



[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – Tuesday, July 3, 2018

6:30 – 8:30 P.M. SHARP

Presenter – Dr. Ellie Wright

Topic – “Mind-Body connection in Psychoneuroimmunology”

Presenter – David Rodriguez

Topic – “Transpersonal Hypnotherapy”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 9

<https://maps.google.com/maps?hl=en&tab=nl>

Kate Ellis has secured ASPH a different room at the Scottsdale Senior Center for our meetings. We will be meeting in **Room 9**.

PRESENTATION: MIND-BODY CONNECTION IN PSYCHONEUROIMMUNOLOGY

This presentation aims to explain the importance of the interconnectedness of the human body. I will aim to help you understand the influence of our mind on our biochemistry pathways with an emphasis on the two way street: the brain-gut pathway and the gut-brain pathway. I will give you the big picture of the holistic aspect and dynamics of our health system from the neurotransmitters, to inflammatory markers, to gut biota, to our emotional wellbeing. The final purpose is to point to ways to improve the immune system through hypnosis, emotional detox, visualization, positive affirmations, and to allow the subconscious to do the healing.

BIO:

Dr. Ellie Wright NMD, CHT has been an avid international medical researcher and presenter for EGW Research Institute. She enjoys incorporating into her practice a mind/body approach to address the underlying emotional conflicts and blockages. She graduated from an accredited Naturopathic Medical school with a doctoral degree in medicine and she is licensed to practice medicine in Arizona as Naturopathic Physician. Her background includes a graduate certificate in Geriatric & Gerontology and Master in Aging. In her practice ***Magnolia Personalized Medicine*** she focuses on the holistic aspect of health incorporating: Clinical Hypnotherapy, Acupuncture, Orthomolecular therapy, Nutritional therapy, Homeopathy, Botanical Therapy, and Aminoacids injections. She has been trained in the Biological Medicine by the Paracelsus Swiss Academy and glad to incorporate European approaches. She has been influenced by advanced dynamic thinkers in medicine such as Jacque Lacan, Dr. Hamer, Dr. Jung, Dr. Rau, Dr. Milton Erickson, and Prof. Dr. Gunter Enderlein.

Degrees:

- Doctorate of Naturopathic Medicine, Southwest College of Naturopathic Medicine, Tempe, AZ
- Graduate Certificate in Gerontology and Geriatric Care, University of Arizona, AZ
- Master of Arts in Interdisciplinary Studies: Aging, Arizona State University, Phoenix, AZ
- Bachelor of Arts, Summa Cum Laude, Arizona State University, Phoenix, AZ

Hypnotherapy affiliations:

- Member of American Council of Hypnotist Examiners
- Member of Arizona Society of Professional Hypnosis

PRESENTATION: TRANSPERSONAL HYPNOTHERAPY

David Rodriguez practices what the late Dr. Allen Chips stated so well; “The word transpersonal means the crossing of body, mind, and spirit. It assumes that humans operate on all three levels, or that the mind, body, and spirit of an individual affect each other. Because human beings are of spiritual origin, this important component of the therapeutic paradigm should not be overlooked within the practice of hypnotherapy . . . Transpersonal hypnotherapy is a frame of thought in the field of hypnotherapy that embraces the clinical aspects of hypnosis, but also adds the client’s higher dimensional realities to therapeutic interventions when deemed appropriately beneficial to the client”.

There is plenty of evidence that the Transpersonal hypnosis approach is real. According to various teachings, we have been created in the image of God. God exists within each of us; therefore, we have the inherited power to transform ourselves and to raise our awareness to a higher level to mitigate long and short-term psychosomatic issues. He is a firm believer that each client that comes through the door is there by way of a higher will from the creator or higher-power forces. The transpersonal approach as stated by Dr. Chips... emphasizes that the “body, mind, and spirit affect each other, and hypnosis is the primary catalyst.”

BIO:

David Rodriguez holds a doctorate in the Philosophy of Clinical Hypnotherapy and is a certified Transpersonal Master hypnotherapist. He holds a bachelor degree from the University of Arizona. He served in the U.S. Air Force and worked for the U.S. Treasury Department. A lifetime metaphysical student and a laying on of hands healer who discovers in transpersonal hypnosis a higher call to complement the opportunity to be of service to others in their healing paradigm. His life journey has taught and prepared him for the opportunity to address matters within the metaphysical realm not necessarily as a teacher but rather as protagonist with the understanding that we are all together in this journey called life and that is up to us as a human race to stand up and speak up challenging ourselves to achieve higher spiritual grow beyond the expected societal norm.

