



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, May 7, 2019

6:30 – 8:30 P.M. SHARP

Presenter – Bill Thomason

Topic – "*Modeling Excellent Behavior - The Core Protocol of NLP*"

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 9

<https://maps.google.com/maps?hl=en&tab=nl>

NOTE: We are meeting in **Room 7** or **Room 9** at the **Scottsdale Senior Center**. Ask at the front desk.

PRESENTER: Bill Thomason

Modeling Excellent Behavior - The Core Protocol of NLP

- 1.0 Introduction - to Bill Thomason and NLP Coaching & Skills Training Institute
- 1.1 30 Plus Years of Experience
- 1.2 Mentor Dr. Davisson PhD (Psychologist) in Dallas, TX
- 1.3 Tony Robbins seminar - Mind Revolution-Firewalk Experience
- 1.4 Did Stop Smoking, NOW! seminars in hotels. etc. all over Southwest US
- 1.5 Hypnosis is one of the 4 pillars of NLP
- 1.6 Tonight's experience is: Modeling Excellent Behavior-the core technology protocol of NLP
- 1.7 Build Unlimited Ability in your Hypnosis Clients (book The Life-Change Patterns of NLP-pg 41.)
- 2.0 When I have hypnosis clients
 - 2.1 Pre-talk - find 3 things to focus on
 - 2.2 Lay them back, turn lights down
 - 2.3 Do induction repeating suggestions
 - 2.4 What if you can do way more than just give suggestions in a closed eye trance?
- 3.0 NLP Brief History
 - 3.1 Foundation from modeling therapists
 - 3.1.1 Fritz Perlz - Whole is greater than the sum of it's parts
 - 3.1.2 Virginia Satir - Systems Theory
 - 3.1.3 Milton Erickson MD - Took hypnosis out of the dark ages into modern medical practice
 - 3.1.4 Gregory Bateson - Steps to an Ecology of Mind and introduced Levels of Learning
 - 3.2 Things in Common - Asked Good Questions
- 4.0 Tonight's NLP Life-Change Pattern - Behavior Modeling - If anyone can; you can!

4.1 Step 1: Think of a Limitation in Your Ability

4.1.1 Story - massage center

4.1.2 Guy wasn't getting repeat customers

4.1.3 Did this pattern and within 2 weeks was getting referrals, more \$\$

4.1.4 BREAK STATE

4.2 Step 3: Think of someone who demonstrates excellence

4.3 Complete the pattern (Steps 3-10)

5.0 Take questions.

Bullet Points:

- Bill Thomason - more than 30 years of experience, leader in the field of Neuro Linguistic Programming
- Represented Robbins Research in North Texas in late 1980's - promoted FireWalk seminars
- Worked with Fortune 500 execs across US and Canada
- Trained US Military Intelligence Trainers
- Did Stop Smoking, NOW! seminars throughout Southwest
- Bill will present an NLP Life-Change Pattern to Build Unlimited Ability in yourself and for your clients
- Understand the connection between Hypnosis and NLP
- Understand the power of language
- Learn the importance of asking great questions
- Learn basics of Behavior Modeling-the foundational technology behind NLP
- You have all the resources to accomplish any outcome; You may not have them organized properly

BIO: Bill Thomason is a world-class Executive Coach and Master NLP Trainer. With more than 30 years of experience, Bill has worked with Fortune 500 executives, US Military Intelligence Trainers, and with people just like you, including business leaders, teachers, doctors, lawyers, accountants, and health care professionals, and others across the United States and Canada. Bill started NLP Coaching & Skills Training institute to provide NLP coaching, workshops, and certification programs in NLP, Hypnosis, and

Coaching. Bill and his associates also provide business and management training in the areas of culture change, team-building, leadership, listening skills, public speaking, selling, and Principled Negotiating.

Bill Thomason

Executive Coach & Strategist

Certified NLP Master Trainer

www.nlpskills.com

602 321-7192

"A mind stretched to a new idea, never returns to its original dimension."

Oliver Wendell Holmes

<http://blog.ted.com/2010/11/30/the-walk-from-no-to-yes-william-ury-on-ted-com>

President's Address - Sam Sterk, Ph.D., CMPC # 177

Peak Performance Plus LLC

www.peakplusaz.com Email: peakplus@aol.com

Tel: 480-767-0956 or (Cell) 480-861-6718

ASPH is an amazing fellowship of like-minded Hypnotists that meet once a month at the Granite Reef Senior Center in Scottsdale. There, we hear a new presenter every month, ask questions and enjoy socializing and networking with one another. Please consider making it your business to expand your horizons and knowledge by attending our monthly meetings. A larger turnout is very meaningful to our monthly presenters who tirelessly give of their professional time, both in their presentation preparations as well as in their actual **ASPH** talk. Please consider bringing a friend who is a hypnotist to our meeting. We provide CEU's, simply for attending.

