



★ ASPH Holiday Party★



Tuesday, December 3, 2019

OREGANO'S

6:00 P.M. – 9:00 P.M.

3102 North Scottsdale Road
Scottsdale, AZ 85251
Just North of Thomas
480-970-1860

Please ~RSVP~ by November 23rd to either

peakplus@aol.com or asphsecretary@gmail.com

Member's Dinner Free

Guests \$29.55

<https://maps.google.com/maps?hl=en&tab=nl>



President's Letter

Sam Sterk, Ph.D., CMPC # 177

Peak Performance Plus LLC

www.peakplusaz.com Email: peakplus@aol.com

Tel: 480-767-0956 or (Cell) 480-861-6718

ASPH is an amazing fellowship of like-minded Hypnotists that meet once a month, the first Tuesday at 6:30 PM, at the Granite Reef Senior Center in Scottsdale. We hear a new presenter every month, ask questions and enjoy socializing and networking with one another. Please consider making it your business to expand your horizons and your knowledge by attending our monthly meetings. A larger turnout is always meaningful to our monthly presenters who tirelessly give of their professional time, both in their preparations as well as in their actual **ASPH** presentation. Please consider bringing a friend or friends who are hypnotists or individuals who happen to have an interest in Hypnosis. Our yearly membership fee is extremely reasonable. If you have any additional questions, please discuss membership with Ms. Debbi Combs, our Secretary/Treasurer. We also provide CEU's simply for attending our meeting. I've added that in the last 10-15 minutes of every ASPH meeting we can have a case discussion, of course, leaving out any of the demographic details. We hope you'll join us. We look forward to seeing you.

Thank you. If you would like to be considered as a speaker at one of our monthly meetings, please discuss this with our Vice President, Mr. Skip Albright. Both Debbi's and Skip's contact information is listed in our newsletter.

The following individuals have been elected as our new slate of officers for 2020 ASPH board:

Skip Albright - President

Odette Fay - Vice President

Debbi Combs - Secretary

Kate Ellis - Treasurer

The new Board will formally assume their responsibilities on January 1, 2020.

Our Holiday Party is on December 3, 2019 from 6-9 pm and will be held at OREGANO'S, located at 3102 North Scottsdale Rd Scottsdale, AZ

Also, by Saturday, November 23rd, we will need to have a head count if you are coming to our ASPH Holiday Party. The ASPH Holiday party is scheduled on December 3rd at 6:00 pm. Oregono's needs a headcount well in advance. ASPH members get to attend free. The price for guests is \$29.55. **Please let Debbi Combs know if you plan to attend the party and if you will have a guest or guests by November**

23rd. Guests, please send your check, made out to ASPH for the amount of \$29.55 per person. Debbi Combs address is: 3747 West Desert Creek Lane, Anthem, AZ 85086.

Mr. Alan Handelsman will be conducting the White Elephant Gift Exchange. Alan is always highly entertaining. The White Elephant Exchange Gifts should be in the area of about a \$10.00 gift.

The past month (November 2019), yours truly, Sam Sterk, Ph.D. presented on Hypnosis and Trauma.

We hope you'll join us at our Holiday party. We look forward to seeing you.

Thank you

Sam Sterk, Ph.D., CMPC # 177

www.peakplusaz.com

Tel: 480-861-6718

ARIZONA SOCIETY FOR PROFESSIONAL HYPNOSIS

Membership Renewal Form

RENEW YOURSELF WITH ASPH for another year by going to the website, www.hypnosisaz.com

and paying online, or:

Send a \$35.00 check, "PAY TO THE ORDER OF ASPH"

Mail to:

Debbi Combs - ASPH Secretary/Treasurer

3747 West Desert Creek Lane

Anthem, AZ 85086

Note from Debbi Combs, ASPH Secretary/Treasurer

Thank You Sam,

Sam Sterk has been our **ASPH** president for the past two years, 2018 and 2019. He has worked hard and sometimes long for **ASPH**, maintaining our Society and working on implementing some new programs for our group.

Sam has served as vice-president, for I believe two or three years. He served as secretary for one year, and now has almost completed two years as president. I think he loves **ASPH**.

Thank you, Sam. Maybe now, you can just sit back and enjoy our meetings.

Congratulations, and welcome Skip Albright as our new 2020 president.

Skip spent this past year as our **ASPH** vice-president and did a wonderful job of making sure we had excellent presenters every month except for this coming month, December. Wow! You get to take a month's break, but then you get to get your keister back in gear to serve as our president.