HELLO CURRENT ASPH MEMBERS,

If you are already an active 2018 ASPH member, you are invited to join the new Facebook Group where you will be able to watch the ASPH Meetings live, or as a replay at a later time, in the Facebook group.

You can just follow this link and our ASPH Treasurer, Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2018 Membership Dues are up-to-date.

<https://www.facebook.com/groups/ASPHactivemembers/>

If you are not currently using Facebook, we will communicate other online options as soon as we have details available.

Thank you,
The ASPH Board

ASPH PRESIDENT'S ADDRESS JULY 3, 2018

Sam Sterk, Ph.D., CMPC # 177

Tel: 480-861-6718 Email:

peakplus@aol.com

www.peakplusaz.com

Why join and participate in ASPH?

Every profession has fellowships that meet frequently, excluding a yearly conference. The purpose of ASPH is to support our identity as Hypnotists and get monthly stimulation in the form of ideas that impact our professional lives and improve the way we practice Hypnosis. In addition, ASPH can serve as a Social Outlet for like-minded individuals who have the practice of Hypnosis as common ground. We can share ideas without a fear of being criticized. We try and have two speakers a month who present on hypnotic techniques, marketing of one's practice and/or other relevant subject matters. Your membership supports our not for profit organization and part of your dues also pay for your holiday party dinner. Did you know that ASPH also offers Continuing Education Units (CEU'S), that is, if you attend and sign in? Wow! So much for so little! Your yearly renewal fee is only \$35.00. Please consider coming to our meetings and joining our excellent organization.

We started to meet in Room 9 at the Scottsdale Granite Reef Senior Center and we had more privacy and there's been substantially reduced noise level.

Last month Ms. Karyn Peck volunteered to help begin calling members and non-members and reminding everyone to attend our monthly meetings, encourage others to renew their memberships, especially individuals who have not done so. Karyn would appreciate help. Please contact Sam Sterk and I will be glad to provide you with her contact information. Thank you, Karyn.

David Rodriguez volunteered to video tape for a couple of months (May and June). Thank you David. I'm looking for a video-taping volunteer for July and onwards. My contact information in the above, spells out ways to contact me. Videotaping and have it appear on Facebook Live Streaming is an important educational opportunity for members to view our meetings. This wonderful service was created by Ms. Jodi A. Hert, our treasurer.

If you're interested to be a speaker on a relevant Hypnosis technique, please contact our Vice President, Mr. Ted Frieband.

Finally, I'd like to challenge you to write an ASPH Blog by not later than the end of August, 2018. There will be first and second place winner. If your Blogs are chosen by the leadership team, you will be awarded a prize of money and a handsome certificate of Achievement, one worthy of hanging on your office wall.

The blog needs to be somewhere between 450-525 words. It needs to be woven and connected to our profession i.e. technique/techniques, a conceptual-theory presentation, a relevant history piece relating to Hypnosis or a bio about a famous Hypnotist. The winners, both first and second place, will have their blog appear in the ASPH website. This can also be a part of your marketing strategy. Who is eligible? ASPH Members.

Sam

Sam Sterk, Ph.D., CMPC # 177

MESSAGE FROM OUR VICE-PRESIDENT – TED FRIEBAND

I thank you for supporting our wonderful organization. Let's Grow! A few people approached me after the last meeting and said that they would help out with the membership committee which is good news but I didn't have a signup sheet so I didn't get any contact information. Anyone who wishes to volunteer please contact me at TBAND1000@yahoo.com? It is a minimal amount of work but it is extremely important.



[BeaHypnotist](http://www.beahypnotist.com)

www.beahypnotist.com

Scottsdale Hypnosis Institute 7 - Day Hypnotist Training in Scottsdale, Arizona
Dates: Sunday, September 16 – Saturday, September 22, 2018

Colleen Hitchcock

Scottsdale Hypnosis & Scottsdale Hypnosis Institute

Scottsdale Hypnosis Institute will provide 100 hour training for NGH Hypnotist Certification and will qualify students to join National Guild of Hypnotists.

Students will become a Certified Hypnotist or Consulting Hypnotist and member of NGH.

The course includes 25 hours of pre-work before the session and a 7-Day Intensive Course in Scottsdale.

Class starts on Thursday, May 17 at 8 am to 6 pm

and class ends on Wednesday, May 23.

Training is by NGH Board Certified Hypnotist, NGH Certified Instructor, and Certified Clinical Hypnotherapist, Colleen Hitchcock of Scottsdale Hypnosis.

