns, you can try <http://www.skype.com> . Or you can contact me directly at the mobile number listed below.

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### ***Message from Our President, Sam Sterk Ph.D., CMPC #177***

My fellow ASPH M members and colleagues:

I'm honored to be your new President and will do my best to help ASPH grow.

We have two committees in place. One of the committees is focused on expanding our membership by reaching out to those who have not renewed their membership, and the use of Social Media to spread the news and recruit new members to our great organization.

The other committee is geared towards organizing a conference in 2018 about the various uses of Hypnosis. We have a lot of talent within our organization with versatile and well trained Hypnotists. Why

don't we tap from within and have a great 2-3 day conference? This would also serve to increase our organization's membership.

If you're interested in getting involved in any one of these committees, please get in touch with me, Sam Sterk.

Some individuals have expressed that they would like to see a change in venue, that is, our meeting location. While I do think it's next to impossible to please everyone, it is worthy to take a look at this issue. In the next few days, I will ask you to kindly take a couple of minutes of your time and answer a few questions about this issue. The questionnaire will be sent out in a separate mailing. The results of this questionnaire will provide statistical data about whether it's worthwhile to stay where we are or whether we should consider a move. In advance, I'd like to thank you for your help in securing this important data.

Please let me know if you'd like to be involved in any of these committees. To help us realize the goals of these two committees requires people such as yourselves. Now is as good time as ever to renew your membership. Thank you in advance.

Thank you for your attention to this matter.

Sam

**Sam Sterk, Ph.D., CMPC # 177**

**Email: [peakplus@aol.com](mailto:peakplus@aol.com)**

**Phone: 480-861-6718**

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**Questionnaire about the ASPH Venue & Member Satisfaction**

**Dear ASPH Members and Colleagues:**

**I would appreciate it if you could take a couple of minutes to respond to this questionnaire and email it back to me. This will help us assess the current venue, our meeting place, and your overall satisfaction with ASPH.**

**From 1-5 rate the following questions and/or statements. Please circle your answer.**

**5=the most**

**4=a lot**

**3=somewhat**

2=hardly

1=least

I feel a commitment to ASPH. 1. 2. 3. 4. 5.

Please explain: \_\_\_\_\_

I enjoy our ASPH fellowship. 1. 2. 3. 4. 5.

Please explain: \_\_\_\_\_

I'm intellectually and professionally stimulated by our ASPH presenters.

1. 2. 3. 4. 5.

I'm comfortable with our current ASPH venue.

1. 2. 3. 4. 5.

I'd like to see a change in our ASPH venue. 1. 2. 3. 4. 5.

Why? Please describe. \_\_\_\_\_

I'd like to see our ASPH grow in membership size.

1. 2. 3. 4. 5.

I'm interested in ASPH offering a 2-3 day yearly Hypnosis professional conference.

1. 2. 3. 4. 5.

I thank you for your interest in ASPH and taking your time to fill out this questionnaire. I'm interested in statistical data to evaluate the venue and people's feelings about ASPH. Hopefully, this information will help us evaluate our direction

In the header email line please write ASPH Questionnaire. Please email it back to me at:

[peakplus@aol.com](mailto:peakplus@aol.com)

Thank you

Sam

Sam Sterk, Ph.D., CMPC # 177

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**TUESDAY MEETINGS – 6:30 PM – 8:30 PM**

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

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**ASPH FEATURED SPEAKERS**

If you would like to be one of the ASPH featured speakers for this year, contact Ted Frieland, our current ASPH vice-president at [TBAND1000@yahoo.com](mailto:TBAND1000@yahoo.com).

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**OFFICERS**

**President:** Sam Sterk, Ph.D. – [peakplus@aol.com](mailto:peakplus@aol.com)

**Vice-President:** Ted Frieland – [TBAND1000@yahoo.com](mailto:TBAND1000@yahoo.com)

**Secretary:** – Debbi Combs [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)

**Treasurer:** Jodi Hert – [jodi@healthyhearthyypnosis.com](mailto:jodi@healthyhearthyypnosis.com)

**Technical Adviser:** Glen Robinson – [glenford.robinson@gmail.com](mailto:glenford.robinson@gmail.com)

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, [www.hypnosisaz.com](http://www.hypnosisaz.com)

and paying online, or:

Send a \$35.00 check, “PAY TO THE ORDER OF ASPH”

**Mail to:**

**Jodi Hert, ASPH Treasurer**

**16845 South 11<sup>th</sup> Way**

**Phoenix, AZ 85048**

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### **ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS**

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at [info@hypnosis.com](mailto:info@hypnosis.com). The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

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### **NOTES FROM THE SECRETARY: DEBBI COMBS**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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### **GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE**

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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### **ASPH HAS OUR OWN JEWELRY**

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and “Arizona Society for Professional Hypnosis” on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

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### **A GIFT FROM KATE ELLIS**

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CCht The Healing Quest (480) 695-1936

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### **NETWORKING**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com) with your name, phone number and email address.

Debra LeBouton [drdeb17@msn.com](mailto:drdeb17@msn.com) 480-264-1399

Carol Becker [www.carollifecoach.com](http://www.carollifecoach.com) 480-800-7777

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

Sandi Graves [sandi@arizonafamilyhypnosis.com](mailto:sandi@arizonafamilyhypnosis.com) 480-628-5436

James Giunta [James.M.Giunta@gmail.com](mailto:James.M.Giunta@gmail.com) 732-272-7230

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Martha Reed [martha@insightsforlife-coach.com](mailto:martha@insightsforlife-coach.com) 623 249-5888

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com) 623-261-6167

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

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**SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**Mail to: Jodi Hert, ASPH Treasurer  
16845 South 11<sup>th</sup> Way  
Phoenix, AZ 85048**