



[Arizona Society For Professional Hypnosis](#)

www.hypnosisaz.com

[ASPH Newsletter Hyperlink](#)

Next Meeting – Tuesday, April 2, 2019

6:30 – 8:30 P.M. SHARP

Presenter – David Rodriguez

Topic – "Past Life Regression"

Demonstrations.... Volunteers Welcome... Invite Your Friends!

[Meeting Location](#)

[Scottsdale Senior Community Center](#)

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 9

<https://maps.google.com/maps?hl=en&tab=nl>

NOTE: We are meeting in Room 7 or Room 9 at the Scottsdale Senior Center. Ask at the front desk.

PRESENTER: David Rodriguez "Past Life Regression"

David will be conducting a live presentation where he will be asking for volunteers to address any psychosomatic issue(s) rooted in past life(s). Edgar Cayce said that, "It is not all of life, nor all of death to die; for one is the beginning of the other..." reading 2842-2. Therefore, in understanding that our souls live on then, by default, we are bound to create patterns that are not for our highest good. These can be transmuted but we also shall be asking, "How am I choosing to live my life?" Join us for this live presentation and remember to bring a friend.

BIO:

David A. Rodriguez holds a doctorate in the Philosophy of Clinical Hypnotherapy and is a certified Transpersonal Master Hypnotherapist. He holds a bachelor degree from the University of Arizona. David is a lifetime metaphysical student and a laying on of hands healer who discovered in transpersonal hypnosis a higher call to complement the opportunity to be of service to others in their healing paradigm. David's life journey has taught and prepared him for the opportunity to address matters within the metaphysical realm not necessarily as a teacher but rather as protagonist with the understanding that we are all together in this journey called life and that is up to us as a human race to stand up and speak up challenging ourselves to achieve higher spiritual growth beyond the expected societal norm.

Love and Soul Journey Through Time is a book written by David A. Rodriguez where the protagonist is the reader who is asked to contemplate past lives and life after-death through the lens of his clients under hypnosis. David also probes scientifically and metaphysically into the on-going conversation of Creation and Free will.

On the other hand, he gives a new perspective into relationships where we all stand to gain a more positive and happier outlook. There is also a call to pay attention to "mindfulness", dreams, and happiness. Each of these everyday events is a chapter to themselves as is "Love". And what shall be of professional interest is his chapter on "Transpersonal Hypnosis".

The book is available on any on-line media outlet as well as electronically (e-reader). It's twelve chapters (176 pages).

President's Address - Sam Sterk, Ph.D., CMPC # 177

Peak Performance Plus LLC

www.peakplusaz.com Email: peakplus@aol.com

Tel: 480-767-0956 or (Cell) 480-861-6718

ASPH is an amazing fellowship of like-minded Hypnotists that meet once a month at the Granite Reef Senior Center in Scottsdale. There, we hear a new presenter every month, ask questions and enjoy socializing and networking with one another. Please consider making it your business to expand your horizons and your knowledge by attending our monthly meetings. A larger turnout is very meaningful to our monthly presenters who tirelessly give of their professional time, both in their presentation preparations as well as in their actual ASPH talk. Please consider bringing a friend who is a hypnotist to our meeting. We provide CEU's simply for attending.

Last month (March, 2019), Sam Sterk, Ph.D., presented on Sport Hypnosis-Working with athletes and Pain Management using Hypnosis. On Tuesday April 2, we will have our own, David Rodriguez, Ph.D., present on Past Life Regression. Please come, socialize and absorb this valuable information.

Ms. Karyn Peck has volunteered to kick start a membership expansion committee. If anyone is interested in helping her out please call her at 1-928 533-1628 at her Prescott location. We are interested in growing our membership. How about if you bring another fellow Hypnotist and/or a student Hypnotist to our meetings? Any suggestions about who we should consider contacting to expand our ASPH organization?

I've added that in the last 15-20 minutes of every ASPH meeting we can have a case discussion, without any of the demographic details.

Upcoming workshops include Sport and Pain Management Certification by Sam Sterk, Ph.D., CMPC # 177 on May 11th, 2019 from 9-4:30pm. Included are Sam Sterk's book on Sport Hypnosis, a catered lunch, instructions and a handsome certificate. Call to register at 480-767-0956 by April 27th and benefit from a 10% discount.

Please contact Ms. Colleen Hitchcock, BCH, CCHt and an NGH instructor at 602-614-4471 for her upcoming workshops.

