

# **Arizona Society For Professional Hypnosis**

www.hypnosisaz.com

**ASPH Newsletter Hyperlink** 

Next Meeting – Tuesday, August 7, 2018 6:30 – 8:30 P.M. SHARP

Presenter - Ted Frieband

Topic – "Pain Management with Hypnosis"

**Demonstrations.... Volunteers Welcome... Invite Your Friends!** 

**Meeting Location** 

**Scottsdale Senior Community Center** 

1700 North Granite Reef Road

Scottsdale AZ 85257

**Meeting Room 9** 

https://maps.google.com/maps?hl=en&tab=nl

# PRESENTATION: Pain Management with Hypnosis

Pain relief with hypnosis is easy and amazingly quick! There are thousands of people right here in Phoenix and hundreds of thousands of people nationwide needlessly suffering from aches and pains because they don't know that relief is simply a case of mind over matter. This presentation will discuss the nature of pain from the perspective of both biology and psychology and offer a method of dealing with it.

#### **BIO: Ted Frieband**

After 20 years in the computer business, Ted felt the need to work more directly with people so he enrolled in the hypnotherapy program at the Southwest Institute of Healing Arts and became certified by the American Board of Hypnotherapy. He is also a Smoking Cessation Specialist as certified by the International Hypnosis Federation and the North American Academy of Hypnosis. Ted is very happy to be making his mark on the world one client at a time.

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## **Kate Ellis**

July 18 at 1:25 PM

I just discovered our dear colleague Gertilyn Elinor D' Argenzio has transitioned. She was in Florida, so if any of our membership is in the area, here is the Celebration of Life information. All my bestest to you Gertilyn, I have enjoyed the many conversations we've had along the years. You have been a valued member of the Arizona Society for Professional hypnosis, your vibrancy shall be missed. Kate Ellis

# **UPCOMING TOPICS & PRESENTERS**

**September 4** – Jim Kellner

October 2 - Victoria Gallagher "Funnel Marketing"

November 6 – Paula Fowke "Safety & Boundary Issues" for Hypnotists/Hypnotherapists

**December 4** – Holiday Party

Sam Sterk, Ph.D., CMPC #177

Tel: 480-861-6718

Email: <a href="mailto:peakplus@aol.com">peakplus@aol.com</a>
<a href="mailto:peakplusaz.com">Website</a>: <a href="mailto:peakplusaz.com">peakplus@aol.com</a>

# **ASPH August 2018 President's address**

On July 9<sup>th</sup>, the ASPH board met to consider changes in our by-laws. The board arrived at a number of motions which will be mentioned in our August meeting. In turn, these amendments will need to be put for an affirmative 2/3 vote to the entire membership. These amendments will be mentioned in the August ASPH meeting but decided upon by a 2/3 membership vote.

We still need someone to handle the videotaping on a monthly basis. If you're interested, please contact me and I will arrange some video training with our esteemed Mr. David Rodriguez.

Ms. Karyn Peck is handling our membership drive by reconnecting with previous ASPH members and inviting them back into our wonderful fellowship. In July we had two presenters who knocked it out of the ball park. Their presentations were stellar. Dr. Ellie Wright discussed human stress, its impact on our bodies and Hypnotic Interventions. David Rodriguez, Ph.D., discussed Transpersonal Hypnotherapy. Just think, if you went privately to experience such high caliber speakers you'd have to shell out a considerable amount of money. But when you're part of our ASPH fellowship, such high caliber speakers are free. In addition, we have a holiday party where your dinner is paid by your yearly membership dues. If you have suspended your ASPH membership, please reconsider and join us. If you're not yet an ASPH member, you can visit us a couple of times and then simply join. Please consider bringing friends who are Hypnotists and/or training to be Hypnotists.

We have had an ongoing issue in having continuous videotaping coverage. Thank you to individuals like, Patrick Powers and David Rodriguez for stepping in to help us. But we do need an ongoing technical person to do our videotaping. I have discussed this with David Rodriguez and he is willing to do Videotaping training. To that end, he's agreed to meet with those interested in helping us at 5:30 on September 4<sup>th</sup> in Room 9 at the Granite Reef Senior Center. That's the date of our meeting in September, 2018. Please call him in advance to let him know of your interest. He can best be reached at: 602-574-5242. This promises to be an opportunity to learn videotaping techniques.

