



**[Arizona Society For Professional Hypnosis](#)**

**[www.hypnosisaz.com](http://www.hypnosisaz.com)**

**[ASPH Newsletter Hyperlink](#)**

**Next Meeting – Tuesday, January 8, 2019**

The first Tuesday of January 2019 is a holiday, New Year's Day, so ASPH will meet on Tuesday, January 8<sup>th</sup>.

**6:30 – 8:30 P.M. SHARP**

**Presenter – Skip Albright, MA, CHt.**

**Topic – “Utilizing the Science of Energy in Your Hypnosis Practice”**

**Demonstrations.... Volunteers Welcome... Invite Your Friends!**

**[Meeting Location](#)**

**[Scottsdale Senior Community Center](#)**

**1700 North Granite Reef Road**

**Scottsdale AZ 85257**

**Meeting Room 9**

**<https://maps.google.com/maps?hl=en&tab=nl>**

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**PRESENTER: Skip Albright**

**Topic: "Utilizing the Science of Energy in Your Hypnosis Practice"**

**"Everything is energy."** We've all heard that many times, and many people from Albert Einstein to myriad quantum physicists have proven it. Energy is at the core of virtually all of the sessions we as hypnotherapists conduct, but do we know that and use it to leverage our success? In this presentation you will learn how to use the science of energy directly in everything from your pre-talk, client coaching, metaphors, and direct suggestions. You will find this knowledge very effective and immediately applicable for the often-difficult-to-convince "analytical client" as well as increasing your obvious professionalism to everyone with whom you work in your practice.

**2<sup>nd</sup> Topic: Hypnotherapy Case Autopsy**

One of the best and most effective ways to teach and learn a new technique, glean a novel approach, or get assistance with a client issue approach is to examine a case success or failure. I know this is something that has been done within the ASPH in the past in some form or another, and in my former career as a Special Agent and as a Course Manager and Instructor at the Special Investigations Academy in Washington DC, I used this many times at senior agent training forums with great success. This month I will provide a case to examine, bringing with me my client intake information and results of the sessions that were conducted. Every hypnotherapist uses different techniques and approaches, and it can be very enlightening to learn what other hypnotherapists might have done in a similar case, particularly in a case where the desired success may not have been achieved.

If someone attending January's meeting has such a case they would like to offer for consideration, please feel free to bring your client intake information and I will happily yield the floor to you to present your case.

**BIO - Skip Albright MA, CHt.** is a Surprise, Arizona-based Clinical Hypnotherapist certified by the National Guild of Hypnotists. He received his training in hypnosis and hypnotherapy from the Knightsbridge Institute in Portland Oregon. He has also received specialized training in areas such as Emergency Hypnosis, Post-Traumatic Stress Disorder, Self-Hypnosis, and Pain Management. He is also Vice President of the Arizona Society for Professional Hypnosis. He earned a Master of Arts Degree in Management from Webster University and a Bachelor of Sciences Degree in Human Services from Thomas Edison State College. Skip is a retired Special Agent from the Air Force Office of Special Investigations where he conducted criminal, fraud and counterintelligence investigations worldwide. He was also an instructor and course manager at the Special Investigations Academy in Washington D.C.

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**Sam Sterk, Ph.D., CMPC # 177-ASPH President's Report Sam Sterk, Ph.D.**

**ASPH PRESIDENT'S MONTHLY ADDRESS**

ASPH is an amazing fellowship of like-minded Hypnotists that meet once a month at the Granite Reef Senior Center in Scottsdale. There, we hear a new presenter every month, ask questions and enjoy socializing and networking with one another. Happy New Year to all!

I'd like to welcome and congratulate the new ASPH Board. Mr. Skip Albright is our Vice President.

Debbi Combs is our Secretary/Treasurer.

Mr. Thomas Wheeler is our Parliamentarian.

Karyn Peck is our Technical Adviser. This is not a Board position, but we appreciate Karyn taking on this responsibility.

Last but not least, Sam Sterk, is delighted to serve as your President.

This is going to be a fabulous year. We promise to have excitingly stimulating monthly programs. Mr. Skip Albright will talk more about that on 01-08-2019, our first ASPH meeting in the New Year. We are intent on growing our membership. I would like to put forth the following challenges for 2019:

*How about if we all attend our monthly ASPH meetings? Speakers always feel encouraged and supported when they see larger numbers of people appearing.*

*How about if you try and bring another fellow Hypnotist and/or a student Hypnotist to our meetings?*

If you'd like to volunteer for a committee, please let the board know.

We'll need volunteers for the following committees:

Membership Growth and a Conference Planning Committee.