Last month (April 2019), David Rodriguez, Ph.D. presented on Hypnosis and past life regression. Thank you, David for a very stimulating presentation about this important topic.

Ms. Karyn Peck has volunteered to kick start a membership expansion committee. If anyone is interested in helping her out please call her at 1-928 533-1628 at her Prescott location. We are interested in growing our membership. How about if you bring another fellow Hypnotist and/or a student Hypnotist to our meetings? Any suggestions about who we should consider contacting to expand our **ASPH** organization?

I've added that in the last 15-20 minutes of every **ASPH** meeting we can have a case discussion, without any of the demographic details.

Upcoming workshops include **Sport and Pain Management Certification** by Sam Sterk, Ph.D., CMPC # 177 on May 11th, 2019 from 9-4:30pm. Included are Sam Sterk's book on Sport Hypnosis, a catered lunch, instructions and a handsome certificate. Call to register at 480-767-0956 or 480-861-6718 by April 27th and benefit from a 10% discount. Currently, there are two spots available for this class, so please register quickly.

Please contact **Ms. Colleen Hitchcock, BCH, CCHt and an NGH instructor** at **602-614-4471** for her upcoming workshops.

Thank you

Sam Sterk, Ph.D., CMPC # 177 Tel: 480-861-6718

UPCOMING PRESENTERS AND TOPICS

May – Bill Thomason -" Modeling Excellent Behavior - The Core Protocol of NLP "

June - Martin Castor Peterson - (Subject unknown to me)

July- Len Decarmine - Business Aspects of Hypno (specifically I don't know yet)

August - TBA

September - Ron Benninghoff - Hypno-birthing

October – TBA

November – TBA

December – Holiday Party

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Skip Albright, our current ASPH vice-president at skipnotherapy@gmail.com.

Aloha! Hello! From Tina Sacchi

Since our last time that we have come to gather in sacred space and ceremony, there has been a request to do another one and I hope you will join us. Whether you are Reiki attuned or not, you are welcome. It's all about channeling our Higher Souls to guide us to healing, clarity and direction. Our evening will also include a gratitude and sharing ceremony for

HEALING AND CREATING EMPOWERMENT

Also whether you can attend physically or energetically, you will receive healing loving energy. Those of you who cannot attend, there is a special long distance fee. You can also include your family and loved ones in our prayer circle and ceremony.

Check out details by clicking on the link below.

Monday, April 29, 2019

Smudging at 6:30pm

Reiki and Energy Share and Ceremony

Pre-pay by April 15 and pay \$33 non-refundable. Please reply back to this email if you would like an invoice for easy payment.

\$44 thereafterRSVP is a must due to limited space and much preparation. Thank you!

Once payment and RSVP acknowledged, Tina's Glendale, AZ healing studio address will be emailed to you.

Here is a link for more details: [HERE](#)

Tina Sacchi | Holistic Transformational Leader, Author and Consultant

Tina Sacchi is an expert in helping others connect with their passion and live authentically.

"I help people heal with alternative healing through sessions, retreats, & lectures."

Follow Me: [Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#) | [Radio Podcasts](#) | [Pinterest](#)

Website: www.TinaSacchi.com

Phone: 623-261-6167

Private Appointment: [Book Online](#)

Author: [My Spirit Is Not Religious: A Guide to Living YOUR Authentic Life](#)

All blessings to you!

Lynette Baumgart

I meet with a Circle Group to practice and study mediumship. We offer free to the public Energy Healing and Messages on the **1st Sunday of each month from 10-11:30AM.**

On the 3rd Friday of each month, starting at 7PM we offer again free to the public, a guided meditation lead by me along with sounds with singing bowls, chimes, etc., linguistic toning and energy healing.

If anyone is interested, it is at Tina Escoto's house; she converted her garage into a healing center. She has had a few hypnotherapy sessions with me and we discovered she has seen and communicated with spirits since she was an infant.

The address is:

6501 E Smokehouse Trail, Cave Creek 85331

Any questions, you can call me, **Lynnette Baumgart 602-509-8272**

Blessings to you all.

Helen Hess

COMFORT HYPNOSIS: Using Hypnosis for Pain Management

WHEN: Wednesday April 17th, 12 PM to 1 PM

WHERE: Harmony Hospice: 1200 N. El Dorado Pl, Ste B 200

CONTACT: Kenya Romero, 520-284-9334; kromero@harmonyhospice.org

REGISTRATION:

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eg1g95be9f631f62&oseq=&c=&ch=>

Presenter: Helen Hess, PMHNP-BC, CHT. Expert in Health Hypnosis

www.hesshypnosisheals.com



Sport Hypnosis Certification: Mental Edge Strategies

Presenter:
Sam Sterk, Ph.D., CMPC # 177
Tel: 480-767-0956 Email: peakplus@aol.com

<u>Dates & Time:</u>	<u>Address:</u>
Saturday May 11, 2019, from 9-4:30 pm	9035 E. Kalil Dr. Scottsdale, AZ 85260

Workshop Topics: Assessment Tools, Hypnosis Techniques-Traditional and Rapid Inductions, Stop Thought Techniques to help athletes Refocus, Reframing, Reframing, a Pre-competition plan and the Competition plan, Self-confidence in Sports, Visual Imagery in sports, Positive Self-talk and Injury recovery with the use of Hypnosis for athletes and the non- athlete population.