Thank you

Sam Sterk, Ph.D., CMPC # 177 Tel: 480-861-6718

From Alan Handelsman

I will be teaching a class called "Sitting Down for Health" at the Via Linda Senior Center in Scottsdale. The class will happen on two consecutive Saturdays, April 13 and 20th, from 10:30AM to 1:30PM.

I'm teaching at the Senior Center, but the class is open to anyone age 18 and above. It is through the Scottsdale Leisure Education department, so the cost is very low. You can learn more and register at: [Sitting Down for Health](#)

If you have questions, contact me directly at: alanhand@aol.com, 602-478-8346.

There are limits on the class size, so register NOW!

Description: We are taught that we must exercise and be physically active to achieve and maintain our health. However, there are times when we cannot stay active such as lying sick in bed, sitting in a wheelchair or airplane, or even during a visit to our out of town family. You don't have to feel unhealthy during those inactive hours, weeks, or years. In this two part class you will learn how you can be more in control, feel less stressed, and help your mind and body to maintain, and maybe improve your health and well-being even when you cannot be as active as you'd like to be.

TEACH NEW HYPNOTHERAPISTS...

Our Train the Trainer program is an unmatched training program that will take you further down the road toward being a power presenter and inspirational teacher.

The first half of the training is always about you as a trainer – including how to present, how to inspire and the perfect structure to apply to your brain to learn the best and fastest way.

The second half of any Trainers Training is all about content and using the models with the content so that you can grasp every concept with ease. When you're able to blend your own wisdom, experiences and storytelling with the actual content, your entire course will reach new heights in showing your true passion for your work.

Train The Trainer 2019

Scottsdale, Arizona June 6-14, 2019

Regular price is \$4997 Only a few seats left and ASPH members can get a seat for just \$3497

Use the Coupon code: ASPH and get the discount.

Sign up here: <http://thehypnoacademy.com/hypnosistrainer/>

Or here: <http://martincastorlive.com>

I will email everyone the full outline of this class presentation.

Debbi Combs - ASPH Secretary

Hello Current ASPH Members,

If you are already an active 2019 ASPH member, you are invited to join the new Facebook Group.

You can just follow this link and Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2019 Membership Dues are up-to-date.

<https://www.facebook.com/groups/ASPHactivemembers/>

**Thank you,
The ASPH Board**

Thomas Wheeler here...I discovered a great resource - a FREE NLP Workshop every Wednesday Night. I went to their meeting last week and was VERY IMPRESSED and, in turn, also made a point of inviting Mr. Thomason and members to our next ASPH meeting.

Where: NLP Coaching & Skills Training Institute. Office of Bill Thomason: 11811 N Tatum Blvd. #P113, Phoenix, AZ 85028, just south of PV Mall and Cactus at the corner of Paradise Village Pkwy in the mirrored-glass building. **Come to the south entrance after business hours and the security guard will let you in. When: 7pm-8:30pm each evening. Contact Bill 602 321-7192 or email nlpskills@earthlink.net or bill@nlpkills.com to RSVP.**

AND: Contact Bill Thomason at the NLP Coaching & Skills Training Institute offices in North Phoenix, Arizona. Call 602 321-7192 for NLP Coaching sessions by telephone or in office, or for workshop and certification registration.

TUESDAY MEETINGS – 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. ASPH Secretary/Treasurer Debbi Combs can tell you and verify for you the meetings you have signed in and attended. Members need to contact NGH themselves to have their credits recorded with NGH.

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Skip Albright, our current ASPH vice-president at skipnotherapy@gmail.com.

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Debbi Combs at asphsecretary@gmail.com. The one-time cost is \$35.00. You can also hand all your information and payment to Debbi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are

interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

ASPH HAS OUR OWN JEWELRY

ASPH members can thank Michael DeSchalit for coming up with the idea, designing and creating an ***ASPH*** lapel pin. The pin has our ***ASPH*** logo and "***Arizona Society for Professional Hypnosis***" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

NETWORKING

The following members are available to network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email Debbi Combs at asphsecretary@gmail.com with your name, phone number and email address. You do need to attend several meetings a year to be listed as a networker.

Alan Handelsman alanhand@aol.com 602-478-8346

Debra LeBouton drdeb17@msn.com 480-264-1399

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, ***"PAY TO THE ORDER OF ASPH"***

Mail to:

Debbi Combs - ASPH Secretary/Treasurer

3747 West Desert Creek Lane

Anthem, AZ 85086