When we all do our part, this organization can and will become even more vibrant and viable. THANK YOU

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**ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS**

Membership Renewal Form

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and paying online, or:

Send a \$35.00 check, “PAY TO THE ORDER OF ASPH”

*Mail to:*

*Debbi Combs – ASPH Secretary/Treasurer*

*3747 West Desert Creek Lane*

*Anthem, AZ 85086*

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**OFFICERS**

**President: Sam Sterk, Ph.D. – [peakplus@aol.com](mailto:peakplus@aol.com)**

**Vice-President: Skip Albright – [skipnotherapy@gmail.com](mailto:skipnotherapy@gmail.com)**

**Secretary/Treasurer: – Debbi Combs [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com)**

**Parliamentarian: Thomas Wheeler – [majortomgroundcontrol@hotmail.com](mailto:majortomgroundcontrol@hotmail.com)**

**Technical Adviser: Karyn Peck – [karynpeck614@yahoo.com](mailto:karynpeck614@yahoo.com)**

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**UPCOMING TOPICS & PRESENTERS**

**January 8 – Skip Albright - “Utilizing the Science of Energy in Your Hypnosis Practice”**

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**Hello Current ASPH Members,**

If you are already an active 2019 ASPH member, you are invited to join the new Facebook Group where you will be able to watch the ASPH Meetings live, or as a replay at a later time, in the Facebook group.

You can just follow this link and Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2019 Membership Dues are up-to-date.

<https://www.facebook.com/groups/ASPHactivemembers/>

If you are not currently using Facebook, we will communicate other online options as soon as we have details available.

**Thank you,  
The ASPH Board**

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**Thomas Wheeler here...**I discovered a great resource - a FREE NLP Workshop every Wednesday Night. I went to their meeting last week and was VERY IMPRESSED and, in turn, also made a point of inviting Mr. Thomason and members to our next ASPH meeting.

*Where:* NLP Coaching & Skills Training Institute. Office of Bill Thomason: 11811 N Tatum Blvd. #P113, Phoenix, AZ 85028, just south of PV Mall and Cactus at the corner of Paradise Village Pkwy in the mirrored-glass building. **Come to the south entrance after business hours and the security guard will let you in.** *When:* 7pm-8:30pm each evening. Contact Bill 602 321-7192 or email [nlpskills@earthlink.net](mailto:nlpskills@earthlink.net) or [bill@nlpkills.com](mailto:bill@nlpkills.com) to RSVP.

**AND: Contact Bill Thomason at the NLP Coaching & Skills Training Institute offices in North Phoenix, Arizona. Call 602 321-7192 for NLP Coaching sessions by telephone or in office, or for workshop and certification registration.**

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#### ***TUESDAY MEETINGS – 6:30 PM – 8:30 PM***

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. ASPH Secretary/Treasurer Debbi Combs can tell you and verify for you the meetings you have signed in and attended. Members need to contact NGH themselves to have their credits recorded with NGH.

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#### ***ASPH FEATURED SPEAKERS***

If you would like to be one of the ASPH featured speakers for this year, contact Skip Albright, our current ASPH vice-president at [skipnotherapy@gmail.com](mailto:skipnotherapy@gmail.com).

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#### ***ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS***

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com). The one-time cost is \$35.00. You can also hand all your information and payment to Debbi at an ASPH meeting.

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**NOTES FROM THE SECRETARY: DEBBI COMBS**

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com).

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

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**GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE**

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

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**A GIFT FROM KATE ELLIS**

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

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### **ASPH HAS OUR OWN JEWELRY**

**ASPH** members can thank Michael DeSchalit for coming up with the idea, designing and creating an **ASPH** lapel pin. The pin has our **ASPH** logo and “*Arizona Society for Professional Hypnosis*” on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

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### **NETWORKING**

The following members are available to easily network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email [asphsecretary@gmail.com](mailto:asphsecretary@gmail.com) with your name, phone number and email address.

Debra LeBouton [drdeb17@msn.com](mailto:drdeb17@msn.com) 480-264-1399

Lindsay Brady [hypnotherapist@lbrady.com](mailto:hypnotherapist@lbrady.com) 480-966-8571

James Giunta [James.M.Giunta@gmail.com](mailto:James.M.Giunta@gmail.com) 732-272-7230

Phil Hamilton [phil@trancepathways.com](mailto:phil@trancepathways.com) 602-330-6886

Alan Handelsman [alanhand@aol.com](mailto:alanhand@aol.com) 602-478-8346

Martha Reed [martha@insightsforlife.center](mailto:martha@insightsforlife.center)

Tina Sacchi [Tina@TinaSacchi.com](mailto:Tina@TinaSacchi.com)

Sam Sterk [peakplus@aol.com](mailto:peakplus@aol.com) 480-767-0956

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### **SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET**

[www.selfgrowth.com](http://www.selfgrowth.com)

[www.hypnothoughts.com](http://www.hypnothoughts.com)

[www.linkedin.com](http://www.linkedin.com)

[www.facebook.com](http://www.facebook.com)

[www.twitter.com](http://www.twitter.com)

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**Mail to:**

**Debbi Combs - ASPH Secretary/Treasurer**

**3747 West Desert Creek Lane**

**Anthem, AZ 85086**

**HAPPY & SUCCESSFUL  
NEW YEAR – 2019**