Thank you, Skip for running for **ASPH** president and taking on the job.

Thank you, Odette Fay for stepping up and running for **ASPH** vice-president. Odette is very new to **ASPH** and jumped right in to be on our Board.

We can be grateful that Sam Sterk, Skip Albright and Kate Ellis have all served as vice-president, and so if you need any help in nagging them to give you some help or advice, let me know. I am good at nagging.

Last, but not least, we have another veteran **ASPH** Board Member taking up the treasury duties for 2020. Kate Ellis has served as vice-president for I think two years and president for I know, two years and did a wonderful job at both duties.

Thank you, Kate.

Again, thanks to all of you for your dedication and hard work to **ASPH** and I am really looking forward to working with each of you new Board Members for 2020.

UPCOMING PRESENTERS AND TOPICS

December – Holiday Party at Oregano's

Ron Benninghoff is having a:

“Phoenix Hypnosis Open House”

Saturday, November 16th
2920 East Northern Avenue, Suite 12
1:00 PM to 4:00 PM
Free Food, Drinks and
Hypnosis Demonstrations
More Info:PhoenixHypnosis.Net

From Jodi Hert:

I just heard of this all women's hypnosis conference that is happening in LA next July, but they have **early bird \$200 off until Dec 1st**.

Here are the details:

Women Hypnotists Summit & Retreat

July 25th - 27th, 2020

Hilton Los Angeles

Early Bird Until 12/1/19

Save \$200

More details can be found at: <https://www.womenhypnotists.com/>

Shared Hypnosis Office Space to Sublet in Tempe

Complete information emailed to all ASPH members and guests.

My office is one of the Regus offices at Wells Fargo Plaza on 64 E Broadway Road, Suite 200, Tempe, AZ 85282. It is Office number 216. There is ample free parking for you and your clients on the adjoining surface lot. The minimum monthly rent will be \$270. This amount will make the office exclusively yours 3 full weekday per week (Mo, Tu, We - includes evenings). To reserve the office 4 full weekdays per week, you will need to pay \$340 (Mo, Tu, We, Fr - includes evenings). To reserve the office 4.5 full weekdays per week, you will need to pay \$370 per month (Mo, Tu, We, Th mornings, Fr - includes evenings except Thu). I reserve the right to use the office on Thursdays starting at 12 noon and all day on the weekends.

Any interested parties, please call or text me at 602-550-3093 or email me at

DrUmesh@AZHypnoHealing.com .

Thanks,

Umesh Tiwari, MD CHT

Arizona Center for Hypnotic Healing

Michael DeSchalit <motivatingmindshypnosis@gmail.com>

Hey Fellow Hypnoti,

I just wanted to make you all aware of my upcoming trainings scheduled through January 2020. Some of these trainings are going to be offered at hypnosis conferences while others are private. I even have an online training as well.

"Expert Stage Hypnosis Training" - January 13th-15th, 2020 - Las Vegas
For information about this training... Contact me directly at 1-800-684-8146.

That's it for now. If you have any questions about any of my upcoming trainings or you want to know how to take your hypnosis business to the next level, please feel free to contact me at 1-800-684-8146 or schedule a free **"Strategic Consultation"** with me online at <https://go.oncehub.com/MotivatingMindsHypnosisFreeConsultation> and let me show you how you can take your hypnosis business to the next level!!!

Michael C. DeSchalit, CH, CLC, CI

Hypnotist - Speaker - Author

Las Vegas, NV

(800)684-8146

motivatingmindshypnosis@gmail.com

www.virtualhypnosisonline.com

ASPH FEATURED SPEAKERS

If you would like to be one of the ASPH featured speakers for this year, contact Skip Albright, our current ASPH vice-president at skipnotherapy@gmail.com.

Current ASPH Members,

If you are already an active 2019 ASPH member, you are invited to join the new Facebook Group.

You can just follow this link and Jodi Hert, will be approving the requests after confirming an active membership status, which means that 2019 Membership Dues are up-to-date.

<https://www.facebook.com/groups/ASPHactivemembers/>

Thank you,
The ASPH Board

Thomas Wheeler here...I discovered a great resource - a **FREE NLP Workshop every Wednesday Night**. I went to their meeting and was VERY IMPRESSED and, in turn, also made a point of inviting **Mr. Thomason** and members to our next ASPH meeting.