Another issue the board began to consider is the area of Harm to Self or others and what constitutes mandatory reporting.

If anyone wants to be an upcoming speaker, please contact Mr. Ted Frieband, our VP.

I always welcome suggestions to improve ASPH viability.

I thank you for your attention to this matter.

Sam Sterk

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# Hello Current ASPH Members,

If you are already an active 2018 ASPH member, you are invited to join the new Facebook Group where you will be able to watch the ASPH Meetings live, or as a replay at a later time, in the Facebook group.

You can just follow this link and our ASPH Treasurer, Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2018 Membership Dues are up-to-date. <a href="https://www.facebook.com/groups/ASPHactivemembers/">https://www.facebook.com/groups/ASPHactivemembers/</a>

If you are not currently using Facebook, we will communicate other online options as soon as we have details available.

Thank you,
The ASPH Board



# **BeaHypnotist**

## www.beahypnotist.com

Scottsdale Hypnosis Institute 7 - Day Hypnotist Training in Scottsdale, Ariz Sunday, September 16, - Saturday, September 22, 2018

## Colleen Hitchcock

Scottsdale Hypnosis & Scottsdale Hypnosis Institute

Scottsdale Hypnosis Institute will provide 100 hour training for NGH Hypnotist Certification and will qualify students to join National Guild of Hypnotists.

Students will become a Certified Hypnotist or Consulting Hypnotist and member of NGH.

The course includes 25 hours of pre-work before the session and a 7-Day Intensive Course in Scottsdale.

Class starts on Sunday, September 16 at 8 am to 6 pm

and class ends on Saturday, September 22.

Training is by NGH Board Certified Hypnotist, NGH Certified Instructor, and Certified Clinical Hypnotherapist, Colleen Hitchcock of Scottsdale Hypnosis.

Colleen has her B. S. in Education & 10 years experience as a Regional Manager of Boston Management Consulting Company doing Organizational Change in Fortune 100 Corporations. She is the owner of Scottsdale Hypnosis & Scottsdale Hypnosis Institute.

The Scottsdale Hypnosis Institute training session will be located at:

Scottsdale Hypnosis Institute

13430 N. Scottsdale Road. Suite 104-5,

Scottsdale, AZ 85254

The course will provide training for professionals such as doctors, dentists, psychologists, psychiatrists, and counselors in using hypnosis in their practice, people who want to set up their own hypnosis practice, or those individuals interested in self-hypnosis for their children, family members, and loved ones.

Price of the training is \$1695 and includes a 1 Year FREE membership to NGH (\$120).

1/2 down holds your spot as there is LIMITED SEATING.

Class Materials are \$155 for all your books, DVDs, recordings.

FREE \$200 of Bonus Materials including audio and hypnosis scripts of Melting Weight, Emotional Baggage, Fearless, Letting Go of Grief & Loss, and 20/20 Vision and a book of Creative Hypnosis Scripts by Colleen Hitchcock for students' future hypnosis sessions will also be gifted from Scottsdale Hypnosis.

If you have any questions visit www.ScottsdaleHypnosis.com & call Colleen at 602.614.4471.

## Advanced Hypnosis Course by Wally Muller

I will be running a basic through advanced hypnosis course in Calgary, Sept. 16 to 22. With the US dollar so much higher than the Canadian dollar it would be very reasonable for anyone wanting to learn all the facets of what I talked about at the presentation.

Since just about everyone at the Arizona society is already trained in hypnosis I thought I would make this offer.

Attention; Trained Hypnotists, Consulting Hypnotists and Hypnotherapists

For those of you that have already trained and are certified in hypnosis and since I will be running a 7 day, basic through advanced hypnosis course in Calgary, Sept. 16 to 22 I am making a special offer.

With the US dollar so much higher than the Canadian dollar it would be very reasonable for anyone wanting to learn all the facets of advanced regression and higher mind hypnotherapy.