Colleen has her B. S. in Education & 10 years experience as a Regional Manager of Boston Management Consulting Company doing Organizational Change in Fortune 100 Corporations. She is the owner of Scottsdale Hypnosis & Scottsdale Hypnosis Institute.

The Scottsdale Hypnosis Institute training session will be located at:

Scottsdale Hypnosis Institute

[13430 N. Scottsdale Road. Suite 104-5,](#)

[Scottsdale, AZ 85254](#)

The course will provide training for professionals such as doctors, dentists, psychologists, psychiatrists, and counselors in using hypnosis in their practice, people who want to set up their own hypnosis practice, or those individuals interested in self-hypnosis for their children, family members, and loved ones.

Price of the training is \$1695 and includes a 1 Year FREE membership to NGH (\$120).

1/2 down holds your spot as there is LIMITED SEATING.

Early Bird Special Price of \$1495 if paid on or before April 30, 2018.

Class Materials are \$155 for all your books, DVDs, recordings.

FREE \$200 of Bonus Materials including audio and hypnosis scripts of Melting Weight, Emotional Baggage, Fearless, Letting Go of Grief & Loss, and 20/20 Vision and a book of Creative Hypnosis Scripts by Colleen Hitchcock for students' future hypnosis sessions will also be gifted from Scottsdale Hypnosis.

The hotel arrangement is at the Marriott Fairfield Inn right next door to the office.

Group rate after May 16 is \$59/night, which is fabulous in Scottsdale.

If you have any questions visit www.ScottsdaleHypnosis.com & call Colleen at [602.614.4471](tel:602.614.4471).

ADVANCED HYPNOSIS COURSE BY WALLY MULLER

I will be running a basic through advanced hypnosis course in Calgary, Sept. 16 to 22. With the US dollar so much higher than the Canadian dollar it would be very reasonable for anyone wanting to learn all the facets of what I talked about at the presentation.

Since just about everyone at the Arizona society is already trained in hypnosis I thought I would make this offer.

Attention; Trained Hypnotists, Consulting Hypnotists and Hypnotherapists

For those of you that have already trained and are certified in hypnosis and since I will be running a 7 day, basic through advanced hypnosis course in Calgary, Sept. 16 to 22 I am making a special offer.

With the US dollar so much higher than the Canadian dollar it would be very reasonable for anyone wanting to learn all the facets of advanced regression and higher mind hypnotherapy.

What I am offering is the chance to take the advanced regression and higher mind on the last 5 days of the 7 day course. The cost would be \$1200.00 US dollars.

The weather is beautiful in Calgary in September and world famous tourist destination, Banff, Alberta, and the mountains are just an hour and a half away.

Wally Muller

Advanced Hypnosis/Calgary Hypnosis Academy

202 Hawktree Bay N.W.

Calgary, Alberta, Canada T3G2Z3 - [403-816-2671](tel:4038162671)

E-mail adhypcal@telus.net Website www.advancedhypnosiscalgary.com

National Guild of Hypnotists, Certified Instructor, Hypnotherapist and Past Life Facilitator

You too can become a NGH Certified Consulting Hypnotist and a Certified Hypnotherapist.

For information click here <http://www.advancedhypnosiscalgary.com/training.htm>

Life member of the Hypnosis Society of Alberta and member of the Arizona Society of Professional Hypnotists

TUESDAY MEETINGS – 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Ted Frieband, our current ASPH vice-president at TBAND1000@yahoo.com.

OFFICERS

President: Sam Sterk, Ph.D. – peakplus@aol.com

Vice-President: Ted Frieband – TBAND1000@yahoo.com

Secretary: – Debbi Combs asphsecretary@gmail.com

Treasurer: Jodi Hert – jodi@healthyhearthyhypnosis.com

Parliamentarian – Thomas Wheeler

Technical Adviser: Glen Robinson – glenford.robinson@gmail.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, “PAY TO THE ORDER OF ASPH”

Mail to:

**Jodi Hert, ASPH Treasurer
16845 South 11th Way
Phoenix, AZ 85048**

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at info@hypnosis.com. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

ASPH HAS OUR OWN JEWELRY

ASPH members can thank **Michael DeSchalit** for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and “Arizona Society for Professional Hypnosis” on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CCht The Healing Quest (480) 695-1936

NETWORKING

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email asphsecretary@gmail.com with your name, phone number and email address.

Debra LeBouton drdeb17@msn.com 480-264-1399

Lindsay Brady hypnotherapist@lbrady.com 480-966-8571

James Giunta James.M.Giunta@gmail.com 732-272-7230

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

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