Where: NLP Coaching & Skills Training Institute. Office of Bill Thomason: 11811 N Tatum Blvd. #P113, Phoenix, AZ 85028, just south of PV Mall and Cactus at the corner of Paradise Village Pkwy in the mirrored-glass building. Come to the south entrance after business hours and the security guard will let you in. **When:** 7pm-8:30pm each evening. Contact Bill 602 321-7192 or email nlpskills@earthlink.net or bill@nlpskills.com to RSVP.

AND: Contact Bill Thomason at the NLP Coaching & Skills Training Institute offices in North Phoenix, Arizona. Call 602 321-7192 for NLP Coaching sessions by telephone or in office, or for workshop and certification registration.

TUESDAY MEETINGS – 6:30 PM – 8:30 PM

Certificates & C. E. U. Credit Hours Awarded for Attendance to ASPH members (2 credits per meeting). C.E.U Credits for National Guild of Hypnotists are submitted for ASPH members only. ASPH Secretary/Treasurer Debbi Combs can tell you and verify for you the meetings you have signed in and attended. Members need to contact **NGH** themselves to have their credits recorded with **NGH**.

ATTENTION ALL PRACTICING HYPNOTISTS/HYPNOTHERAPISTS

If you wish to have your “professional hypnotist” contact information listed on the ASPH website, please send your name, areas of expertise, your website address, business name, city, address and location (cross streets), phone number, email address, and a picture of yourself (optional) to Debbi Combs at asphsecretary@gmail.com. The one-time cost is \$35.00. You can also hand all your information and payment to Debbi at an ASPH meeting.

NOTES FROM THE SECRETARY: DEBBI COMBS

Send all announcements of future events [seminars, classes, presentations, etc.] to Debbi Combs at asphsecretary@gmail.com.

A reminder ... The cut-off date to add event information to the monthly newsletter is the 13th of the month following the last meeting. Please submit your event information on or before that date via email to asphsecretary@gmail.com.

Member Newsletter Announcements should be approximately 1/4 page and ready to cut and paste into the newsletter. All newsletter announcements must be directly connected to enhancing hypnosis

techniques and therapies or serve as a support to the business and profession of hypnosis and hypnotherapy.

If you submit anything to be included in the newsletter or on our ASPH website, please make sure you have not infringed on anyone else's copyrighted material. Permission is necessary from a copyright owner to use their copyrighted material. If we believe information has possibly been copyrighted, we will want to see the permission before we will print anything to our newsletter or website.

GROW YOUR HYPNOSIS/HYPNOTHERAPY PRACTICE

To help grow your hypnosis/hypnotherapy business, check out this link: <http://arizonaquide.com/events-calendar> . It is a monthly calendar of Arizona events that you may want to attend and hand out your business cards and meet people.

A GIFT FROM KATE ELLIS

The professional lending library currently has over 900 sundries of all sorts; Books from 1913 through to 2015. We have videos, of which many I have converted into digital format of DVD's.

There are CD's, Cassettes, Magazines, Scripts and so much more. I am very pleased with the amount of training materials for basic hypnosis and related fields to advanced training and techniques.

This library is exclusive to the ASPH membership and is free... of course unless you do not return materials. When you would like to visit, simply ring me up to arrange an appointment. If you are interested in donating hypnosis and related materials, please let me know, I would be most happy to help you declutter and allow something that assisted you along the journey of professionalism.

Do Enjoy. Kate Ellis, CChT The Healing Quest (480) 695-1936

ASPH HAS OUR OWN JEWELRY

ASPH members can thank Michael DeSchalit for coming up with the idea, designing and creating an ASPH lapel pin. The pin has our ASPH logo and "Arizona Society for Professional Hypnosis" on it.

This pin looks really nice and can be a good little advertisement and conversation starter for your hypnosis practice. The price of the pin is only \$5.00.

NETWORKING

The following members are available to network among ASPH members. If you would like to have your contact information included in this list of ASPH members, please email Debbi Combs at asphsecretary@gmail.com with your name, phone number and email address. You do need to attend several meetings a year to be listed as a networker.

Alan Handelsman alanhand@aol.com 602-478-8346

Debra LeBouton drdeb17@msn.com 480-264-1399

Sam Sterk peakplus@aol.com 480-767-0956

SOCIAL AND PROFESSIONAL NETWORKING ON THE INTERNET

www.selfgrowth.com

www.hypnothoughts.com

www.linkedin.com

www.facebook.com

www.twitter.com

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