What I am offering is the chance to take the advanced regression and higher mind on the last 5 days of the 7 day course. The cost would be \$1200.00 US dollars.

The weather is beautiful in Calgary in September and world famous tourist destination, Banff, Alberta, and the mountains are just an hour and a half away.

Wally Muller

Advanced Hypnosis/Calgary Hypnosis Academy

202 Hawktree Bay N.W.

Calgary, Alberta, Canada T3G2Z3 - 403-816-2671

E-mail adhypcal@telus.net Website www.advancedhypnosiscalgary.com

National Guild of Hypnotists, Certified Instructor, Hypnotherapist and Past Life Facilitator

You too can become a NGH Certified Consulting Hypnotist and a Certified Hypnotherapist.

For information click here <a href="http://www.advancedhypnosiscalgary.com/training.htm">http://www.advancedhypnosiscalgary.com/training.htm</a>

Life member of the Hypnosis Society of Alberta and member of the Arizona Society of Professional Hypnotists

**Thomas Wheeler here...**I discovered a great resource - a FREE NLP Workshop every Wednesday Night. I went to their meeting last week and was VERY IMPRESSED and, in turn, also made a point of inviting Mr. Thomason and members to our next ASPH meeting.

Where: NLP Coaching & Skills Training Institute. Office of Bill Thomason: 11811 N Tatum Blvd. #P113, Phoenix, AZ 85028, just south of PV Mall and Cactus at the corner of Paradise Village Pkwy in the mirrored-glass building. Come to the south entrance after business hours and the security guard will let you in. When: 7pm-8:30pm each evening. Contact Bill 602 321-7192 or email <a href="mailto:nlpskills@earthlink.net">nlpskills@earthlink.net</a> or <a href="mailto:bill@nlpskills.com">bill@nlpskills.com</a> to RSVP.

AND: Contact Bill Thomason at the NLP Coaching & Skills Training Institute offices in North Phoenix, Arizona. Call 602 321-7192 for NLP Coaching sessions by telephone or in office, or for workshop and certification registration.

#### TUESDAY MEETINGS - 6:30 PM - 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. Members should contact NGH themselves to have their credits recorded.

## **ASPH FEATURED SPEAKERS**

If you would like to be one of the ASPH featured speakers for this year, contact Ted Frieband, our current ASPH vice-president at **TBAND1000@yahoo.com**.

#### **OFFICERS**

President: Sam Sterk, Ph.D. - <u>peakplus@aol.com</u>

Vice-President: Ted Frieband – <u>TBAND1000@yahoo.com</u>

Secretary: - Debbi Combs <u>asphsecretary@gmail.com</u>

Treasurer: Jodi Hert - jodi@healthyhearthypnosis.com

Parliamentarian – Thomas Wheeler

Technical Adviser: Glen Robinson – <u>glenford.robinson@gmail.com</u>

#### ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, <u>www.hypnosisaz.com</u>

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Jodi Hert, ASPH Treasurer 16845 South 11<sup>th</sup> Way Phoenix, AZ 85048

#### ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your "professional hypnotist" contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Jodi Hert at <a href="mailto:info@hypnosis.com">info@hypnosis.com</a>. The one-time cost is \$35.00. You can also hand all your information and payment to Jodi at an ASPH meeting.

#### NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at *asphsecretary@gmail.com*.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to *asphsecretary@gmail.com*.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

## GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <a href="http://arizonaguide.com/events-calendar">http://arizonaguide.com/events-calendar</a> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

#### ASPH HAS OUR OWN JEWELRY

**ASPH** members can thank *Michael DeSchalit* for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

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## A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CCht The Healing Quest (480) 695-1936

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#### **NETWORKING**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email <u>asphsecretary@gmail.com</u> with your name, phone number and email address.

Debra LeBouton <u>drdeb17@msn.com</u> 480-264-1399

Lindsay Brady <u>hypnotherapist@lbrady.com</u> 480-966-8571

James Giunta James.M.Giunta@gmail.com 732-272-7230

Phil Hamilton phil@trancepathways.com 602-330-6886

Alan Handelsman alanhand@aol.com 602-478-8346

Sam Sterk peakplus@aol.com 480-767-0956

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## SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

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