



Arizona Society For Professional Hypnosis

www.hypnosisaz.com

ASPH Newsletter Hyperlink

Next Meeting – Tuesday, September 3, 2019

6:30 – 8:30 P.M. SHARP

Presenter – Ron Benninghoff

Topic – “*HypnoBirthing*®”

Demonstrations.... Volunteers Welcome... Invite Your Friends!

Meeting Location

Scottsdale Senior Community Center

1700 North Granite Reef Road

Scottsdale AZ 85257

Meeting Room 9

<https://maps.google.com/maps?hl=en&tab=nl>

Presenter: Ron Benninghoff

Presentation: HypnoBirthing®

When you hear the term HypnoBirthing® the first thing that pops into your mind as a hypnotherapist is teaching someone to do self-hypnosis and pain control and you are done. At least this is what I thought before becoming a HypnoBirthing® Childbirth Educator.

HypnoBirthing® is a rewarding, relaxing, stress-free method of birthing for the mother and baby that is based on the belief that all babies should come into the world in an atmosphere of gentility, calm and joy. When the mother is properly prepared for birthing physically, mentally, emotionally and spiritually, she can experience that sort of joy. Birthing her baby in an easier, more comfortable and often even pain free experience.

HypnoBirthing® returns to a woman the art of birthing in a way that allows her to summon her natural birthing instincts and to birth her baby safely and with ease.

Ron Benninghoff Bio:

Ron Benninghoff, CHt HBCE (HypnoBirthing Childbirth Educator) is a Phoenix, Arizona based Clinical Hypnotherapist certified by the National Guild of Hypnotists. He received his training in hypnosis and hypnotherapy from Southwest Institute of Healing Arts (SIHA) in 2009. Training included Past Life Regression, Spirit Releasement Script writing and many other programs. Shortly after completing training at SIHA, Ron went to study Advanced Hypnotherapy with Cal Banyan and learned to use Regression Therapy. Ron is a Certified 5 Path practitioner and 7 Path instructor. He has been trained with many of the greats such as Don Rice (Hypnosis Gastric Band Hypnosis) , Michael DeSchalit, Jerry Valley & Tommy Vee (Hypnosis Gastric Band Hypnosis and Stage), Sean Michael Andrews (Speed Inductions) Patti Freeman (Forensic hypnosis) , Terry Stoke and Mark Yuzuik for stage hypnosis. This resulted in Ron doing 18 hypnosis shows in San Diego CA for sold out crowds. Most recently Ron completed HypnoBirthing® . Ron recently hung up his 45 year career in computer programming to start Phoenix Hypnosis.

Sam Sterk, Ph.D., CMPC # 177

Peak Performance Plus LLC

www.peakplusaz.com Email: peakplus@aol.com

Tel: 480-767-0956 or (Cell) 480-861-6718

ASPH is an amazing fellowship of like-minded Hypnotists that meet once a month, the first Tuesday at 6:30 PM, at the Granite Reef Senior Center in Scottsdale. We hear a new presenter every month, ask questions and enjoy socializing and networking with one another. Consider making it your business to

expand your horizons and your knowledge by attending our monthly meetings. A larger turnout is always meaningful to our monthly presenters who tirelessly give of their professional time, both in their preparations as well as in their actual ASPH presentation. Bring a friend or friends who are hypnotists or individuals who happen to have an interest in Hypnosis. Our yearly membership fee is extremely reasonable. If you have any additional questions, please discuss membership with Ms. Debbi Combs, our Secretary/Treasurer. We also provide CEU's, simply for attending our meeting. If you'd like to be considered as a speaker at one of our monthly meetings, please discuss this with our Vice President, Mr. Skip Albright. Both Debbi's and Skip's contact information is listed in our newsletter.

This month on August 6, 2019, we had Mr. Skip Albright present on how to establish a Hypnosis practice. Questions and answers provided made this presentation a wonderful interactive experience.

Next month, September 3, 2019 at 6:30 PM we'll have **Mr. Ron Benninghoff** present on **HYNOBIRTHING**. This is a must see presentation as Ron always does a superb job when he presents.

Let's start thinking about a new slate of ASPH officers for the year, 2020. You can be nominated by an **ASPH** member. We'll discuss this at our next meeting.

I will start looking where to hold our upcoming ASP Holiday party, scheduled for Tuesday December 3, 2019. ASPH members do not pay for their dinner but guests will need to.

Ms. Karyn Peck has volunteered to kick start a membership expansion committee. If anyone is interested in helping her out please call her at **1-928 533-1628** at her Prescott location. We are interested in growing our membership. How about bringing another fellow Hypnotist and/or a student Hypnotist to our meetings? Any suggestions about who we should consider contacting to expand our ASPH organization?

I've added that in the last 15 minutes of every **ASPH** meeting we can have a case discussion, of course, leaving out any of the demographic details. We hope you'll join us. We look forward to seeing you.

Thank you

Sam Sterk, Ph.D., CMPC # 177

www.peakplusaz.com Tel: 480-861-6718

UPCOMING PRESENTERS AND TOPICS

September - Ron Benninghoff – “HypnoBirthing®”

October - Colleen Hitchcock

November – TBA

December – Holiday Party

IACT / IMDHA - Complete information emailed to all ASPH members and guests

Proudly Presents - The Virtual Hypno-event of the Year!