Reserve your entry by calling or Tel/Fax: 480-767-0956 or 480-861-6718.

Included are: Instruction, catered lunch, a signed copy of Sam's published book, Sport Hypnosis and a handsome certificate, worthy of hanging on your wall, all for \$295.00 The May 11, 2019 workshop registration with coupon is: **\$265.50, by April 27. The Coupon code: XZ1945#1 a 10% courtesy rate reduction.**

To Register: Call Tel/Fax: 480-767-0956 or (Cell) 480-861-6718 or Email: peakplus@aol.com If you register by email or fax include the following:

REGISTRATION:

Enter the Coupon Code: _____

Your Name: _____ **Address and zip code:**

Address and zip code: _____

Phone number: _____ **Credit card name (Visa or Master card)**

_____ **Card number:** _____

Exp. Date: _____ **Security Code (back of credit card):** _____

Name Signature: _____

You can fax the form to 480-767-0956 or email it to peakplus@aol.com Please write your registration detail neatly.

Sam Sterk, Ph.D.

If you have any questions, please call me (Sam Sterk) at: 480-861-6718

TEACH NEW HYPNOTHERAPISTS...

Our Train the Trainer program is an unmatched training program that will take you further down the road toward being a power presenter and inspirational teacher.

The first half of the training is always about you as a trainer – including how to present, how to inspire and the perfect structure to apply to your brain to learn the best and fastest way.

The second half of any Trainers Training is all about content and using the models with the content so that you can grasp every concept with ease. When you're able to blend your own wisdom, experiences and storytelling with the actual content, your entire course will reach new heights in showing your true passion for your work.

Train The Trainer 2019

Scottsdale, Arizona June 6-14, 2019

Regular price is \$4997 Only a few seats left and ASPH members can get a seat for just \$3497

Use the Coupon code: ASPH and get the discount.

Sign up here: <http://thehypnoacademy.com/hypnosistrainer/>

Or here: <http://martincastorlive.com>

I will email everyone the full outline of this class presentation.

Hello Current ASPH Members,

If you are already an active 2019 ASPH member, you are invited to join the new Facebook Group.

You can just follow this link and Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2019 Membership Dues are up-to-date.

<https://www.facebook.com/groups/ASPHactivemembers/>

**Thank you,
The ASPH Board**

Thomas Wheeler here... I discovered a great resource - a FREE NLP Workshop every Wednesday Night. I went to their meeting last week and was VERY IMPRESSED and, in turn, also made a point of inviting Mr. Thomason and members to our next ASPH meeting.

Where: NLP Coaching & Skills Training Institute. Office of Bill Thomason: 11811 N Tatum Blvd. #P113, Phoenix, AZ 85028, just south of PV Mall and Cactus at the corner of Paradise Village Pkwy in the mirrored-glass building. **Come to the south entrance after business hours and the security guard will let you in.** *When:* 7pm-8:30pm each evening. Contact Bill 602 321-7192 or email nlpskills@earthlink.net or bill@nlpskills.com to RSVP.

AND: Contact Bill Thomason at the NLP Coaching & Skills Training Institute offices in North Phoenix, Arizona. Call 602 321-7192 for NLP Coaching sessions by telephone or in office, or for workshop and certification registration.

TUESDAY MEETINGS – 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. ASPH Secretary/Treasurer Debbi Combs can tell you and verify for you the meetings you have signed in and attended. Members need to contact NGH themselves to have their credits recorded with NGH.

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Debbi Combs at asphsecretary@gmail.com. The one-time cost is \$35.00. You can also hand all your information and payment to Debbi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis

techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link:

<http://arizonaguide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

ASPH HAS OUR OWN JEWELRY

ASPH members can thank Michael DeSchalit for coming up with the idea, designing and creating an **ASPH** lapel pin. The pin has our **ASPH** logo and "**Arizona Society for Professional Hypnosis**" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

NETWORKING

The following members are available to network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email Debbi Combs at asphsecretary@gmail.com with your name, phone number and email address. You do need to attend several meetings a year to be listed as a networker.

Alan Handelsman alanhand@aol.com 602-478-8346

Debra LeBouton drdeb17@msn.com 480-264-1399

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, **"PAY TO THE ORDER OF ASPH"**

Mail to:

Debbi Combs - ASPH Secretary/Treasurer

3747 West Desert Creek Lane

Anthem, AZ 85086