The Galaxy of Stars - LIVE online!

Educational Symposium

A 2-day LIVE online symposium that you can attend in your slippers!

Each quadrant is taught by seasoned educators who, collectively represent decades of experience in the profession! You'll want to register early to reserve your place. 'Virtually' everyone will be there!

14 hours of essential hypnosis education for one low price! This is a LIVE event and all participants will receive a copy of the recordings on a convenient flash drive for their personal hypnosis library!

2 Full Days!!! \$129

Early Bird Discount \$99 (before September 6th) [REGISTER ONLINE](#)

October 5th & 6th, 2019

The stars shine brightly even in the daytime during the Galaxy of the Stars Star-Studded - Weekend!

MELISSA ROTH SEAN MICHAEL ANDREWS WILLIAM HORTON JUAN ACOSTA

TUITION INCLUDES:

2 FULL DAYS OF TRAINING

4 STAR-STUDED WORKSHOPS

4 AWARD-WINNING EDUCATORS

HANDOUTS TO ALL PRESENTATIONS

14 HOURS OF CONTINUING EDUCATION - CEUs

VIDEO RECORDINGS OF ALL LECTURES IN MP4 VIDEO

LOCATION:

The comfort and privacy of your home!

This meeting is open to anyone with an interest in hypnosis or in the topics presented. So tell your friends and join us!

TO REGISTER:

CALL: 570-869-1021

EMAIL: staff@imdha.com or staff@iact.org

[REGISTER ONLINE](#)

Visa/MC/Amex/Disc accepted

***Log in information will be sent to all registered participants prior to the event.**

Members mailing list

Members@imdha.com

http://imdha.com/mailman/listinfo/members_imdha.com

Shared Hypnosis Office Space to Sublet in Tempe

Complete information emailed to all ASPH members and guests.

My office is one of the Regus offices at Wells Fargo Plaza on 64 E Broadway Road, Suite 200, Tempe, AZ 85282. It is Office number 216. There is ample free parking for you and your clients on the adjoining surface lot. The minimum monthly rent will be \$270. This amount will make the office exclusively yours 3 full weekday per week (Mo, Tu, We - includes evenings). To reserve the office 4 full weekdays per week, you will need to pay \$340 (Mo, Tu, We, Fr - includes evenings). To reserve the office 4.5 full weekdays per week, you will need to pay \$370 per month (Mo, Tu, We, Th mornings, Fr - includes evenings except Thu). I reserve the right to use the office on Thursdays starting at 12 noon and all day on the weekends.

Any interested parties, please call or text me at 602-550-3093 or email me at

DrUmesh@AZHypnoHealing.com .

Thanks,

Umesh Tiwari, MD CHT

Arizona Center for Hypnotic Healing

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Skip Albright, our current ASPH vice-president at skipnotherapy@gmail.com.

Current ASPH Members,

If you are already an active 2019 ASPH member, you are invited to join the new Facebook Group.

You can just follow this link and Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2019 Membership Dues are up-to-date.

<https://www.facebook.com/groups/ASPHactivemembers/>

**Thank you,
The ASPH Board**

Thomas Wheeler here...I discovered a great resource - a **FREE NLP Workshop every Wednesday Night**. I went to their meeting and was VERY IMPRESSED and, in turn, also made a point of inviting **Mr. Thomason** and members to our next ASPH meeting.

Where: NLP Coaching & Skills Training Institute. Office of Bill Thomason: 11811 N Tatum Blvd. #P113, Phoenix, AZ 85028, just south of PV Mall and Cactus at the corner of Paradise Village Pkwy in the mirrored-glass building. Come to the south entrance after business hours and the security guard will let you in. **When:** 7pm-8:30pm each evening. Contact Bill 602 321-7192 or email nlpkills@earthlink.net or bill@nlpkills.com to RSVP.

AND: Contact Bill Thomason at the NLP Coaching & Skills Training Institute offices in North Phoenix, Arizona. Call 602 321-7192 for NLP Coaching sessions by telephone or in office, or for workshop and certification registration.

TUESDAY MEETINGS – 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. ASPH Secretary/Treasurer Debbi Combs can tell you and verify for you the meetings you have signed in and attended. Members need to contact **NGH** themselves to have their credits recorded with **NGH**.

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Debbi Combs at asphsecretary@gmail.com. The one-time cost is \$35.00. You can also hand all your information and payment to Debbi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else’s copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaquide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

ASPH HAS OUR OWN JEWELRY

ASPH members can thank Michael DeSchalit for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

NETWORKING

The following members are available to network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email Debbi Combs at asphsecretary@gmail.com with your name, phone number and email address. You do need to attend several meetings a year to be listed as a networker.

Alan Handelsman alanhand@aol.com 602-478-8346

Debra LeBouton drdeb17@msn.com 480-264-1399

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Debbi Combs - ASPH Secretary/Treasurer

3747 West Desert Creek Lane

Anthem, AZ 85086